



Sonoma County Intergroup Fellowship

May 2026



News

46th ANNUAL PILLSBURY CAMP OUT

Outdoor fun and fellowship

Weekend of May 15th, 16th and 17th

(COME DAYS EARLY OR camp all week)



Sunset point CAMP, lake Pillsbury CA

Potluck Dinner Before the Big Meeting Saturday Night, May 16th
Long Drive in on Dirt Road, No Cell Service-No Potable Water-Tons of Fun!!

Text Tom H. for details (707) 291-8844

- | | |
|--------------------------------------|------------------------------|
| \$16.00 a night | Good No Flush Toilets |
| \$21.00 for a double site | Trailers OK-No hookups |
| Dogs \$2.00 | Trails for bikes & 4x4s |
| Boat Launch \$8.00 | Ballistic range at airport |
| No Reservations, Cash or Checks only | Bring Bottled Drinking Water |
- PLENTY OF WATER IN THE LAKE THIS YEAR--LETS HAVE SOME FUN!

Sunday, May 17th 2nd Annual Spring Potluck/Barbeque after the Noon Meeting



Monte Rio Fellowship
(the former St. Andrew's Church)
20329 Hwy. 116

Step Five

- Admitted To God, to ourselves, and to another person the exact nature of our wrongs

Tradition Five

- Each group has but one primary purpose—to carry its message to the alcoholic who still suffers

Concept Five

- Throughout our structure, a traditional "Right of Appeal" ought to prevail, so that minority opinion will be heard and personal grievances receive careful consideration.

COMEDY SHOW

STARRING

MARK LUNDHOLM



MAY 23rd • 7 PM
CENTER FOR SPIRITUAL LIVING
— ★ SANTA ROSA, CA ★ —

SOCYPAA

ALL PROCEEDED CONTRIBUTIONS BENEFIT AA WORLD SERVICE

GET TICKETS NOW!

\$225

CAMP: FRIDAY - SATURDAY
RAFT: SATURDAY - SUNDAY

40TH ANNUAL CACHE CREEK RAFTING GROUP OF ALCOHOLICS ANONYMOUS



BE SURE TO BUY YOUR TICKETS BY JUNE 1ST TO RESERVE YOUR SPOT

Whitewater Rafting
JUNE 26-28, 2026

QUESTIONS?

- TEXT ALLEN: 415-240-5983
- ARRIVAL TIME FOR FRIDAY CAMPERS NO EARLIER THAN 5PM
 - SATURDAY MORNING ARRIVALS MUST BE THERE BY 7AM AT THE LATEST
 - NO PETS - MINIMUM AGE 12 YRS

BRING

- TEXT
- SLEEPING BAG
- LAWN CHAIR
- SMALL ICE CHEST

YOU GET

- ALL MEALS INCLUDED
- NIGHTLY MEETING
- FELLOWSHIP + FUN
- RAFTING + GEAR
- MOVIE NIGHT
- DANCE PARTY

Tickets + More Info: www.cachecreekgroup.org



In this issue

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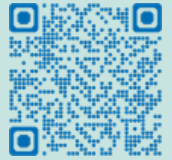
The SCIF News is the monthly newsletter of Sonoma County Intergroup Fellowship. It is free and made possible through contributions of our members to Intergroup. The SCIF News is also available at sonomacountyaa.org. **DISCLAIMER:** Opinions contained herein are strictly those of the authors. The publication of opinions, articles, and announcements does not necessarily represent endorsement, approval, or affiliation by the Sonoma County Intergroup Fellowship. We reserve the right to edit submissions for clarity, language, length, and any content that may violate A.A.® Traditions.

SCIF Meeting Room & Bookstore

750 Mendocino Ave., Suite 10, Santa Rosa (707) 546-2066

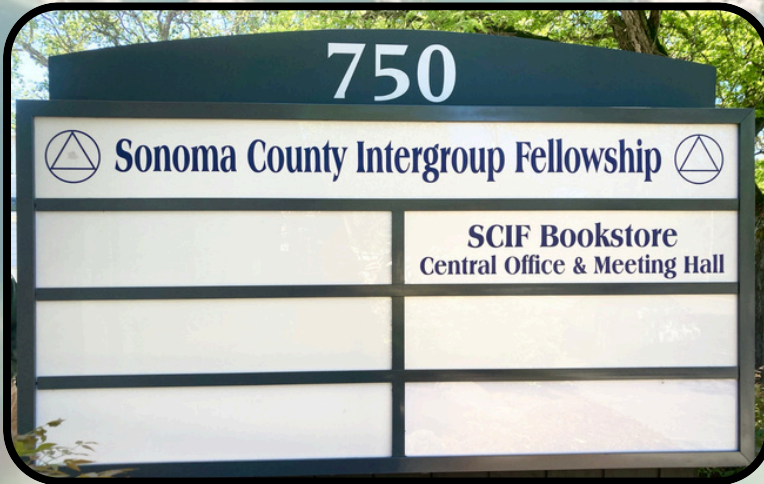
Bookstore hours: Mon. – Sat., 10:00 am – 6:00 pm

Online store open 24/7: <https://scifbookstore.com/>



SCIF Group Discount Coupon

20% off group merchandise purchase in Exchange for a pre February 2026 edition of the Bookstore Ut Rep Price Book



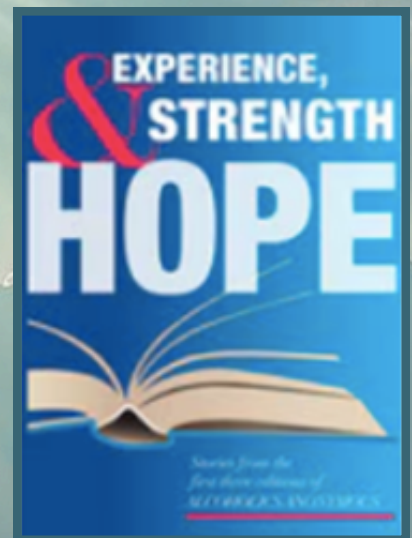
New sign for Bookstore, Central Office & Meeting Hall

Book of the month
Experience, Strength, & Hope
\$12 En & Sp

It's the time of year to renew your group insurance.

