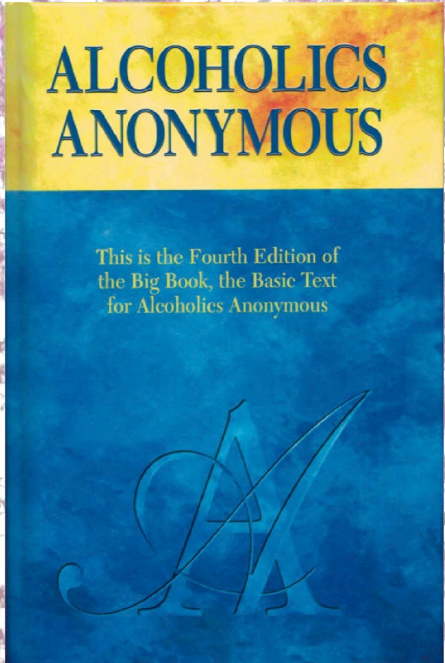




**Step 2**  
Came to believe that a Power greater than ourselves could restore us to sanity.

**Tradition 2**  
For our group purpose there is but one ultimate authority – a loving God as He may express Himself in our group conscience.



**Big Book Comes Alive**  
*Mon 2/3 through Mon 3/17*  
*6pm to 8pm (5pm dinner)*

**BRING YOUR BIG BOOK and 12 & 12**  
*(childcare available donation appreciated)*

**Sonoma County Alano Club**  
**1050 Petaluma Blvd. N.**  
**(707) 782-0588**

*Pizza & Cookie decorating with suggested donation*

**SOCYPAA PRESENTS**

**Love Thy Neighbor**  
**& OTHER YPAA GAMES**  
Saturday February 22nd

**Meeting at 7:00, Games at 8:00**

**At the Petaluma Alano Club**

**\$10**  
Suggested Donation

The SCIF News is the monthly newsletter of Sonoma County Intergroup Fellowship. It is free and made possible through contributions of our members to Intergroup. The SCIF News is also available at [sonomacountyaa.org](http://sonomacountyaa.org). **DISCLAIMER:** Opinions contained herein are strictly those of the authors. The publication of opinions, articles, and announcements does not necessarily represent endorsement, approval, or affiliation by the Sonoma County Intergroup Fellowship. We reserve the right to edit submissions for clarity, language, length, and any content that may violate A.A. Traditions.







# BOOKSTORE

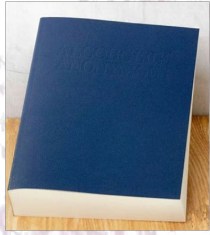


750 Mendocino Ave., Suite 10, Santa Rosa (707) 546-2066  
Open Mon. – Sat., 10:00 – 6:00

Closed Sundays, Thanksgiving, Christmas, & New Years Day.  
Online store open 24/7: <https://scif.bookstore.com/>



## February Book of the Month



**Alcoholics Anonymous  
Big Book in Large Print,  
Unabridged (B-16)**

**Alcohólicos Anónimos  
El Libro Azul  
en Letra Grande,  
Íntegro (SB-16)**

*20% off – \$13.20 plus tax*

## Gift Cards

Bookstore Gift Cards are for your friends, your group's literature rep, and for yourself! QR codes on receipts link to the card's balance and purchases.

## Winter Book Sale Trio \$16.49 each



**THE HOME GROUP:  
HEARTBEAT OF AA**

From AA Grapevine, updated with extra stories and a new chapter on virtual meetings



**OUR TWELVE  
STEPS**

Members share experiences, strength and hope as they work the AA program



**STEP BY STEP**

Real AAs, Real Recovery

## PLAIN LANGUAGE BIG BOOK

*Back in Stock!*  
A Tool for Reading  
*Alcoholics Anonymous*

This is A.A. General Service Conference-approved literature

## New & Changed Meetings:

- The 7:00pm Thursday online meeting has changed its name to **The Hessel Plain Language Big Book Study**. The Zoom link is in the online meeting schedule.
- The 11:00am **Sunday Smiles** meeting does breakfast at 10:00am, the last Sunday of the month!
- Sadly, the Friday 5:30pm **Signs of Sobriety** online meeting has decided to close.
- **Petaluma Pride** is a new meeting for LGBTQ+ and supporters and it is seeking more members. Saturdays 7:30pm in Couch Room 2 of the Sonoma County Alano Club. 1050 Petaluma Blvd. N.

Please help keep our meeting schedule up to date!



Follow this QR code, fill out the form, and send it to the webmaster.





# SCIF General Meeting Minutes — December 16, 2024



**Meeting opened at 7:30 with the Serenity Prayer and Preamble, followed by readings of Tradition 12 and Concept 12.**

**Introduction of New Representatives:** Mike Sunday 7pm Franklin LGBT, Mary River Grace Sunday 9am, Greg Without a Prayer Tuesday Night

**Birthdays since we last met:** Emily 24 yrs, Greg 6 yrs, Laura 33 yrs

## Officer Reports:

**Chair: (Amber C)** Next month we will be starting discussion and vote for a few different topics. Non-conference approved literature and tech position to intergroup. We will discuss this later in the meeting as well as open the meeting for group discussion. General meeting will go from 7:30-9 pm next month. Please join us next month for elections for Chair, Vice Chair and Secretary.

