



Sonoma County  
Intergroup  
Fellowship

# News

Sept.  
2024



Sonoma County Intergroup Fellowship  
PRESENTS

28  
Sept

**PAINT & Chat**  
&  
**Snack Party**

Ladybug Park Clubhouse  
8517 Liman Way Rohnert Park  
\$25 PP | INCLUDES SUPPLIES | 2-5pm

Erica  
707.239.9747  
www.sonomacountyaa.org


**SPIRITUAL INTOXICATION  
& EMOTIONAL SOBRIETY**  
A Panel & Discussion - Presented by SCIF

Saturday  
September 21, 2024

Time  
4-5:30PM

Location  
Sebastopol Christian Church

Address  
7433 Bodega Avenue  
Sebastopol, CA



This seminar is meant to explore and share the experience of achieving emotional maturity through practicing the spiritual tools and gaining a sense of well-being and peace in recovery.

For more seminar information, contact Stacy T at seminars@sonomacountyaa.org

## CONTINUED CALL FOR REPRESENTATIVES!

July has been our best bet yet with 29.7%!  
Please continue to encourage your  
representatives to attend our monthly General  
Meeting on the 4th Monday of the month.  
We are stronger together!



Help keep our meeting schedule  
up to date. Follow this QR code,  
fill out the form, and send it  
to the webmaster.



The SCIF News is free. It is made possible through contributions of our members to Intergroup. Read this newsletter, pass it on, and contribute! The SCIF News is also available at [www.sonomacountyaa.org](http://www.sonomacountyaa.org) **DISCLAIMER:** The Fellowship News is the monthly newsletter of Sonoma County Intergroup Fellowship. Opinions contained herein are strictly those of the authors. The publication of opinions, articles, and announcements does not necessarily represent endorsement, approval, or affiliation by the Sonoma County Intergroup Fellowship. We reserve the right to edit submissions for clarity, language, length, and any content that may violate A.A. Traditions.

## New Meetings & Meeting Changez:

- New Women's meeting: "Sonoma 12 & 12 Women's Group" Sat. 9:30 am at Church of the Nazarene, 18980 Arnold Dr.
- Azure Acres Open AA Meeting is back!  
Mon. 7:30pm at Azure Acres, 2264 Green Hill Rd., Sebastopol.  
After a four-year pause, the open meeting at Azure Acres is back. It resumed in May 2024 and it would be great to have more outside members sharing their experience, strength and hope. So far, we've been able to get chair speakers for each week, but we could use more sober experience from the fellowship to fill commitment positions and to offer temporary and permanent sponsorship to the flow of newcomers filtering through the residential program. This is a great meeting to be of service to newcomers and we would love to have you there! Park in the lower parking lot and make your way up to the main house for the meeting. Hope to see you there!
- If your meeting on Zoom isn't there, double check the online schedule to see if it has become in-person only.

## Upcoming Seminar:

### ***Life on Life's Terms - Applying The 12-Steps as a Program of Recovery***

Saturday, November 9<sup>th</sup>, 4 - 5:30pm at the AA Bookstore  
750 Mendocino Avenue Santa Rosa

Alcohol Anonymous is a continuous program of action. This seminar will cover the experience of how the presenters walked through difficult times applying the steps of Alcohol Anonymous to their life problems. Looking for three speakers with enthusiasm on the topic of working the steps.

If you're interested in being a speaker at this workshop, please send a short message to [seminars@sonomacountyaa.org](mailto:seminars@sonomacountyaa.org) about why you'd like to be selected.

## H&I – The Hospital and Institution Committee:

The Hospital and Institution business meeting took place at the Center for Spiritual Living on Wed., August 7 at 6:15 pm.

A warm welcome to our newest Meeting Reps: Danielle K., Kenny S., Penny P., Dave R., Martin W., David A., Randy W., Michelle W., Pat L., Bree W., Vestre c., Leslie K., and Susan M. Thank you for your service!

