



Sonoma County  
Intergroup  
Fellowship

# News

Jan.  
2026



SCIF AA Seminar

## Our *Other* Great Books



Monday January 19th 2026 at the Bookstore  
6 to 7:30pm in person and hybrid.

Zoom ID 860 4370 3384 code 62

(there will be cookies)

## ALCOHOLICS ANONYMOUS

This is the fourth Edition of  
the Big Book, the Basic Text  
for Alcoholics Anonymous.



Big Book Comes Alive  
Mon 2/2 through Mon 3/16  
6pm to 8pm (5pm dinner)

BRING YOUR BIG BOOK and 12 & 12  
(childcare available donation appreciated)  
Sonoma County Alano Club  
1050 Petaluma Blvd. N  
(707)782-0588

## Sonoma County Intergroup Fellowship Elections

**Officers on January 26th**  
Chair, Vice Chair, Secretary, Treasurer, & Registrar

**Committee Chairs on February 23rd**  
Alkathons, Activities, Seminars, Outreach,  
Teleservice, Newsletter, Webmaster, & Tech

7:30 pm. at St. Luke's Episcopal Church  
905 Mendocino Ave. in Santa Rosa  
Zoom ID: 860 4370 3384 PW: 62

*Come Join the Fun!*

SOCYPAA  
SCCYPAA  
PRESENT

## CARRY THE TUNE, NOT THE BOTTLE *Karaoke Night*

Sat. Jan 24 | 7pm

Slide into the groove! Join us for a speaker  
meeting, enjoy pizza, salad, and drinks on us,  
and stick around to light up the mic with  
karaoke. Disco songs and attire encouraged!

SONOMA COUNTY  
ALANO CLUB  
FREE EVENT!



Bob at the Bookstore has these little AA slogan  
stickers available. I placed this one in the lower  
left corner of my windshield\* as a reminder to  
*Take It Easy* while driving! — Bill K.

\* see California Vehicle Code, sect. 26708 for safe placement on windshields

The SCIF News is the monthly newsletter of Sonoma County Intergroup Fellowship. It is free and made possible through contributions of our members to Intergroup. The SCIF News is also available at [sonomacountyaa.org](http://sonomacountyaa.org). **DISCLAIMER:** Opinions contained herein are strictly those of the authors. The publication of opinions, articles, and announcements does not necessarily represent endorsement, approval, or affiliation by the Sonoma County Intergroup Fellowship. We reserve the right to edit submissions for clarity, language, length, and any content that may violate A.A.® Traditions.

# BOOKSTORE

750 Mendocino Ave., Suite 10, Santa Rosa (707) 546-2066

Open Mon. – Sat., 10:00 am – 6:00 pm

Online store open 24/7: <https://scifbookstore.com/>



## Seminar Books Bundle

**Sale! All Four Books**

plus extras

**\$35**



**\$49 value**

Volo Chocolate, 2 Index Bookmarks,  
Highlighter Pen, 12 Traditions Illustrated P43,  
4 Wallet Cards, Easy Does It Sticker

The Bookstore and Central Office helps groups with resources and infrastructure needs. Contact us for supplemental service supplies, secure information storage, or platform assistance.



## Quilted Pamphlet Carry

Has 30 slots that hold 20 pamphlets  
Folds up — Lays flat or hangs



Sewers needed to make these from canvas or vinyl.

*Come see our collection of fine jewelry and jewelry handmade by fellows.*



*From \$9.99. Now including select Sterling Silver pieces!*

Volunteers wanted for assembly of Newcomers' Packets and such, and for clerical help updating service guides. Please contact Bob.

## New SCIF Meeting Hall Opens January 2, 2026

The renovations are almost completed and we are looking forward to opening our new SCIF Meeting Hall!

750 Mendocino Ave., Suite 9, Santa Rosa, CA 95401 (right next door to the AA Bookstore & Central Office.)

Interest from new and established meetings looking for new space has been strong. This is intended to be a non-profit space for our recovery community so we intend to keep the rent as low as possible. Tentatively, the rent will be \$30 per meeting for a two-hour window. Daily meetings will get a monthly rate.

For more info, or to schedule a meeting, contact Bob at the Bookstore: 707/546-2066.

***Watch this space for news about our first Open House!***



# SCIF General Meeting Minutes for November 24, 2025

Meeting opened with the Serenity Prayer, followed by readings of the Preamble, Tradition 11, and Concept XI.

**Introduction of New Representatives:** Shannon, Wed Night women's step study; Angela, SOCYPAA Intergroup Liaison; Noel, Tues. Night Beginners Group in Santa Rosa; Ray, Tuesday 6:30 12 and 12; On zoom: Cynthia

**Birthdays since we last met:** Noel, 11/15, 20 yrs; Tim, 11/1, 37yrs; Jordan, 10 mos. on 11/12.

**Representatives were asked to sign in.**

## **ELECTION OF COMMITTEE/LIAISON:**

**General Service Liaison:** David elected by majority - former Spanish Central Office liaison, just finished term, happy to be new SCIF GSR Liaison.