**Vice Chair: (Bruce)** We had a brief orientation on zoom tonight.

**Secretary: (Megan M.)** Motion to approve by Jay second by Bruce. Motion approved.

**Treasurer: (James)** The bookstore income for November 2024 was \$16,586. Cost of goods total was \$9,889. Total expenses for November were \$3,734 for a subtotal gain of \$2963. Central Office income for November 2024 was \$5,368. Total expenses for November were \$3,885, for a subtotal gain of \$1483. Intergroup Activities income for November 2024 was \$331. Expenses for November 2024 were \$2,357, for a subtotal loss of \$2,026. Overall, for November, there was an overall gain/profit of \$2420. Year to date our income is \$184,375, total cost of goods is \$70,752, and our expenses are \$100,055 leaving a gain of \$13,568. All numbers are rounded nearest whole dollar.

**Registrar: (Ellen W.)** As of November 2024 there were a total of 234 groups here in Sonoma County offering a total of 416 meetings each week. There were a total of 55 reps in attendance and 6 were new. Reps: Zoom 18, In-person 31, New reps 6. Meetings: Zoom 118, in person 275, hybrid 23. 24% representation!

## Committee Reports

**ICSC: (Stacy)** The ICSC (Intergroup Central Service Committee), a subcommittee of Sonoma County Intergroup Fellowship, provides oversight of the Bookstore and supports its paid Manager. ICSC members are elected twice a year at the Intergroup meeting. Candidates must have five years of sobriety, business or professional background, and substantial AA service experience.

**BOOKSTORE: (Bob F.)** Book of the month for January is a 4 book Bundle of AA tools manuals with extras. First quarter Season books on sale are: *The Home Group*, *Our Twelve Steps* and *Step By Step* for \$16.49 each We have 2 new volunteers and have room for a couple more. The Bookstore Auxiliary is starting up next month. Contact the bookstore for more info. We do have some Plain Language Big Books left with more coming in Feb. We have

great AA-themed holiday gifts on sale at the bookstore or at our online store If your groups members want to know more about the vote next month on the Non-AA published books come by the bookstore to look and talk with one of our volunteers.

**OUTREACH: (Peter)** Outreach is going to meetings trying to get meeting without representation to come to Intergroup meetings.

**ACTIVITIES: (Erica C.)** 1. NYE Black & White Ball 12/31 (see attached flier) across from EDD in Santa Rosa 2. Keep your eyes out for upcoming events - She's Crafty Art Series: Ain't Nothin' But a God Box Party, PJ's and karaoke night.

**ALKATHONS: (Shauna)** Thank you for coming to the Thanksgiving Alkathon. Please bring your food hot and ready to eat 30 mins before your meeting time. Please contact me if you need filling all the positions for your Alkathon time slot.

**NEWSLETTER: (Arjuna)** The Jan. 2025 newsletter will be online by Friday Dec. 20, available in print at the bookstore in the afternoon of Mon. the 23<sup>rd</sup>, and at both Alkathons. It had no member submissions but they are welcome for February! The submission deadline for February issue is 5 pm Friday January 17<sup>th</sup>.

**WEBMASTER: (Jay)** I do need to audit meetings on the list to figure out which ones do not have contact information in the database and try to establish a touchpoint for those; we had a meeting mistakenly removed from the calendar and listed as cancelled due to faulty information and a lack of ability to contact anybody to verify.

**SEMINARS: (Stacy)** No report

**TELESERVICE: (Anne)** Benjamin filling in for Anne. One shift is available: Tuesday 8am-1pm

**ICSC NOMINATING COMMITTEE: (Clark)** Nominating committee consists of 3 people and can stay on for 2 years. We just elected a recent member. They start as secretary, vice chair and then chair.

**UNITY DAY (Maria):** No report.

## Liaison Reports:

**SOCYPAA:(Vincent)** We are a group for the young and young at heart. White Elephant December 21<sup>st</sup>, 6:30 Petaluma Alano Club. Ugly sweater competition, holiday games, white elephant gift exchange. Party is from 7:30-11 pm. Attend our committee meetings on the 1<sup>st</sup> and 3<sup>rd</sup> Sundays of the month at 7:30 pm on Montgomery Drive.

**SPANISH Central Office: (Alma)** No report.

**H&I: (Joe)** January business meeting for H&I will be 1/8/25 same place same location. One time change. Orenda center is back and accepting meetings. H&I literature is there. They're getting their schedule ironed out and we're hoping to be going in there in the next few weeks. The H&I banner for events seems to be missing. A member with graphics expertise, please email Liz Williams to design a new one. Two Rock US Coast Guard Base is opening up to H&I meetings. Doing a trial period to see if it is well attended and worth extending. It'll





(Continued from page 3.)



be open to people on the base and first meeting was 12/12, it'll be the second Thursday of the month at 7pm. Santa Rosa Behavioral Health adolescent sector is wanting to open back up to H&I meetings. We're developing a plan to get this started soon. Sonoma County Jail is accepting H&I meetings now. Need 5 years sober, 5 years off parole to do this. It's a lockdown facility. We could badly use Spanish speakers and Spanish literature! Mendocino female meetings are not happening for now.