\$50 per location due by May 11th

Pay by cash at the bookstore, by Venmo or PayPal, or by check to SCIF. Forms are available with this QR code, at the bookstore or by emailing aasonoma@sonic.net



Up coming Events

Sonoma County Intergroup Fellowship presents
The 91st Founders Day Celebration
June 13, 2026
Ladybug Park Clubbuse
8517 Liman Way, Rohnert Park

Speaker meeting at 11 AM
Hamburgers, Hot Dogs, Vegi Burgers & Drinks for sale
Bring something to share
A-M: side dish
N-Z: dessert (bring a chair)

Info / Volunteer contact: Chris N. (707) 519-4154
activities@SonomaCountyAA.org

DANVILLE-DIABLO SPEAKER MEETING
The First Saturday of the Month

FOR MORE INFORMATION PLEASE CHECK OUR WEBSITE AT DDSM.ORG OR EMAIL DANVILLEDIABLOSM@GMAIL.COM

COMMUNITY PRESBYTERIAN CHURCH
222W El Pintado Danville CA
8:00-10:00pm
Doors open at 7:30pm

ONLINE:
ZOOM LINK:
CLICK HERE
885-808-3946
PASSWORD 146975

COME CELEBRATE YOUR BIRTHDAY!
30, 60, 90 DAYS, 6 & 9 MONTHS, 1, 2 AND CONSECUTIVE YEARS THEREAFTER!

UPCOMING SPEAKERS
MAY 2, 2026 - JULIE T., SEATTLE, WA
JUNE 6, 2026 - JIMMY D., MALIBU, CA
JULY 4, 2026 - FATHER TOM W., OAKLAND, CA
AUGUST 1, 2026 - JACKIE B., SAN FRANCISCO, CA

Join us for dinner with the speaker!
6:00pm at Hazy Barbecue - 200 Hartz Ave., Danville
RSVP to Hospitality Chair at danville@hazybbq.com by noon.
Friday before meeting or without RSVP we cannot guarantee a seat or table.

SCAN TO PAY
7th TRADITION DONATION
DANVILLEDIABLOSM@GMAIL.COM
WWW.DDSM.ORG

3rd Annual
Women's Brunch
LANGUAGE OF THE HEART

Sunday, June 14th, 2026 - 11:00 am-2:30 pm
Speaker - Patty M., Martinez, CA | Registration \$40
(2-Step Process: 1. Submit registration form on pg. 2 or e-form at lothwb.org
2. Submit payment via Venmo or Check.)
Holiday Inn - 6680 Regional Street, Dublin, CA 94568

This Year's Theme... *Cowgirl at Heart*

Check in begins at 10:30 AM (coffee and raffle on location)
Doors open at 11:00 AM.
Brunch served at 11:15 AM.
Space is limited. No registration at the door.
Send inquiries to lothwb@gmail.com.

lothwb.org

Reds, Yell and Whites

SCIF General Meeting Minutes for March 23rd, 2026

Serenity Prayer

Preamble/ Tradition Three/ Concept Three

INTRODUCTION OF NEW REPRESENTATIVES

Not Recorded

Sobriety Birthdays:

Not Recorded

Representatives please sign in, drop name in hat for drawing

Comments/ Representatives sharing

Continued encouragement for participation and sharing

Group sharing prompt

Why you are here and why it is important to you

Who may vote

- Intergroup Representatives (or Alternates)
- SCIF Officers and Committee Chairs
- Paid workers (Concept IV)

OFFICER REPORTS

CHAIR: Joshua P.-No Report

VICE CHAIR: Scott- No report

SECRETARY: Shannon- Not present, recorder being used

TREASURER: Mike H.- Bookstore net income: \$10,339

- Central Office contributions: \$2,836.91
- Meeting room net loss: \$170
- Year-to-date net income: \$9,002.02
- Monthly Treasurer's Meeting:
How to make the job easier, setting up bank accounts, how to take contributions through Venmo and such. Questions and solution to serve our fellowship in years to come. Fourth Monday at 6 PM, same location at the SCIF General Meeting, also on Zoom.

REGISTRAR: Angel- 354 meetings in Sonoma County

- 226 unique weekly meetings each week
- 245 in person, 88 on zoom and 21 hybrid meetings
- 22% representation

ICSC REPORT: Lauri/Joanne

- Joanne is rotating out, Lori is rotating in
- Books Back to Basics, Big Book Awakening and Biography of Marty Man being reviewed

BOOKSTORE REPORT: Bob F.

- Game night announced Last Friday of the month 6pm-8pm
- 1,479 service opportunities available
- Meeting hall openings available weekdays
- Volunteers and maintenance help needed
- AA Comes of Age is the book of the month
- Corrections regarding contributions contact bookstore
- Bring in your group's outdated literature price guide to receive a 20% coupon for your group's next purchase

COMMITTEE REPORTS

OUTREACH: Travis R.

- Outreach committee forming
- Heading out to meeting to spread the message and why intergroup is important
- Email Travis about why you are inspired to be a part intergroup

ACTIVITIES: Chris N.

- Kite flying event beaches being scouted
- Founder's Day event is the next activity in the works
- Access granted to SCIF storage locker and will take an inventory, forming an activities sub-committee
- volunteers requested

ALKATHONS: Meg S.

- Volunteers needed who are fired up about the holiday season

NEWSLETTER: Isabelle L.

- Request for personal stories
- Having a lot of fun with this commitment

WEBMASTER: Jay F.

- Website updates and cleanup
- Subtle, but comprehensive, professional look
- Reminder for officers and chairs to reach out to get their official email set up

SEMINARS: Clark W.

- Seminar and barbecue, sober experiences drawing, four speakers, in support of the new meeting hall
- **Volunteer sign-up sheet sent around the room**

TELESERVICE: Maria S.

- Open Thursday overnight shift 10pm -8am
- Bring this service opportunity your groups!

ICSC NOMINATING COMMITTEE: Mike K.

- Additional candidate needed perhaps with a business background
- Vote happens next month

TECH: Jake H.

- functioning well, will be building a committee; there is a lot of need for hybrid meeting support, AA related events, Audio Video/Zoom proficient support needed; too much for one person

LIAISON REPORTS

UNITY DAY: ANDREW

- nothing to report at this time

SOCYPAA: Angela

- Committee elections Sunday April 19 th 7:30pm, spread the word
- Group went to L.A to submit ACYPAA bid ; did not get it, will continue to bid for it; support was appreciated and got great feedback from advisory about the work SOCYPAA is doing
- Meetings and events for the young and young at heart

H&I: Alma

- Jail openings; volunteers needed

GENERAL SERVICE: Maureen G.

