



Sonoma County Intergroup Fellowship Presents

2024

New Year's Eve Black & White Ball

DECEMBER 31st Tuesday
Meeting @ 8 pm
Dance 9:15-12:15

\$15 SUGGESTED DONATION
FOOD MUSIC DRINKS DANCING BALLOON DROP

at: Saturday Afternoon Club
430 Tenth Street Santa Rosa

FOR MORE INFO CALL: 707.239.9747

Step 12

Having had a spiritual awakening as a result of these steps, we tried to carry this message to other alcoholics and to practice these principles in all our affairs.

Tradition 12 - long form

And finally, we of Alcoholics Anonymous believe that the principle of anonymity has immense spiritual significance. It reminds us to place principles before personalities; that we are actually to practice a genuine humility. This to the end that our great blessings may never spoil us; that we shall forever live in thankful contemplation of Him who presides over us all.

"Today's the Day!" heard at a morning meeting

ATTENTION!

SCIF General Meeting date for December is changing!!!

The meeting will be held on 12/16/24 at 7:30PM on Zoom only.
Meeting ID: 860 4370 3384
Password: 62

Newsletters will be available at the bookstore on 12/23/2024

Sonoma County Holiday Alkathon 2024-2025 Christmas New Year

December 24th, 2024:

- 6 pm We're in the Now
- 8 pm SOCYPA
- 10 pm Redwood Winners

December 25th, 2024:

- 12 am New Women in AA
- 2 am Knuckle Heads
- 4 am Women Empowering Women
- 6 am Saints & Sinners
- 8 am Keep it Simple Group
- 10 am Sunday Night Madness
- 12 pm North Bay Dog on the Roof
- 2 pm Serenity Fellowship at Rosenberg
- 4 pm Young People's Group Sat. Night
- 6 pm Big Book Review
- 8 pm Saturday Night Live - Santa Rosa

December 31st, 2024:

- 6 pm Higher Power Group
- 8 pm Gravenstein & SoCo LGBTQ Groups
- 10 pm Out of the Ashes

January 1st, 2025:

- 12 am The 12 & 12 Plus Group
- 2 am Sober Girl Gang
- 4 am Speaker-Discussion (Sunday Closed)
- 6 am Men's Stag Smokeless
- 8 am How it Works
- 10 am Sober Sunday
- 12 pm River Women's Meeting
- 2 pm Kenwood Group
- 4 pm 7 am Live!
- 6 pm Sat. Afternoon Winners
- 8 pm Monday Nite Alcoholics Only

All Alkathons are located at the Steele & Range Building, 1495 W. Steele Lane, Santa Rosa. They can also be accessed on ZOOM. Meeting ID: 515 962 4728, Password: 181875. If you have questions or want to be of service, contact Shauna: 707.536.6413

The SCIF News is free! It is made possible through contributions of our members to Intergroup. Read this newsletter, pass it on, and contribute! The SCIF News is also available at sonomacountyaa.org DISCLAIMER: The Fellowship News is the monthly newsletter of Sonoma County Intergroup Fellowship. Opinions contained herein are strictly those of the authors. The publication of opinions, articles, and announcements does not necessarily represent endorsement, approval, or affiliation by the Sonoma County Intergroup Fellowship. We reserve the right to edit submissions for clarity, language, length, and any content that may violate A.A. Traditions.

BOOKSTORE

750 Mendocino Ave., Suite 10, Santa Rosa (707) 546-2066

Open Mon. – Sat., 10:00 – 6:00

Closed Sundays, Thanksgiving, Christmas, & New Years Day.

Online store open 24/7: <https://scif.bookstore.com/>

\$13.50

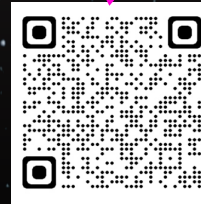
PLAIN
LANGUAGE
BIG BOOK

A Tool for Reading
Alcoholics Anonymous

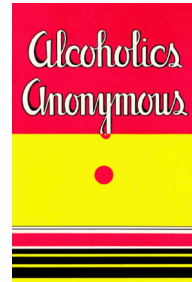
This is A.A. General Service Conference-approved literature

Gift Cards

Buy gift cards at the Bookstore for your A.A. friends, for your group's literature rep, or even for yourself! Receipts have the card's purchases and balance on them and the QR code for future use.



December Book of the Month



75th Anniversary
1st Edition Replica

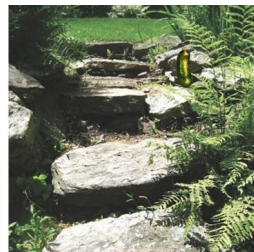
\$15.20



**THE HOME GROUP:
HEARTBEAT OF AA**
From AA Grapevine, updated with extra stories and a new chapter on virtual meetings



**OUR TWELVE
STEPS**
Members share experience, strength and hope as they work the AA program



STEP BY STEP
Real AAs, Real Recovery

Winter Book Sale Trio \$16.49 each

Before the Plain Language Big Books were printed but could be pre-purchased at our bookstore, we received an email from a young woman in New Orleans:

"I'm in need of one of these plain language. I am 21 months sober and I am doing a big book study and it is so hard for me to read out of the big book and to share on what I read cause I don't understand it at all, so during my meeting I let everyone else share. I'm so excited about this new book coming out because I can now get more involved in my own meeting. My question is when could I place the order and about when would it come in. I really need it as soon as possible. Have a blessed day."