## **COMMENTS REPRESENTATIVE SHARING:**

Selection for the group to speak for 1 min: why you are here and why is it important to you. "Keeping busy, helps me in my sobriety. Important to me to give back to the community and I love it."

Comment from Noel - Tuesday Night Beginners Group is coming back, tomorrow is last Steering committee meeting at 6pm at the AA bookstore, every position is available. First meeting on Tues. 12/2 at 7pm at 1550 Pacific Ave Santa Rosa.

## **OFFICER REPORTS:**

**CHAIR: Joshua P.** – nothing to report

**VICE CHAIR: Angie G.** - New reps on zoom, please come to orientation, 7pm before the General Meeting. There are New Rep guides on the website.

**SECRETARY: Amy P.** - not present, nothing to report.

**TREASURER: Mike H.** - See report on pages 5 & 6.

Also filed corporate tax returns. Free checking at cooperating banks in Santa Rosa. We will go with whatever bank you want to go with so you won't have to use a members' checking account for your group with an independent tax ID # you won't have to pay monthly charges for that. For further info contact Bob at the bookstore or you can contact Mike via email.

**NEW SPACE** - starting at \$1,500 p/mo in it's final form SCIF authorized to go ahead with this project. The lease is between this group, so in order to sign the lease we need to have a vote. Questions: Greg - How will space be used? Primarily for meetings, we will establish a rent for each meeting, possible \$25-50 per meeting, also for committee meetings, more sales floor. More will be revealed. Second question about how we get the money to pay the rent, hopefully we will have plenty of meetings who want to use the space. We have surplus revenue \$13K - not part of prudent reserve which is \$48K. Max occupancy is 75-100. Vote passed by majority.

**REGISTRAR: Stacy T.** - Total of 465 meetings each week, offered by 248 groups; 328 in person; 115 online and 22 hybrid; last meeting we had a total of 53 reps and 30 in person 23 online and 5 new. 21% of meetings were represented.

**ICSC REPORT: Joann L.** - Ernest is now recording Secretary for next 6 mos. We discussed bookstore consignment inventory and leave it to the discretion of the bookstore manager. Added GSO guidelines for Intergroups and Central offices, put them in newsletter.

**BOOKSTORE REPORT: Bob F.** - New line of sterling silver jewelry, by consignment. New AA Books seminar bundle, books that are going to be talked about in that seminar with a bunch of extras. Newcomer packets, also need volunteers to help make them. Want to express gratitude for all of the bookstore volunteers. Please let me know if you would like to volunteer.

## **COMMITTEE REPORTS:**

**OUTREACH: Morgan P.** - Encouraging every group to get an intergroup rep. so that we can identify their meeting. Identified that many of the meetings on the 1<sup>st</sup> we count as Spanish-speaking meetings - we thought they weren't being represented, but they have their own intergroup. How do we address that?

**ACTIVITIES: Allen A.** - New Years dance on 31<sup>st</sup> at 8pm in Santa Rosa, SOCYPAA to co-host. Need to make new flyers.

**ALKATHONS: Isabelle L.** - 1495 West Steele Ln. in Santa Rosa. All food must be brought to the kitchen prepared, cooked and cut. There is no stove. Helpful to bring on disposable plates. The meeting has a suggested speaker/discussion format. No announcements, there is a binder with the meeting format to guide you.

**COMMUNICATIONS/NEWSLETTER: Arjuna** - Problem with the printer, newsletters didn't make it to the meeting. Nothing submitted to the newsletter from members. Asking for help. January's newsletter- stories less than 200 words, jokes, images whatever and if you need a topic, how about the 1<sup>st</sup> step? Deadline, December 12 at 5:30.

**WEBMASTER: Jay F.** - People asking why they can't print schedules from the website. Looking into ways that can happen. Be aware the meetings on the website are as up-to-date as possible. PI/CPC is getting a SF Bay Area Professionals page. Reach out to me if your committee would like a page or has any questions.

**SEMINARS: Clark W.** - January seminar will be held in the new space next to the bookstore. Mon. January 19, 6-7:30, hybrid. Next seminar will be in April and will probably be about service. All types of service position perspectives. We pledge 100% of 7<sup>th</sup> tradition towards rent.

**TELESERVICE: Maria** - All positions filled.

**ICSC NOMINATING COMMITTEE: Greg A.** - not in attendance.

**TECH POSITION: Jake H.** - Feedback. All the tech seems to be working well. Possible to put a projector on the wall to potentially put zoom people up. Next goal to get a written step-by-step easy to understand guides on how to run all tech.