- Literature motion sharing experience, strength and hope to support families in sobriety, Pre-Conference Assembly in Petaluma (April 11-12), Outreach focus on younger and diverse populations of problem drinkers
- Thank you, groups, for contributions to District 12 were able to the Pacific Regional AA service Assembly

Continued from pg 3.

BRIDGING THE GAP: Ray

- In need of SOCYPA liaison
- Brought presentations into Mountain Vista Farms, Olympia House, Orienda Center
- Contacted Scotts Valley Treatment Center
- Women's Recovery Services is establishing time to begin presentations

PI/CPC: Andrew

- Speakers for DUI classes and schools
- Needs speakers and medical liaisons
- Elections in December
- New speaker training is @ SCIF meeting hall 2 nd Wednesday 7pm

ACCESS SONOMA COUNTY: Ben G.

- Monthly Zoom meeting (2nd Thursday, 7:30 PM)
- Accessibility support and outreach

DISTRICT 18: Vacant

- Chair Joshua asks this body if they know anyone who is affiliated with the Spanish Central Office or District 18 if they can let them know that SCIF is interested in allowing them to have a voice at this meeting.

OLD BUSINESS

- Inventory-Heartfelt plea in the newsletter regarding if anyone in our fellowship is interested in assisting us to conduct the inventory. if you have any questions, comments on how this body can help you, let us know how we are doing helping you, please reach out.

NEW BUSINESS

- Noel has two pitches
- Step Working Guide @ Sonoma County Intergroup Fellowship; last month's meet was canceled apologies.
- Setting things firmly moving forward, 1 st Tuesday of every month 6pm @ SCIF meeting hall the Ad Hoc committee will be gathering and reading and combing through the big book looking for actionable content to help create a step working guide
- Come be of service and help, only one other is involved so far! The more we get in there, the better this will be, the broader our reach will be.
- 40 th year of the CASHE CREEK Rafting, tent camping, rafting, meetings in the morning, noon and night. Fun, remote no cell signal!! Connection and fellowship!

Drawing: Winner is Javier a gift certificate to the bookstore!!

CLOSING – Responsibility Statement

DECLARATION OF UNITY

This we owe to AA's future;
to place our common welfare first; to keep our Fellowship united.
For on AA unity depend our lives, and the lives of those to come.

• New meetings, • changes, & corrections

• **A New Hope- Big Book Study**

Friday night big book study meeting at 6:30 pm in Guerneville, will be doing birthday chips at the last Friday of each month

• **Recovery Revolution**

Every Wednesday, Thursday, and Friday at 9:00 pm, in the SCIF meeting hall at 750 Mendocino Ave

• **Tuesday Topic Meeting**

Tuesday Topic/discussion meeting at 3:30 pm in the SCIF meeting hall, 750 Mendocino Ave

• **Sunday Morning Smiles**

At 306 Mendocino Ave in Santa Rosa, Sundays at 11:00 am.

Potluck Breakfast and Birthday Chip meeting on the LAST Sunday of every month. Potluck beginning at 10:00 am, meeting at 11:00 am, Birthday Chips given at the end of the meeting.

• **Beginners Group Fife Creek Commons**

16376 5th St Guerneville Tuesdays at 7.00 pm is closed until mid May 2026-Afterwards moving to Russian River Senior Center 15010 Armstrong Woods Rd, Guerneville Tuesdays at 7 pm

• **New Sober Game Night**

Held at SCIF meeting hall, last Friday of the month from 6-8 pm

Get into Service

Well, That Was Fun, and That's The Point!

Sometimes a Seminar is more than just a seminar. On Saturday, April 11th almost a hundred fellows gathered in and out of the rain to be part of an event that seemed to be firing on all engines. It was one of our regular seminars, this time called We Are Not A Glum Lot: Having Fun in Sobriety and AA with four (Wonderful) speakers and time for comments and questions. It was a celebration of the new SCIF Meeting Hall. It was a truly delicious pot luck and bbq and a successful fundraiser to help pay for the completion of the Hall. Food and drink donations, 7th Tradition collection and a lively drawing for some sober fun prizes netted almost \$800. So many volunteers, newcomers, fellows and dear AA friends pitched in that it truly felt like a family party - with a family we enjoy and love. Congratulations and thank you to everyone who made it such a great afternoon. We may need to repeat it again next year!

In love and Service,
Clark W

Teleservice

Sonoma County Teleservice is a group of alcoholics who answer the local AA Hotline 24 hours a day, seven days a week. Calls to the Hotline range from requests for meeting information, general information about AA, people who want to stop drinking or are afraid they will drink.

Open shift**** Thursday night 10pm-8am Friday morning

Contact Maria at
teleservice@sonomacountyaa.org
to be of service

Bookstore

There are service commitment openings for individuals and groups for the development of group service materials. Projects currently in progress are newcomer packets, service guide publications, speaker tapes cataloging and textile pamphlet totes. Positions for every skill set!

Contact Bob at the bookstore to be of service



Interpretation and Technology- Making recovery more accessible

My service with the Interpretation and Technology committee has been yet another way that I have been able to give back what has been so freely given to me in recovery. When I got sober, I was working, in grad school, and commuting over an hour for my internship hours, and I was already in two other recovery programs. I spent my first two years of sobriety white-knuckling it through my other programs. I had found a couple of groups that I could visit on a semi-regular basis, and had some online meeting support via message boards/chat rooms, and list-serves. When the pandemic hit and meetings moved to online platforms such as Zoom, I was able to establish new relationships and find a home group. I still attend some meetings online due to my work today, and I am ever grateful for the accessibility that online platforms provides.

When I moved to Sonoma county at 5 years sober, I became a GSR for my new homegroup. Service at the district level has been a mainstay for my recovery. When the position for a chair for the I & T subcommittee came up, I felt called to it. I was able to merge a very basic technology background, organizational skills and a lot of willingness to continue carrying the message through interpretation and technology at the district level of service. Serving as the chair of this committee has provided a new level of understanding and practical application of the Traditions and Concepts of Service in my life. The primary purpose of this panel's committee has been to organize and update what we could so that when it comes time for me and other to pass the torch in rotation of service at the next Panel, the next committee chair can take over with any level of experience.