**GENERAL SERVICE: (Denise G.)** No report tonight. We will get a new GSR rep next month for a report.

**BRIDGING THE GAP:(Nicole)** No report.

**PICPC: (Brett)** PI/CPC is public information and cooperation with the professional community. PICIC's purpose is to educate, the public and professionals who have contact with alcoholics about AA and our fellowship. We set up literature displays in places like waiting rooms and lobbies and at libraries. We also coordinate speakers for DUI classes, for presentations to schools and to professionals who encounter alcoholics in their work like doctors and First Responders. We had our elections and filled all but 4 positions. We still need a committee chair, a recording secretary, a speaker list coordinator and a literature coordinator. Our next business meeting the second Wednesday in Jan. at the bookstore @7:30 with speaker training and orientation at 7:00pm.

**ACCESS SONOMA COUNTY: (Ben) Jacob reporting:** Access works to make AA accessible to all. Access meets the second Thursday of the month, on Zoom, at 7:30pm. We moved the time to accommodate another district meeting using the same Zoom account. We need more members to help as we start planning for our next workshop on Safety. We are continuing to discuss insurance and childcare, and will share when we have concrete findings. The best way to determine whether a meeting is child-friendly is to look on the online schedule. There used to be a paper reference, but it hasn't been updated for some time. I hope everyone has a happy and safe holiday season. Thank you for letting me be of service.

**OLD BUSINESS:** Non-conference approved literature in the bookstore: SCIF kindly requests each meeting gather their group conscience and take a vote at the meeting level (typically for multiple consecutive meetings, not just one). Directions for how to take a group conscience is outlined in the New Representative Guide and on the Website. If you would like a copy of the New Representative Guide, you can see our Vice Chair after the meeting for a copy, email us, or pick one up at the bookstore. Discussion & Vote to take place at the January General Meeting.

Addition of a Tech Support Position on the SCIF Committee. This position has been filled by a volunteer so far this year, however as a non-committee person, they do not have a vote. The volunteer has been providing all the Tech support at the general meetings as well as attending the Steering Committee Meetings. The SCIF Steering Committee asks for an informed group conscience and vote by the Fellowship.

SCIF kindly requests each meeting gather their group conscience on whether or not we should make this

position a regular Committee position, or have it remain a volunteer position. A job title and job description will be created if this position is voted in. SCIF asks each meeting to gather their group conscience and take a vote at the meeting level (typically for multiple consecutive meetings, not just one.). Directions for how to take a group conscience is outlined in the New Representative Guide and on the Website. If you would like a copy of the New Representative Guide, you can see our Vice Chair after the meeting for a copy, email us, or pick one up at the bookstore. -Discussion & Vote to take place at the January General Meeting.

**NEW BUSINESS:** 3rd legacy voting via text message and doing this next month for voting for officer positions. There is an app that has been used by general service that has been successful for them.

**Group Sharing:** None

**Group Representative:** None

**Group Summation:** Provided by Amber

Meeting adjourned with Responsibility Statement at 8:13pm

—in Service, Megan M.



## Spanish Central Office General Information



- **Oficina Central (Spanish Central Office)**  
5959 Commerce Boulevard, Rohnert Park  
Planning Meeting  
Friday, February 14<sup>th</sup>, 7:00 PM to 8:30 PM

## Groups Events

- **Realización (Realization)**  
at 1700 Corby Avenue, Santa Rosa:  
Aniversario de Rubén (Ruben's Anniversary)  
Saturday, February 8<sup>th</sup>, 7:00 to 8:30 PM  
Trabajando con los Demás (Working with Others)  
Wednesday, February 19<sup>th</sup>, 7:00 to 8:30PM

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- at 1011 College Avenue, Santa Rosa CA 95404  
Aniversario (Anniversary) #29  
Saturday, March 1<sup>st</sup>, 1:00 to 2:30 PM

## Registrar's Report for December, 2024:

As of December 16, 2024, there were 234 groups in Sonoma County offering a total of 417 meetings each week: 117 meetings were on Zoom, 278 were in-person, and 22 were hybrid.

A total 70 representatives attended the Dec. 16<sup>th</sup> Intergroup General Meeting, held on Zoom only. Of the 70 representatives, 11 reps were new.

**70 reps ÷ 234 groups = 30% of the groups represented!**  
— in service, Ellen W.





## December 2024 Treasurer's Report

The bookstore income for December 2024 was \$11,767. Cost of goods total was \$6,734. Total expenses for December were \$3,641 for a subtotal gain of \$1,392.

Central Office income for December 2024 was \$3,227. Total expenses for December were \$4,689, for a subtotal loss of \$1,462.

Intergroup Activities income for December 2024 was \$1,662. Expenses for December 2024 were \$2,289, for a subtotal loss of \$627.

Overall, for December, there was an overall loss of \$697

Year to date our income is \$201,040, total cost of goods is \$77,356, and our expenses are \$110,141, leaving a gain of \$13,543.

All numbers are rounded nearest whole dollar.

