



45th ANNUAL PILLSBURY CAMP OUT

Outdoor fun and fellowship the weekend
of May 16th, 17th and 18th

Some AA members camp all week

Sunset point campground LAKE PILLSBURY

Potluck and the big meeting on Saturday night 05/17/25

Long drive on dirt road, no cell service-Tons of Fun

Text Tom H. for details (707) 291-8844

- | | |
|-----------------------------|-----------------------------|
| • \$16.00 a night | No Reservation needed |
| • \$21.00 for a double site | First Come-First Serve |
| • Boat Launch \$8.00 | Trailers OK-No hookups |
| • Dogs \$2.00 | Lots of trails-bikes & 4x4s |

Open Range at Airport

LOTS OF WATER IN THE LAKE THIS YEAR--LETS HAVE SOME FUN!!

90 YEARS OF AA

Founder's Day

Potluck & BBQ

potluck

Last Name a-m side dish
last name n-z dessert

SATURDAY | JUNE 7
MEETING AT 12:00

LADYBUG PARK
8517 LIMAN WAY
ROHNERT PARK, CA

Special Guest Speaker and Friend of Bill
Marti MacGibbon

We need YOUR HELP!
Sub committees
members needed!
Setup, Cleanup, Food

Hot Dogs
Hamburgers & more!
Games, fellowship,
and fun!!

Call Erica to volunteer 707-239-9747

Sonoma County Intergroup AA Seminar Series

Being a Beginner - Helping a Beginner

Keeping it fresh and passing it along

Members tell stories of their own experiences,
early in sobriety and welcoming newcomers

Saturday, May 31, 2025

4:30-6pm



IN OUR OWN
WORDS

Sebastopol Christian Church
7433 Bodega Avenue
Sebastopol, CA 95472



BEGINNERS'
BOOK

39TH ANNUAL CACHE CREEK RAFTING GROUP OF ALCOHOLICS ANONYMOUS

\$225

Camp: Friday - Saturday
Raft: Saturday - Sunday



Meeting On The River
Whitewater Rafting
June 20 - 22, 2025

Questions?

Text Noel: 707-331-2126
Or Allen: 415-240-5983

Arrival time for Friday campers no earlier than 8pm
Saturday morning arrivals must be there by 7am AT THE LATEST
No Pets - Minimum Age 12 yrs



Tickets + More Information
www.cachecreekgroup.org

Bring

Tent
Sleeping Bag
Lawn Chair
Ice Chest etc.

You Get

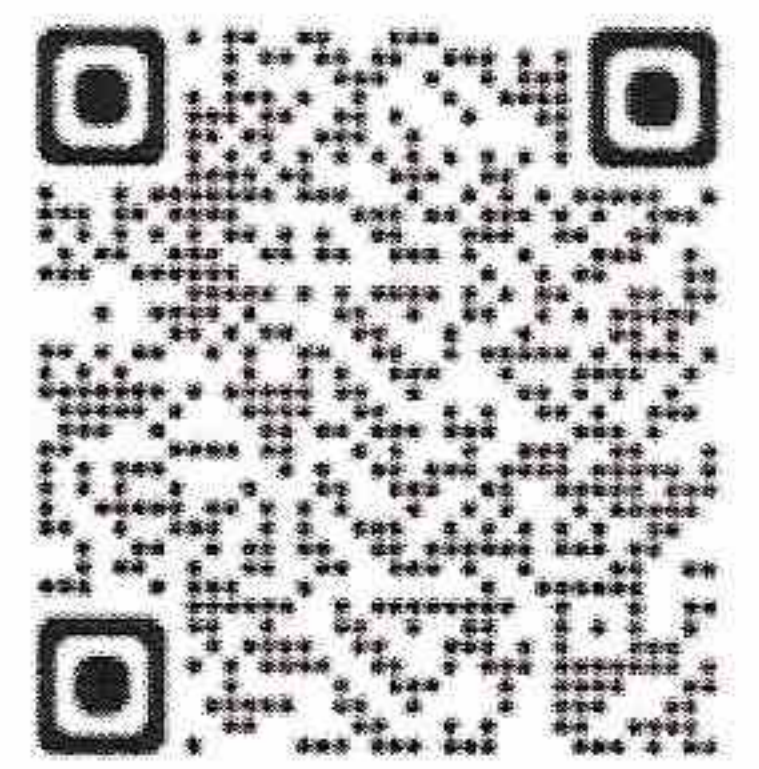
All Meals Included
Nightly Meetings
Fellowship + Fun
Rafting + Gear
Movie Night
Dance Party