Our committee is in need of new members. We have two key players stepping away from the committee at the end of this panel, and I will be stepping down as its chair. This committee is in charge of arranging for interpreters at district events when needed, setting up and running the sound system and Zoom equipment for district service meetings and events such as the Agenda Topics Workshop, Delegates BBQ, and Unity. We briefly meet via Zoom on the 3rd Mondays of each month to discuss upcoming workshops, equipment, and other committee issues, and would love for folx to join us. It is not necessary to be available for all meetings or events, or to have more than a basic working knowledge of the equipment. We have been working to make things more accessible such as re-organizing equipment for easier transportation and lighter lifting, and pass it ons for each event. We would love for you to join us.

If you are interested in serving on the I&T committee, please reach out to me at delraephoenix@gmail.com.



PI/CPC Committee Update

What's New

SchoolOutreach is Growing. Schools Coordinator Ed G. and team are presenting regularly at Petaluma High, Casa Grande High, with strong teacher support. Students are engaged, asking great questions, and expressing real gratitude. But out of roughly 35 junior highs and high schools in Sonoma County, we're only at two. If you know a teacher, counselor, or administrator who could help us get into more schools, please reach out.

Speaker Training. Available at 7:00 PM ahead of the monthly business meeting (2nd Wednesday). New speaking dates run through May, including in-person opportunities at the Orenda Center for the Drunk Driving Program. Observers and new speakers are being added to the rotation. If you've thought about carrying the message through a PI/CPC speaking commitment, now is a great time.

Open Positions - We Need You!

VeteransLiaison- Coordinate AA literature and outreach with Vet Connect (Tuesday mornings, Veterans Memorial Building, Santa Rosa), the Santa Rosa VA Clinic, Windsor Veterans Village, and the County Veterans Service Office. Minimum 2 years sobriety, balance of Panel 75 commitment. Job description available from the PI/CPC Chair.

Healthcare Professional Outreach Coordinator- We're developing this new role to expand engagement with local medical provider networks. Are you a healthcare professional in AA? We'd love your help.

Monthly Meeting

2nd Wednesday, 7:30-8:30 PM (hybrid: in person at the SCIF Meeting Room next to the Bookstore and Zoom). All AA members welcome. No experience needed.

Why I Do PI/CPC Work

Being new to PICPC, I decided to attend a meeting when my friend Ed mentioned that they needed a committee position to be filled. I was hesitant at first, unsure if I could handle another commitment or even wanted to start another spiritual project with all the transitions I had going on in my life. But AA has taught me to be open and willing to new, healthy experiences. In the past, I'd wanted to give back to those in the beginning stages of their alcoholism, as I've felt a spiritual attraction to others in pain my whole life. So why not at least check out the meeting?

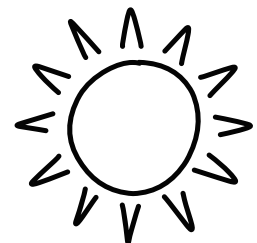
At my first meeting, I saw a ton of friendly faces, and I felt right at home. I completed the speaker training and eventually decided I would take the committee position. After all, my friend was participating in two commitments, so why couldn't I at least do one and try to help? Being a part of something bigger and being able to be of service is one of the highest regards I hold in my life. I've spent so much time taking away from the world, that any chance to give back I want to be receptive to.

Going to the first speaker training, then seeing someone speak at a DUI class was an engaging and somewhat enlightening experience. It reminded me of where I started when I had almost begun to forget. I was nervous to speak, but as I did so a weight lifted off of me. I feel freer than ever being able to have a sponsee, sponsor, go to meetings, do step work, and additionally now PICPC.

We have someone that drives around to schools in the area giving out literature and others speaking at those DUI classes I mentioned.

Our PICPC meetings have gotten larger and larger each week, giving our group a full perspective on the intricacies when it comes to Public Information in Cooperation with the Professional Community.

- Andrew S.



Feeling Dry? Try H&I

The Hospital and Institution business meeting was held on March 4th, 2026, at the Center for Spiritual Living in Santa Rosa at 6:15pm. Please join us on the first Wednesday of the month if you'd like to be of service in H&I.

Area 22 Hospitals and Institutions goes into 24 local facilities and a few others in the greater area. We are always looking for people to speak and carry the message of Alcoholics Anonymous to people who can't get out to meetings because they are in jail, rehab, a hospital, or some other institution. Being of service in Hospitals and Institutions is at the heart of AA and its singleness of purpose: which is to carry the message of recovery to the still-suffering alcoholic. All speakers who go into outside facilities with H&I must have at least 6 months of continuous sobriety and a working knowledge of the 12 Steps and 12 Traditions. Join us!

If you are a meeting representative who announces the pink can in a meeting, please attend the New Representative meeting held right before the regular business meeting at 5:45pm. All new reps will learn about the basics of H&I and the pink can contributions.



The April H&I business meeting offers a warm welcome to all who attended, especially the following:

New pink can meeting representatives:

Hannah- You Must be Present to Win, Shane- Expect a Miracle, Danielle- Muir Woods Girls, Zoe- How it Works, Mary Ann- Redwood Winners, Adriana- Tuesday Noon, Sandy- Up the Steps, Scott- Monday Noon Group,

Visitors: Estelle, Ally, Niles, Bobbie

April Birthdays:

Tim S. 39yrs, Mary B. 21yrs, Anna 15yrs, Richard 15yrs, Johnny W. 14yrs, Jeff 13yrs, John 10yrs, Max 5yrs, Ben 4yrs, Danielle 2yrs, Hannah 2yrs, Michael 1yr, Niles 1yr, Jason 9 months.

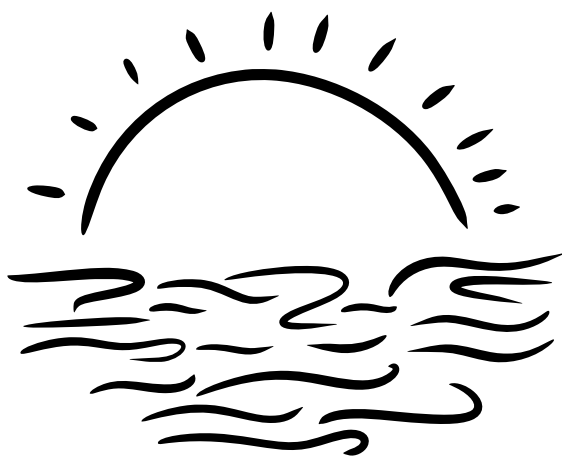
The next business meeting will be held on May 6, 2026, at the Center for Spiritual Living.