— *in service, James*

### Group Contributions to Intergroup in December, 2024

Group Number	Group Contributions December 2024	City	Day	Dec	Total YTD
685417	There is a Solution SR	Santa Rosa	Sat	636.00	\$ 2,074.20
702959	Step Sisters Group	Santa Rosa	Sun	340.00	\$ 546.00
606963	Bobs BB Study	Sonoma	Tue	332.80	\$ 764.80
355860	Sonoma Sober Sunrise			257.18	\$ 1,250.00
626044	Bobs Big Book Study	Oakmont	Tue	208.00	\$ 617.58
27277	Wednesday Wonders/HBC	Sonoma	Wed	197.00	\$ 368.00
100513	Sat Afternoon Winners	Santa Rosa	Sat	185.00	\$ 485.00
137969	Attitude Adjustment	Santa Rosa	Daily	150.00	\$ 400.00
175166	Quitting Time	Petaluma	Th,Sa,Su	137.10	\$ 1,419.75
	Sebastopol Men's Stag	Sebastopol	Mon	109.00	\$ 515.00
678027	Nor-Cal Primary Purpose Group	Santa Rosa	Thu	100.00	\$ 100.00
122474	Steps & Traditions Study	Petaluma	Mon	100.00	\$ 100.00
677694	Eleventh Step ( 11th Step )	Petaluma	Mon	85.00	\$ 202.00
697772	Good, Bad, & Ugly Group	Petaluma	Sun	50.00	\$ 335.00
137174	LGBT Newcomers	Santa Rosa	Fri	50.00	\$ 224.89
175749	New Women of AA	Rohnert Park	Mon	30.00	\$ 458.40
	Does not reflect recent PayPal		Total Dec	\$2,967.08	
			Total all groups YTD		\$67,447.10

### 2024 Group Contributions Paid These Central Office Expenses:

*(Other AA Central Offices and Bookstores will charge for these.)*

\$1,682	Pamphlets & Wallet Cards given free to groups
\$760	Meeting Directories
\$5,733	Newsletters printing & \$26.50/month email subscription service
<b>\$8,176</b>	<b>Total — (15% of the overall \$53,502 Central Office Expenses for 2024)</b>



**Sonoma County Intergroup Fellowship  
Statement of Activities by Entity YTD**

Accrual Basis

December 2024

	Bookstore		Central Office		Total Intergroup		TOTAL	
	Dec 24	Jan - Dec...	Dec 24	Jan - Dec...	Dec 24	Jan - Dec...	Dec 24	Jan - Dec...
<b>Ordinary Income/Expense</b>								
<b>Income</b>								
<b>Activities Income</b>					171.00	2,449.95	171.00	2,449.95
<b>Alkathon Income</b>					1,491.12	1,721.62	1,491.12	1,721.62
<b>Bank Interest</b>				43.24				43.24
<b>Bookstore</b>	11,766.97	116,381.44					11,766.97	116,381.44
<b>Central Office Income</b>			3,227.08	72,005.50			3,227.08	72,005.50
<b>Newletter Subscriptions</b>				(26.50)				(26.50)
<b>Seminar Income</b>				71.00		100.00		171.00
<b>Unity Day Income</b>				800.00		7,493.55		8,293.55
<b>Total Income</b>	<u>11,766.97</u>	<u>116,381.44</u>	<u>3,227.08</u>	<u>72,893.24</u>	<u>1,662.12</u>	<u>11,765.12</u>	<u>16,656.17</u>	<u>201,039.80</u>
<b>Cost of Goods Sold</b>								
<b>Cost of Sales Bookstore</b>	6,262.72	72,774.68					6,262.72	72,774.68
<b>Credit Card Processing Fees</b>	263.26	2,666.09					263.26	2,666.09
<b>Shipping and Delivery Cost</b>		202.43						202.43
<b>Shopify Monthly fee</b>	208.08	1,712.31					208.08	1,712.31
<b>Total COGS</b>	<u>6,734.06</u>	<u>77,355.51</u>					<u>6,734.06</u>	<u>77,355.51</u>
<b>Gross Profit</b>	<u>5,032.91</u>	<u>39,025.93</u>	<u>3,227.08</u>	<u>72,893.24</u>	<u>1,662.12</u>	<u>11,765.12</u>	<u>9,922.11</u>	<u>123,684.29</u>
<b>Expense</b>								
<b>Accounting, Bookkeeping &amp; Legal</b>		1,850.00		1,850.00				3,700.00
<b>Activities Exp.</b>					1,051.54	4,131.30	1,051.54	4,131.30
<b>Alkathon Exp.</b>					1,237.08	2,701.38	1,237.08	2,701.38
<b>Bank Charges</b>		32.00						32.00
<b>Contributions</b>						182.55		182.55
<b>Depreciation Expense</b>	128.63	1,543.56	128.63	1,543.56			257.26	3,087.12
<b>Directories</b>			45.00	760.00			45.00	760.00
<b>Dues &amp; Subscriptions</b>		21.00						21.00
<b>Insurance Expense</b>		198.95		198.92				397.87
<b>Licenses &amp; Permits</b>		30.00	20.00	115.00			20.00	145.00
<b>Newsletters</b>			550.50	5,733.83			550.50	5,733.83
<b>Office Expenses</b>	65.83	2,097.83		1,406.88			65.83	3,504.71
<b>Pamphlets &amp; Cards</b>		80.00	437.41	1,681.74			437.41	1,761.74
<b>PayPal Fees</b>			10.76	113.43			10.76	113.43
<b>Payroll &amp; PR Taxes</b>	2,496.06	24,044.43	1,776.25	22,549.50			4,272.31	46,593.93
<b>Payroll Expenses</b>								
<b>Renovations - Bookstore</b>		90.03						90.03
<b>Rent - Facility &amp; Storage</b>	664.16	7,876.50	1,048.46	13,214.46			1,712.62	21,090.96
<b>Seminar &amp; Conferences</b>								
<b>Seminar Expense</b>				75.00		105.00		180.00
<b>Telephone Expense</b>	169.59	1,016.02	169.59	1,016.02			339.18	2,032.04
<b>Teleservice Hot Line</b>			116.18	644.98			116.18	644.98
<b>Unity Day Exp.</b>				800.00		7,493.55		8,293.55
<b>Utilities - Facility</b>	117.10	1,146.42	117.11	1,146.44			234.21	2,292.86
<b>Volunteer Appreciation Expense</b>		824.51						824.51
<b>Web Site &amp; Internet Costs</b>		1,174.20	269.12	652.01			269.12	1,826.21
<b>Total Expense</b>	<u>3,641.37</u>	<u>42,025.45</u>	<u>4,689.01</u>	<u>53,501.77</u>	<u>2,288.62</u>	<u>14,613.78</u>	<u>10,619.00</u>	<u>110,141.00</u>
<b>Net Ordinary Income</b>	<u>1,391.54</u>	<u>(2,999.52)</u>	<u>(1,461.93)</u>	<u>19,391.47</u>	<u>(626.50)</u>	<u>(2,848.66)</u>	<u>(696.89)</u>	<u>13,543.29</u>
<b>Net Income</b>	<u>1,391.54</u>	<u>(2,999.52)</u>	<u>(1,461.93)</u>	<u>19,391.47</u>	<u>(626.50)</u>	<u>(2,848.66)</u>	<u>(696.89)</u>	<u>13,543.29</u>