*continued on page 4*

### LIAISON REPORTS:

**Spanish Central Office: David** - See Report in newsletter. Position is open in December, if you are interested or have questions let me know

**UNITY DAY: Ellen** - nothing to report.

**SOCYPAA: Angela** - Committee meetings 1<sup>st</sup> and 3<sup>rd</sup> Sundays of the month at 7:30 at 1551 Montgomery. New website: [SOCYPAA.Org](http://SOCYPAA.Org). Thanks Jay! In December we have our Gather and Gratitude event at the Alano Club. We had 80 people, lots of speakers other YPAA groups. Excited to host 8pm meeting Wednesday at Thanksgiving Alkathon. Gifts of Sobriety event on Saturday 12/6, at the Alano club. White Elephant \$10-\$20 gift.

**HOSPITALS & INSTITUTIONS: Alma** - H&I Meetings 1st Wednesday of the month at the Center for Spiritual Living in Santa Rosa

**GENERAL SERVICE: Maureen G.** - At our District 12 General Service meeting on December 1 we will continue discussing a motion which reads, “That a piece of literature be created with stories of experience, strength, and hope to support families in sobriety while navigating the responsibilities of parenthood.” you may hear about it from your groups’ GSRs to see what you think of the idea. We prioritize listening to group consciences on the motion. Are you or group for the motion or opposed - why or why not? The why or why not often times has more influence over the people who are considering the motion than a straight yes or no. The General Service App has some Sonoma information. Huzzah. More to come. The PreConference Assembly will be held in Petaluma in April. Marin is hosting the Assembly, D12 Sonoma will be organizing the Saturday night dinner on April 11th. The Kitchen, prep, decorations, ticket sales and all are getting sorted. Let me know if you want to get in on the fun. It’s Inventory Season - let general service know if your group would like support to hold an inventory. We are happy to help

**BRIDGING THE GAP: Scott** - Bridging the Gap, presentations to Mountain Vista Farm, Olympia House. Bringing a big presentation to the Orenda Center. Looking for presenters. Expanding services to Scotts Valley Treatment Center, Pura Vida, Athena House and WRS. 10th Annual Sobriety Run. Fun run get-together. I started it 10 yrs ago. I told a friend, hey do you wanna run 18 miles to celebrate my 18 years of sobriety? People from all over come, doesn’t matter if you’re in AA or not. This year is 27K 8am Bear Valley Visitor Center at Point Reyes. December 13, Saturday.

**PI/CPC: Ed M.** - Need volunteers to take speakers into Professional settings and schools. See me if you’d like to volunteer

**ACCESS SONOMA COUNTY: Ben G.** - Access is committed to making A.A. accessible to everyone. Our meetings are held on the second Thursday of each month at 7:30 p.m. via Zoom. All are welcome to join us. The committee is currently discussing the services we provide. One of these services

is “Voices from Home,” which connects individuals with someone who speaks their native language. If you speak another language and would like to contribute, please contact the Access Committee. Additionally, we are working on refreshing the appearance of our webpage. Thank you for letting me be of service.

**DISTRICT 18:** vacant

### OLD BUSINESS:

- Expand fellowship to neighboring counties - Bob does sell to neighboring counties and this brought this idea up and started the conversation. Please let Josh or Bob know.
- Ad Hoc Committee for a 12 step guidebook, anyone who is interested in researching Guide / Workbook for the 12 steps.

### NEW BUSINESS:

Officer elections in January and in February will be the committee position elections.

How can we get more attendance at the General Meeting? Raffle/drawing? Must be present to win, will be giving away a gift cert to the bookstore or something of the sort. Would like to start next month. Maybe you can win!

### INTRODUCTION OF NEW BUSINESS:

Monthly drawing for a bookstore gift certificate

### SUMMATION:

What to bring back to your groups, read by Angie

### CLOSED WITH RESPONSIBILITY STATEMENT

#### *A DECLARATION OF UNITY*

*This we owe to AA's future;  
to place our common welfare first;  
to keep our Fellowship united.  
For on AA unity depend our lives,  
and the lives of those to come.*

### Registrar's Report for November, 2025

As of November 24, 2025, there were a total of 465 meetings in Sonoma County offered by 247 unique groups each week: 331 in-person, 110 on-line, and 24 were hybrid.

A total of 43 representatives were in attendance at the November 24<sup>th</sup> Intergroup Meeting. 28 were in person and 15 on-line. 7 were new.

**43 reps ÷ 247 groups = 17% represented.**

— in service, Stacy T., SCIF Registrar

# SCIF Treasurer's Report through November 30, 2025

## Activities by Entity

### Bookstore

Bookstore Income:	8416.83
Cost of Goods Sold:	5628.13
Operating Expenses:	3973.79
Bookstore Net:	[1185.09]

### Central Office

Group Contributions:	2336.38
Bank Interest:	1.01
Operating Expenses:	4556.91
Central Office Net:	[2219.52]

### Intergroup Activities

Alkathon Income:	43.00
Seminar Income:	26.00
Activities Expense:	1500.00
Alkathon Expense:	1214.26
PayPal Fees	.68
Intergroup Net:	[2645.94]

<b>All Entities Nov. 2025</b>	<b>[6050.55]</b>
<b>YTD Net Income.</b>	<b>7371.44</b>

## A Note from the Treasurer: Dig Deep!

We ran a relatively large deficit last month since bookstore sales and group contributions both went down considerably, probably due to seasonal factors. Has it been a while since your group has distributed any surplus? Please check it out and contribute if you can.