Thanks for letting me be of service!

Mandy Jackson

Recording Secretary

Area 22 Hospitals and Institutions



Note from the editor ~ Thank you for all the submissions! Each month we will be highlighting the step, tradition, and concept that pairs with that month. We would love to add more personal stories, poems, pictures, and writings that share your experience, strength, and hope in recovery.

Please email all submissions to newsletter@sonomacountyaa.org

-Isabelle

Northern California Hospital & Institution Committee

FINANCIAL FACT SHEET

If any-one's ever asked you "Why put money in the Pink Cans - H&I has plenty of money?", the following information may be helpful:

1. The conference-approved pamphlet "Self-Support: Where Money and Spirituality Mix" recommends maintaining a Prudent Reserve and reasonable operating funds of one to twelve months' worth of operating expenses; obviously the larger the monthly expenses the larger the multiple should be. General Service Office in New York maintains a twelve-month reserve, most Central Offices maintain six months' reserve plus operating expenses and many individual groups maintain approximately three months reserve. As of 12/30/2025, H&I's combined cash reserves equal 6.6 months' of the previous year's expenses, a conservative number considering our *monthly expenses are significantly higher than those of almost all Central Offices!*
2. Our committee spends over half a million dollars every year to purchase, store and ship literature for the alcoholic who is confined. This makes us one of the largest purchasers of A.A. literature in the world, year in and year out. Not only does this help keep the cost of literature reasonable for everyone, it also helps support our General Service Office in New York, since approximately 30% of their operating expense is subsidized by income from AAWS (see www.aa.org/assets/en_US/en_gsfinancialinfo.pdf).
3. A.A.'s Grapevine, Inc. has faced some serious financial challenges over the years; without the substantial yearly purchases from our committee, things would be a lot worse than they currently are. We purchased approximately \$88,000 in Grapevines, Grapevine books and La Viñas in 2025, thus helping to support this vital service.
4. No H&I volunteer is EVER compensated for their Twelfth Step work of going to facilities to carry the message of A.A. to the confined alcoholic. While our committee does reimburse officers for travel on the *business of the committee* to allow those who wish to participate to do so regardless of financial ability, our reimbursement rate of \$.32 per mile is *less than half* the rate at which many other service committees compensate.
5. Although our committee is responsible for organizing and supporting tens of thousands of meetings every year in Northern CA, we have neither payroll nor office expenses, thus enabling approximately 88% of our entire expenses to be devoted to the purchase, shipping and storage of AA literature, Grapevines, La Viñas and Area meeting schedules for the confined alcoholic – a truly excellent bang for your service buck.
6. Without the literature provided by the NorCal H&I committee, many confined inmates, residents or patients would simply go without the life-saving literature of Alcoholics Anonymous. Prior to implementation of our Pink Cans back in the 1950's, volunteers who wanted to bring literature to confined alcoholics had to go begging to either their groups or to their Central Offices to help them, often stretching the groups beyond their ability to pay for other services. By using funds collected from contributions to the Pink Cans to purchase this much-needed literature, we're taking the responsibility OFF the local groups and Central Offices.
7. NorCal H&I is one of the oldest and largest Ninth Tradition service committees in all of A.A., pre-dating even our General Service structure. We provide over 27,000 meetings to confined alcoholics every year and are fully transparent in our financial activities, publicly posting our financial statement every month on our website. Alcoholics: "tight as the bark on a tree" (Twelve Steps and Twelve Traditions, p. 161). Our committee has
8. repeatedly emphasized our desire that the Pink Cans be passed separately from and after the 7th Tradition baskets. Far from detracting from support of our meetings, our Central Offices and our General Service Office, when implemented properly the use of the Pink Cans, by giving members an additional opportunity to contribute, will actually HELP our other services. What it gets down to is accepting the spiritual principle that support of our services involves a sacrifice of money as well as a sacrifice of time (members of our committee not only give generously of their time, many of them sacrifice significant funds out of their own pockets in gas and tolls for their Twelfth Step work to carry the message to remote facilities, often hours from their homes).

In answer to the question "Does H&I REALLY need money?", the response is "Only if you think we should provide literature to carry the life-saving message of A.A. to the alcoholic who is confined". *If groups stopped making contributions to the Pink Cans, our funding for literature would rapidly dry up and we would no longer be able to provide to confined inmates, patients and residents the literature on which those of us on the outside depend for our sobriety.*

We operate in gratitude for the generous and loving contributions of the AA Groups of Northern California.

Northern California Hospital and Institution Committee – January 2026

www.handinorcal.org

PO box 192490, San Francisco, CA 94119-2490

**NorCal H&I Committee
Financial Report
March, 2026**

<u>INCOME AND EXPENSE BREAKDOWN</u>		
	<u>Mar 26</u>	<u>Jan - Mar 26</u>
Income		
Area Contributions		
Check Contribution	34,552.28	116,433.92
Online Contributions	15,198.75	67,408.90
Total Income	<u>49,751.03</u>	<u>183,842.82</u>
Literature Expense		
AAWS	68,000.00	163,015.63
Grapevine & La Vina	579.60	25,747.60
Meeting Directories	0.00	124.03
Storage Unit Rent Expense	0.00	963.00
Total Literature Expense	<u>68,579.60</u>	<u>189,850.26</u>
Other Expense		
Accounting		
Area Expenses - 5% PY Cont.	-102.00	33,403.68
Bank Charges	12.59	46.02
Insurance		
NorCal Committee	750.00	1,940.95
NorCal IVSS Program	98.00	349.00
Office Supplies	85.20	107.88
Postage	2,184.70	4,648.11
Printing Costs	484.99	2,123.63
Processor Fees	0.00	256.84
Virtual Meeting Expense		
Total Other Expense	<u>3,513.48</u>	<u>42,876.11</u>
Total Literature and Other Expense	<u>72,093.08</u>	<u>232,726.37</u>
Income Less Total Expense	(22,342.05)	(48,883.55)
Beginning Cash Balance	<u>324,879.69</u>	<u>351,421.19</u>
Ending Cash Balance	<u>302,537.64</u>	<u>302,537.64</u>
**Recommended Cash on Hand	307,708.44	
Cash in Bank	<u>302,537.64</u>	
Above or Below Recommendation	<u>(5,170.80)</u>	
**Recommended Cash on Hand = Prior year average monthly expense x 6. 2025 average monthly expense was \$51,284.74		
Literature Expense % Total Expense	81.58%	
Value of Lit on Hand =	8,264.08	