Welcome to our Visitors: Andy, Cory, Rich, Tim, Jessica, Michael, Logan, Kitty, Adrienne, Martin, Dave, Julian, Paul, and David. Keep coming back!

August Sobriety Birthdays: Mike K. 30 yrs, Brad 29 yrs, Tony M. 24 yrs, Tim 11 yrs (July), Jacob 8 yrs, Spencer 6 yrs, Cameron 3 yrs, David 1 year, Danielle 1 year, Cory 9 months, Anthony 8 months, Nicole 6 months. Happy Birthday!

Come to the next business meeting and check out service opportunities. It will be on Wednesday, September 4, at 6:15pm at The Center for Spiritual Living in Santa Rosa. New Rep and visitor orientation begins at 5:45. All are welcome!

— *in service, Cat C.*



## General Service Corner: "Pass-It-On"

This time of year in alternating years, our people in General Service start working on the documents we call the "Pass-It-On." A simple version includes what worked, what didn't work and what you wished you knew. They really help for meeting service positions as well.

Writing up a Pass-It-On is an act of humility. I need to walk that line between 'everybody can do this I shouldn't have to write it down' and 'here's the only way you'll survive in this service position.' It's an opportunity for reflection on how much I've learned and embodied without realizing it. I can take appropriate stock of evidence of my effort and growth. I may also be able to help someone step into a service position that has challenges I can't see or ever know about. Some people learn differently and a written pass-it-on may not be enough. Some discussion or a follow-up session might help if they want. Perhaps a performance art piece is the ticket.

I was involved with plenty of passing when I was actively drinking. I passed the bottle (I likely had my own stash somewhere too). I took a pass when it was time to own up to a stupor-induced error. I passed out. I watched friends and family pass away. I passed on caring for myself.

As I'm headed down the home stretch of District Committee Member, I can also be grateful for the pass-it-on I was given. I'm going to be cutting and pasting quite a bit. My Pass-It-On for the subdistrict 09 West County will be a gentle pat on the back for myself and an offer to support. And then I let them mess it up anyway they want. I learned that from my sponsor.

All you GSR's who might be eligible to be a DCM, go for it. There is a map and lots of help. It is a great service position. We get to participate in the even bigger Pass-It-On to do what is possible to ensure that our AA program is available to generations of alcoholics who will need us to pass it on.

— *Maureen G.*

## PI/CPC:

Public Information and Cooperation with the Professional Community is a subcommittee of General Service dedicated to informing the public and collaborating with professionals who interact with alcoholics. Our committee gives presentations at schools, DUI classes, community health events, and to professionals, providing essential information about what Alcoholics Anonymous (AA) is and what it is not.

As we approach the year's end in the spirit of rotation, we're seeking new officers and committee members to serve in our next panel. Elections will begin in November of this year. If you're passionate about helping to spread AA's message more broadly within the community, we invite you to join us!

We are actively seeking a PI/CPC Outreach Coordinator—a newly created position focused on building and managing relationships with the professional community, particularly within the healthcare sector. Additionally, we are always in need of speakers for DUI classes and school presentations.

If you're available and willing to be of service, please reach out to us at: [picpc.aa.sonoma.county@gmail.com](mailto:picpc.aa.sonoma.county@gmail.com). Requirements to present are two (2) years sober or one (1) year for younger speakers. Our business meeting is held on the second Wednesday of every month at 7:30 pm, with speaker training at 7:00 pm at the bookstore.

— *Tim M., PI/CPC Treasurer*



## Art: A World of Shadow and Light, Awe and Wonder

I am a self taught, uneducated artist. I create because I want to capture the sense of awe and wonder I encounter in God's creation. I choose to create despite my limitations because I feel most alive when I paint.

Shortly before I became sober, a neighbor gave me a metal tin filled with pencils and pens. That small gesture was all the encouragement I needed to acknowledge my passion for art and begin creating art. A few random classes over the years improved my skill and eventually led me to find my current love of acrylics. This would have never happened if I had still been drinking.