## General Service Working Together, Increasing Trust

It is a new two-year term in General Service, called Panel 75 because the 75th General Conference starts at the end of April. The General Service District 12 Committee and Representatives have elected a willing and capable group. We have about 57 active GSRs and alternates in Sonoma County. Tradition Nine says that we may create service boards or committees directly responsible to those they serve. It takes a lot of moving parts for this service work, ideally with the least organization possible, meaning many people are self-motivated.

District 12 represents Sonoma County to the Northern California Coastal Area 06. The Area has more than 2,000 groups with approximately 65,000 members having 23 districts, five of which are Spanish-linguistic districts. We participate in Area business and use our voices and votes. We report what is happening at Area back to our District. Groups then get that information through their GSR announcements and articles like this.

Current positions available for election at the district meeting Monday, February 3rd are the Archives Chair and the Chair of the I&T Committee, who support FM radio interpretation and sound at our activities. The Archives Chair eligibility requirements include District Officers (except current and past Archives Chairs) and GSRs or Alternate GSRs (if their GSR is not present). The eligibility for I&T Chair, since it is a sub-committee, is more widely available to any active Sonoma County fellowship member. If you are interested in these positions, come on February 3rd and reach out to [generalservice@sonomacountyaa.org](mailto:generalservice@sonomacountyaa.org) for more information. There are also alternate District Committee Member (DCM) positions open to support GSRs in smaller monthly sub-district meetings. Current GSRs are eligible and encouraged.

Our committee has thirteen officer-members and three non-officer service roles including an active liaison relationship with District 18 our General Service Spanish Language district which overlaps Sonoma County and includes Marin, Napa and up to the Oregon border. The service sub-committees that are a part of our structure include Access Sonoma County, Bridging the Gap, and Public Information/Cooperation with the Professional Community (PI/CPC). The sub-committees run their own programs while getting support by connecting to other districts through monthly Area sharing sessions and the volunteers and funding that come from Sonoma County groups.

Join us on February 15th for the Agenda Topics Workshop, our first event of the 2025 Conference Season. Come meet our new Area delegate, Chitra, and hear a variety of speakers. We will learn about potential agenda items and themes affecting A.A. as a whole, as well as learn and practice taking an informed group conscience. This is an essential day for GSRs to learn how to support their group's voice to be heard on the topics that the Conference will consider. A flyer is included here in the newsletter.

—Maureen G., Panel 75 D12 DCMC



## PI/CPC



If you're reading this, it's highly likely you know what AA is. And, if you've made it all the way to reading about something titled with another acronym, it's also likely that you've been around "the rooms" and know what "being of service" is. You know what Alcoholics Anonymous is, probably been around enough to know what it's not. And that's really all you need to be a part of PI/CPC, and we'd love to have you!

### But first, what is PI/CPC?

Basically, PI/CPC facilitates the means of getting the message out there –giving back what we have been given.

As far as the acronym goes, here's a breakdown:

**PI** = Public Information --We make AA's program of recovery public information by reaching out and responding to the media, schools, industry, and other organizations which can report on the nature and purpose of A.A. and what it can do for alcoholics.

