



Sonoma County
Intergroup
Fellowship

News Nov. 2025



SONOMA COUNTY ALANO CLUB

DIA DE LOS MUERTOS

Ofrenda, Music, and Candle Lighting
November 1
Saturday 6pm
Meeting 5pm & 6:30pm

Bring a picture or memento of your loved ones to add to the altar

\$5 NACHOS!

1495 PETROLIUM BLVD. N. PETROLIUM, CA 94955

SNL turns 68!

50 YEAR
"KEEP COMIN' BACK"
GOLDEN ANNIVERSARY
1957-2007
11-16-07

November 15, 2025
First Congregational Church
2000 Humboldt St. Santa Rosa


Potluck at 6:30 pm.
Bring your favorite dish to share!

Meeting at 8:00 pm.
Suggested donation \$5.00
Contact Info: Tony 707 889-9362

SCIF AA Seminar
Heading Into Winter, Preparing to Stay Sober

Members tell about their experience using the tools of the program to better deal with the special challenges that may come in the darker part of the year.

short days, dark skies, family gatherings, public holidays, cold and wintry days and nights can be a real challenge.



Monday November 3rd at the Bookstore
6 to 7:30pm in person and hybrid.

Zoom ID 860 4370 3384 code 62
(there will be cookies)

2025
Thanksgiving

Sonoma County
Christmas

Holiday Alkathon
New Year

DATE	TIME	MEETING/HOST	DATE	TIME	MEETING/HOST	DATE	TIME	MEETING/HOST
11/26	6:00 PM	Friday Nooners	12/24	6:00 PM	Serenity Fellowship	12/31	6:00 PM	SNCSIO
	8:00 PM	SOCYPAA		8:00 PM	Midwest Sober		8:00 PM	Harmless Group
	10:00 PM	Saturday Night Live		10:00 PM	Redwood Nooners		10:00 PM	Wednesday Westsiders
11/27	Midnight	Reading between the lines	12/25	Midnight	Young + Sober	1/1/26	Midnight	How it hurts
	2:00 AM	Friday Night Vets		2:00 AM	Sonoma Smiles		2:00 AM	New Nooners
	4:00 AM	Kneekheads		4:00 AM	Dog on the Roof		4:00 AM	Keep Written in AA
	6:00 AM	Midweek Madness		6:00 AM	Wine in the Now		6:00 AM	Expect a Miracle
	8:00 AM	Early birds		8:00 AM	Up the Steps		8:00 AM	Georgetown Neighbors
	10:00 AM	Women Big Rock Sober		10:00 AM	Monday Madness		10:00 AM	Sonoma & Sonoma
	12:00 PM	Sober Sunday		12:00 PM	Kennelwood Group		12:00 PM	Sober Sisters
	2:00 PM	Rosenberg Team		2:00 PM	Frost Air		2:00 PM	Granada LBOTA
	4:00 PM	Big book review		4:00 PM	Keep it simple		4:00 PM	Sunday Night Madness
	6:00 PM	Any Lengths		6:00 PM	Post Rehabilitation Group		6:00 PM	Tea + Recovery
	8:00 PM	Friday Night Madness		8:00 PM	Sat. Night Living Right		8:00 PM	Taking a trip

1495 W. Steele Ln., at Range Ave. in Santa Rosa. And on Zoom, Meeting ID: 515 962 4728 Password: 181875

The SCIF News is the monthly newsletter of Sonoma County Intergroup Fellowship. It is free and made possible through contributions of our members to Intergroup. The SCIF News is also available at sonomacountyaa.org. **DISCLAIMER:** Opinions contained herein are strictly those of the authors. The publication of opinions, articles, and announcements does not necessarily represent endorsement, approval, or affiliation by the Sonoma County Intergroup Fellowship. We reserve the right to edit submissions for clarity, language, length, and any content that may violate A.A. Traditions.

LOVE & SERVICE AA GROUP PRESENTS

THREE LEGACIES CONFERENCE

STEPS, TRADITIONS, CONCEPTS
-HOPE CENTER CHURCH-
2275 MORELLO AVENUE-PLEASANT HILL, CA 94523

SPEAKERS

KERRY MEYER, (CLASS A TRUSTEE)
LESLIE K., MODESTO, CA
SHARON A., DEPOT BAY, OR
ARISA B., BROOKLINE, MA
DAVID N., SANTA ROSA, CA
JENNIFER B., SANTA ROSA, CA
MIKE S., RIVERSIDE, CA

HYBRID EVENT

IN-PERSON
EARLY BIRD - \$30
STANDARD - \$44
LAST CALL - \$55
ON-LINE - \$25
ON-LINE INCLUDES FREE
SPEAKER DOWNLOAD

NOVEMBER 7 & 8, 2025
SCHEDULE

FRIDAY, NOVEMBER 7, 2025
4:00PM: REGISTRATION OPEN
6:00PM: EVENT SPEAKER
7:45PM: EVENT SPEAKER
SATURDAY NOVEMBER 8, 2025
8:30AM: FREE CONT. BREAKFAST
9:00AM: EVENT SPEAKER
10:45AM: SERVICE PANEL
12:00PM: FREE LUNCH INCLUDED
1:00PM: EVENT SPEAKER
2:45PM: EVENT SPEAKER
5:00PM: BANQUET
6:15PM: FINAL SPEAKER

3LEGACIESCONFERENCE.ORG

DANVILLE-DIABLO SPEAKER MEETING

The First Saturday of the Month

FOR MORE INFORMATION PLEASE CHECK OUR WEBSITE AT DDSM.ORG OR EMAIL DANVILLEDIABLOSM@GMAIL.COM

COMMUNITY PRESBYTERIAN CHURCH
222W El Pintado Danville CA
8:00-10:00pm
Doors open at 7:30pm

ONLINE:
ZOOM LINK:
885-808-3946
Password 146975

COME CELEBRATE YOUR BIRTHDAY!