This "I am responsible," 12th Step call for help made the huge process of Plain Language Big Book preordering all worth it. So I personally sent her one.

— Bob F. Bookstore manager

New & Changed Meetings:

- All of the daily 5:00 pm meetings in Rincon Valley Park have been discontinued.
- The Tuesday 6:30 pm **Without a Prayer** meeting will not be meeting Christmas and New Year's Eves because the Finley Center in Santa Rosa will be closed for the holidays. The meeting will resume on January 7th, 2025.
- The **Moment of Silence** meeting, Sunday 11:30 am, is no longer. The group officially closed down late August.
- The 11:00 am **Sunday Smiles** meeting does breakfast at 10:00, the last Sunday of the month!
- **Petaluma Pride** is a new meeting for LGBTQ+ and supporters. It meets at 7:30 pm Saturdays in Couch Room 2 of the Sonoma County Alano Club at 1050 Petaluma Blvd. North.



PI/CPC:

Do you ever wonder what it would feel like to give your AA experience, strength, and hope to an audience of normies? Do you ever wish you could shake members of the public by the shoulders and tell them what AA is REALLY like? If you're willing to strongly abide by the confines of our traditions, you can do those things through PI/CPC!

Public Information/Cooperation with the Professional Community makes an effort to educate and equip the public with the tools they need to refer alcoholics to AA. Properly armed with facts about yourself, you can generally win the entire confidence of the public's perception of what AA offers (and what it *does not* offer)!

When I started on this committee ~7 years ago, I never knew about the services it offered to bridge the AA organization to the public. Having seen how much work this committee does, I now see how vital it is to our fellowship. Almost 2 years ago, we lit the beacon to desperately get people to serve on this committee as we were down to 2-3 people. PLEASE come to our meeting if you're interested in one of our committee positions as we are electing a whole new committee! **Are you ready to stay sober and be of service for the next 2 years? Then come to the bookstore at 7pm on December 11th and volunteer for a committee position!**

It's been a pleasure to serve this committee, and it's taught me actual professional skills for my job! Now it's time to step away to finish up my degree (I promise I'll be right back!).

—*In love and service, Jacob Lewis, Alternate Chair PI/CPC.*

Ongoing Activity:

Thanks to all who attended Quilting on Sat, Nov. 16. And big giant pony thank yous to Kalia and Suzanne for their knowledge, care, and guidance on this group project. We have a plan! We will be bringing blank squares to the Alkathons for folks to decorate. Stay tuned for the next AA Quilt project event after the holidays...

—*Erica C. Activities Chairperson*

From the Editor:

My appreciation to everyone who contributes to the SCIF News. I can't do this alone! Twelve pickle ornaments (and no cucumbers) are hidden in this issue. Be the first to find all of them and let me know, and win a Plain Language Big Book!

—*Arjuna, newsletter@sonomacountyaa.org*

General Service Corner:

I was broken, hopeless. I had exhausted all my options, all the things that I thought I should do; there seemed to be no way out. I had two options: one was driving into a redwood tree on the way to work, the other was to go to a meeting of Alcoholics Anonymous. Thank God I chose the latter.

While going to meetings, I realized I could not do this on my own, I needed a sponsor. I was gifted with an exceptionally astute man. The first thing he asked me to do was to help the newcomer that had one or two days, or a week less than me. That seemed almost impossible since it was all about me. As we began the steps he slowly and methodically helped me realize that I wasn't the only one on the planet. So, in order to get out of myself, he taught me how to help others.

As the fog began to clear, and I completed my steps, not only did I engage with new sponsees, but he also showed me that there were other things greater as well, not only the health of our sponsees, but the health of AA as a whole was paramount.

I first began five years with H&I, and yet there was more to be done. I began as a General Service Rep for a meeting I was attending. I was introduced to the Twelve Concepts of Alcoholics Anonymous. I realized that Bob and Bill had entrusted the health and well-being of Alcoholics Anonymous, both in the present and in the future to all of the Fellowship, the 126 thousand registered groups of AA Worldwide. That means that each group has the responsibility through the Agenda Topics process for the decisions that matter to the present and the future of Alcoholics Anonymous, and thus continue the legacy of reaching out to the alcoholic who still suffers.

I have felt deeply honored to be a part of General Service and this process, and have realized that not just my opinion, but the opinion of every group and individual matters. If this is something that calls to you, come join us. We will meet you in the sunlight of the spirit.

—*Joe M. Literature Rep. District 12 General Service*

Hospitals and Institutions Committee:

The Hospital and Institution business meeting took place at the Center for Spiritual Living on Wed., November 6, at 6:15 pm.

Please note that the January H & I Business Meeting will be held on the **second** Wednesday of the month, January 8th, 2025!

A warm welcome to our newest Meeting Reps: Harry L, Colby R, Denise J, Patricia T, Stephen P, Mike H, Rolf S, and Connor M. Thank you for your service!

Welcome to our Visitors: Paula, Nicki, Todd, Leanna, Michelle, and Christian. Keep coming back!

September Sobriety Birthdays: Tim M 36 years, Kerry 1 yr, Emily 18 months, Stephen 2 yrs, Mike H 10 months, Jody 3 yrs, Paula B 6 months, Michael 4 months, Angela 15 yrs, David B 34 yrs, Blake N. 7 yrs, Steve A. 30 yrs. Happy Birthday!

New facility opening and in need of meetings: Coast Guard Station in Two Rock. Meetings will begin in December.