**CPC** = Cooperation with the Professional Community --We inform professionals about AA –what the program is, where it is, what it can do, and what it cannot do. (Sometimes the message is better heard when delivered by someone with a bigger wig or more letters after their name. So be it... as long as it's out there, right?)

Although numbers have been slowly increasing in the past couple of years, there is always room for more people on the committee (and often more work than there are people to do it). Right now we still need to fill the following roles:

**Literature Coordinator:** manages PI/CPC literature (ordering, tracking, and implementing distribution)

**Recording Secretary:** takes notes at PI/CPC meetings (2<sup>nd</sup> Wednesday of the month at the AA Bookstore, or remotely on Zoom)

Not quite ready for a commitment but still want to get into next-level service? Maybe you'd like to speak at a DUI class or a medical convention? We organize speakers for those. Or you might be up to help bring literature to said medical conventions, clinics, waiting rooms, etc. Or maybe you just love acronyms! **Join us February 12, 7:30pm (7pm for speaker training) at the AA bookstore, 750 Mendocino Avenue #10**

— Leah R. Alt. Chair

### Key to Heart Candy Acronyms:

C & S	Clean & Sober
F.E.A.R.	False Events Appearing Real, Future Experience Already Ruined,
F-	Everything And Run
G.O.D.	Gift Of Desperation, Group Of Drunks
	Good Orderly Direction, Great Outdoors
H J & F	Happy Joyous & Free
K C B	Keep Coming Back
K.I.S.S.	Keep It Simple Sweetheart
L & L L	Live & Let Live
LG & LG	Let Go & Let God
O D A T	One Day At a Time
RULE 62	Don't take yourself so damn seriously!
S.I.K.Y.S.	Service Keeps You Sober
T T S P	This Too Shall Pass
THINK x 3	Think, Think, Think.





## Hospital and Institution Committee

The Hospital and Institution business meeting took place at the Center for Spiritual Living on Wed, January 8th, at 6:15pm.

As a whole, NorCal H&I Committee (H&I from the Oregon border down to the Fresno area) ended 2024 in a neutral financial position. \$584,922.98 was used for literature, which is 91% of their overall expenses. This left us negative \$10,011.18 for 2024 and \$26,000 below the prudent reserve. Please encourage all H&I meeting reps/treasures to send in pink can contributions on a monthly basis so we can continue to supply literature to our much needed facilities.

A warm welcome to our newest Meeting Reps: Michael D, Todd S, Dustin G, Scott K, Nica R, David A, Paula B, Celso V, Adriene H, Christopher W, Kay W, Lorenda M, Nancy A, Carolyn D, Jessica P, Jon T, and Patrick P. Thank you for your service!

Welcome to our Visitors: Tina, JP, Barbara, and Danie. Keep coming back!

January Sobriety Birthdays: Barbara 36 yrs, Abby 2 months, Jessica 10 months, Mikey 1yr, Nancy 2 yrs, Forest 1yr, Dave 14 yrs, Aaron 3yrs, David 1yr, JP 2 months, Erik 36yrs, Paula 8 months, Terry 18 months, Zack 2 yrs, Kay 1yr, Michael 6 months, Celso 1yr, Joe T. 37yrs, Michael 6 yrs, Gretchen H. 22 yrs. Happy Birthday!

H & I is always in need of speakers to go into local facilities. We have added four facilities to our roster! Buckelew Orenda Detox has reopened and we are continuing our two weekly meetings in this facility. We have added the juvenile side of Santa Rosa Behavioral Health and The Coast Guard facility at Two Rock.

The next business meeting is Wednesday, January 8 at 6:15 pm at The Center for Spiritual Living in Santa Rosa. New Rep and visitor orientation begins at 5:45. All are welcome to attend.

— *in service, Cat C.*

## From the Editor:

Our newsletter is more than just a collection of reports on past events and announcements of upcoming ones—it is a space for members to share their experiences, recovery journeys, hopes and strengths in A.A. We welcome contributions from everyone, including you! Submissions may include jokes, games, artwork, or articles of 400 words or fewer.

The SCIF Steering Committee is currently establishing specific guidelines for newsletter submissions, which will be published here once finalized.

As always, if you have something to contribute or would like to share feedback or suggestions, please contact me at newsletter@sonomacountyaa.org. This is your newsletter—

We encourage your participation!

— *in service, Arjuna*



## THANKS!

Alcoholics Anonymous has been around for 90 years now. We have 125,000 meetings in the US and Canada. Imagine how many people have found recovery from alcoholism in that time, who would have died otherwise...

A lot has changed since our early days. For example, Dr. Silkworth\* did not sign his testimonial letter in the first edition of the Big Book because he did not want his professional reputation to suffer for endorsing this so called “spiritual” cure. But he did sign his letters in later editions.

At first we adopted anonymity out of fear that members’ livelihoods would suffer if their alcoholism were widely known, and so that new members need not fear that. But over time this has evolved to a kind of humility and our current practice of Anonymity.