Bookstore News Book of the Month

Store Hours Monday—Saturday 10AM to 6PM

750 Mendocino Ave. Suite 10 SR 95401

(707) 546-2066 aasonoma@sonic.net

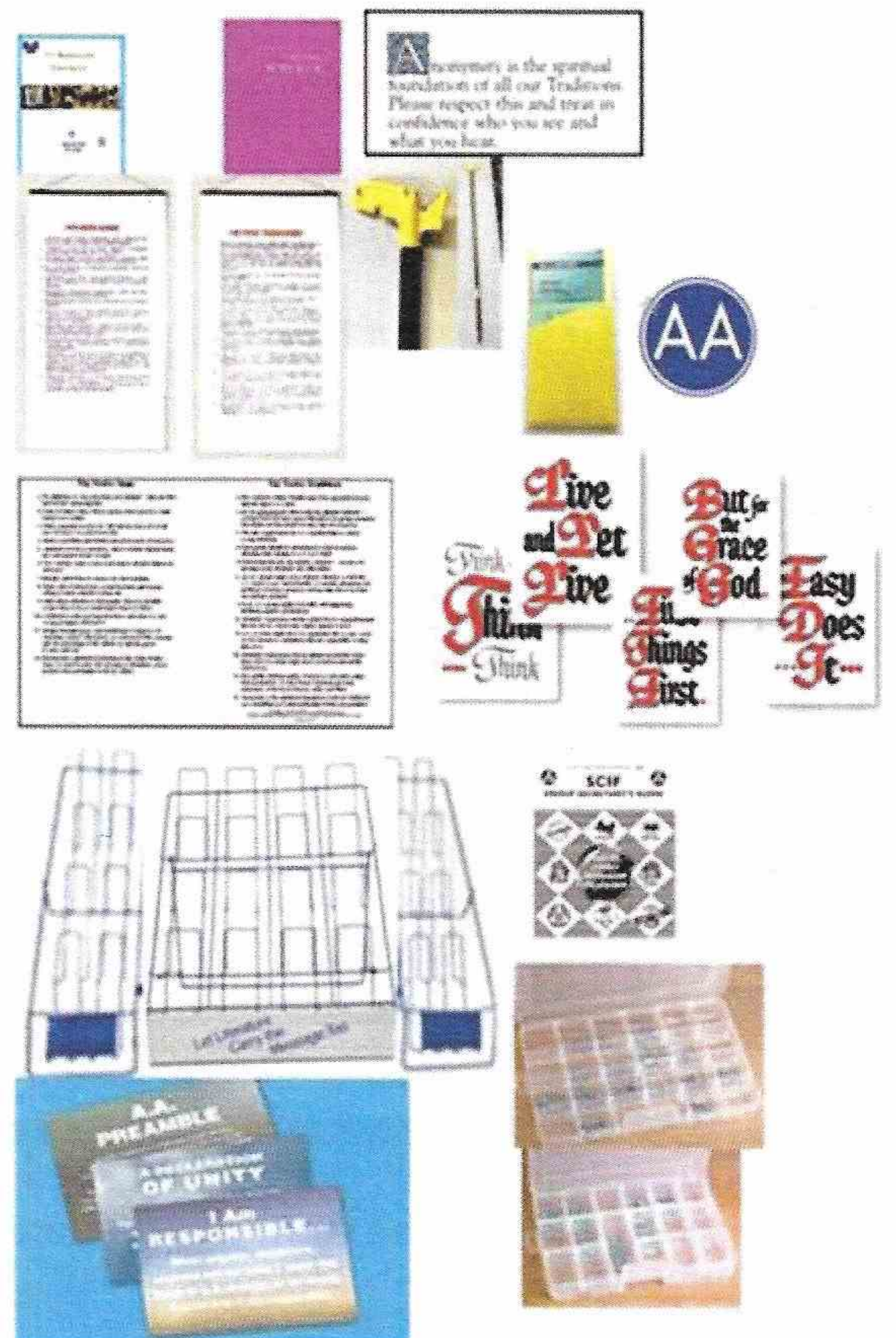


scifbookstore.com

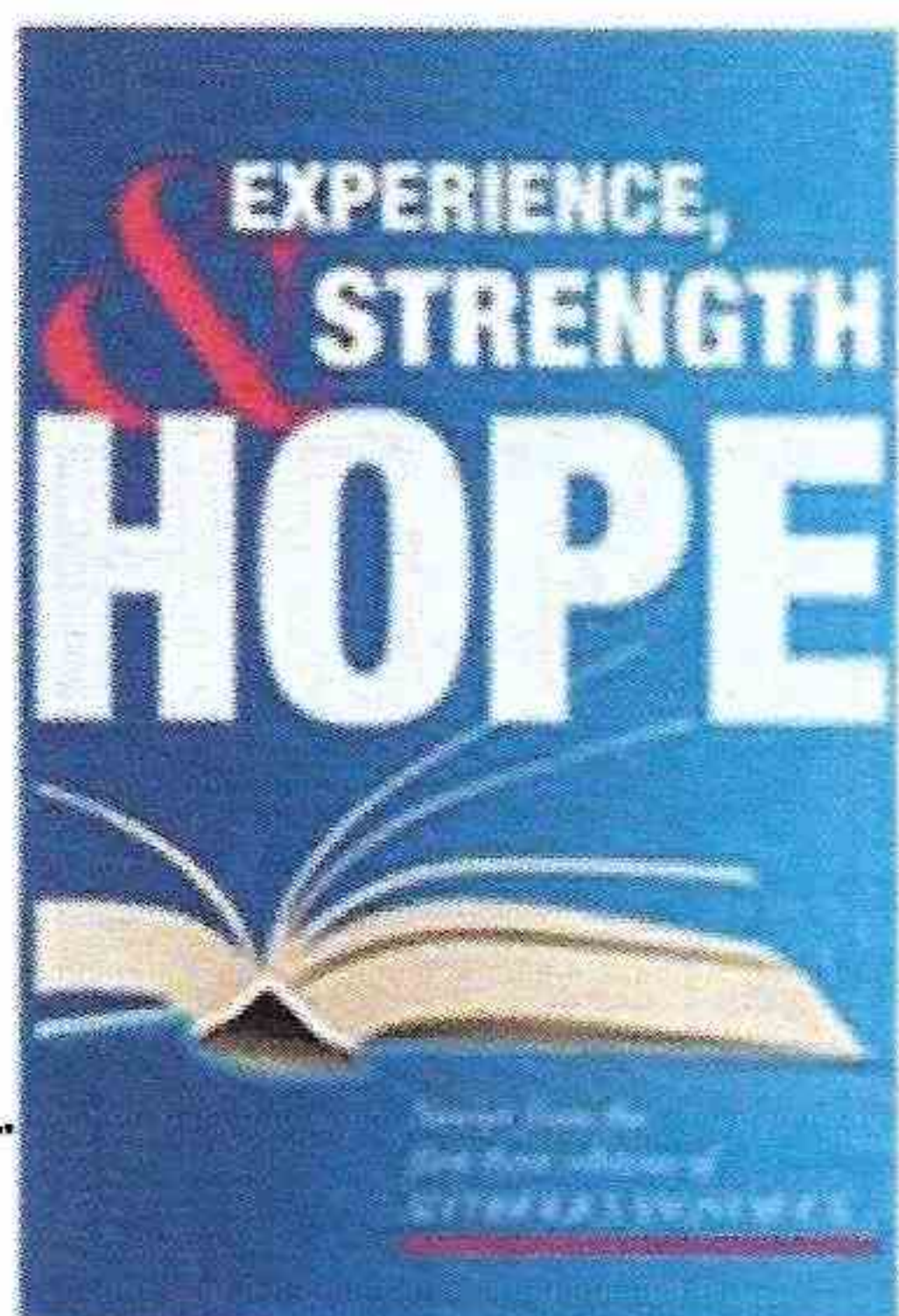


Group Materials at the Bookstore

- Lit Rep catalog & Price Book
- Literature Committee Workbook
- Step / Tradition Shades & hanger pole