H & I is always in need of speakers to go into 16 facilities that don't require clearance. Most facilities require 6 months sobriety and working knowledge of the steps. Come to our Business Meeting to get involved! The next business meeting is on Wednesday, December 4th, at 6:15 pm at The Center for Spiritual Living in Santa Rosa. New Rep and visitor orientation begins at 5:45, and all are welcome to attend.

—*In Service, Cat C.*



SCIF General Meeting Minutes, October 28, 2024

The meeting opened at 7:32 with the Serenity Prayer and Preamble, followed by readings of Tradition 10 and Concept 10.

Introduction of New Representatives: Hilda, Mid-Morning Sanity Mon-Fri; Bobbie, Lunch Bunch Wednesday; Gloria, Saturday 3rd Step Meeting; Russ, 12&12 Wednesday; Cat, Eldridge Group in Glen Ellen Monday 6:30 Women's, Stacy, Sober Sundays; Carl, Sunday Came to Believe; Scott, Check it Out Tuesday; Jacob, Newanga Saturday; John, You Have to be Present to Win Wednesday; Melanie, Sober Sisters Tuesday; John, Think About It 7 days a week; Joyce, Healdsburg Sober Sisters Wednesday

Birthdays since we last met: 46 yrs; 15 yrs; Jake, 2 yrs; Nica, 4 yrs; John, 8 months; Jacob, 11 months; Steph, 4 yrs; Tina, 10 yrs; Mike, 39 yrs; Deborah, 31 yrs.

OFFICER REPORTS:

ICSC Elections: Candidates are Lisa and Joe S. Lisa is voted in! Congratulations Lisa.

Chair: (Amber C.) Congratulate everyone in September we had 40% participation. Emails are up and running! Updated emails are on the back of the newsletter. We as a committee have voted and decided that the tech position as a committee position and non-conference approved literature voting will begin at the general meeting January. If you commitment rolls over please let the knew rep of your meeting know where your meeting stands. December general meeting is moving days and will only be on zoom. General meeting for December is Monday, December 16th ZOOM ONLY. Newsletters will be available at the bookstore.

Vice Chair: (Bruce W.) No report

Secretary: (Megan M.) Minutes are accepted and approved from September.

Treasurer: (James B.) The Bookstore income for September 2024 was \$7,561.73. Cost of goods total was \$4,834.13. Total expenses for September were \$3,013.80 for a subtotal loss of \$286.20.

Office income for September 2024 was \$5,482.80. Total expenses for September were \$4,378.01, for a subtotal gain of \$1,094.55.

Intergroup Activities income for September 2024 was \$1,710. Expenses for September 2024 were \$2,818.86, for a subtotal loss of \$1,108.86.

Overall, for September, there was an overall loss of \$300.51.

Year to date our income is \$140,015.65, total cost of goods is \$53,753.95, and our expenses are \$76,874.97 leaving a gain of \$9,386.73.

In the August report the "total cost of goods was reported as \$76,352" it was actually \$48,919.82 all other reported information reported was correct.

Registrar: (Ellen W.) As of September 2024 there were a total of 237 groups here in Sonoma County offering a total of 418 meetings each week. There were a total of 95 reps in attendance and 8 were new. Reps: Zoom 19, In-person 44, New reps 8. Meetings: Zoom 120, In person 275, Hybrid 24.

COMMITTEE REPORTS

ICSC: The ICSC (Intergroup Central Service Committee), a sub-committee of Sonoma County Intergroup Fellowship, provides oversight of the Bookstore and supports its paid Manager. ICSC members are elected twice a year at the Intergroup meeting. Candidates must have five years of sobriety, business or professional background, and substantial AA service experience.

Bookstore: (Bob F) Bookstore Report to the Intergroup General Meeting October 28, 2024. The Bookstore sold 314 AA books in September. We currently have 72 pre-purchase orders for 156 copies of the Plain Language Big Book, many from an unprecedented and unexpected 17 states outside of California. We didn't plan this. The online store became one of the top 5 google search hits made by AA members. Again, pre-purchasing is just a convenience, there will be plenty of these on hand once our order comes in mid-November. Then we received an email from a Carrie in New Orleans. "I'm in need of one of these plain language I am 21 months sober and I am doing a big book study and it is so hard for me to read out of the big book and to share on what I read cause I don't understand it at all so during my meeting I let everyone else share I'm so excited about this new book coming out because I can now get more involved in my own meeting. My question is when could I place the order and about when would it come in. I really need it as soon as possible." Have a blessed day

This is a "I am responsible..." 12 step" call out that makes this all worth it. I will personally send her one.

The book of the month for November is "Our Great Responsibility" \$11.99, funny thing, I picked this book way before we got that email.

Consider the bookstore for your special holiday shopping needs. We will have some great discount AA book bundles and other unique sobriety related gift options.

Outreach: (Peter R.) Outreach looks forward to having the information form the new sign in sheet to be able to focus the meetings we go to that do not have representation.

Activities: (Erica C.) Halloween Glow in the Dark dance party went very well, Report attached Next month 11/16 AA Quilt Project Day at Ladybug. Flyer on newsletter. Looking for help with New Years celebration. Still need location as Snoopy's not available.

Alkathons: (Shauna) going to put the Alkathon schedule in the newsletter/website - confirmed I don't need to rent chairs and tables to will save money on that - secured a hot spot for keeping alkathons hybrid - good group of people to help with alkathons holding a zoom meetings for planning.