As I approach a new painting, I start with a photo of something that evoked wonder and awe within me. I am always amazed how the photo has so much more

to show me than I first observed. Somehow I am given new eyes to see the light and shadow through the process of painting. When I begin inserting the lake and trees, I notice there are berry bushes with blossoms near the lake. I see how the details I paint from the natural world reflect my own life. And just like recovery, it leads me to gratitude.

Art making and recovery have taught me there is so much more to life than what I see initially. The fullness of the gift presented to me at any moment seems to always reveal more when I reflect and ponder on what is before me, like the dark green water that so wonderfully highlights the small outcropping of gray jagged rocks near the shore and add interest and beauty to the full picture. So I have learned that the peripheral people and smallest elements of my life, even the challenging ones, all contribute to the beauty and richness of my blessed life.

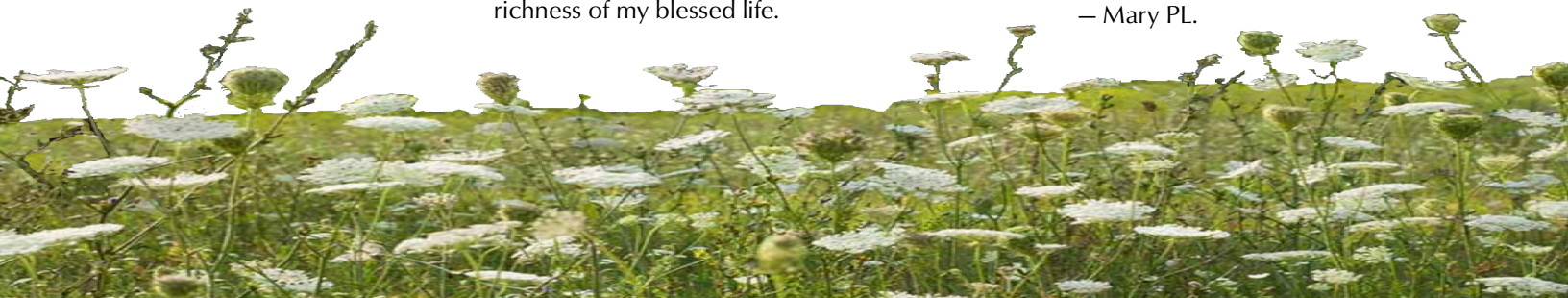


Mary PL. *Summer at Spring Lake* 8"x8" Acrylics on wood panel

Without the loss of my husband of 52 years, I would not have known the generous provisions of my God.

Because recovery has led me to art, I have a voice and a means of understanding the world. I want to encourage wonder, awe, and gratitude in others through art. Art speaks deeper than any words I can use to the heart of life and God's gifts. Viva art! Viva recovery!

— Mary PL.



## This is Whi I Serve \*

My first experience with Sonoma County Intergroup Fellowship (SCIF) was the Thanksgiving Alkathon in 2014. I had close to four months sober, had little contact with my family, and didn't know how to stay sober through a holiday. I signed up to help in the kitchen. I met a lovely lady who had years of sobriety. To this day, I cannot recall who she was. What I do remember is that her joy made her appear as though she was dancing around the kitchen as she heated food, washed dishes, and chatted with me. As soon as I was eligible, I signed up to be an Intergroup Representative. I joined the Alkathon Committee and oversaw selling drinks. This felt important! SCIF gave me a responsibility and a purpose;

it also distracted me from my strained family relationships. This is why I serve, to forget about myself for a while.

Throughout the years, I continued to help with the Alkathons. Staying up late, waking up early, laughing with my friends, and praying in the halls with the suffering alcoholic. This is why I serve, to be able to reach another Alcoholic.

I have been on the SCIF Committee in one capacity or another for more of my sobriety than I haven't. I have been taught how to run a business meeting, take a group conscience, listen to opposing opinions, see the greater purpose, and laugh with my friends along the way. My life has changed because of being a part of the Committee. I have learned how to show up, that the definition of commitment

has nothing to do with "if I feel like it" or not, that Sonoma County AA always shows up, and how to be an adult.