- Table Top Display Steps & Traditions
- Pamphlet Racks & Extensions
- Unity Placards
- Door signs
- Chip Boxes w/ labels
- Laminated Readings & Step Cards
- Group Secretary Guide
- Treasurers Pamphlets Packet
- and so much more



Book of the Month for May Experience Strength & Hope

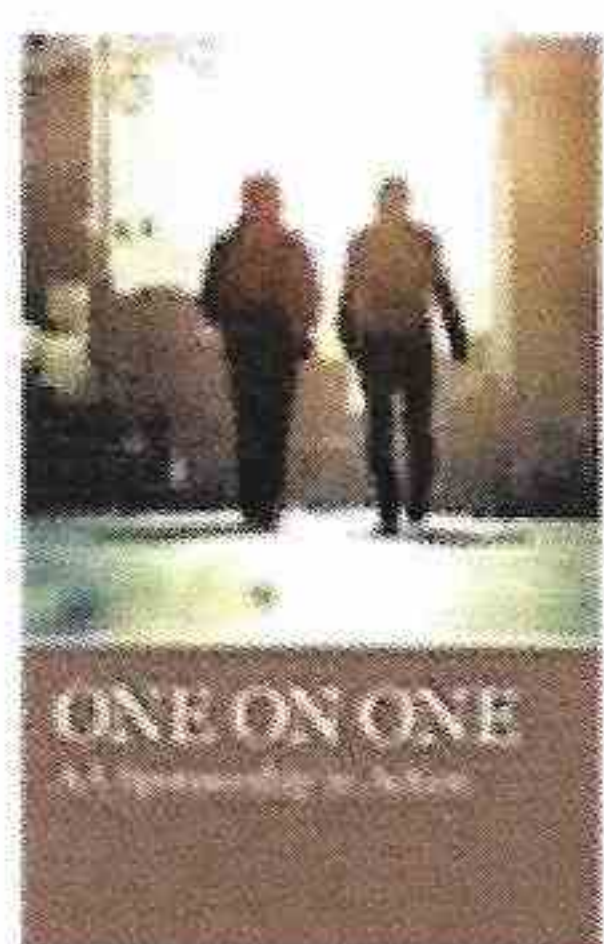
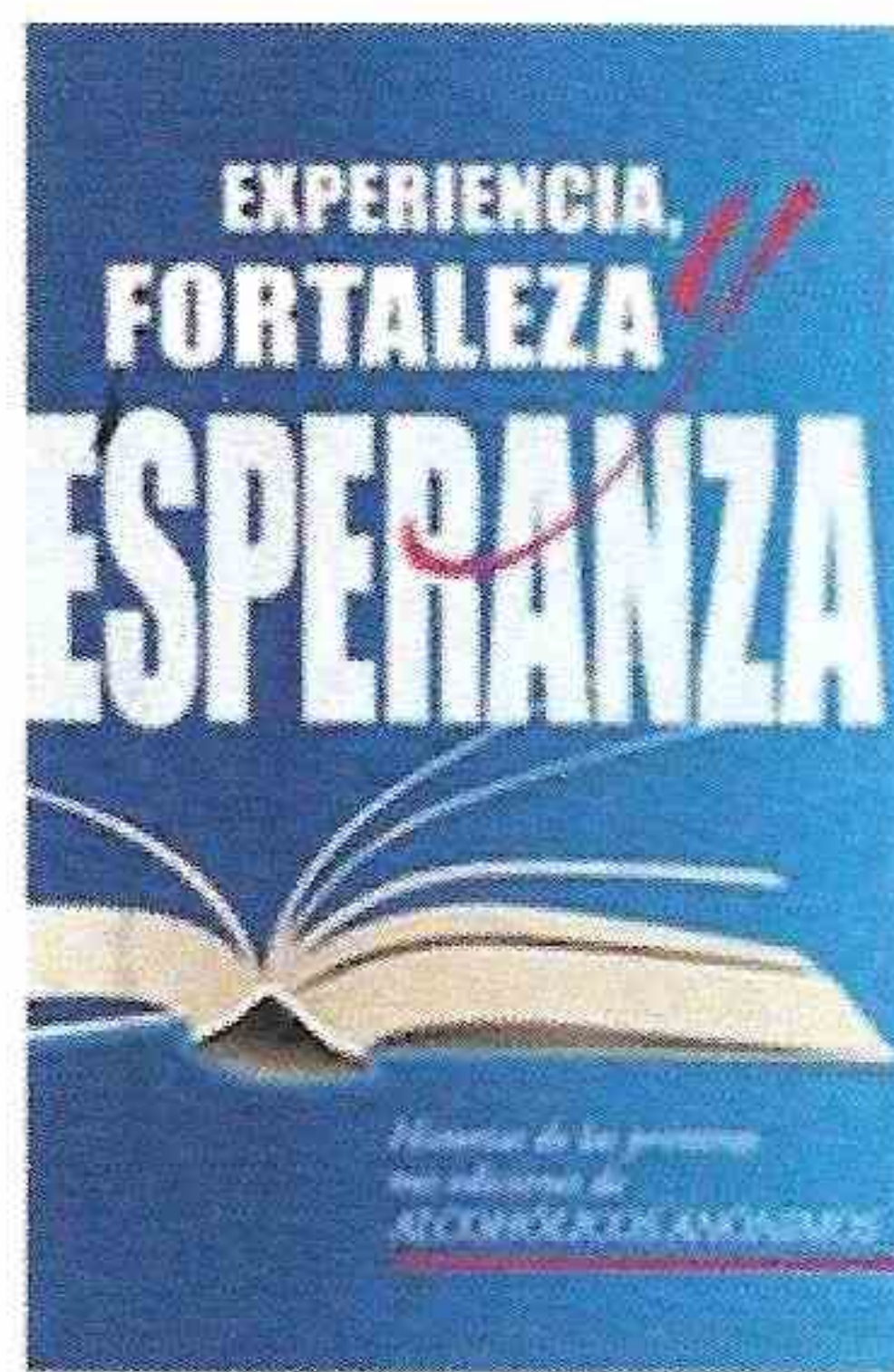