In the 12 & 12 Bill says, “In our early time, nothing seemed so fragile, so easily breakable as an AA group. Hardly an alcoholic we approached paid any attention, most of those who did join us were like flickering candles in a windstorm. Time after time their uncertain flames blew out and couldn’t be relighted.” — *12 & 12, Tradition 3*

So, our early members could not take for granted that AA would continue to be around, and most doubted they could continue to stay sober without it. This fear helped shape our Traditions...

Today AA is better known, though maybe not so well understood outside the Fellowship. And we face significant challenges, like anonymity in the age of social media. Fortunately, every year we take our own inventory, guided by the General Service Conference process.

But let us not forget where we came from. At chip meetings lately I have noticed that members stand up when their time is called, then state their name and disease and sit back down to applause... But rarely do I hear a “thank you.” Expressing gratitude is not simply good manners, it’s a dynamic practice.

—*Tim P.*

\* Dr. Silkworth treated about 40,000 drunks during his 50 years at Towns Hospital. Prior to AA he claimed a success rate of only 2%.







District 12

### Agenda Topics Workshop

Panel 75

Sonoma County General Service

Bethlehem Lutheran Church  
1300 St. Francis Road, Santa Rosa  
Saturday, February 15th 2025

Agenda Topics Discussion  
How To Host a Sharing Session  
Speakers- Including Area Delegate Chitra S.



Potluck Lunch - Please Bring a Dish to Share

Registration 8:30AM - 9:00AM  
Workshop 9:00AM ~ 3:30PM

FM Interpretation and Assisted Listening  
For information & to volunteer contact  
Lesley R. 530-219-0636

### Sonoma County Alano Club Upcoming Events

1050 Petaluma Blvd. N., Petaluma, CA  
www.sonomacountyalanoclub.org  
707 782-0588



2/7/25

**Karaoke & Pizza Night**  
8:30pm-11:30pm  
Monthly on the first Friday

2/9/25

**Super Bowl Party &  
Valentine Card Making**  
3:00pm-7:00pm  
Family Friendly Event

2/25/25

**Petaluma Birthday Chip Party**  
7:00pm-8:30pm  
Monthly on the last Tuesday

## February 2025— Service Meetings & Events

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
<p><b>sonomacountyaa.org would love to add your events! When scheduling an AA event, please send details to both the newsletter (newsletter@sonomacountyaa.org) and the website (webmaster@sonomacountyaa.org) so we can get it listed as soon as possible.</b></p>						
<b>1<sup>st</sup> Sunday 2</b> <b>SOCYPAA</b> Business Mtg. 7:30 pm 1551 Montgomery Dr. Santa Rosa	<b>1<sup>st</sup> Monday 3</b> <b>General Service</b> Business Mtg. 7:30 pm. New Rep Orient, 6:30 pm. 4930 Newanga Ave, SR For Zoom ID: Email chairperson.	4	<b>1<sup>st</sup> Wednesday 5</b> <b>H&amp;I</b> 5:45 New Rep Orient. 6:15 pm. Business Mtg. Center for Spiritual Living 2075 Occidental Road Santa Rosa	6	<b>First Friday 7</b> <b>Karaoke and Pizza Night</b> 8:30 - 11:30 pm SoCo Alano Club 1050 Petaluma Blvd. N. Petaluma	8
<b>Super Bowl Party 9 &amp; Valentine Making</b> 3:00 - 7:00 pm SoCo Alano Club 1050 Petaluma Blvd. N. Petaluma	<b>2<sup>nd</sup> Monday 10</b> <b>SCIF Steering Committee 7:00 pm.</b> AA Bookstore 750 Mendocino Ave. <i>Hybrid:</i> Go to sonomacountyaa.org for ID and password	<b>2<sup>nd</sup> Tuesday 11</b> <b>Teleservice</b> 6:00 pm. on Zoom ID: 860 4370 3384 PW: 62	<b>2<sup>nd</sup> Wednesday 12</b> <b>PI/CPC</b> Business Mtg. 7:30 pm. at the AA Bookstore <i>Hybrid</i> — Zoom ID: 961 8127 1048 PW: Dist12GS 7:00 New Rep Orient	<b>2<sup>nd</sup> Thursday 13</b> <b>Access Sonoma County</b> Business Meeting 7:30 pm on Zoom ID: 934 2984 1277 PW: 804715	<b>Newsletter Submission Deadline 5:00 pm</b> <i>newsletter@ sonomacountyaa.org</i>	15
<b>3<sup>rd</sup> Sunday 16</b> <b>SOCYPAA</b> Business Mtg. 7:30 pm 1551 Montgomery Dr. Santa Rosa	17	<b>3<sup>rd</sup> Tuesday 18</b> <b>Bridging the Gap</b> Business Mtg. 6:30 pm at the Bookstore. 6:00 pm. New Rep. Orientation.	19	20	21	<b>Love Thy Neighbor and Other YPAA Games</b> 7:00 pm - 12:00 am meeting at 7:00 \$10 suggested donation SoCo Alano Club 1050 Petaluma Blvd. N. Petaluma
23	<b>4<sup>th</sup> Monday 24</b> <b>SCIF Intergroup</b> Business Mtg., 7:30 pm St. Luke Church 905 Mendocino Ave, S.R. <i>Hybrid</i> — Zoom ID: 860 4370 3384 PW: 62 7:00 pm New Rep Orient.	<b>Last Tuesday 25</b> <b>Birthday Party</b> 7:00 - 8:30 pm SoCo Alano Club 1050 Petaluma Blvd. N. Petaluma	26	27	28	