I have grown up because of this service. I met my husband because of this service. I get to be a sober Mom because of this service. This is why I serve! Service has enabled me to think of others and forget about myself, to grow in ways I wasn't aware needed growth, to commit to something greater than myself, to have a purpose, and to connect with others. I am forever grateful to AA and Sonoma County Intergroup Fellowship for giving me the life I have today!

In Gratitude, Amber C., SCIF Chair

\*This is our second article in the theme of "Why I Serve." Everyone is invited to add to this series with their stories of 3-400 words.



**AN EASY PUZZLE:**  
 EACH PAGE HAS 1 TYPOGRAPHICAL SPELLING ERROR  
 CORRECT THE TYPOS, REARRANGE THE LETTERS, AND  
 DISCOVER THE 3-WORD HIDDEN MESSAGE!

**The Alkathon Lottery** will happen at the September 23<sup>rd</sup> Intergroup General Meeting, so *it's time for groups to discuss if and when they would like to host. The Alkathons have returned to 1495 W Steele Ln., Santa Rosa!* They all start at 6:00 pm on the eve of the holiday and end at 10:00 pm on the holiday. The last meeting slot is 8:00 pm. *Alkathon meetings can be hosted in person only. Not on Zoom.*

**How the Lottery will be run:**  
 Intergroup representatives must be present in person (*not on Zoom*) to make their selection.

Baskets decorated for Thanksgiving, Christmas, and New Year's Eve will be on a table. When they arrive, reps fill out forms and place them in basket(s) of the Alkathons their meeting would like to host. If a meeting only wants to host for one of the Alkathons, the rep places a form only in that basket.

The lottery starts with Thanksgiving. The first ticket drawn selects the meeting time they want to host. Tickets are drawn until all meeting slots are filled. The same procedure will be used for Christmas. If a meeting had already been selected for Thanksgiving, that ticket will be skipped and another one will be selected. And the same happens for New Year's Eve. Meetings already selected for Thanksgiving and Christmas will be skipped. This procedure ensures that all meetings will be able to host an Alkathon meeting and multiple slots will not be hosted by the same meeting. If slots remain open at the end of the lottery, then meetings can sign up to host a second Alkathon meeting.

**ICSC Committee Members Sought**

The Intergroup Central Service Committee is a management and oversight committee specifically charged with the responsibility to set the policy, regulate the affairs and oversee the operation of the Sonoma County Intergroup Fellowship (SCIF) Central Office, also known as the Bookstore. It advises the Steering Committee on matters affecting SCIF's status as a non-profit corporation, making sure that state and federal government regulations are followed and regulatory filings are completed as required. As such, it fulfills many of the functions cited as responsibilities of "Board of Directors" in the California Corporations Code.

The Sonoma County Intergroup Fellowship will be holding an election for a new ICSC committee member at the October general meeting, Oct 28<sup>th</sup> 7:30 pm, at St. Luke Lutheran Church, 905 Mendocino Ave., S.Rosa. This election is held twice a year, April and October.

**Job Requirements and qualifications:**

- Minimum 5 years sobriety
- Active participant in Alcoholics Anonymous\*
- Working knowledge of the 12 Steps and 12 Traditions
- Retail/general business management experience and/or operational management experience
- Working knowledge of financial statements
- Human resources & non-profit experience and/or knowledge preferred
- Prior experience on other professional boards a plus!
- Must be PC-literate with experience with MS Word and Excel. Intuit/QuickBooks is a plus!
- 18-month commitment

**Job description:**

- The ICSC is a rotating body of five members – two SCIF officers (the chair and the treasurer) and three at-large ICSC members elected by the intergroup representatives.
- Secretary: First Term Member, records minutes for ICSC meetings
  - Vice Chair: Second Term Member
  - Chair: Third Term Member, leads meetings