\$9.60

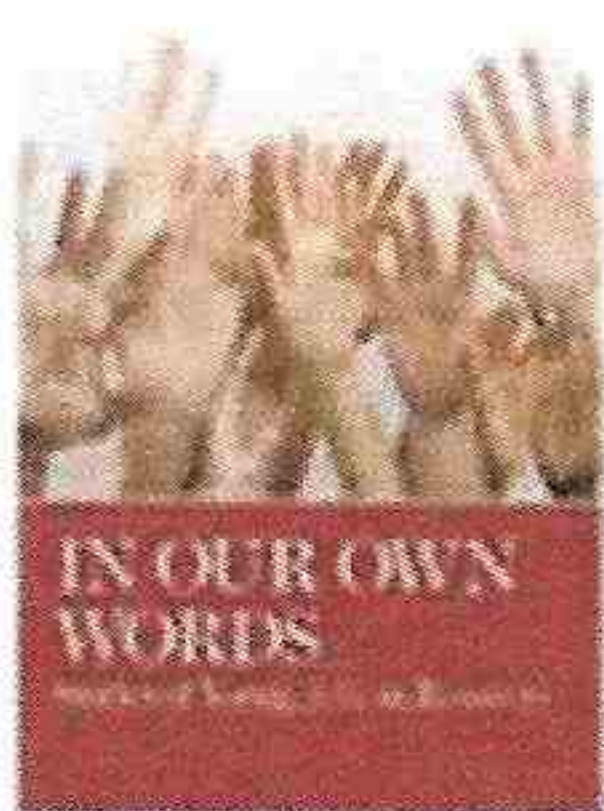
(Soft Cover Only)

B20

SB20



One on One



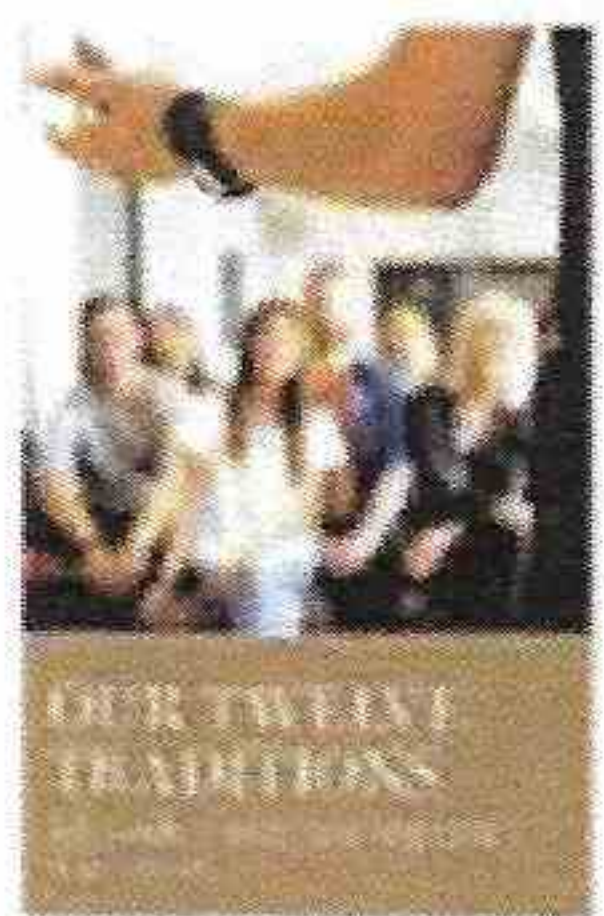
In Our Own Words



The Home Group



Making Amends



Our Twelve Traditions



Young & Sober



Free on the Inside



Voices of Long Term Sobriety

\$14.79 each

Books Grapevine Overstock Sale

SONOMA COUNTY INTERGROUP FELLOWSHIP GENERAL MEETING MINUTES

March 24, 2025

The meeting opened at 7:30pm with the Serenity Prayer and Preamble, followed by readings of Tradition 3 and Concept 3.