We have a 50/50 and literature drawing
30, 60, 90 DAYS, 6 & 9 MONTHS, 1, 2 AND
CONSECUTIVE YEARS THEREAFTER!

UPCOMING SPEAKERS

NOVEMBER 1 - HEIDI S., GROVE CITY PA
DECEMBER 6 - BRENDAN D., SEATTLE WA
JANUARY 3 - JILLIAN D., MARTINEZ, CA
FEBRUARY 7, 2026 - BOB D., LAS VEGAS, NV
MARCH 7, 2026 - QUINCY W., AUGORA HILLS, CA

Join us for dinner with the speaker!
6:00pm at Sideboard - 90 Railroad Ave., Danville
RSVP to Hospitality Chair at danville-diablosm@gmail.com by noon,
Friday before meeting or without RSVP we cannot guarantee a seat or table.

SCAN TO PAY
ZILL-TRANSACTION.DONATION

DANVILLEDIABLOSM@GMAIL.COM WWW.DDSM.ORG

BOOKSTORE



750 Mendocino Ave., Suite 10, Santa Rosa (707) 546-2066

Open Mon. – Sat., 10:00 am – 6:00 pm

Online store open 24/7: <https://scif.bookstore.com/>

The Bookstore and Central Office helps groups with resources and infrastructure needs.
Contact us for supplemental service supplies, secure information storage, or platform assistance.

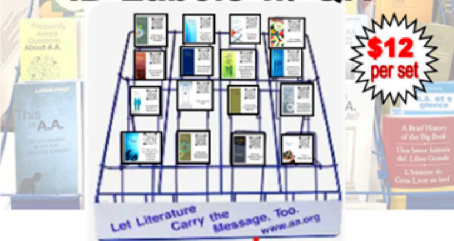
75th Anniversary Edition Big Book



Only \$10 with tax!
For the rest of the year.

This replica of the Big Book's first printing in 1939 features a red cloth binding, the "circus cover" dust jacket, and the thick paper that led to calling it "The Big Book!"

Pamphlet Rack Laminated ID Labels w/ QR



\$12
per set

Improve the organization of your pamphlet rack with an ID picture label of the pamphlet with its QR code.

Complete set of 60 laminated tags easily attach to the wire rack where you want to keep them displayed. Scan the QR for a digital copy from GSO. Add new and updated pamphlets labels for free as they become available.

Racks and side extensions are available



Newcomer packet
Welcome packet
\$1.00

Volunteers wanted for crafty assembly of Newcomers' Packets and the like, and for clerical help updating service guides. Please contact Bob!

Julia M.

SCIF General Meeting Minutes — September 22, 2025

Meeting opened at: 7:34 with the Serenity Prayer, followed by readings of the Preamble read by Marcus, Tradition 9 read by Will, and Concept XI read by Diana.

Representatives were asked to sign in.

Introduction of New Representatives: In person: Ray T., Serenity Fellowship; Meg, Sober Sisters; Rick J., Drop the Rock; Leticia, Up The Steps; Teresa, Step Sisters; Alexis, Delusions of Hope; Lisa Y., Check It Out Group; Gina S., There Is a Solution; Meg, Sober Sisters; Keri C., South End Solutions. Online: Erica Women's Perspective Group.

Birthdays since we last met: In person: Carl, 24 yrs; Steve, 43 yrs; Stacy 4yrs; Steven 1yr. Online: None.

ELECTION OF COMMITTEE: none

COMMENTS REPRESENTATIVE SHARING

Noel G. - Ask It Basket found old meeting materials in his garage; \$400 in group's funds, guidelines. Looking for the Secretary's binder if anyone knows anyone who can get in touch with Noel 10/2 6pm Steering Committee meeting at bookstore, there is a flyer in Newsletter

Ken on Zoom: Announcement about a conference AA members share their use of the 12 Steps and Traditions on Nov 7 & 8 in Pleasant Hill, will put info in the chat.

ALKATHON LOTTERY

Isabelle: - How Lottery works: 1st ticket drawn selects host time, once filled will move on to Xmas and so forth. Once name is called and slot is chosen, go back to table and get Alkathon packet.

OFFICER REPORTS:

Chair: Joshua P. - Nothing to report.

Vice Chair: Angie G. - Not in attendance.

Secretary: Amy P. - Are there any additions or corrections to last month's minutes. None, motion passed to approve minutes.

Treasurer: Mike H. - Stop using old Paypal and use the new one. Venmo is preferred. Checks ok too.

Registrar: Stacy T. - (see below for September) Corrected the numbers in last month's report to 454 total 242 unique meetings each week. Of those 317 in person 113 online IG rep 61 in attendance 9 new. 40% group representation - an increase.