Committee members are required to attend the ICSC Steering Committee Meeting on the 2<sup>nd</sup> Monday of the month at 6:00 pm, as well as the SCIF Steering Committee meeting right after, from 7:00 until 8:30 pm at the Bookstore (750 Mendocino Ave.). Committee members are also required to attend the SCIF General Meeting held on the 4<sup>th</sup> Monday of every month, 7:30-8:30 pm. Other requirements include work on special projects, including a yearly Bookstore Inventory. Monthly time commitment estimated at 5-10 hours per month. To volunteer, nominate or for more information, please direct inquiries to Clark W., Kevin H., or Tina T.K. of the ICSC Nominating Committee at:

[icscnic@sonomacountyaa.org](mailto:icscnic@sonomacountyaa.org).





## July 2024 Treasurer's Report

The Bookstore income for June 2024 was \$8,960. Cost of goods total was \$6,022. Total expenses for July were \$3,549, for a subtotal loss of \$611.

Central Office income for July 2024 was \$7,685. Total expenses for July were \$4,340, for a subtotal gain of \$3,416.

Entergroup Activities income for July 2024 was \$839. Expenses for July were \$0, for a subtotal gain of \$839.

Overall for July, there was an overall gain of \$3,632.

Year to date our income is \$107,291, total cost of goods is \$42,598, and our expenses are \$58,750 leaving an overall gain of \$5,952.  
*in service, Holly Hulsey*

### Sonoma County Intergroup Fellowship Statement of Activities by Entity YTD

July 2024

Accrual Basis

	Bookstore		Central Office		Total Intergroup		Total unclassified		TOTAL	
	Jul 24	Jan - Jul 24	Jul 24	Jan - Jul 24	Jul 24	Jan - Jul 24	Jul 24	Jan - Jul 24	Jul 24	Jan - Jul 24
<b>Ordinary Income/Expense</b>										
Income										
Activities Income										
Alkathon Income										
Bank Interest										
Bookstore	8,959.86	63,442.50		18.84	39.43	949.95			39.43	949.95
<b>Central Office Income</b>										
Newsletter Subscriptions										
Seminar Income										
Unity Day Income			71.00	(26.50)	800.00	800.00			71.00	(26.50)
<b>Total Income</b>	8,959.86	63,442.50	7,756.08	42,098.85	839.43	1,749.95			17,555.37	107,291.30
<b>Cost of Goods Sold</b>										
Cost of Sales Bookstore	5,679.30	40,238.02							5,679.30	40,238.02
Credit Card Processing Fees	166.16	1,308.13							166.16	1,308.13
Shopify Monthly fee	176.43	1,043.01							176.43	1,043.01
<b>Total COGS</b>	6,021.89	42,589.16							6,021.89	42,589.16
<b>Gross Profit</b>	2,937.97	(1,477.51)	7,756.08	42,098.85	839.43	1,749.95			11,533.48	64,702.14
<b>Expense</b>										
Accounting, Bookkeeping & Legal	600.00	1,350.00	600.00	1,350.00					1,200.00	2,700.00
Activities Exp.										
Alkathon Exp.									675.00	675.00
Bank Charges		32.00							56.24	56.24
Contributions										
Depreciation Expense	128.63	900.41	128.63	900.41					257.26	1,800.82
Directories										
Insurance Expense		198.95	37.50	367.50					37.50	367.50
Licenses & Permits		30.00		75.00						
Newsletters	217.96	1,388.95	70.73	2,893.83					401.50	2,893.83
Office Expenses									288.69	2,361.11
Pamphlets & Cards		80.00		879.08						959.08
PayPal Fees									5.17	78.74
Payroll & PR Taxes	1,740.48	13,748.77	1,740.52	13,703.72					3,481.00	27,452.49
Payroll Expenses										
Renovations - Bookstore	622.67	90.03								622.67
Rent - Facility & Storage	646.59	4,555.70	1,094.46	8,113.46					1,758.62	12,668.16
Seminar & Conferences										
Taxes									12.35	12.35
Telephone Expense	84.56	592.11	84.55	592.11					169.11	1,184.22
Teleservice										
Hot Line										
Utilities - Facility	113.26	691.04	113.27	691.06					58.04	412.42
Volunteer Appreciation Expense										
Web Site & Internet Costs										
<b>Total Expense</b>	3,549.05	25,577.84	4,340.37	31,946.37	839.43	1,213.79			7,901.77	58,750.35
<b>Net Ordinary Income</b>	(611.08)	(4,941.92)	3,415.71	10,152.48	839.43	536.16			3,631.71	(627.94)
<b>Net Income</b>	(611.08)	(4,941.92)	3,415.71	10,152.48	839.43	536.16			3,631.71	5,951.79