Newsletter: (Arjuna) 5pm, Fri. Nov. 15 deadline for Dec. issue.

Webmaster: (Jay) Contact information on Meeting add/change form has been updated, please send meeting updates to the webmaster@sonomacountyaa.org email address instead of the one previously listed.

As usual, please check and ensure that your meeting information is correct and up-to-date on the website, as our database of meetings is the one that is referenced by the Meeting Guide app.

After our system switch, there are still some email accounts that we need to migrate. In order to do so, we need to speak with the representatives from the following groups: Access Sonoma County, SOCYPA, H&I.

Seminars: (Stacy) Final seminar of the year November 9, 2024 4-5:30pm Life on Life's Terms Applying the 12 Steps.

Teleservice: (Anne G) Sunday from 5pm-10pm the position is open. Requirement: 1 year of sobriety and working knowledge of the steps and traditions. This is a weekly year-long commitment.

ICSC Nominating Committee: (Clark) Next election will be October to start in November. We are beginning outreach this month and will publish the requirements of the commitment in next month's newsletter. Anyone with questions or with a name

(Continued from page 4.)

to nominate please contact me, Tina T or Kevin H.

Unity Day: (Maria) I want to thank all of you who participated and/or attended this years Unity Day 2024. It was a great success and the feedback was all very positive!

The final numbers are in, and I am pleased to report that 292 members registered. Also, we are on the positive side as far as funds, and will be reimbursing the entities who contributed the seed money, this week, along with a portion of the surplus.

I especially would like to thank all of the Intergroup representatives who reached out to their groups for donating gift baskets. This was our best year ever with over 20 baskets donated!! Amazing and thank you!

Our final meeting for the Chairs of the event will be held on November 12, 2024 at the bookstore. We will share feedback and our Pass-it-On reports. All we be added to the Unity Day Binder and we should be able to turn it over to H&I for Unity Day 2025 by December 1.

Thank-you for allowing me to serve as Chair of this incredible event. My suggestion to anyone who is thinking of making themselves available for service is to raise your hand! I am so glad that I was available!

LIAISON REPORTS:

SOCYPAA: (Vincent) Attend our committee meetings on the 1st and 3rd Sundays of the month at 7:30 pm.

Spanish Central Office: (Alma) Spanish Intergroup meeting is every Saturday from 4-6pm.

H&I: (Joe) H&I needs speakers to go into jails and institutions to share you experience, strength, and hope both men and women. First Wednesday of every month Center for Spiritual Living at 5:45 for new reps for orientation. 6:15 regular start time.

General Service: (Denise G.) General Service is the link between our fellowships and A.A. as a whole. We take the voice of our groups, and their group conscience, back to our delegate and the General Service Conference. We also keep our groups informed on what is happening within Alcoholics Anonymous.

General Service, Panel 73, is nearing the end of its two-year commitment. We will hold elections on November 4, 2024, for the next two-year panel, at our monthly business meeting. November business will be held over to December.

Also, in November, CNCA-06, our Area, will hold its elections on November 9, 2024, as well. The Election Assembly, our final assembly for 2024, will be held in Livermore CA., and in addition to Area Officers, the new Delegate for Panel 75 will also be elected.

At our December 2024 Officer's meeting we will host the incoming Officer's and share out Pass-it-On reports. That meeting is being held on December 16, 2024, because of the upcoming Christmas holiday.

Other than the elections, the main excitement is the Plain Language Big Book, which will also be available in November at our local bookstore. And, if you are having trouble booking hotel reservations for the International Convention next July, do keep trying. We understand cancellations have come in and rooms are opening up again.

Our business meetings are the first Monday of each month at Faith Lutheran Church on Newanga Ave. Please visit sonomacountyaa.org for more details, including times and hybrid information

Bridging The Gap: (Nicole) A subcommittee of general service. Bringing individuals from treatment centers to their first AA meeting and connected. For the next couple months we will

not be meeting formally and meeting via emails and occasional zoom. We are looking for volunteers to meet with people share at meetings etc.

PICPC: (Brett) PI/CPC is public information and cooperation with the professional community. Picpc's purpose is to educate, the public and professionals who have contact with alcoholics about AA and our fellowship. The current PI/CPC panel will rotate out at the end of the year 18 positions will be up for election in January. If you're interested in reaching out to the public and to professionals, come to the business meeting all are welcome. It is @ 7:30pm on the second Wednesday of every month at the bookstore with speaker training and orientation at 7:00pm.

Access Sonoma County: (Ben) Makes AA accessible for all. Looking for committee members meets second Thursday of every month at 7:15pm on zoom. There is a survey whether there's an interest in childcare at AA meetings.

Old Business:

1. Non-conference approved literature in the bookstore: After hearing the feedback from the Fellowship, and a thorough review of the process to bring Non-Conference Approved Literature into the bookstore, the Sonoma County Intergroup Fellowship (SCIF) Steering Committee has realized the need for an informed group conscience and vote by the Fellowship. A vote is needed to determine whether we should continue to sell the non-conference approved literature in the bookstore. The literature consists of: Drop the Rock, 24 Hour Hazelden, New Pair of Glasses, The Little Red Book, and some AI-Anon books.

SCIF kindly requests each meeting gather their group conscience and take a vote at the meeting level (typically for multiple consecutive meetings, not just one.). Directions for how to take a group conscience is outlined in the New Representative Guide and on the Website. If you would like a copy of the New Representative Guide, you can see our Vice Chair after the meeting for a copy, email us, or pick one up at the bookstore.