<u>CONTRIBUTIONS BY AREA</u>		
	<u>Mar 26</u>	<u>Jan - Mar 26</u>
02, Del Norte	223.28	322.61
03, Siskiyou	58.85	362.35
04, Humboldt	655.35	2,027.55
11/12, Modoc/Lassen	4.01	271.01
140, Spanish North Int	338.31	493.56
16, Shasta	919.00	5,116.22
160, Spanish N Coast	204.50	309.50
161, Spanish (Area) Santa Rosa		
17, Tehama	387.50	519.26
170, Spanish S Coast	33.00	96.50
18, Trinity		
180, Spanish Central Int	18.00	108.54
190, Spanish South Int	443.76	676.05
21, Mendocino	76.40	789.47
22, Sonoma	4,978.41	15,619.07
23, Lake	432.97	1,429.02
31, Butte/Glenn	1,237.14	4,335.70
32, Plumas		
34, Placer	4,037.59	8,275.11
36, Sierra/Nevada	310.72	2,693.73
42, Sacramento/Yolo	3,995.17	13,824.72
43, El Dorado	536.76	2,277.73
44, Amador	130.21	709.46
45, Sutter/Colusa/Yuba	268.06	1,485.85
51, Napa	532.25	5,066.98
52, Contra Costa	2,965.63	12,479.04
53, Alameda	6,439.27	21,247.70
54, Solano	1,001.39	3,755.31
61, Marin	3,163.89	11,258.31
62, San Francisco	3,089.54	14,742.83
65, San Mateo	2,722.60	10,865.05
71, Santa Clara	4,954.62	14,269.16
72, Monterey	625.79	2,546.75
73, Santa Cruz	151.03	7,241.76
74, San Benito	70.30	367.81
81, Stanislaus	703.15	2,788.31
82, San Joaquin	807.26	1,961.12
83, Tuolumne	207.39	1,332.71
84, Calaveras	94.00	511.44
86, Merced	131.07	197.97
91, Mariposa/Madera	83.67	1,098.92
92, Fresno	1,568.08	7,640.19
93, Tulare	1,029.63	2,529.94
95, Kings	121.48	198.51
Out of the Area Contribution		
Unidentified Contributor		
Total	<u>49,751.03</u>	<u>183,842.82</u>

SCIF Treasurer's April Report through March, 2026

Activities by Entity

Bookstore

Bookstore Income:	\$10,547.22
Cost of Goods Sold:	[5,699.22]
Operating Expenses:	[3,961.43]
Bookstore Net:	\$928.68

Central Office

Group Contributions:	1,851.27
Bank Interest:	1.05
Operating Expenses:	[6,365.55]
Central Office Net:	\$4,513.23

Intergroup Activities

Activities Income:	\$0
Activities Expense:	[39.46]
Intergroup Net:	39.46

Meeting Room

Meeting Room Income:	\$1,315.00
Meeting Room Expense:	[2,169.71]
Meeting Room Net:	[854.71]

All Entities March 2026:	(4,478.72)
YTD Net Income:	\$4,646.22

Contribute to SCIF

Pay via Venmo



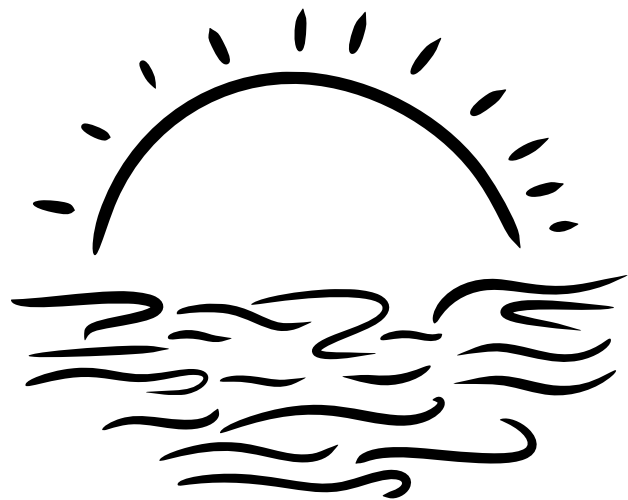
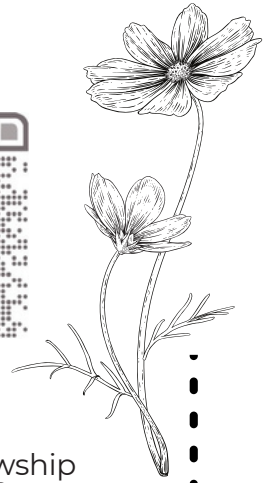
to PayPal



@SonomaCounty-IntergroupFellows

or Mail checks to:

Sonoma County Intergroup Fellowship
750 Mendocino Ave., Suite 10
Santa Rosa, CA 95401



Sonoma County Intergroup Fellowship Statement of Activities by Entity YTD March 2026