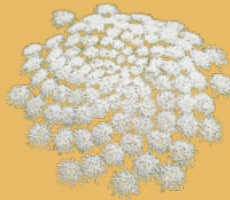
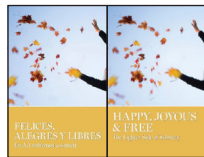
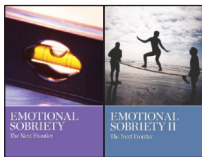
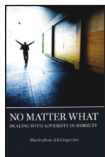
# Bookstory

750 Mendocino Ave., Suite 10, Santa Rosa 707 546-2066  
Open Mon. – Sat., 10 :00 – 6 :00

Closed Sundays, Thanksgiving, Christmas, & New Years Day.  
Online store open 24/7: <https://scif.myshopify.com/>

## The Fall Trio of Grapevine Books \$2 Off Sale

*“No Matter What”*, for \$16.49,  
*“Emotional Sobriety 1 & 2”* for \$16.49,  
*“Happy Joyous and Free”*  
(English & Español) for \$13.75



## September Book of the Month

Soft Cover Big Book  
English y Español

20% off for  
\$11.60



### Thank You for your Contributions!

Through your generous contributions to Intergroup, we can give away newsletters, meeting schedules, AA pamphlets, and wallet cards for free. The cost of these averages \$562 a month. This is a rather unique practice, uncommon among other Intergroups, central offices and AA bookstores. Thank you all!

### Non-Conference Approved Literature: Yes or No?

After hearing the feedback from the Fellowship, and a thorough review of the process to bring Non Conference Approved Literature into the bookstore, Sonoma County Intergroup Fellowship (SCIF) Steering Committee has realized the need for an informed group conscience and vote by the Fellowship. SCIF kindly requests each meeting gather their group conscience and take a vote at meeting level (typically for multiple consecutive meetings, not just one.)

At the December General Meeting, there will be a vote on whether the Bookstore should sell Non Conference Approved Literature. If you have further questions, please reach out to Amber C., SCIF Chair at [sonomacountyaa2024@gmail.com](mailto:sonomacountyaa2024@gmail.com).

### Big Book Price Increase

The English and Spanish hard cover Big Book is going up in price to \$10.98 for an even \$12 out the door sale taking effect September 1<sup>st</sup>.

### Bookstore Inventory Day!

Sun. Sept. 29 10am–3pm. Please come by for an hour or more to help the Bookstore record accurate counts of all merchandise and literature. (Maybe bring a sponsee!) Lunch and snacks will be available. Please call the Bookstore to sign up for a shift!

— from your ICSC Committee

### Unity Day Mugs

We have a nice selection of vintage donated mugs for sale. \$20 with half the proceeds going to the Unity Day Baskets fund. Mugs can still be donated until Unity Day.

### Attention Meeting Literature Reps

The bookstore now has a price list for all our AA books. It includes the cost with sales tax paid when purchased. This will be your group's choice whether or not to extend that cost and be self-supporting. Come to the store for your copy or email us for a pdf page.

# SCIF General Meeting Minutes – July 22, 2024

The meeting opened at 7:30 with the **Cerenity Prayer and Preamble**, followed by readings of **Tradition 7 and Concept 7**.