Introduction of New Representatives: Isabelle- taking a trip, Janett- Saturday Night living right, Darleen- keep it simple, Celso- SOCYPAA, Kiki- Sunday Night Madness, Catalina- Monday Night 12 X 12, Tig- Sunday LGBTQ, Carly- Southend Solutions, Don- Friday Night Group Sonoma, Ellen- Early Birds Zoom, Heather- Monte Rio Fellowship.

Birthdays since we last met: Carly 39yrs, Dave 5yrs, Mike 22yrs, Peggy 13yrs, Keith 9 months.

ELECTION OF COMMITTEE

Outreach- Morgan; **Activities-** Tabled until next month; **Alkathons-** Isabelle; **Communications/Newsletter-** Bruce; **Webmaster-** Jay; **Seminars-** Clark; **Teleservice-** Carly
ICSC Nominating Committee- need 3- Greg.

OFFICER REPORTS:

Chair: (Joshua P) Children be covered in AA meetings, need to mention to Access Sonoma County. We will be voting on a tech position, requirements are to set up zoom and PA and come early to do so.

Vice Chair: (Angelica M) No report

Secretary: (Amy P) Any adjustments to the meeting minutes from last month? Motion to approve last month's meeting minutes. Jay motion tim second. Approved. Also Hilary G is covering for Amy P- please come get her contact info at the end of the meeting for committee reports.

Treasurer: (Mike) The bookstore income for January 2025 was \$9,853. Cost of goods, total was \$6,758. Total expenses for January were \$3,663 for a subtotal loss of \$567. Central Office income for January 2025 was \$9,094. Total expenses for January were \$4,461, for a subtotal gain of \$4,633. Intergroup Activities income for January 2025 was \$3,371. Expenses for January 2025 were \$900, for a subtotal gain of \$2,471. Overall, for January, there was an overall loss of \$697. Year to date our income is \$22,319, total cost of goods is \$6,758, and our total expenses were \$9,024 leaving a gain of \$6,537. All numbers are rounded to the nearest whole dollar.

Registrar: (Stacey T) As of february 24, 2025 there were a total of 233 groups here in Sonoma County offering a total of 421 meetings each week. There were a total of 97 reps in attendance and 17 were new. Rep count: Zoom 40, In-person 40, New reps 17- in-person 12 - and zoom 5. Meeting Count: Zoom 117, In-person 282, Hybrid 22. 42% representation

Committee Reports

ICSC: (Wendy)

BOOKSTORE: (Bob F) Group insurance renewal email reminders went out today check with your treasurer. Information and forms on the table.

A new series of frame worthy AA parchment posters are available at the bookstore in English and Spanish.

A selection of AA Grapevine books are on sale for \$14.49 and the book of the month for April is the abridged large print Big Book first 164 pages for \$8.

We also have other nice AA themed gift items on sale.

Store inventory is this Sunday 9-3 come join us.

There are still various service commitment options available at the bookstore.

Come see us.

OUTREACH:(Peter) No report

ACTIVITIES:(Erica C)

ALKATHONS: (Shauna) No report

NEWSLETTER: (Bruce) Deadline for the May newsletter is April 18th.

WEBMASTER: (Jay) No report

SEMINARS: (Stacy) Seminar: The Only Requirement for Membership is a desire to stop drinking. It was Saturday, March 22, 2025; and not super well attended, but the meeting was great.

TELESERVICE: (Anne) Teleservice shifts that are available are: Wednesday 10pm - Thursday 8am (overnight), Saturday 5-10pm, Friday 8am-1pm. Sobriety requirement - 1 year and working knowledge of steps and traditions. A once weekly, year-long commitment.

ICSC NOMINATING COMMITTEE:

(Stacy) ICSC is working on updating the internal controls and Job descriptions. After reviewing the lease we decided to keep it just as it is.

We will have our quarterly Inventory on March 30th from 9-3. Volunteers needed, there will be donuts and pizza available.

(Clark) This is like the board of directors that oversees the bookstore. The nominating committee, each member has to have 2 years. The April election is coming up.

UNITY DAY (Maria): No report.

Liaison Reports:

SOCYPAA:(Vincent) Celso covering. Our group is doing Inventory. Next event is April 26th @ Cal Skate.