ICSC Report: Wendy P. - Laurie L will be new registrar. Committee member is needed. New onsite bookkeeper has been hired. ICSC approved revisions for pay workers. Sun. 8/28 Bookstore inventory.

Bookstore: Bob F. - Book of the Month "Pass It On" \$15.49 in English & Spanish. Send your lit reps and tell us what you need!

COMMITTEE REPORTS:

Outreach: Morgan P. - If you're a rep please come to the meeting.

Activities: Allen A. - Budget submitted, will review at next Steering Committee meeting. Halloween dance 10/25

Alkathons: Isabelle L. - Lottery was a success!

Communications/Newsletter: Arjuna - Grateful for those of you who contributed. Please keep it coming. Deadline for November newsletter October 17 (10 days before newsletter comes out).

Webmaster: Jay F. - Confusion with meetings at Doyle Park Clubhouse, should all be resolved.

SEMINARS: Clark W. - Not in attendance.

Teleservice: Maria - All shifts covered!

ICSC Nominating Committee: Greg A. - Nothing to report.

Tech Position: Jake H. - Got new setup at bookstore for hybrid events, much better quality. Please let us know if you are interested in having a meeting/seminar.

LIAISON REPORTS:

Spanish Central Office: David - See flyer.

Unity Day: Ellen - between H&I and Intergroup baskets must come assembled we will add big book and 12 & 12, we will wrap in cellophane. Would like to get an idea of how many baskets there are, so come back and let her know. You can take a pic of the flyer and direct questions to Ellen and/or MaryEllen who is in charge of the baskets.

Unity Day: Ellen - Baskets from each meeting if they want! Get your meeting involved, you don't have to do it on your own. Mary Ellen is the contact with H&I for this. H&I provides Big Book & 12x12. Deliver baskets assembled but not wrapped. Old AA memorabilia. Gift Certificate. Money Tree - pass the hat for a basket! Get Creative! Will put the baskets together Sunday the 28th after inventory.

SOCYPAA: Daniel - Ocean of Emotion was a hit. Next event Sat. 10/18 Harvesting Fear. 4-speaker panel on fear. Petaluma Pumpkin Patch \$13. Bring chairs & blankets.

Hospital & Institution: vacant

General Service: Maureen G. - Unity Day starts with breakfast then panel of service officers, then a second panel of stories.

Bridging the Gap: Scott - Currently bringing meetings to Mountain Vista Farms, Campobello now "Scotts Valley Treatment Center" Four presentations. Expanding to other rehabs and facilities, contact Scott if interested.

PI/CPC: Brett G./Ed M., Tim. filling in - Meets 2nd Wednesdays Always looking for new speakers to talk about what AA is and isn't. H&I will be moving to 2nd Wednesday of the month at 5:45 due to an event. Going to Casa Grande and Petaluma High.

Access Sonoma County: Ben G., Jake filling in - Safety Workshop on Saturday was an amazing hybrid meeting almost 100 people. Thank you for attending.

OLD BUSINESS:

Bookstore is supporting more than Sonoma county. We are the best bookstore in a large area. We are supporting Lake and Napa counties as well as others. We are working to build and foster relationships and to share activities with these fellowships

NEW BUSINESS: none

SUMMATION

Angie G. - What to bring back to groups was read by Stacy.

Meeting adjourned at 9:08 with the Responsibility Statement.
—in service, Amy P.

Registrar's Report for September, 2025

As of September 22, 2025, there were 243 groups in Sonoma County offering 460 unique meetings each week: 323 were in-person, 115 on-line, and 22 hybrid.

A total 73 representatives attended the Sept. 22nd Intergroup Meeting: 54 in person, 19 on-line. 11 were new.

73 reps ÷ 243 groups = 30% represented

— in service, Stacy T.

SCIF Treasurer's Report for October 2025

Activities by Entity September 1 – 30, 2025

Bookstore:

Bookstore Income:	\$13,357.66
Cost of Goods Sold:	8,063.24
Operating Expenses:	4,031.29
Bookstore Net:	\$1,263.13

Central Office:

Group Contributions:	\$5,567.99
Bank Interest:	3.48
Operating Expenses:	5,766.66
Central Office Net:	[\$195.99]

Intergroup Activities:

Unity Day Income:	\$80.00
Activities Expense:	200.00
Alkathon Expense:	225.00
Intergroup Net:	[\$345.00]