# Receive the Newsletter in Your Inbox!

Sign up at the bottom of our home page:

<https://sonomacountyaa.org>



## A.A. Hotlines:

English: 707 544-1300

Español: 707 623-6702

## Common Acronyms:

SCIF = Sonoma County Intergroup Fellowship

ICSC = Intergroup Central Service Committee

PI/CPC = Public Information/Cooperation with the Professional Community

## Mailing Addresses and Internet Links



### Alcoholics Anonymous

[www.aa.org](http://www.aa.org)

### AA Grapevine/La Viña

475 Riverside Dr. 11<sup>th</sup> Floor

New York, NY 10115

[www.aagrapevine.org](http://www.aagrapevine.org)

### NY General Service Office

P.O. Box 2407 James A. Farley Station

New York, NY 10116-2407

### NORCAL H&I

Hospitals and Institutions Committee, Area 22

P.O. Box 192490, San Francisco, CA 94119-2490

### California Northern Coastal Area 06

1390 N. McDowell Blvd., Suite G339

Petaluma, CA 94954 [www.cnca06.org](http://www.cnca06.org)

### Sonoma County General Service

P.O. Box 536 Santa Rosa, CA 95402

[generalservice@sonomacountyaa.org](mailto:generalservice@sonomacountyaa.org)

### Sonoma County Intergroup Fellowship

750 Mendocino Ave, Suite 10

Santa Rosa, CA 95401-4846

[intergroup@sonomacountyaa.org](mailto:intergroup@sonomacountyaa.org)

[sonomacountyaa.org](http://sonomacountyaa.org)

### Access Sonoma County

750 Mendocino Ave, Suite 10

Santa Rosa, CA 95401-4846

[asc@sonomacountyaa.org](mailto:asc@sonomacountyaa.org)

### Bridging the Gap

750 Mendocino Ave, Suite 10

Santa Rosa, CA 95401-4846

[asc@sonomacountyaa.org](mailto:asc@sonomacountyaa.org)

### Sonoma County PI/CPC \*

PICPC c/o General Service

P.O. Box 11305, Santa Rosa, CA 95406

[picpc@sonomacountyaa.org](mailto:picpc@sonomacountyaa.org)

### SOCYPAA

Sonoma County Young People in AA

[socypaa@sonomacountyaa.org](mailto:socypaa@sonomacountyaa.org)

[www.socypaa.org](http://www.socypaa.org)

### Teleservice

750 Mendocino Ave, Suite 10

Santa Rosa, CA 95401-4846

[teleservice@sonomacountyaa.org](mailto:teleservice@sonomacountyaa.org)

## Contact Information

all emails are \_\_@sonomacountyaa.org

### SCIF OFFICERS

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Vice Chair	Bruce W.	<a href="mailto:vice-chair@sonomacountyaa.org">vice-chair@sonomacountyaa.org</a>
Secretary	Megan M.	<a href="mailto:secretary@sonomacountyaa.org">secretary@sonomacountyaa.org</a>
Treasurer	James B.	<a href="mailto:treasurer@sonomacountyaa.org">treasurer@sonomacountyaa.org</a>
Registrar	Ellen W.	<a href="mailto:registrar@sonomacountyaa.org">registrar@sonomacountyaa.org</a>

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Outreach	Peter R.	<a href="mailto:outreach@sonomacountyaa.org">outreach@sonomacountyaa.org</a>
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ICSC Nominations	Clark W.	<a href="mailto:icscnic@sonomacountyaa.org">icscnic@sonomacountyaa.org</a>

### COMMUNICATIONS

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### GENERAL SERVICE

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Treasurer	David H.	<a href="mailto:treasurer-gs@sonomacountyaa.org">treasurer-gs@sonomacountyaa.org</a>
Registrar	Shelly J.	<a href="mailto:registrar-gs@sonomacountyaa.org">registrar-gs@sonomacountyaa.org</a>
Archivist	(vacant)	<a href="mailto:archivist-gs@sonomacountyaa.org">archivist-gs@sonomacountyaa.org</a>
Grapevine	Mark S..	<a href="mailto:grapevine@sonomacountyaa.org">grapevine@sonomacountyaa.org</a>
Access Sonoma County	Benjamin G.	<a href="mailto:asc@sonomacountyaa.org">asc@sonomacountyaa.org</a>
Bridging the Gap	Jason F.	<a href="mailto:btg@sonomacountyaa.org">btg@sonomacountyaa.org</a>
PI/CPC	(vacant)	<a href="mailto:picpc@sonomacountyaa.org">picpc@sonomacountyaa.org</a>
Interpret/Translation	(vacant)	<a href="mailto:it@sonomacountyaa.org">it@sonomacountyaa.org</a>

### HOSPITALS & INSTITUTIONS

Liaison	Brad M.	<a href="mailto:handi@sonomacountyaa.org">handi@sonomacountyaa.org</a>
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\*funded solely through Sonoma County General Service