SPANISH Central Office: (David) Spanish Reunión Planificada del Grupo Bienestar (Bienestar Group's Community Meeting) El 14 de marzo de 7:00 a 8:30 p.m. (March 14th, from 7 to 8:30 p.m.) 559 Commerce Boulevard. Suite #21, Rohnert Park CA 94931 • Grupo/Orador(a) Invidato(a) (Guest

group/speaker): o Nuevo Camino (New Way) o Nueva Esperanza (New Hope) o Antonio (Guest Speaker)
• Temas (Themes): o Los 12 Pasos de AA. Viviendo Sobrio (AA 12 Steps. Living Sober) o Primera Tradición 12x12 (12x12's First Tradition) o Quinto Capitulo (Fifth Chapter). Semana de Unidad del Grupo Trabajando con los Demás (Working with Others Group's Unity Week) Del 17 al 21 de marzo de 7:30 a 9:30 p.m. (March 17 to 21, from 7:30 to 9:30 p.m.) 3255 Kerner Boulevard. Suite #1, San Rafael CA 94901
• 13 grupos y oradores(as) invitados(as) en su totalidad (13 groups/speaker invited as whole) • 13 temas a tocar (13 themes in total) • Al finalizar la reunión habrá una rica cena y pastel (A nice dinner and cake desert will be provided once the event concludes.) • Todos(as) están cordialmente invitados (All are cordially invited) Aniversario de Luis del Grupo Fe y Visión (Faith and Vision Group Luis' Sobriety Anniversary) El 29 de marzo de 7:30 a 9:30 p.m. (March 29th, from 7:30 to 9:30 p.m.) 1104 Fifth Avenue, San Rafael CA 94901

H&I: (Joe) Please send in "pink can" contributions on a monthly basis. Lots of opportunities to speak at the 20+ facilities we are going into. 6 months sobriety and working knowledge of the steps for most of our facilities. Orenda Center detox reopened; new facility: Center Pointe. You don't need to be a pink can rep to attend and get involved. Business Meeting is the 1st Wednesday of every month at The Center for Spiritual Living in Santa Rosa. New meeting rep orientation at 5:45, business meeting at 6:15. H & I will be hosting unity day this year with SOCYPAA shadowing.

GENERAL SERVICE: (Maureen) Thanks to all of you who participated and volunteered or sent food for the Agenda Topics Workshop. We had 127 participants from at least six districts.

My report today is to let all of the intergroup representatives know the ways that general service is available to support your groups.

- D12 helps your General Service Representatives learn their role in voting on District and Area items as well as how to hold a sharing session and bring your group conscience to the Delegate on the Conference Agenda Topics. And importantly, supports them to report back to the group. It's a two way flow of information, just like you are doing here at Intergroup
- General Service District Committee Members (DCMs - we have six of these positions in Sonoma County), and other district officers are available to facilitate and support group inventories and informed group consciences
- District Committee Members (DCMs) are available to support GSRs and groups *without* GSRs in ways that a GSR might. For example, they might facilitate an inventory, a group sharing session on the conference agenda topics or report back to the group about the Delegate's report after the conference. Reach out at any time that some support would be helpful.
- And one more for now, the General Service Office in New York takes calls on questions that groups have on a wide range of topics. You don't have to be in general service to call. The number is on aa.org

District 12 General Service works for the groups in Sonoma County. Reach out any time generalservice@sonomacountyaa.org. All questions welcome.

BRIDGING THE GAP: (Nicole)

PICPC: (Brett): Our committee has filled all committee positions for the next 2-year cycle except Speaker List Coordinator. We are also in need of help to carry the message of AA to the public in the form of speaking at schools and Drunk Driving Classes, or to distribute literature. Please take the pamphlet on the table back to your groups.

ACCESS SONOMA COUNTY: (Ben) Access works to make AA accessible to all. Access meets the second Thursday of the month, on Zoom, at 7:30pm. We need more members as we plan for our next workshop on Safety. There is a survey in the newsletter on what safety is to you. Please fill it out. We also have an opening for a Recording Secretary on our committee. We continue to discuss insurance for childcare at meetings. A member reported at our last meeting about the use of a program, Eleven Labs, used to assist a member with Text-to-Speech technology. This software uses the members own voice, which he lost due to cancer. Thank you for letting me be of service.

District 18: (Alma) - District #18 started with a new orientation meeting for GSRs and we are also looking for a liaison for the intergroup. In April there will be a meeting of the 5 Hispanic districts with general service topics and everyone is welcome. I will send you the flyer as soon as I have it. Thank you! CMCD Alma L Dist. 18

OLD BUSINESS: Table the discussion for non conference approved literature being sold at the bookstore until next month in the interest of time. Instead let's vote on the tech support position and that person would also be available to vote. 11 reps came up to voice their group's conscience that the position should have a vote. Current intergroup reps or their alternates, officers and paid workers are eligible to vote. Simple majority- 43 in favor, 0 against this motion- Approved! Jay will step up until we can get this position covered.

NEW BUSINESS: None

Group Sharing: None

Group Representative: None

Group Summation: Angie- remind your groups there are plenty of opportunities to be of service. PICPC, Access Sonoma County, 9-3 at the bookstore for inventory March 30th, please come and help out.

Meeting adjourned with the Responsibility Statement at 9:00pm

-In Service

Amy P (Hilary G)

Group Contributions March 2025				
Group Number	Name	City	Day	J Mar
603444	12 and 12 at 12	Cotati	Wed/Thu	95.74
629081	Exploring the Meaning of the 11th Step	Sonoma	Thur	53.00
708310	Monte Rio Fellowship	Monte Rio	any	188.50
175749	New Women of AA	Rohnert Park	Mon	# 30.00
486288	Online Early Birds Group			225.00
	Petaluma Fog Lifters	Petaluma	Sat	239.56
175166	Quitting Time	Petaluma	Th,Sa,Su	# 153.68
	Sam Jones Hall Meetuing	Santa Rosa		50.00
	Sebastopol Men's Stag	Sebastopol	Mon	120.00
143996	Single Purpose Group	Sebastopol	Wed	30.00
117540	Sonoma County LGBTQ	Santa Rosa	Sun	1,000.00
355860	Sonoma Sober Sunrise			# 289.43
	Total March 2025			\$2,474.91
	Total YTD all groups	\$18,012.18		
	(does not reflect recent PayPal			