All Entities Sept. 2025: \$722.94

YTD Net Income: \$14,989.08

Group Contributions to Intergroup in September, 2025

SCIF Group Contributions for September 2025					
Group Number	Name	City	Day	Sept	Total
173873	A Vision For You	Petaluma	Thurs	220.00	502.50
726499	Cloverdale Newcomers Meeting	Cloverdale	Tue	155.00	305.00
678780	Drop the Rock Group	Cotati	Mon	99.20	99.20
86288	Early Bird Zoom	online	Sun	150.00	459.74
671519	Early Birds	Petaluma	Daily	648.00	648.00
677694	Eleventh Step (11th Step)	Petaluma	Mon	139.00	139.00
644507	Healdsburg Anonymity Group	Healdsburg	Fri	200.00	525.50
146887	Hessel Big Book Study	Sebastopol	Thu	100.90	312.28
145825	Higher Power Group	Santa Rosa	Thu	176.59	396.59
716681	Knuckleheads	Santa Rosa	Tues	250.00	650.00
373719	Mid Morning Sanity	Zoom	M-F	90.00	749.01
123308	New Sobriety	Santa Rosa	Fri	320.00	640.00
175749	New Women of AA	Rohnert Park	Mon	30.00	230.00
486288	Online Early Birds Group			234.50	459.50
135691	Promises Group	Sebastopol	Tue	413.07	413.07
100513	Sat Afternoon Winners	Santa Rosa	Sat	188.00	488.00
697920	Saturday Solution Group	Petaluma	Sat	150.00	400.00
	Sebastopol Men's Stag	Sebastopol	Mon	162.00	415.00
173254	Serenity Fellowship	Santa Rosa	VAR	2,100.00	3,600.00
355860	Sonoma Sober Sunrise			121.94	1,418.03
102266	Sunday Niters	Sebastopol	Sun	70.00	230.00
	unknown			445.46	1,111.96
	Zoom Donations Meetin Unidentifi	Online	Any	216.30	216.30
	includes PayPal	Totals	September #	4,888.27	
				All Groups YTD	51,069.26

If your group needs a GSO registration number or an IRS EIN, contact the bookstore.

Contribute to SCIF

Mail checks to:

Sonoma County Intergroup Fellowship
750 Mendocino Ave., Suite 10
Santa Rosa, CA 95401

Pay via PayPal:



Or through Venmo:



@SonomaCounty-IntergroupFellows

Sonoma County Intergroup Fellowship Statement of Activities by Entity YTD September 2025

Accrual Basis

	Bookstore			Central Office			Total Intergroup			TOTAL		
	Sept 25	Aug 25	Jan - Sep...	Sept 25	Aug 25	Jan - Sep...	Sept 25	Aug 25	Jan - Sep...	Sept 25	Aug 25	Jan - Sep...
Ordinary Income/Expense												
Income												
Activities Income									1,029.16			1,029.16
Alkathon Income									2,526.94			2,526.94
Bank Interest				3.48	3.59	29.02				3.48	3.59	29.02
Bookstore	13,170.46	10,460.24	94,409.97							13,170.46	10,460.24	94,409.97
Central Office Income				5,567.99	4,119.78	52,110.14				5,567.99	4,119.78	52,110.14
Donations to Volunteers	187.20	1,808.62	2,006.78							187.20	1,808.62	2,006.78
Seminar Income								33.00	158.00		33.00	158.00
Unity Day Income							80.00		80.00	80.00		80.00
Total Income	13,357.66	12,268.86	96,416.75	5,571.47	4,123.37	52,139.16	80.00	33.00	3,794.10	19,009.13	16,425.23	152,350.01
Cost of Goods Sold												
Cost of Sales Bookstore	7,420.99	6,386.79	56,078.22							7,420.99	6,386.79	56,078.22
Credit Card Processing Fe...	344.15	244.65	2,387.11							344.15	244.65	2,387.11
Shopify Monthly fee	298.10	180.93	1,764.28							298.10	180.93	1,764.28
Total COGS	8,063.24	6,812.37	60,229.61							8,063.24	6,812.37	60,229.61
Gross Profit	5,294.42	5,456.49	36,187.14	5,571.47	4,123.37	52,139.16	80.00	33.00	3,794.10	10,945.89	9,612.86	92,120.40
Expense	4,031.29	3,098.53	31,354.99	5,766.66	4,379.60	43,208.62	425.00		2,567.71	10,222.95	7,478.13	77,131.32
Net Ordinary Income	1,263.13	2,357.96	4,832.15	(195.19)	(256.23)	8,930.54	(345.00)	33.00	1,226.39	722.94	2,134.73	14,989.08
Net Income	1,263.13	2,357.96	4,832.15	(195.19)	(256.23)	8,930.54	(345.00)	33.00	1,226.39	722.94	2,134.73	14,989.08

(This report was inadvertently left out of the SCIF General Meeting minutes last month, so it is being published for historical records.)

ICSC Report August 25th to SCIF General Meeting

In June, we hired an On-Site Bookkeeper to do all the financial transactions in Quickbooks. In July, she resigned her position. In her resignation letter she noted some issues, so in our August meeting we addressed several of those issues and made some changes in the cash controls at the bookstore.

We again advertised for the position of On-Site Bookkeeper, please ask at your meetings for people to contact me or Mike the Treasurer for information. (We hired a new bookkeeper in Sept)

As we are electing new people for the ICSC; tonight was Lisa's position, and my position will be open soon, I wanted to let you all know a few things we have done in the year and a half I have been on the ICSC

- Last August, we reinstated the Quarterly Inventories, and put into place the procedure for entering Inventory Adjustments that was consistent with the ICSC handbook.
- Bob's annual review was done last year by Greg and Amber, and it was discovered that there was no employment contract for Bob. I created a contract for Bob that mirrored what Glenn had before Bob took over 2 years ago.
- In November, we raised the Inventory level from 33K that had been approved in Aug 2023 to 36K, to accommodate the additional PLBB and a full Spanish Language literature section and Spanish language chips.
- In December we found out that the CA Labor laws had changed, so in January I presented a motion to increase Bob's paid hours to accommodate his attendance at SCIF and ICSC service meetings.
- James and Stacy from the ICSC did a review of Internal Controls from the handbook, and I have finished updating the handbook with their suggested results.
- Along with the guidelines from the ICSC nominating committee, new ICSC members should read and be familiar with SCIF By-Laws, the ICSC Handbook, the Policies and Procedures (one page document that lists the monthly responsibilities of the ICSC) and of course, the 12 Traditions and 12 Concepts, as well as have an understanding of basic business or accounting practices.