Discussion & Vote to take place at the January General Meeting.

2. Addition of a Tech Support Position on the SCIF Committee. This position has been filled by a volunteer so far this year, however as a non-committee person, they do not have a vote. The volunteer has been providing all the Tech support at the general meetings as well as attending the Steering Committee Meetings. The SCIF Steering Committee asks for an informed group conscience and vote by the Fellowship. SCIF kindly requests each meeting gather their group conscience on whether or not we should make this position a regular Committee position, or have it remain a volunteer position. A job title and job description will be created if this position is voted in. SCIF asks each meeting to gather their group conscience and take a vote at the meeting level (typically for multiple consecutive meetings, not just one.). Directions for how to take a group conscience is outlined in the New Representative Guide and on the Website. If you would like a copy of the New Representative Guide, you can see our Vice Chair after the meeting for a copy, email us, or pick one up at the bookstore.

Discussion & Vote to take place at the January General Meeting.

New Business: None

Group Sharing: None

Group Representative: None

Meeting adjourned with the Responsibility Statement at 8:30pm

—In Service, Megan M.

October 2024 Treasurer's Report

The Bookstore income for October 2024 was \$7,842. Cost of goods total was \$7,109. Total expenses for October were \$2,709 for a subtotal loss of \$1,976.

Central Office income for October 2024 was \$9,538. Total expenses for October were \$4,275, for a subtotal gain of \$5,263.

Intergroup Activities income for October 2024 was \$4,763. Expenses for October 2024 were \$5,936, for a subtotal loss of \$1,173.

Overall, for October, there was an overall gain/profit of \$2,114.

Year to date our income is \$162,082, total cost of goods is \$60,863, and our expenses are \$90,079, leaving a gain of \$11,140.

All numbers are rounded nearest whole dollar.

In Service, James B.

Group Contributions to Intergroup in October, 2024

| Group Number | Name | City | Day | Oct | Total YTD |
|---|-------------------------------------|--------------|------------|--------------------|------------------|
| 134282 | 12 X 12 Plus Group | Santa Rosa | Tue | \$ 50.00 | \$ 150.00 |
| 603444 | 4th Edition at 12:15pm | Cotati | Wed/Thu | \$ 125.17 | \$ 125.17 |
| 397272 | 7AM Live | Sebastopol | Daily | \$ 431.00 | \$ 1,393.00 |
| 137969 | Attitude Adjustment | Santa Rosa | Daily | \$ 250.00 | \$ 250.00 |
| 706402 | Beyond Belief Agnostics/Atheists | Forestville | | \$ 94.00 | \$ 144.00 |
| 604571 | Bring Your Own Big Book | Santa Rosa | Fri | \$ 50.00 | \$ 147.64 |
| 168377 | Expect A Miracle | Santa Rosa | Wed | \$ 83.42 | \$ 358.99 |
| 695254 | Friday Night Vets | Santa Rosa | Fri | \$ 726.04 | \$ 2,753.32 |
| 129273 | Friday Nooners Group | Santa Rosa | Fri | \$ 280.50 | \$ 788.25 |
| 132259 | Gravenstein Gay | Sebastopol | Wed | \$ 150.00 | \$ 520.00 |
| 102245 | Harmony Group | Santa Rosa | Mon | \$ 780.00 | \$ 1,072.00 |
| 644507 | Healdsburg Anonymity Group | Healdsburg | Fri | \$ 176.74 | \$ 553.74 |
| 672887 | Keep It Simple | Petaluma | Tues.&Fri | \$ 200.00 | \$ 200.00 |
| 123069 | Lunch Bunch | Petaluma | Tue | \$ 260.54 | \$ 670.68 |
| | Men in the Solution | Santa Rosa | Tue | \$ 50.00 | \$ 50.00 |
| 161075 | Men's Smokeless Group | Santa Rosa | Wed | \$ 392.50 | \$ 829.24 |
| 425249 | Monday Madness | Petaluma | Mon | \$ 330.10 | \$ 1,302.10 |
| 708310 | Monte Rio Fellowship | Monte Rio | any | \$ 128.00 | \$ 1,136.00 |
| 123308 | New Sobriety | Santa Rosa | Fri | \$ 320.00 | \$ 320.00 |
| 175749 | New Women of AA | Rohnert Park | Mon | \$ 30.00 | \$ 298.40 |
| 100612 | Now Group of Alcoholics | | | \$ 282.00 | \$ 282.00 |
| 486288 | Online Early Birds Group | | | \$ 246.00 | \$ 1,614.50 |
| 175166 | Quitting Time | Petaluma | Th,Sa,Su | \$ 123.69 | \$ 1,178.67 |
| 100757 | Saturday Night Live | Santa Rosa | Sat | \$ 156.50 | \$ 156.50 |
| | Sebastopol Men's Stag | Sebastopol | Mon | \$ 125.00 | \$ 406.00 |
| 442143 | Sonoma 12 x 12 Women's Group | Sonoma | Sat | \$ 572.56 | \$ 904.43 |
| 143995 | Sonoma Friday Night | Sonoma | Fri | \$ 166.53 | \$ 582.66 |
| 131186 | South Park Survivors | Santa Rosa | Fri | \$ 100.00 | \$ 200.00 |
| 133425 | Sunday Night Closed Discussion | Rohnert Park | Sun | \$ 447.90 | \$ 1,650.90 |
| 158897 | Thurs. 12 X 12 Discussion | Santa Rosa | Thu | \$ 49.02 | \$ 154.49 |
| | unknown | | | \$ 380.60 | \$ 681.00 |
| 141135 | Up The Steps | Santa Rosa | Sat | \$ 327.09 | \$ 698.99 |
| 677693 | Wednesday Westsiders | Petaluma | Wed | \$ 223.06 | \$ 1,308.63 |
| 675551 | Women's Tuesday at Noon | Windsor | Tue | \$ 168.93 | \$ 1,086.27 |
| none | Zoom Donations Meeting Unidentified | Online | Any | \$ 50.00 | \$ 766.25 |
| October totals | | | | \$ 8,326.89 | |
| All Groups totals YTD \$ 40,961.58 | | | | | |