And, just a word to the Intergroup Reps — How about a New Year's resolution? We'd love to see you back at our monthly meetings, either in-person or online. It's so easy, just 90 minutes per month! Don't miss out on the fun! 😊

— Mike H.

## Contribute to SCIF

### Mail checks to:

Sonoma County Intergroup Fellowship  
750 Mendocino Ave., Suite 10  
Santa Rosa, CA 95401

### Pay via PayPal:



### Or through Venmo:



@SonomaCounty-IntergroupFellows

## Group Contributions to Intergroup in November, 2025

Group Number	Name	City	Day	Nov.	Totals
133425	Sunday Night Closed Discussion	Rohnert Park	Sun	\$451.81	\$1,607.37
136204	Sun Morn Smiles	Santa Rosa	Sun	312.00	774.00
123069	Lunch Bunch	Petaluma	Tue	174.43	615.02
125734	Fresh Air Group	Santa Rosa	Tue	174.43	660.00
355860	Sonoma Sober Sunrise	Sonoma	Daily	153.60	1,571.63
685417	There is a Solution Santa Rosa	Santa Rosa	Sat	149.00	914.00
697772	Good, Bad, & Ugly Group	Petaluma	Sun	100.00	300.00
175749	New Women in AA	Rohnert Park	Mon	80.00	340.00
54074	Quitting Time	Petaluma	Th, Sa, Su	69.80	890.20
	Realización	Santa Rosa	Daily	80.00	351.00
143996	Single Purpose Group	Sebastopol	Wed	30.00	150.00
November Totals				\$1,735.44	
Totals all Groups YTD					\$56,850.26

## Accrual Basis

Page 6



# The Ripple Effect: PI/CPC and the 'Every 15 Minutes' Program



The request that came to the PI/CPC committee meeting, notes like a dropped stone given it is not something we have done: "Petaluma Police Department needs a speaker for a local high school for their 'Every 15 Minutes' program... in a few weeks and they need to know if we can support this in the next couple of days."

[Every 15 Minutes](#) is a program to build awareness of the dangers of drinking and driving by simulating a car crash and the aftermath (hospital visits, jail, mortuary etc.). They needed a speaker with personal experience with a drunk driving accident that caused serious injury or death to share their story to the assembly the day after the reenactment.

PI/CPC did a quick outreach to our wonderful speaker community. This was a different kind of service. We usually talk about recovery, not tragedy, but this presented an opportunity to educate the 'kids' in cooperation with professionals in our community. One of our speakers met the requirements and was willing to share the story of his wife being seriously injured by a drunk driver.

On the second day of the program, the students passed a hearse as they entered the gym. The group was silent, heavy with manufactured dread. On the first day, four first responder agencies, the local hospital and a mortuary had collaborated to stage the mock crash, the fake fatalities and related death notices, and the drunk driving arrest, with students playing the roles. The scene had been raw, designed to shock.

Scott W. in our speaker community stepped up to share a moving story about a drunk driver that seriously wounded his wife in an accident. The impact on the driving-age kids was obvious. Thanks to Scott for being vulnerable for the betterment of others.

The PI/CPC committee's service that day showed that carrying the message sometimes means sharing the experience of those who were collateral damage. It reminds us that our recovery is not just for ourselves, but for all the lives we touch—and that service is the ultimate act of gratitude.

— Ed M. PI/CPC Alternate Chair

## PI/CPC Update: Impact at St. Vincent's & Call for Speakers Carry the Message where it's needed most—Schools & DUI Classes need you.

This month, the Public Information / Cooperation with the Professional Community (PI/CPC) committee had the privilege of participating in the "[Every 15 Minutes](#)" program at St. Vincent's High School. While AA is usually not invited to these events as members from MADD usually make the presentation, Scott W. shared his experience, strength, and hope regarding the severe consequences of alcoholism and drunk driving. The response from the student body was powerful, illustrating just how vital our presence is in the community.

**We need your help to keep this momentum going!** We are always looking for speakers for both *High School presentations* and *DUI classes*. This is one of the most effective ways to carry the message to the "still suffering alcoholic" who may not have walked into a room yet.

### Get Involved:

- **Requirements:** 2+ years of sobriety and a working knowledge of the Steps/Traditions. (And only 1+ years for younger speakers)
- **Training:** We hold a brief, Speaker Training session at **7:00 PM** on the second Wednesday of every month, immediately preceding our business meeting.
- **Next Meeting:** January 14, 2026 at the bookstore (we'll be in the new office space next door to the bookstore then)

Visit the PI/CPC Resources Page: <https://www.aabayarea.org/healthcare-professionals/> to learn more or show up at 7:00 PM next month to get trained!