Accounting processes are not personal, in normal businesses the accounting policies are not ignored or changed just because nice people are working there. It must be noted that in the last 4 years, several people have left Intergroup service and the ICSC before their terms were up and all of those people were in finance or they were accountants. My term of service is up in 2 months, and to be honest with you, as of tonight I am not sure if I will finish my term. I will be at the next ICSC meeting in Sept, even though it does not feel safe for me to attend that meeting and I have been advised by several close AA friends to resign as soon as possible.

My request to Joshua, as SCIF Chair, is that no one be allowed to discredit me or this report during this meeting tonight, or during any service meeting in the future.

Thank you for letting me be of service.

— Wendy P., ICSC Chair

General Service Corner: Humility in Action

The theme for the 2026 General Service Conference is *Humility in Action*.

Let me just step into the phone booth in Akron and come out with my cape to... ummm to... what is humility in action? I don't know. Literally sometimes humility in action for me is saying and acknowledging that I don't know. That's why we come together; together with a common language we have a chance to see a way forward. I'm using 'see a way forward' intentionally because I learned from my sponsor early in sobriety there are a lot of right ways to do things. It helps when I actively embrace that others have solutions that I might not have thought of, maybe that I wouldn't even choose.

Listening like we don't have an opinion is a catch phrase in our fellowship and specifically in General Service. It's humility in action. I'm in deep practice to lean into hearing another's perspective with as open a mind as possible. Then I can decide what to do with the information. If I don't hear it, I have fewer choices. Check out Bill's essay called *Leadership in AA: Ever a Vital Need* found in the Concept Nine Chapter in the AA service Manual which is available at <https://www.aa.org/aa-service-manual/twelve-concepts-world-services>. For me, listening is an ideal opportunity to lean into an ideal and grow in humility.

Reach out to generalservice@sonoma-countyaa.org for more information and to get help with questions you have about our General Service structure and how we all belong in action together. You might hear me say I don't know. Three words that remind me of the third step. The other side of humility is offering the experience and gifts that are available. Thanks to all of you for allowing me to be of service and for all you do. If you are interested in learning more about our service work, join the district meeting the first Monday of the month and check us out.

— Maureen G., Panel 75 D12 DCMC

Contributions can be sent to:
Sonoma County General Service
P.O. Box 536
Santa Rosa, CA 95402



Oficina Central Norte Información General

(Spanish Central Office General Information)

5959 Commerce Boulevard, Rohnert Park



Reunión General del Distrito 18 (District 18 General Meeting)

El 1^{ro} y 3^{ro} miércoles de cada mes de 7:00 a 9:00 p.m.
(1st & 3rd Wednesday of every month, 7:00 - 9:00 pm)

Sesiones Intergrupales (Intergroup Meetings)

Todos los sábados de cada mes de 4:00 a 5:30 p.m.
(Every Saturday, 4:00 - 5:30 pm)

Eventos Próximos de la Comunidad de A.A. en Noviembre del 2025

(November 2025 Upcoming AA Community Events)

Semana de Unidad (Unity Week)

Comité de Eventos Especiales (Special Events Committee)

Del 2 al 7 de noviembre del 2025 (November 2-7, 2025)

**Oficina Central Norte, 5959 Commerce Boulevard,
Rohnert Park, De 7:00 p.m. en adelante** (From 7 pm onward)

Domingo 2 de Noviembre: (Sunday, November 2nd)

Grupos y Temas: (Groups & Topics)

Volver a Creer (Believing Again)	Primera Tradición (1 st Tradition)
Realización (Realization)	Primer Concepto (1 st Concept)
Una Nueva Vida (A New Life)	Segunda Tradición (2 nd Tradition)
Bienestar (Wellbeing)	Segundo Concepto (2 nd Concept)

Lunes 3 de Noviembre: (Monday, November 3rd)

Grupos y Temas: (Groups & Topics)

San Rafael	Tercera Tradición (Third Tradition)
Una Nueva Ilusión (A New Dream)	Tercer Concepto (3 rd Concept)
El Paraíso (The Paradise)	Cuarta Tradición (4 th Tradition)
Una Visión Para Ti (A Vision For You)	Cuarto Concepto (4 th Concept)
Mi Mejor Decisión (My Best Decision)	Cuarto Concepto (4 th Concept)

Martes 4 de Noviembre: (Tuesday, November 4th)

Grupos y Temas: (Groups & Topics)

Renacer (Born Again)	Quinta Tradición (5 th Tradition)
Trabajando con los Demás (Working w/ Others)	Quinto Concepto (5 th Concept)
Querer Es Poder (To Want Is To Do)	Sexta Tradición (6 th Tradition)
Viviendo Libre (Living Free)	Sexto Concepto (6 th Concept)

Miércoles 5 de Noviembre: (Wednesday, November 5th)

Grupos y Temas: (Groups & Topics)

Un Nuevo Camino (A New Path)	Séptima Tradición (7 th Tradition)
Una Nueva Esperanza (A New Hope)	Séptimo Concepto (7 th Concept)
Latino de Napa (Napa Latinx Group)	Octava Tradición (8 th Tradition)
Empezar A Vivir (Starting To Live)	Octavo Concepto (8 th Concept)