Sonoma County Intergroup Fellowship Statement of Activities by Entity YTD March 2025

	Bookstore		Central Office		+	Total Intergroup		T...	TOTAL	
	Mar 25	Jan - Ma...	Mar 25	Jan - Ma...		Mar 25	Jan ...		Mar 25	Jan - Ma...
▼ Ordinary Income/Expe...										
▶ Income	10,073.72	31,004.17	2,773.07	13,989.62	65.00	3,435.94	12,911.79	48,429.73		
▶ Cost of Goods Sold	6,521.37	20,258.39					6,521.37	20,258.39		
Gross Profit	3,552.35	10,745.78	2,773.07	13,989.62	65.00	3,435.94	6,390.42	28,171.34		
▶ Expense	▶ 3,477.05	◀ 10,302.10	4,543.22	13,176.71	90.81	1,078.47	8,111.08	24,557.28		
Net Ordinary Income	75.30	443.68	(1,770.15)	812.91	(25.81)	2,357.47	(1,720.66)	3,614.06		
Net Income	75.30	443.68	(1,770.15)	812.91	(25.81)	2,357.47	(1,720.66)	3,614.06		

General Service by Lesley R

When I think about my place in General Service today, I think about the role it takes in my life. We often speak about a balanced triangle, keeping a balance between Unity, Service and Recovery. While keeping this balance we also juggle, family, health, work, our homes and a multitude of responsibilities. In Our Great Responsibility: A Selection of Bill W's General Service Conference Talks 1951-1970 one of my favorite writings is by Benard Smith past non-Alcoholic chair of the board of trustees and valued advisor to Bill W he speaks on our obligation. "The Legacy that Bill and Bob left to us is not truly a legacy but an obligation....an obligation that stems from our Twelfth Step, that the spiritual message of AA can be brought for all time to all those who need and are capable of receiving it". When speaking these words Bernard Smith was speaking to the General Service Conference in 1953. To the members of AA taking on the obligation and personal responsibility. Sharing that our purpose is to ensure "our faith and our traditions are preserved for all time, that no person in need of our help shall ever be denied it". As the title of this valuable piece of literature states this is a great responsibility. Important and substantial. So how can I personally fulfill this legacy I also personally believe in? By finding a way to keep this obligation in balance with my Unity, Service and Recovery.

Speaking For P. I.

□ I had managed to remain almost totally ignorant of Alcoholics Anonymous until my 41st year. I was Twelfth-Stepped about a week after being arrested and hauled off to the Pacifica drunk tank. My infraction had been causing a head-on collision while wrong way driving on a freeway in a blackout. After a year or two of sobriety, I wanted to speak at PI presentations. I took the speaker training and showed up for my first presentation after observing one session. Like most people I had a fear of public speaking, and I wasn't sure I had much to offer to the people in the DUI class. But I *had* been there, so I got through it and became a somewhat regular speaker. It was challenging to convey my experience without using AA catchphrases like "turn it over" and "Higher Power" unless I explained them as I went along. I told them that I spoke only from my own experience, and that *their* drinking was none of my business, unless they wanted to quit. In which case I knew scores of people who would be eager to help by describing how they recovered, in plain English.

I hope I did well, but after years I felt like my presentations were getting stale, that I was not connecting. So, I prayed for help. During my next presentation, I choked up while describing my "spiritual experience," which had changed my whole life. I was on the verge of tears and couldn't speak for a moment or two. Then, I regained my composure and continued. After the session, a few people came up to me and told me it was going be OK. They were concerned, not bored. As usual, God had helped me in a way I never would've chosen myself.

—Tim P.

Little Window, Big Truth

Erica C.

When I gaze out the window of my cell all I see,
Is a reflection of the girl I wanted to be
A girl with high hopes and dreams of a good life,
Where my kids did their homework while I made apple pie.

The reflection is far from those dreams that I had,
I look again but this time all I see is my Dad
All he needed was his daughter to be there for the family,
But my addiction kept me far, far away from reality.

I keep staring out this window hoping for more
the truth hits me over and over showing all he endured.
I see 5 year old me hiding under the covers
As my mom opens our door to one more of her lovers.

I want to pull myself away from this window of truth,
But all I see is my body wander to the jail visiting booth.
When I look thru the glass and I see who it is,
my heart breaks when I see the crying eyes of my kids.

I always hoped and prayed they would not be like me
Things I saw as a kid I would never let them see.
I would sacrifice my entire life for this moment
As I remember lookin at my own mom thru the glass just like them.

Sonoma County • **MAY 2025 CALENDAR** • Intergroup Fellowship

Fri May 2nd Karaoke & Pizza Night 8:30 -11:30pm Alano Club Petaluma (Pizza \$13)

Sun May 4th SOCYPAA - Sonoma County Young People in AA - 7:30pm - 1551 Montgomery Drive, SR

Mon May 5th General Service District 12 6:30pm **New GSR Orientation** - 7:30pm Business Meeting
4930 Newanga Avenue, Santa Rosa or **Zoom** ID: 973 6892 3488 PW: Dist12GS

Wed May 7th H&I Committee 5:45pm New Reps 6:15pm Business Meeting
Center For Spiritual Living - 2075 Occidental Road, Santa Rosa

Thur May 8th ASC Access Sonoma County 7:30pm **Biz Mtg.**(GS Dist 12) **Zoom** - ID: 934 2984 1277 PW: 804715