	Bookstore		Central Office		Total Intergroup		Meeting Hall		TOTAL	
	Mar 26	Jan - Mar...	Mar 26	Jan - Mar...	Mar 26	Jan ...	Mar 26	Jan - Mar...	Mar 26	Jan - Mar...
▼ Ordinary Income/Expense										
▼ Income										
Activities Income						602.00				602.00
Alkathon Income						1,799.01				1,799.01
Bank Interest			1.05	3.04					1.05	3.04
▶ Bookstore	10,547.22	34,872.96							10,547.22	34,872.96
▶ Central Office Income			1,851.27	18,995.38		331.00	142.00		1,851.27	19,468.38
Donations to Volunteers	42.00	248.50							42.00	248.50
SCIF Meeting Hall inc...							1,315.00	3,862.50	1,315.00	3,862.50
Total Income	10,589.22	35,121.46	1,852.32	18,998.42		2,732.01	1,315.00	4,004.50	13,756.54	60,856.39
▶ Cost of Goods Sold	5,699.11	21,184.23		20.80					5,699.11	21,205.03
Gross Profit	4,890.11	13,937.23	1,852.32	18,977.62		2,732.01	1,315.00	4,004.50	8,057.43	39,651.36
▶ Expense	3,961.43	11,391.12	6,365.55	16,311.34	39.46	988.57	2,169.71	6,314.11	12,536.15	35,005.14
Net Ordinary Income	928.68	2,546.11	(4,513.23)	2,666.28	(39.46)	1,743.44	(854.71)	(2,309.61)	(4,478.72)	4,646.22
Net Income	928.68	2,546.11	(4,513.23)	2,666.28	(39.46)	1,743.44	(854.71)	(2,309.61)	(4,478.72)	4,646.22

Treasurer's Report continued

What your group contribution pays for (and where it's not used)	
Total 2025 expenses	59,823.00
2025 net income	6,334.00
At the Central Office level	
Activities and Alkathons income and expenses varies income 2025	7,278.00
Expenses	7,300.00
Net income	465.00
Half of office rent & utilities	5,078.00
Half of payroll for 3 employees	24,379.00
Teleservice	696.00
Newsletter publication	5,984.00
SCIF website	770.00
Meeting Directories	1,732.00
Intergroup reps meeting location rental	1,155.00
Non-Profit 501c3 registration	80.00
Non-Profit Insurance (also provides for the group insurance)	1,684.00
Half of CPA tax & bookkeeping services	2,100.00
Pamphlets and Wallet cards given free to groups by Intergroup	1,858.00
Of the 56 English AA published pamphlets price ranging from 0.35 to \$2.30 averages at \$0.62 each. A group can easily leave the bookstore with 5 each free of the 23 most popular pamphlets at a cost to the Central Office of \$75 plus the 10% use tax required by the state	
Just one each of those 23 totals	19.00
5 each of the 17 wallet cards is	4.00
Newsletters are costing \$1 each & directories .30. 5 each of those is \$6.50	
The SCIF Meeting Hall is accounted separately and will soon be fully self-supporting	
Monthly rent \$1500, utilities average \$230, housekeeping and supplies \$60	1,790.00
The Bookstore sales pays for its share of the overhead and the Bookstore inventory	
Income for 2025	123,448.00
COGS (cost of good sold)	80,531.00
Expenses	42,932.00
Net income	2,197.00
SCIF expected excess funds disbursements for 2025 < >	9,500.00

A Treasurers Forum

A platform for group treasurers to meet and discuss the infrastructure of the AA 7th tradition aspects and needs that serve the fellowship. Meeting is cohosted by intergroup treasurer to talk about improving 7th tradition revenue, digital basket, disbursements, educating group members about where the money come from and goes and how to best use it.

Helpful readings available for free at the bookstore and AA.org

Ongoing hybrid treasurers forum will be held on the fourth Monday of the month from 6pm-7pm at the SCIF meeting hall and online by zoom. All group treasurers are invited to bring questions and solutions to better serve our Fellowship in years to come.

Meeting ID: 860 4370 3384

Password: 62

If your group believes we have made an error in reporting for 2025 group contributions please contact the Central Office 707-546-2066 or aasonomq@sonic.net

March 2026 Group Contributions

Group #	Name	City	Day	Mar	Total
	AA Cache Creek Group			100.00	100.00
	anonymous			626.72	726.72
129759	Check It Out	Santa Rosa	Tue	168.50	168.50
102245	Harmony Group	Santa Rosa	Mon	50.00	329.00
57779	Monte Rio Fellowship	Monte Rio	any	170.00	170.00
175749	New Women of AA	Rohnert Park	Mon	60.00	120.00
130361	Occidental Tonight Group	Occidental	Fri	50.00	50.00
355860	Sonoma Sober Sunrise			111.60	336.47
	The Late Show	Santa Rosa	Sat	115.00	620.00
54074	Quitting Time	Petaluma	Th,Sa,Su	49.45	100.12
(may not include all of PayPal)		March Totals		\$1,501.27	
				All Groups YTD	\$19,528.87

Individual A.A. members and A.A. groups may make a contribution to the General Service Board online or by mail. In keeping with A.A.'s tradition of self-support, contributions from non-AA members are not accepted. Individual AA members contributions to the General Service Board are limited to \$7,500 per year; there is no limit for A.A. groups

PLEASE POST

"But we do have expenses..."

When you "put money in the basket" you support your group and A.A. worldwide. You help make sure that:

- Your group gets meeting space
 - Phones get answered
- Alcoholic inmates get Big Books
- Professionals get correct information about A.A.
 - Loner A.A.s get letters
 - Newcomers get literature and meeting lists
- A.A.s around the globe share experience, strength and hope



Region, Country, World

"I want the hand of A.A. always to be there..."

GENERAL SERVICE BOARD OF ALCOHOLICS ANONYMOUS, INC. P.O. BOX 459 GRAND CENTRAL STATION, NEW YORK, NY 101 63
(212) 870-3400 FAX: (212) 870-3003 • www.aa.org

The Promises in Reverse

If we are NOT painstaking about this phase of our development, we will be drunk before we leave the parking lot.

We are going to know a new pain and a new misery.

We will regret our deeds and repeat them over and over.

We will comprehend the word chaos and we will know calamity.

No matter how far down the road we stagger, we will still wonder where we are going.

That feeling of uselessness and self-pity will intensify.

We will lose interesting things and gain relations with strange fellows.

Self-seeking will be constant.

Our whole attitude will be on the lookout for the cops.

Fear of people and economic insecurity will leave us - homeless.

We will intuitively know how to stay drunk with little or no money.

We will suddenly begin to think that God does not exist.

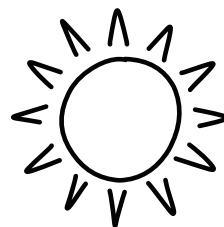
Are these extravagant promises?

Probably not.

They are being practiced daily, sometimes insanely, sometimes deadly.

They will continue to happen if we keep drinking.