— thanks, Tim McA.

# Oficina Central del Área Norte de la Bahía

(Northern Bay Area's Spanish Central Office)

**5959 Commerce Boulevard, Rohnert Park**

## Reunión General del Distrito 18

(District 18 Meeting)

**El 1<sup>er</sup> y 3<sup>er</sup> miércoles de cada mes de 7:00 a 9:00 p.m.**

(1<sup>st</sup> & 3<sup>rd</sup> Wednesday, 7-9PM)

## Sesiones Intergrupales

(Intergroup Meetings)

**Todos los sábados de cada mes de 4:00 a 5:30 p.m.**

(Every Saturday, 4-5:30PM)



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**"We admitted we were powerless over alcohol  
— that our lives had become unmanageable."  
*"Twelve Steps and Twelve Traditions" page 21***

Dear A.A. Fellowship,

As my service commitment as the Spanish Central Office Liaison during 2025 is concluding, I feel both proud and humbled to have served in this fashion for the Sonoma County Intergroup Fellowship of A.A.

As I chime in on this month's theme, "Step 1," and as my three-year sobriety anniversary approaches on February 1<sup>st</sup>, I am both proud and humbled to reflect on all the accomplishments I have been able to achieve and all the successful advancements that my life has had since I surrendered myself head-on into this program.

As I move on to a new service commitment in a different capacity in 2026, it is my hope that this lengthy statement does not take away from the even greater gratitude that I feel for having found the sober tools and immense support to help me steer my life onto a more healthy and positive path, a path which I would have never managed to find on my own while I was lost in my addiction.

I am an alcoholic and I will always be one, but thanks to A.A. and all its fellowship, I have learned that my life can become manageable in sobriety and also that I do not have to do it alone.

With all the gratitude and humility from the bottom of my heart, I thank y'all for being and continuing to be of service.

Yours truly,

*David A.T. (he/him)*

## Dead Girl in the Meadow

*by Tyler J., Alcoholic*

I was barely eighteen when I moved to Santa Cruz for college. My hair was long and blonde—down to my chest—and I thought I knew everything there was to know about drinking. My poor roommate, on the other hand, was a lightweight. So I figured I'd show him the ropes.

I'd arrived early that year to work in the dining hall, but he'd only just shown up. Within a few hours, we were both at a freshman party in the grassy meadow behind our dorm, passing around plastic bottles of cheap vodka. He hit his limit early. I hauled him back to our dorm and tucked him into bed, feeling like the seasoned pro taking care of the new kid.

Me? I was just getting started.

The next thing I remember is sirens. Blinding lights. Angry firemen. The sound of students cracking their windows to watch the scene unfold. Someone had called 911 to report a "dead girl in the meadow." Campus security arrived first and confirmed what looked like a body facedown at the bottom of the ditch behind our dorm—long blonde hair spread out in the grass.

Three cop cars, two fire trucks, one ambulance. And then: me. Drunk as hell. Not dead, just passed out in the dirt.

I think the firemen were actually disappointed to see me sit up.

Campus policy said severely intoxicated students should go to the hospital to be rehydrated. But I was such a little asshole that night that they sent me to county jail instead. I spent the night in the tank, sobered up on a concrete bench, and somehow walked back into class the next day as if nothing had happened. People even treated me like some sort of returning hero.

For years I told that story as a joke.

Now, in sobriety, I see it for what it was: a tragedy of my former self.

I was so uncomfortable in my own skin that I used alcohol as a shield from the world and from myself. I wasn't partying—I was destroying myself at every opportunity. And I truly believed it was normal, that I was in control, that I was having fun.

It took me twenty-two years to put that drunk kid away.

Since getting sober, I went back to that meadow with my two daughters. They played and ran around the ditch while I watched them laugh. I realized I was rewriting the memory, replacing shame with joy, recklessness with gratitude, drunken collapse with presence.

That's what AA has given me: the chance to turn painful memories into meaningful ones, and the opportunity to finally feel comfortable in my own skin.

Maybe my girls will never hear that old story. And if they do, I hope it's told as a story of how far their dad has come.

*—Written on the evening I got my 90-Day Chip*



## Hospital and Institution Committee

The Hospital and Institution business meeting was held on December 3, 2025 at the Center for Spiritual Living in Santa Rosa at 6:15pm.

Please join us on the first Wednesday of the month if you'd like to be of service in H&I. Area 22 Hospitals and Institutions goes into 24 local facilities and a few others in the greater area. We are always looking for people to speak and carry the AA message to people who can't get out to meetings. Being of service in Hospitals and Institutions is at the heart of AA and its singleness of purpose: to carry the message to the still suffering alcoholic. All speakers must have at least 6 months of continuous sobriety and a working knowledge of the steps. Join us!