Jueves 6 de Noviembre: (Thursday, November 6th)

Grupos y Temas: (Groups & Topics)

Tú Decides (You Chose)	Novena Tradición (9 th Tradition)
Centro Latino (Latinx Center)	Noveno Concepto (9 th Concept)
Fort Bragg's Renacer (Reborn)	Decima Tradición (10 th Tradition)
La Luz de Sonoma (The Light of Sonoma)	Decimo Concepto (10 th Concept)

Viernes 7 de Noviembre: (Friday, November 7th)

Grupos y Temas: (Groups & Topics)

Sin Fronteras (Without Borders)	Onceava Tradición (11 th Tradition)
Fe Y Visión (Faith and Vision)	Onceava Tradición (11 th Tradition)
Viviendo Sobrio (Living Sober)	Onceava Tradición (11 th Tradition)
Séptimo Paso (Seventh Step Group)	Doceava Tradición (12 th Tradition)
Distrito 18 (District 18)	Doceavo Concepto (12 th Concept)



2 COMMERCIAL BLVD. 101, K STE #2
NOVATO CA 94949

Sesiones:

Lunes - Sábado 7:30pm 9:30pm

Tiene el agrado de invitarles a nuestra semana de tradiciones que se llevará a cabo noviembre 10/2025 a noviembre 15/2025

FECHA	GRUPO	TEMA	HORA PM
11/10/25 11/10/25	LATINO DE NAPA SEPTIMO PASO	1 TRADICION 2 TRADICION	7:30 - 8:30 8:30 - 9:30
11/11/25 11/11/25	OFICINA NORTE UNA NUEVA ILUCION	3 TRADICION 4 TRADICION	7:30 - 8:30 8:30 - 9:30
11/12/25 11/12/25	UNA VISION PARA TI TU DESIDES	5 TRADICION 6 TRADICION	7:30 - 8:30 8:30 - 9:30
11/13/25 11/13/25	REALIZACION SIN FRONTERAS	7 TRADICION 8 TRADICION	7:30 - 8:30 8:30 - 9:30
11/14/25 11/14/25	MI MEJOR DESISION ENPEZAR A VIVIR	9 TRADICION 10 TRADICION	7:30 - 8:30 8:30 - 9:30
11/15/25 11/15/25	RENACER CENTRO LATINO	11 TRADICION 12 TRADICION	7:30 - 8:30 8:30 - 9:30

Los esperamos y felices 24 horas
ATTE: mesa de servicio



Grupo Luz de Sonoma

Estimados compañeros. Su grupo hermano La Luz de Sonoma, los Saluda esperando que estén gozando de benditas 24 horas.

La presente es con el fin de invitarlos a su compartimento el proximo noviembre en su mes de las tradiciones del 10th al 15th apartir de las 7pm.

Fecha:	Grupo:	Tema:	Hora:
11/10/25	Latino de Napa	1 ^{ra} tradición	7:00-8:00
	Tu Decides	2 ^a tradición	8:00-9:00
11/11/25	Nueva Esperanza	3 ^a tradición	7:00-8:00
	Mi Mejor Decision	4 ^a tradición	8:00-9:00
11/12/25	Querer es Poder	5 ^a tradición	7:00-8:00
	Una Vision Para Ti	6 ^a tradición	8:00-9:00
11/13/25	Volver a creer	7 ^a tradición	7:00-8:00
	Viviendo sobrio	8 ^a tradición	8:00-9:00
11/14/25	familia Latina	9 ^a tradición	7:00-8:00
	Nueva Vida	10 ^a tradición	8:00-9:00
11/15/25	Realizacion	11 ^a tradición	7:00-8:00
	Distrito 18	12 tradición	8:00-9:00

Secciones Todos los dias de 7pm a 9pm

18812 Hwy 12 Sulle D Sonoma, CA. 95476

Walking up to this here park, my legs got tired my throat got parched, told myself first stream I find it's kiss will be golden, found a stream it's waters clear took a drink but it only made me sneer, ah but that second brook.

—David A.

Gratitude as Refuge in AA's 3 Legacies: Recovery, Unity & Service

November is "Gratitude Month," a time of Thanksgiving and reflecting on all those blessings we've received from our three legacies of Recovery, Unity, and Service. Personally I'm very grateful that my home group, the "Graton Fellowship AA" Group is again meeting in-person with an hybrid online presence at the Graton Community Club every Thursday night at 7:30.

Bill W. wrote much on Gratitude, directing AA's to take "Gratitude forward" rather than giving back to AA in any sense of recompense. We can never really repay the enormous gifts we've received...our life itself, choosing happiness each day. As Abe Lincoln said, "A person's about as happy as they make their mind up to be" and freedom to live our lives successfully, usefully whole. My sponsor at the time, Sam H., reminded me, "success is getting what you want, but happiness is wanting what you have."

I believe it to be an avocation for our 12th step, taking precedence over any professional aspiration. Tradition 8 prevents our professional involvement in promoting AA, but it can be a personal priority. Personal avocation for "12th step" service, having had a spiritual awakening. Relieved from bondage to self-centered fear, relived of the obsession to drink and/or use drugs to mask suffering, restless, irritable discontent. Then trying to carry this message, to share at meetings and bring H&I meetings into jails, institutions and rehabs.