Sonoma County Intergroup Fellowship Statement of Activities by Entity YTD

October 2024

| | Bookstore | | Central Office | | Total Intergroup | | TOTAL | |
|---------------------------|------------|-------------|----------------|-------------|------------------|-------------|------------|-------------|
| | Oct 24 | Jan - Oc... | Oct 24 | Jan - Oc... | Oct 24 | Jan - Oc... | Oct 24 | Jan - Oc... |
| ▼ Ordinary Income/Expense | | | | | | | | |
| ▼ Income | | | | | | | | |
| Activities Income | | | | | 1,279.00 | 2,278.95 | 1,279.00 | 2,278.95 |
| Alkathon Income | | | | | | | | |
| Bank Interest | | | | 35.10 | | | | 35.10 |
| ▼ Bookstore | | | | | | | | |
| ▼ Sales Bookstore | | | | | | | | |
| Sales Shopify | (2,171.06) | (2,625.06) | | | | | (2,171.06) | (2,625.06) |
| Sales Bookstore - O... | 10,012.61 | 90,644.98 | | | | | 10,012.61 | 90,644.98 |
| Total Sales Bookstore | 7,841.55 | 88,019.92 | | | | | 7,841.55 | 88,019.92 |
| Total Bookstore | 7,841.55 | 88,019.92 | | | | | 7,841.55 | 88,019.92 |
| ▶ Central Office Income | | | 8,711.97 | 63,410.01 | | | 8,711.97 | 63,410.01 |
| Newletter Subscriptions | | | 26.50 | (26.50) | | | 26.50 | (26.50) |
| Seminar Income | | | | 71.00 | | | | 71.00 |
| ▼ Unity Day Income | | | | | | | | |
| Unity Day Baskets | | | | | 1,372.00 | 2,182.00 | 1,372.00 | 2,182.00 |
| Unity Day Income - Ot... | | | 800.00 | 800.00 | 2,111.55 | 5,311.55 | 2,911.55 | 6,111.55 |
| Total Unity Day Income | | | 800.00 | 800.00 | 3,483.55 | 7,493.55 | 4,283.55 | 8,293.55 |
| Total Income | 7,841.55 | 88,019.92 | 9,538.47 | 64,289.61 | 4,762.55 | 9,772.50 | 22,142.57 | 162,082.03 |
| ▶ Cost of Goods Sold | 7,109.14 | 60,863.09 | | | | | 7,109.14 | 60,863.09 |
| Gross Profit | 732.41 | 27,156.83 | 9,538.47 | 64,289.61 | 4,762.55 | 9,772.50 | 15,033.43 | 101,218.94 |
| ▶ Expense | 2,708.78 | 34,789.96 | 4,275.01 | 45,320.40 | 5,935.82 | 9,968.47 | 12,919.61 | 90,078.83 |
| Net Ordinary Income | (1,976.37) | (7,633.13) | 5,263.46 | 18,969.21 | (1,173.27) | (195.97) | 2,113.82 | 11,140.11 |
| Net Income | (1,976.37) | (7,633.13) | 5,263.46 | 18,969.21 | (1,173.27) | (195.97) | 2,113.82 | 11,140.11 |

THE INFORMED GROUP CONSCIENCE

As stated in Tradition Two, our sole authority is "a loving God as He may express Himself in our group conscience."

The late Dean K., past Delegate from California Northern Interior Area, said there are two ways to arrive at a group conscience: "The competitive way permits the person with the loudest voice to push his ideas across, take a vote and come up with a 'majority' decision. This is not informed group conscience. In the cooperative way, group members come together in mutual trust to arrive at a group decision, not one individual's personal triumph."⁴

What is an informed group conscience and how is it achieved?

"The group conscience is the collective conscience of the group membership and thus represents substantial unanimity on an issue before definitive action is taken." This... "implies that pertinent information has been studied and all views have been heard before the group votes."⁵

"...in keeping with the best tradition of A.A., we find that whatever 'authority' exists is first expressed in the group conscience — then passed along...all functioning within the framework of (The) Twelve Concepts (of World Service)."⁶

This reminds us that Concept One states "the final responsibility for A.A. World Services should always reside in the collective conscience of our whole fellowship." No one person or group should make our decisions for us, no matter how persuasive they may be. As stated in Tradition Two (short form) "...Our leaders are but trusted servants, they do not govern."