If you are a new meeting representative who announces the pink can in a meeting, there is a New Representative meeting held right before the regular business meeting at 5:45pm. All new reps will learn about the basics of H&I and the pink can contributions.

The December H&I business meeting extends a warm welcome to all who attended especially the following:

New meeting reps: Steve, Gravenstein LGBTQ Group; Cherri, Came to Believe; Robert, Let's Keep it Simple; Bill, Expect a Miracle; Claudia, Women's Perspective Group; Z, Monday 12x12 Alcoholics Only; Will, Ask It Basket.

December sobriety birthdays: Cindy, 40 yrs; Amanda, 7 yrs; Cherri, 8 months; Maggie, 27 yrs; Z, 18 months; Cat, 6 yrs; Adriann, 18 months; Steve, 7yrs; Krista, 3 yrs; Will, 6 yrs; Jason, 5 months.

Visitors: Robert, Luis, Kurt, Greg, Adam

The next business meeting will be held on January 7, 2026 at 6:15pm at the Center for Spiritual Living.

*Thanks for letting me be of service! —Mandy J.*

### Facilities Coordinated by Area 22 of H&I

1. Sonoma County Jail/Men
2. Sonoma County Jail/Women
3. A Step-Up Community Support Network
4. Women's Recovery Services
5. Orenda Center Detox
6. Creekside Mental Health Recovery Unit
7. Mountain Vista Farms
8. Olympia House
9. Main Jail (meetings on hold till January 2026)
10. Muir Wood Adolescent and Family Services/Boys
11. Muir Wood Adolescent and Family Services/Girls
12. Align Recovery Center
13. Hospital STAT Calls
14. Redwood Gospel Mission
15. Pura Vida Detox
16. Santa Rosa Behavioral Healthcare Hospital/Adult
17. Santa Rosa Behavioral Healthcare Hospital/Juvenile
18. Mendocino County Jail/Men
19. Center Point
20. Crestwood Behavioral Health

## WANT TO SPONSOR AN AA MEMBER IN PRISON?

IT'S EASIER THAN  
YOU THINK!



YOUR ANONYMITY  
IS PROTECTED!

There's a vital need for AA members from the outside to sponsor AA members in prisons. In order to understand this need, all you need to ask yourself is:

### Could I have gotten sober without the help of a sponsor?

If your answer is 'maybe not', then you understand the vital need.

Inside members frequently tell our volunteers they're not comfortable sharing their deepest secrets with other alcoholics in prison due to the chance that the information may not remain confidential. The consequences of the wrong information being revealed on the inside can be catastrophic. This is why H&I pioneered our groundbreaking Inside Visiting Sponsorship Service (IVSS).

### ANONYMOUSLY SPONSOR AN AA MEMBER IN PRISON FROM THE SECURITY & CONVENIENCE OF YOUR HOME

(Due to prison regulations, meeting volunteers are ineligible to participate at the facility where they volunteer)

The requirements for IVSS volunteers are:

- 1) Minimum five years' sobriety
  - 2) Solid sponsorship experience
  - 3) Knowledge & practice of AA's Steps & Traditions
  - 4) Willingness to anonymously text, receive phone calls and exchange letters.
- ~ We match same gender sponsors, but ANYONE can help us with recruiting efforts. ~

For more information: **EMAIL US AT: [HANDI.IVSS@GMAIL.COM](mailto:HANDI.IVSS@GMAIL.COM)**

Sign up to volunteer here



**!!TELL YOUR FRIENDS, TELL YOUR SPONSEES, TELL YOUR SPONSOR!!**

**I AM RESPONSIBLE**

When anyone, anywhere, reaches out for help, I want the hand of AA always to be there.

And for that: I am responsible.

A service of the NorCal Hospital & Institution Committee (H&I)

## General Service Corner

Since we are in the 12<sup>th</sup> month I thought discussing the 12<sup>th</sup> Concept was appropriate, and dare I say—festive? *The 12<sup>th</sup> Concept* (short form) is as follows:

The Conference shall observe the spirit of A.A. tradition, taking care that it never becomes the seat of perilous wealth or power; that sufficient operating funds and reserve be its prudent financial principle; that it place none of its members in a position of unqualified authority over others; that it reach all important decisions by discussion, vote, and whenever possible, substantial unanimity; that its actions never be personally punitive nor an incitement to public controversy; that it never perform acts of government; that, like the Society it serves, it will always remain democratic in thought and action.

I was confused the first time I read this. What helped me was learning about how this concept encompasses the Six Warranties (12 concepts and 6 warranties seems like a lot to keep track of, I wish I could tell you it's not, it just is what it is. Turns out all the pieces are there for a reason). I have translated the six warranties, with the help of *The 12 Concepts Illustrated Pamphlet* for us:

1. Humility is needed when it comes to money + power.
2. Finances: prudent, stable, dependable.
3. Power is balanced + limited.
4. Decisions come from discussion + voting (minority voice is heard and respected).
5. No punishments + no public drama – ever.
6. The conference serves, it does not govern.