(AA Grapevine)



May 2026 – Service Meetings & Events

SUNDAY	MONDAY	TUESDAY	Wednesday	THURSDAY	FRIDAY	SATURDAY
<p>Sonomacountyaa.org would love to add your events! When scheduling an AA event, please send details to both newsletter@sonomacountyaa.org and to webmaster@sonomacountyaa.org so we can list it as soon as possible.</p>					1st Friday Karaoke & Pizza Night 8:30–11:30 pm. SoCo Alano Club 1050 Petaluma Blvd. North Petaluma	1st Saturday Monte Rio Birthday Meeting at 12 Potluck 1 pm
3 1st Sunday SOCYPAA BusinessMtg. 7:30 pm. 1551 Montgomery Santa Rosa	4 1st Monday General Service Business Mtg. 7:30 pm. New Reps, 6:30 pm 4930 Newanga Santa Rosa For Zoom: email chairperson	5	6 1st Wed. H&I Business Mtg. 6:15 pm. New Reps, 5:45 pm. Center for Spiritual Living 2075 Occidental, Santa Rosa	7	8	9
10	11 2nd Monday SCIF Steering Committee 7:30 pm. AA Bookstore 750 Mendocino Santa Rosa Hybrid – Zoom 860 4370 3384 PW: 62	12 Unity Day Planning Committee 6:30 pm. AA Bookstore 750 Mendocino Santa Rosa	13 2nd Wed. PI/CP Business Meeting 7:30 pm. New Reps 7:00 pm. AA Bookstore 750 Mendocino Santa Rosa Hybrid – Zoom: PW: 804715 961 8127 1048 PW: Dist12GS	14 2nd Thurs. Access Sonoma County Business Meeting 7:30 pm. Zoom only: 934 2984 1277	15 Newsletter Submission Deadline 10 days before IG Meeting 5:00 pm. newsletter@sonomacountyaa.org	16 15th-17th Pillsbury Campout
17 3rd Sunday SOCYPAA Business Mtg. 7:30 pm. 1551 Montgomery Santa Rosa Monte Rio Spring BBQ 20329 Hwy. 116	18	19 3rd Tuesday Bridging the Gap Business Mtg. 6:30 pm. New Reps, 6:00 AA Bookstore in person only 750 Mendocino Santa Rosa	20	21	22	23 Mark Lundholm Comedy Show 7 pm at Center for Spiritual Living
24 31	25 4th Monday Intergroup Business Mtg. 7:30 pm. 7:00 New Reps. St. Luke Church 905 Mendocino Hybrid – Zoom 860 4370 3384 PW: 62	26 Unity Day Planning Committee 6:30 pm. AA Bookstore 750 Mendocino Santa Rosa Last Tuesday Birthdays Party 7:00 - 8:30 pm. SoCo Alano Club 1050 Petaluma Blvd. North Petaluma	27	28	29 Sober Game Night last Friday of the month 6-8 pm SCIF Meeting Hall 750 Mendocino Ave	30

Receive the SCIF News in Your Inbox!

Sign up at the bottom of our home page:

<https://sonomacountyaa.org>

A.A. English Hotline
Línea Directa 24 Horas
707 544-1300
707 623-6702

Common Acronyms:

SCIF = Sonoma County Intergroup Fellowship
ICSC = Intergroup Central Service Committee
PI/CPC = Public Information/Cooperation with
the Professional Community

Addresses & Links

Alcoholics Anonymous
www.aa.org

NY General Service Office
POBox2407JamesA.Farley Station
York, NY10116-2407

AA Grapevine/La Viña
475 Riverside Dr.11th Floor
New York,NY 10115
www.aagrapevine.org

NORCAL H&I
Hospital & Institution Committee, Area 22

P. O. Box 192490, San Francisco, CA 94119
California Northern Coastal Area 06
1390N. McDowell Blvd., Suite G339
Petaluma, CA 94954 www.cnca06.org

Sonoma County General Service
P.O. Box 536
Santa Rosa, CA 95402-0536
generalservice@sonomacountyaa.org

Sonoma County Intergroup Fellowship
750 Mendocino Ave., Suite 10
Santa Rosa, CA 95401-4846
intergroup@sonomacountyaa.org
sonomacountyaa.org

Access Sonoma County
750 Mendocino Ave., Suite 10
Santa Rosa, CA 95401-4846
asc@sonomacountyaa.org

Bridging the Gap
750 Mendocino Ave., Suite 10
Santa Rosa, CA 95401-4846
asc@sonomacountyaa.org

Sonoma County PI/CPC *
PICPCc/o General Service
P.O. Box 11305, Santa Rosa, CA 95406
picpc@sonomacountyaa.org

SOCYPAA
Sonoma County Young People in AA
P.O. Box 7232
Petaluma, CA 94954
www.socypaa.org

La Oficina Central del Área Norte de la Bahía
5959 Commerce Blvd., Suite 18A
Rohnert Park, CA 94928
oficinacn1@outlook.com
oficinacentralnorte7@gmail.com

*funded through Sonoma County General Service

Contact Information

(All emails are _____@sonomacountyaa.org)

SCIF OFFICERS

Chair	Joshua P.	intergroup@
Vice Chair	Scott M.	vice-chair@
Secretary	Shannon T.	secretary@
Treasurer	Mike H.	treasurer@
Registrar	Angel P.	registrar@

SCIF COMMITTEE CHAIRS

Activities	Chris	activities@
Alkathons	Meg	alkathons@
ICSC	Joann L.	icsc@
Seminars	Clark W.	seminars@
Outreach	Travis	outreach@
Teleservice	Maria S.	teleservice@
ICSC Nominations	Michael K.	icscnic@
Newsletter	Isabelle L.	newsletter@
Website	Jay F.	webmaster@
Tech	Jake H.	tech@

GENERAL SERVICE – DISTRICT 12

DCMC	Maureen G.	generalservic@
Treasurer	David H.	treasurer-gs@
Registrar	Shelly J.	registrar-gs@
Archivist	Liz F.	archivist-gs@
Grapevine	Mark S.	grapevine@
Access Sonoma Co.	Ben G.	asc@
Bridging the Gap	Scott W.	btg@
PI/CPC	Andrew S.	picpc@
Interpret/Translation Del P-W.		it@

LIAISONS to SCIF

H&I	Alma T.	handi@
Spanish Central Office (vacant)		---