"Not always understood, Group Conscience as expressed in Tradition Two is a powerful spiritual concept that makes it possible for people of diverse backgrounds and temperament to rise above personal ambition and unite in a common purpose; to stay sober and extend the hand of A.A. to the alcoholic who still suffers."⁷

⁴ Box 459- Vol. 35, No. 1 February/March 1989

⁵ The A.A. Group pp. 34-35

⁶ The A.A. Service Manual

⁷ Box 459- Vol. 35, No. 1 February/March (refer also to Concepts 1&2)



| ★ SOBRIETY BINGO CARD | | | | # 1 |
|--|--|--|--------------------------------------|---|
| Ask someone for their phone number | If You Feel Like Drinking, Call Someone Before You Pick Up | Stay Clean and Sober for 24 hours | Welcome A Newcomer After The Meeting | FIND A JOKE YOU LIKE IN THE GRAPEVINE |
| ASK SOMEONE HOW THEY ARE | Introduce yourself to someone at a meeting | Take a nap | Ask your higher power for Help | GO TO SEVEN MEETINGS IN A WEEK |
| READ WALLET CARD FROM LITERATURE TABLE | Memorize one of the AA prayers | FREE | Read a story from Living Sober | Go to two step study meetings in a week |
| PRACTICE PRINCIPLES BEFORE PERSONALITIES | Pick up a 24 hr chip | Leave a message on someone's voicemail | Say the Serenity Prayer | CONGRATULATE SOMEONE ON THEIR SOBRIETY BIRTHDAY |
| Share at meeting level | Stay Sober For 7 Days | Meditate for 5 minutes | Tell Someone You Had A Shitty Day | CALL YOUR SPONSOR |
| © sfinley 2024 | | | | |



Registrar's Report for October 2024:

As of October 25, 2024, there were a total of 236 groups in Sonoma County offering a total of 413 meetings each week: 120 meetings were on Zoom, 269 were in-person, and 24 were hybrid.

There were 83 representatives in attendance at the October. 25th Intergroup General Meeting: 42 in-person, and 25 were on Zoom. Included were 16 new representatives at the meeting: 10 attended in-person, and 6 attended on Zoom.

83 reps ÷ 236 groups = 35% of the groups represented!
— in service, Ellen W.

| ★★ SOBRIETY BINGO CARD | | | | # 2 |
|---|--|--|---|---|
| COP A RESENTMENT AT A MEETING | PATIENTLY LISTEN TO SOMEONE SHARING AT A MEETING | STAY CLEAN AND SOBER FOR 30 DAYS | WRITE YOUR OWN VERSION OF THE 3 RD STEP PRAYER | READ AN ARTICLE IN THE GRAPEVINE |
| INTRODUCE YOURSELF TO SOMEONE YOU DON'T KNOW AT A MEETING | GO ON A 20 MINUTE WALK | Admit to your innermost self that you are powerless over alcohol | GO TO A BIG BOOK MEETING | READ PAGE 86 – 87 IN AA BIG BOOK |
| DRINK 2 TALL GLASSES OF WATER | Pick up a 30 day chip | FREE | Offer to read something aloud at meeting | TALK TO 2 NEW PEOPLE AT A MEETING |
| FIND A HELPFUL ARTICLE ON ALCOHOLISM ON THE INTERNET | WRITE 10 THINGS YOU'RE GRATEFUL FOR AND SHARE WITH SOMEONE | Make an outreach call | LOOK IN MIRROR & TELL YOURSELF "I LOVE YOU" | FIND THE 11 TH STEP PRAYER IN 12 & 12 AND SAY IT |
| BITCH ABOUT SOMEONE TO YOUR SPONSOR | Stay Sober for 7 days | MEDITATE FOR 10 MINUTES 2 DAYS A WEEK | Ask someone who looks tense how they are, and listen | GET A SERVICE POSITION AT YOUR HOME GROUP |
| © sfinley 2024 | | | | |

Outside Sonoma County

AA International Convention

VANCOUVER, BRITISH COLUMBIA, CANADA
July 3 - 6, 2025

Members will gather from around the globe to celebrate AA's 90th anniversary at the 2025 International Convention!

FOR INFORMATION AND FAQ, VISIT:
www.aa.org/international-convention

As the Convention approaches, we will update the aa.org website with registration information. Join AA members and their families at the Vancouver Convention Center and BC Place Stadium for an exciting weekend of meetings, workshops, dances and events. Let's celebrate sobriety together in 2025!



Thank you!
SCIF REP. PARTICIPATION WAS AT 35% IN OCTOBER!!
PLEASE CONTINUE TO ENSURE YOUR GROUP'S VOICE IS HEARD BY ATTENDING THE ZOOM GENERAL MEETING ON DECEMBER 16TH!

ALCOHOLICS ANONYMOUS
The 12th Revised Edition of "Big Book" by Bill W., Dr. Bob & the AA Members

Big Book Comes Alive
Mon 2/3 through Mon 3/17
6pm to 8pm (5pm dinner)

BRING YOUR BIG BOOK and 12 & 12
(childcare available donation appreciated)
Sonoma County Alano Club
1050 Petaluma Blvd. N
(707)782-0588