The gratitude I have for the way in which these Six Warranties have shaped our Fellowship of the Spirit is deep and steady, like that grounding reminder that God's got it. Getting to be a part of AA and specifically a part of General Service has allowed me to witness and practice these broad concepts at the Area Level, District Level, Sub-District Level, Meeting Level, Sponsorship Level, and maybe most importantly, in my own personal life.

1. I see that humility, especially as it relates to money and power, is necessary for my life.
2. I get to have the understanding that financial security is not from having more money, but by being prudent and stable with money.
3. Power is not something I do on my own.
4. When I am making a decision it is important to hear all sides, respectfully.
5. I do not need to punish anyone, including myself. There is no need for drama.
6. I am here to be useful.

These Warranties for our Fellowship have become personal promises during my time in General Service. Thank you for letting me be of service.

— Blake L., General Service District 12 Newsletter Editor

## Meeting Announcements:

- The Monday 7 pm. **River Women's Meeting** at the Guerneville Senior Center has changed its format. The first Monday will be the step of the month, and the last Monday will be the tradition. All other Mondays will remain speaker discussion.
- The Friday 7:30 pm. **South Park Survivors Meeting** at 1415 Hendley St. in Santa Rosa is in need of support. It's an old meeting and is dying for new blood. They have service positions galore!
- Childcare is now available at the **Any Lengths Meeting** Sat., 8-9:15 pm.; at the Forestville United Methodist Church 6550 Covey Rd., Forestville.
- The Monday 7:00 pm **Men's Alive & Well** at the church in Fulton is disbanding and the space is open for any kind of a new meeting to form. The rent is \$33.00 a month paid quarterly, with no insurance needed. Contact Chuck F. 707-849-1833 if interested!

## Donate a Chair!

**The new SCIF Meeting Hall needs chairs. Folding (padded preferred) or commercial style stacking (not plastic).**

**Call or email us if you can help out.  
707-546-2066 or  
aasonoma@sonic.net**



# January 2026 – Service Meetings & Events

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			<b>12/31</b> <b>New Years' Alkathon</b> 12/31 6:00 pm. to 1/1/26 10:00 pm. 1495 W. Steele Ln., Santa Rosa Zoom: 515 962 4728 ID: 181875	<b>1</b> 	<b>1<sup>st</sup> Friday 2</b> <b>Karaoke &amp; Pizza Night</b> 8:30–11:30 pm. SoCo Alano Club 1050 Petaluma Blvd. North Petaluma 	<b>1<sup>st</sup> Saturday 3</b> <b>Monte Rio Birthday Potluck</b> 12 pm. Meeting 1:00 potluck. 20329 Hwy 116 Monte Rio
<b>1<sup>st</sup> Sunday 4</b> <b>SOCYPAA Business Mtg.</b> 7:30 pm. 1551 Montgomery Santa Rosa	<b>1<sup>st</sup> Monday 5</b> <b>General Service Business Mtg.</b> 7:30 pm. New Reps, 6:30 pm. 4930 Newanga Santa Rosa For Zoom: email chairperson	<b>6</b> 	<b>1<sup>st</sup> Wed. 7</b> <b>H&amp;I Business Mtg.</b> 6:15 pm. New Reps, 5:45 pm. Center for Spiritual Living 2075 Occidental, Santa Rosa	<b>2<sup>nd</sup> Thurs. 8</b> <b>Access Sonoma County Business Meeting</b> 7:30 pm. Zoom only: 934 2984 1277 PW: 804715	<b>9</b> 	<b>10</b> 
<b>11</b> 	<b>2<sup>nd</sup> Monday 12</b> <b>SCIF Steering Committee</b> 7:30 pm. AA Bookstore 750 Mendocino Santa Rosa Hybrid — Zoom 860 4370 3384 PW: 62	<b>13</b> 	<b>2<sup>nd</sup> Wed. 14</b> <b>PI/CPC Business Mtg.</b> 7:30 pm. New Reps 7:00 pm. AA Bookstore 750 Mendocino Santa Rosa Hybrid — Zoom: 961 8127 1048 PW: Dist12GS	<b>15</b> 	<b>10 days 16</b> <i>before IG Meeting</i> <b>Newsletter Submission Deadline</b> 5:00 pm. newsletter@sonomacountyaa.org	<b>17</b> 
<b>3<sup>rd</sup> Sunday 18</b> <b>SOCYPAA Business Mtg.</b> 7:30 pm. 1551 Montgomery Santa Rosa	<b>Seminar 19</b> <b>Our Other Great Books</b> 6:00 - 7:30 pm. AA Bookstore 750 Mendocino Santa Rosa Hybrid — Zoom 860 4370 3384 PW: 62	<b>3<sup>rd</sup> Tuesday 20</b> <b>Bridging the Gap Business Mtg.</b> 6:30 pm. New Reps, 6:00 AA Bookstore in person only 750 Mendocino Santa Rosa	<b>21</b> 	<b>22</b> 	<b>23</b> 	<b>24</b> 
<b>25</b> 	<b>4<sup>th</sup> Monday 26</b> <b>Intergroup Business Mtg.</b> 7:30 pm. 7:00 New Reps. St. Luke Church 905 Mendocino Hybrid — Zoom 860 4370 3384 PW: 62	<b>Last Tuesday 27</b> <b>Birthday Party</b> 7:00 - 8:30 pm. SoCo Alano Club 1050 Petaluma Blvd. North Petaluma	<b>28</b> 	<b>29</b> 	<b>30</b> 	<b>31</b> 