This is somewhat like the three "refuges" taken for Buddhist meditation practices at sittings, expressed as dharma, sangha, and the Buddha. That dharma means truth or teaching of universal laws of interdependence. Sangha is the group. Taking refuge in groups helps to support our innermost Buddha or original self, our true nature. As alcoholics, this practice can be an avocation of the spiritual awaking, our way of life. One day at a time we recover from a hopeless state of mind and body, to awaken from a dis-ease, reminding us to practice principles in all our affairs.

A Bizarre Unity Day Occurrence

In all the years I've been around for Unity Day I don't recall anyone winning more than one basket. So what do I go and do? I win four baskets!

I bought \$40 of tickets to support the occasion That was one ticket per each basket drawing can, out of all the tickets sold.

Winning one basket was surprising enough. I never win stuff. Two blew my mind, at three I was in shock. At four, I said "I pass! Pick another". All I heard was a resounding "no!" What the heck am I going to do with all the stuff that came from the bookstore?!

I gave the one basket of all Spanish items to a family that brought a newcomer to their first Unity Day. That felt good. The rest I bagged up individually and any customer that would make a donation to the bookstore volunteers appreciation party fund got to pick a mystery bag. With that done, next year's basket team will have 3 really nice baskets ready to refill.

It was that, or save all of them ready for next year. Thank you all for letting me be of service to our fellowship. Your Tradition Eight special worker,

— Bob at the bookstore

From our "attitude of gratitude," we commit to action resulting from blessings received while setting right what is wrong, with gratitude as avocation for spiritual principles, we receive well-being arising from valuing universal love. Being thankful each day brings new opportunity for growth, helping others by sharing and supporting our groups. Service is the reward of connection, meaningfully with others, for sharing twelve-step efforts.

— anonymous

Meeting Announcements:

- On Thursday, 10/23/25 the **Graton Fellowship** became hybrid and moved from 8 pm to 7:30, with online and physical access starting at 7:15. At the Graton Community Club, 8996 Graton Rd. To log in, see the online meeting schedule.
- The Tuesday 7 pm **Beginners Group** in Guerneville needs support! Fife Creek Commons, 16376 5th St.
- **Azure Daily Reprieve** is a new meeting! Mondays from 7:00 - 8:00 pm at the Sebastopol Community Church, 1000 Gravenstein Hwy. N., Sebastopol.
- Tuesday noon **Cloverdale Newcomers Meeting** is moving to The Parkside Chapel Church, 533 W. 2nd St. in Cloverdale.
- The Ask-it-Basket is returning to Santa Rosa! After five years, the time is finally at hand. **The Tuesday Nite Beginners Group** will meet at the First Presbyterian Church, 1550 Pacific Ave., beginning in December. Please join us and support bringing back a meeting with over 50 years of history!

Bridging the Gap

Welcome to Bridging the Gap. You are invited to come help us. We connect with clients by phone, coming freshly out of a treatment center to help them stay connected and on track to their new experience and recovery.

To me, it's very much the same as when Bill W., was out of town, and felt uneasy about his sobriety, and had to make a call to another alcoholic. You see, it works for us too!

Our committee meeting is on the 3rd Tuesday of the month at 6:30 at the AA bookstore. BTG brought presentations into Azure Acres, Azure Acres Out-patient on Coraline Court, Mountain Vista Farms and Olympia House. BTG had four presentations, zero Blackouts, zero Brownouts. BTG Received eighteen Blue Cards, one Yellow Card and made two Bridges in the month of August.

Azure Acres closed at the beginning of October. Campobello will be reopening as "Scotts Valley Treatment" and BTG is currently working on a date to begin presentations. BTG continues to try and expand services to additional treatment facilities including Pura Vida, Athena House and Women's Recovery Services.

— Thank you, Mike D.

PI/CPC - A Great Way to Stay Sober!

Participation in PI/CPC is an excellent way to stay sober. We provide the Public with Information (PI) and Cooperate with the Professional Community (CPC). We can always use speakers, especially as we expand from our volunteer work in DUI classes to local schools and beyond. Other service positions are available this term as well.

I am certainly grateful for the willingness to commit to a position with this group and collect some more continuous sobriety. It's hard to describe the lasting positive feeling from my first time speaking to the public outside of AA and sharing with them the rewards of recovery.

Come join us the 2nd Wednesday of the month (in November, it's the 12th) at 7:00pm at the AA Bookstore for an intro and orientation. After your training, we can get you on the calendar to observe some speakers, and sign you up as a speaker as well.

It's really that simple and it's manageable too!
Here's an example of how you can help:

1. Show up and get trained at orientation
2. Get scheduled to observe and speak
3. Show up to the class (most DUI classes are Zoom)

Got Questions?

Email us at PICPC.aa.sonoma.county@gmail.com

— with gratitude, Dan F.

From the Editor

My deepest and sincere thanks to everyone who contributed articles, poems, pictures, and quilts to our newsletter. Your help makes it a truly class act that shares expanded views of recovery!

I want to invite and to encourage expressive modes beyond verbal. (This photo could be me!) It would be great to see more art-work, puzzles, jokes that are "better" than the Grapevine's, or other expressions in the SCIF News. Please do not be shy. As we all know from meetings, being vulnerable and forthright is attraction, not promotion.