December 2024 — Service Meetings & Events

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|---|---|---|---|--|--|
| 1st Sunday 1 SOCPAA Business Mtg. 7:30 pm 1551 Montgomery Dr, Santa Rosa | 1st Monday 2 General Service Business Mtg. 7:30 pm. New Rep Orient, 6:30 pm. 4930 Newanga Ave, SR For Zoom ID: Email chairperson. | 3 | 1st Wednesday 4 H&I 5:45 New Rep Orient. 6:15 pm. Business Mtg. Center for Spiritual Living 2075 Occidental Road Santa Rosa | 5 | 6 | 7 |
| 8 | 2nd Monday 9 SCIF Steering Committee 7:00 pm. AA Bookstore 750 Mendocino Ave. <i>Hybrid:</i> Go to sonomacountyaa.org for ID and password | 2nd Tuesday 10 Teleservice 6:00 pm. on Zoom ID: 860 4370 3384 PW: 62 | 2nd Wednesday 11 PI/CPC Business Mtg. 7:30 pm. at the AA Bookstore <i>Hybrid</i> — Zoom ID: 961 8127 1048 PW: Dist12G5 7:00 New Rep Orient | 2nd Thursday 12 Access Sonoma County Business Meeting 7:15 pm on Zoom ID: 934 2984 1277 PW: 804715 | Newsletter Submission Deadline 13 5:00 pm newsletter@sonomacountyaa.org | 14 |
| 15 | 16 SCIF Business Meeting 7:30 pm. <u>Zoom Only</u> ID: 860 4370 3384 Password: 62 7:00 pm. New Rep Orient. | 3rd Tuesday 17 Bridging the Gap Business Mtg. 6:30 pm at the Bookstore. 6:00 pm. New Rep. Orientation. | 18 | 19 | 20 | 21  |
| 22 | January 2024 23 Newsletters Available at the Bookstore After 3:00 pm | 24  Christmas Alkathon 12/24, 6 pm. – 12/25, 10 pm. 1495 W. Steele Ln. (at Range) Santa Rosa | 25 | 26 | 27 | 28 |
| 29 | 30 | 31  New Years Alkathon 12/31/24, 6 pm. – 1/1/25, 10 pm. 1495 W. Steele Ln. (at Range) Santa Rosa | | | | |



Receive the Newsletter in Your Inbox!
 Sign up at the bottom of our home page:
<https://sonomacountyaa.org>

A.A. Hotlines:
 English: 707 544-1300
 Español: 707 623-6702

Common Acronyms:
 SCIF = Sonoma County Intergroup Fellowship
 ICSC = Intergroup Central Service Committee
 PI/CPC = Public Information/Cooperation with the Professional Community

Mailing Addresses & Internet Links

Alcoholics Anonymous
www.aa.org

AA Grapevine/La Viña
 475 Riverside Dr. 11th Floor
 New York, NY 10115
www.aagrapevine.org

NY General Service Office
 P.O. Box 2407 James A. Farley Station
 New York, NY 10116-2407

NORCAL H&I
 Hospitals and Institutions Committee, Area 22
 P.O. Box 192490, San Francisco, CA 94119-2490

California Northern Coastal Area 06
 1390 N. McDowell Blvd., Suite G339
 Petaluma, CA 94954 www.cnca06.org

Sonoma County General Service
 P.O. Box 536 Santa Rosa, CA 95402
generalservice@sonomacountyaa.org

Sonoma County Intergroup Fellowship
 750 Mendocino Ave, Suite 10
 Santa Rosa, CA 95401-4846
intergroup@sonomacountyaa.org
sonomacountyaa.org

Access Sonoma County
 750 Mendocino Ave, Suite 10
 Santa Rosa, CA 95401-4846
asc@sonomacountyaa.org

Bridging the Gap
 750 Mendocino Ave, Suite 10
 Santa Rosa, CA 95401-4846
btg@sonomacountyaa.org

Sonoma County PI/CPC *
 PICPC c/o General Service
 P.O. Box 11305, Santa Rosa, CA 95406
picpc@sonomacountyaa.org

SOCYPAA
 Sonoma County Young People in AA
socypaa@sonomacountyaa.org
www.socypaa.org

Teleservice
 750 Mendocino Ave, Suite 10
 Santa Rosa, CA 95401-4846
teleservice@sonomacountyaa.org

*funded solely through Sonoma County General Service

Contact Information

all emails are ____@sonomacountyaa.org

SCIF OFFICERS

| | | |
|------------|----------|-------------|
| Chair | Amber C. | intergroup@ |
| Vicé Chair | Bruce W. | vice-chair@ |
| Secretary | Megan M. | secretary@ |
| Treasurer | James B. | treasurer@ |
| Registrar | Ellen W. | registrar@ |

COMMITTEE CHAIRS

| | | |
|------------------|-----------|--------------|
| Activities | Erica C. | activities@ |
| Alkathons | Shauna C. | alkathons@ |
| ICSC | Stacey C. | icsc@ |
| Seminars | Stacy T. | seminars@ |
| Outreach | Peter R. | outreach@ |
| Teleservice | Anne G. | teleservice@ |
| ICSC Nominations | Clark W. | icscnic@ |

COMMUNICATIONS

| | | |
|------------|--------|-------------|
| Newsletter | Arjuna | newsletter@ |
| Website | Jay F. | webmaster@ |

GENERAL SERVICE

| | | |
|-----------------------|-------------|-----------------|
| DCMC | Denise G. | generalservice@ |
| Treasurer | Shelly J. | treasurer-gs@ |
| Registrar | Meg S. | registrar-gs@ |
| Archivist | Nat B. | archivist-gs@ |
| Grapevine | Blake B. | grapevine@ |
| Access Sonoma County | Benjamin G. | asc@ |
| Bridging the Gap | Nicole F. | btg@ |
| PI/CPC | Eileen L. | picpc@ |
| Interpret/Translation | Larry V. | it@ |

HOSPITALS & INSTITUTIONS

| | | |
|---------|---------|--------|
| Liaison | Brad M. | handi@ |
|---------|---------|--------|