Mon May 12 th SCIF Steering Committee 7:30pm AA Bookstore & Central Office, 750 Mendocino Ave #10, SR
Zoom ID: 860 4370 3384 Password 62 **Attn:** Group Ins. Annual \$50 (per facility not by meeting) by 5:00pm – see Bob

Tue May 13th Teleservice Committee (SCIF) 6:00pm **Zoom** ID: 860 4370 3384 PW: 62

Wed May 14th PI/CPC - Public Information / Cooperation with the Professional Community (GS Dist 12)
7:00pm New Reps -7:30 Biz Mtg 750 Mendocino Ave #10 (AA Bookstore) **Zoom** ID: 961 8127 1048 PW: Dist12GS

Fri May 16th SCIF News Submission Deadline 5:00pm email: newsletter@sonomacountyaa.org (.pdf or .jpg)

Fri May 16th Sat May 17th & Sun May 18th - Lake Pillsbury 45th Annual Camp Out – See cover page

Sat May 17th Post Conference Assembly St.Gregory's – Saroyan Hall 825 Brotherhood Way, S.F.

Sun May 18th SOCYPAA - Sonoma County Young People in AA - 7:30pm - 1551 Montgomery Drive, SR

Tue May 20th Bridging The Gap (GS Dist 12) new Reps 6:00pm Business Meeting at the AA Bookstore & CO

Mon May 26th SCIF Business Meeting New Reps 7:00pm Biz Mtg 7:30pm 905 Mendocino Ave (St Luke Church)

Tue May 27th Sober Birthday Party 7:00 - 8:30pm 1050 Petaluma Blvd North (Petaluma Alano Club)

Sat May 31th SCIF Seminar 4:30 – 6:00pm Sebastopol Christian Church 7433 Bodega Avenue - See cover page

Coming in June & July - Mon June 2nd Potluck & BBQ 6:00 – 7:30 Delegate Report

7:30 – 9:15pm 4930 Newanga Ave, SR

Sat June 7th (*3 days early) Founders Day 2025 Celebrating 90 Years (*actual date is on June 10th)

Fri – Sat – Sun 39th Cache Creek Rafting Trip June 20th – 22nd (see flyer for co\$t and details)

***AA International Convention July 3 - 6 Vancouver, British Columbia, Canada or...**

SCIF Bookstore & Central Office will be bringing the **AAIC** to you via Zoom on a Big Screen TV

Receive the Newsletter in Your Inbox!

Sign up at the bottom of our home Page:

<https://sonomacountyaa.org>

A.A. English Hotline

707 544-1300

Línea Directa 24 Horas

707 623-6702

Common Acronyms:

SCIF = Sonoma County Intergroup Fellowship

ICSC = Intergroup Central Service Committee

PI/CPC = Public Information/Cooperation with the Professional Community

Addresses and Links

Alcoholics Anonymous

www.aa.org

NY General Service Office

P.O. Box 2407 James A. Farley Station
New York, NY 10116-2407

AA Grapevine/La Viña

475 Riverside Dr. 11th Floor
New York, NY 10115
www.aagrapevine.org

NORCAL H&I

Hospitals & Institutions Committee, Area 22
P.O. Box 192490, San Francisco, CA 94119-2490

California Northern Coastal Area 06

1390 N. McDowell Blvd., Suite G339
Petaluma, CA 94954 www.cnca06.org

Sonoma County General Service

generalservice@sonomacountyaa.org

Sonoma County Intergroup Fellowship

750 Mendocino Ave, Suite 10
Santa Rosa, CA 95401-4846
intergroup@sonomacountyaa.org
sonomacountyaa.org

Access Sonoma County

750 Mendocino Ave, Suite 10
Santa Rosa, CA 95401-4846
asc@sonomacountyaa.org

Bridging the Gap

750 Mendocino Ave, Suite 10
Santa Rosa, CA 95401-4846
asc@sonomacountyaa.org

Sonoma County PI/CPC *

PICPC c/o General Service
P.O. Box 11305, Santa Rosa, CA 95406
picpc@sonomacountyaa.org

SOCYPAA

Sonoma County Young People in AA
socypaa@sonomacountyaa.org
www.socypaa.org

La Oficina Central Del Área

Norte De La Bahía
5959 Commerce Blvd., Suite 18A
Rohnert Park, CA 94928

* funded solely through Sonoma County General Service

Contact Information

all emails are _____@sonomacountyaa.org

SCIF OFFICERS

Chair	Joshua P.	intergroup@
Vice Chair	Angie G.	vice-chair@
Secretary	Amy P.	secretary@
Treasurer	Mike H.	treasurer@
Registrar	Stacy T.	registrar@

SCIF COMMITTEE CHAIRS

Activities		activities@
Alkathons	Isabelle	alkathons@
ICSC	Stacey C.	icsc@
Seminars	Clark W.	seminars@
Outreach	Morgan P.	outreach@
Teleservice		teleservice@
ICSC Nominations	Tina T-K.	icscnic@
Newsletter	Bruce W.	newsletter@
Website	Jay F.	webmaster@

GENERAL SERVICE

DCMC	Maureen G.	generalservice@
Treasurer	David H.	treasurer-gs@
Registrar	Shelly J.	registrar-gs@
Archivist	Vacant	archivist-gs@
Grapevine	Mark S.	grapevine@
Access Sonoma County	Ben G.	asc@
Bridging the Gap	Jason F.	btg@
PI/CPC	Dan G.	picpc@
Interpret/Translation	Vacant	it@

LIAISONS to SCIF

H&I	Joe S.	---
Spanish Central Office	David A.T.	---