And to help get the playful, creative juices flowing, please ponder and answer, "**How is recovery like a pencil?**" Or, "**How is recovery like a cat?**" There are no wrong answers! The first ten answers sent will get a prize, and *all* answers will be printed in the December issue.

— thank you and at your service, Arjuna
newsletter@sonomacountyaa.org




November 2025 – Service Meetings & Events

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

Sonomacountyaa.org would love to add your events!
When scheduling an AA event, please send details to
both newsletter@sonomacountyaa.org and to
webmaster@sonomacountyaa.org
so we can list it as soon as possible.

1st Saturday 1
Monte Rio Birthday Potluck
12 pm Meeting
1:00 potluck.
20329 Hwy 116
Monte Rio

 **2**
1st Sunday
SOCYPAA Business Mtg.
7:30 pm.
1551 Montgomery
Santa Rosa

3
1st Monday
General Service Business Mtg.
7:30 pm.
New Reps, 6:30
4930 Newanga
Santa Rosa
For Zoom:
email chairperson

4
1st Wed.
H&I Business Mtg.
6:15 pm.
New Reps, 5:45
Center for Spirit-
ual Living
2075 Occidental,
Santa Rosa

6

1st Friday
Karaoke & Pizza Night
8:30–11:30 pm.
SOCYPAA Friendsgiving
7:30 pm.
SoCo Alano Club
1050 Petaluma
Blvd. North
Petaluma

8

9
2nd Monday 10
SCIF Steering Committee
7:30 pm.
AA Bookstore
750 Mendocino
Santa Rosa
Hybrid — Zoom
860 4370 3384
PW: 62

11
2nd Wed. 12
PI/CPC Business Mtg.
7:30 pm.
7:00 New Reps
AA Bookstore
Hybrid — Zoom:
961 8127 1048
PW: Dist12GS

13
2nd Thurs.
Access Sonoma County Business Meeting
7:30 pm.
Zoom only:
934 2984 1277
PW: 804715

14
10 days before IG Meeting
Newsletter Submission Deadline
5:00 pm.
newsletter@sonomacountyaa.org

15

16
3rd Sunday
SOCYPAA Business Mtg.
7:30 pm.
1551 Montgomery
Santa Rosa

17
3rd Tuesday 18
Bridging the Gap Business Mtg.
6:30 pm.
New Reps, 6:00
AA Bookstore
in person only
750 Mendocino
Santa Rosa

19

20


21

22

23/30

24
4th Monday
Intergroup General Mtg.
7:30 pm.
7:00 New Reps.
St. Luke Church
905 Mendocino
Hybrid — Zoom
860 4370 3384
PW: 62

25
Last Tues.
Birthday Party
7:00 - 8:30 pm.
SoCo Alano Club
1050 Petaluma
Blvd. North
Petaluma

26

27
Thanksgiving Alkathon
11/26 6:00 pm. to 11/27 8:00 pm.
1495 W. Steele Ln., Santa Rosa
Zoom: 515 962 4728 ID: 181875

Alano Club Alkathon
Meetings all day
Food starts at 1:00
Ends at 10:00

28

29

Receive the SCIF News in Your Inbox!
Sign up at the bottom of our home page:
<https://sonomacountyaa.org>

A.A. English Hotline
707 544-1300
Línea Directa 24 Horas
707 623-6702

Common Acronyms:
 SCIF = Sonoma County Intergroup Fellowship
 ICSC = Intergroup Central Service Committee
 PI/CPC = Public Information/Cooperation with
 the Professional Community

Addresses and Links

Alcoholics Anonymous
www.aa.org

NY General Service Office
 P.O. Box 2407 James A. Farley Station
 New York, NY 10116-2407

AA Grapevine/La Viña
 475 Riverside Dr. 11th Floor
 New York, NY 10115
www.aagrapevine.org

NORCAL H&I
 Hospital & Institution Committee, Area 22
 P.O. Box 192490, San Francisco, CA 94119-2490

California Northern Coastal Area 06
 1390 N. McDowell Blvd., Suite G339
 Petaluma, CA 94954 www.cnca06.org

Sonoma County General Service
 P.O. Box 536
 Santa Rosa, CA 95402-0536
generalservice@sonomacountyaa.org

Sonoma County Intergroup Fellowship
 750 Mendocino Ave., Suite 10
 Santa Rosa, CA 95401-4846
intergroup@sonomacountyaa.org
sonomacountyaa.org

Access Sonoma County
 750 Mendocino Ave., Suite 10
 Santa Rosa, CA 95401-4846
asc@sonomacountyaa.org

Bridging the Gap
 750 Mendocino Ave., Suite 10
 Santa Rosa, CA 95401-4846
asc@sonomacountyaa.org

Sonoma County PI/CPC *
 PICPC c/o General Service
 P.O. Box 11305, Santa Rosa, CA 95406
picpc@sonomacountyaa.org

SOCYPAA
 Sonoma County Young People in AA
 P.O. Box 7232
 Petaluma, CA 94954
www.socypaa.org

**La Oficina Central del Área Norte
 de la Bahía**
 5959 Commerce Blvd., Suite 18A
 Rohnert Park, CA 94928
oficinacn1@outlook.com
oficinacentralnorte7@gmail.com

**funded through Sonoma County General Service*

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Treasurer	Mike H.	treasurer@
Registrar	Stacy T.	registrar@

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Spanish Central Office	David A.T.	---