Sonomacountyaa.org would love to add your events!  
 When scheduling an AA event, please send details to  
 both [newsletter@sonomacountyaa.org](mailto:newsletter@sonomacountyaa.org) and to  
[webmaster@sonomacountyaa.org](mailto:webmaster@sonomacountyaa.org)  
 so we can list it as soon as possible.



# Receive the SCIF News in Your Inbox!

Sign up at the bottom of our home page:  
<https://sonomacountyaa.org>

**A.A. English Hotline**  
**707 544-1300**

**Línea Directa 24 Horas**  
**707 623-6702**

## Common Acronyms:

SCIF = Sonoma County Intergroup Fellowship  
 ICSC = Intergroup Central Service Committee  
 PI/CPC = Public Information/Cooperation with  
 the Professional Community

## Addresses and Links

**Alcoholics Anonymous**  
[www.aa.org](http://www.aa.org)

**NY General Service Office**  
 P.O. Box 2407 James A. Farley Station  
 New York, NY 10116-2407

**AA Grapevine/La Viña**  
 475 Riverside Dr. 11<sup>th</sup> Floor  
 New York, NY 10115  
[www.aagrapevine.org](http://www.aagrapevine.org)

**NORCAL H&I**  
 Hospital & Institution Committee, Area 22  
 P.O. Box 192490, San Francisco, CA 94119-2490

**California Northern Coastal Area 06**  
 1390 N. McDowell Blvd., Suite G339  
 Petaluma, CA 94954 [www.cnca06.org](http://www.cnca06.org)

**Sonoma County General Service**  
 P.O. Box 536  
 Santa Rosa, CA 95402-0536  
[generalservice@sonomacountyaa.org](mailto:generalservice@sonomacountyaa.org)

**Sonoma County Intergroup Fellowship**  
 750 Mendocino Ave., Suite 10  
 Santa Rosa, CA 95401-4846  
[intergroup@sonomacountyaa.org](mailto:intergroup@sonomacountyaa.org)  
[sonomacountyaa.org](http://sonomacountyaa.org)

**Access Sonoma County**  
 750 Mendocino Ave., Suite 10  
 Santa Rosa, CA 95401-4846  
[asc@sonomacountyaa.org](mailto:asc@sonomacountyaa.org)

**Bridging the Gap**  
 750 Mendocino Ave., Suite 10  
 Santa Rosa, CA 95401-4846  
[asc@sonomacountyaa.org](mailto:asc@sonomacountyaa.org)

**Sonoma County PI/CPC \***  
 PICPC c/o General Service  
 P.O. Box 11305, Santa Rosa, CA 95406  
[picpc@sonomacountyaa.org](mailto:picpc@sonomacountyaa.org)

**SOCYPAA**  
 Sonoma County Young People in AA  
 P.O. Box 7232  
 Petaluma, CA 94954  
[www.socypaa.org](http://www.socypaa.org)

**La Oficina Central del Área Norte  
 de la Bahía**  
 5959 Commerce Blvd., Suite 18A  
 Rohnert Park, CA 94928  
[oficinacn1@outlook.com](mailto:oficinacn1@outlook.com)  
[oficinacentralnorte7@gmail.com](mailto:oficinacentralnorte7@gmail.com)

*\*funded through Sonoma County General Service*

## Contact Information

(All emails are \_\_\_\_@sonomacountyaa.org)

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Secretary	Amy P.	<a href="mailto:secretary@sonomacountyaa.org">secretary@</a>
Treasurer	Mike H.	<a href="mailto:treasurer@sonomacountyaa.org">treasurer@</a>
Registrar	Stacy T.	<a href="mailto:registrar@sonomacountyaa.org">registrar@</a>

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Registrar	Shelly J.	<a href="mailto:registrar-gs@sonomacountyaa.org">registrar-gs@</a>
Archivist	Liz F.	<a href="mailto:archivist-gs@sonomacountyaa.org">archivist-gs@</a>
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PI/CPC	Dan G.	<a href="mailto:picpc@sonomacountyaa.org">picpc@</a>
Interpret/Translation	Del P-W.	<a href="mailto:it@sonomacountyaa.org">it@</a>

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Spanish Central Office	- - -	- - -