**Introduction of New Representatives:** Janelle Sat. Night 7:30 LadyBug, Mike Tues. Night 12X12, Alison Step Sisters Sunday 6pm

**Birthdays since we last met:** Jay 3 years, Bob 26 years, Ellen 5 years, Brad 29 years, Nancy 18 months,

**Election of Committee Chairs 3rd Legacy Nominations (Simple Majority):** Vice Chair Position Nominees: Bruce and Joshua. Bruce elected.

## OFFICER REPORTS:

**Chair: (Amber C)** Celebrating a 6% increase in attendance for intergroup the last month!

**Vice Chair: (Bruce)** Completed Orientation tonight for the first time. 2 in person attendees and 1 zoom.

**Secretary:** (Megan M) Motion to approve the meeting minutes as printed in the newsletter. Clark approves Holly Seconds.

**Treasurer: (Holly H)** The Bookstore income for June 2024 was \$6,709. Cost of goods sold was \$4,682. Total expenses for June were \$2,866, for a subtotal loss of \$840. Central Office income for June 2024 was \$4,248. Total expenses for June 2024 was \$4,029, for a gain of \$219. Intergroup Activities income for June 2024 was \$244. Expenses for June 2024 were \$142 for a gain of \$102. Overall in June we had an overall loss of \$519. Year to date our income is \$89,728, total cost of goods is \$36,567, and our expenses are \$50,782 leaving a gain of \$2,379.

**Registrar: (Ellen W)** Please register your attendance on the form provided on zoom and in person when you attend a meeting. Peter from outreach will have a new sign up sheet for the August meeting. As of June 2024 there were a total of 239 groups here in Sonoma County offering a total of 423 meetings each week. Zoom only general meeting. There were a total of 37 reps in attendance and 3 were new. Reps: Zoom 20, In-person 36, New reps 3. Meetings Zoom 120, In person 280, Hybrid 24.

## COMMITTEE REPORTS

**ICSC: (Greg)** First, ICSC and the Bookstore have approved an increase to the price of the English and Spanish Big Book. At our next ICS meeting on August 13th we will determine and vote on the new price: (And To Note: Any increase will remain true to our general Sonoma County Fellowship meeting claim that "we sell Big Books at Cost". If this is something that your meeting is interested in, let them know. It might be a good time to stock up on BB at the current lower price. And second, after reviewing the current needs of the book store we found that the ICSC needs to develop a clear job description for the Part Time store manager. We will be discussing the job description at the next ICS meeting on August 13th.

**BOOKSTORE: (Bob F)** Bookstore report to SCIF Intergroup general meeting The July book of the month, "Pass It On" is still on sale for \$15.25 The August book of the month will be "As Bill Sees It" for \$11.75 In soft & hard cover, large print and Spanish. Copies of a complete AA literature price list with tax included is available on the table and from the bookstore.

**OUTREACH: (Peter)** Outreach is going to meetings and we are happy to have more people attending the General meeting. We look forward to the new sign-in sheet so we can focus on meetings without representation.

**ACTIVITIES: (Erica C)** AA river day was a lot of fun! Attendees would like to continue them once a month for the rest of summer. Keep an eye out for Lets Paint Night. Still deciding dates for the Halloween dance stay posted.

**ALKATHONS: (Shauna)** The alkathon lottery will be happening at the Intergroup general meeting on Monday, September 23rd. If you want your meeting in the alkathons please attend! Meetings will start at 6pm on the holiday nights.

**NEWSLETTER: (Arjuna)** Thank you to everyone who contributed their articles, reports, and time to the newsletter. The deadline to submit things for the September issue is Friday, August 16<sup>th</sup> at 5 pm.

**WEBMASTER: (Dave N.)** Everything is going good with website since we made the change. There are forms in person to add/change meetings that will be updated online. The forms are also available online as well as a QR code on the front of the the newsletter meeting.

**SEMINARS: (Stacey)** July 13th God of my Misunderstanding seminar was well attended. Attendance went up by 30% The spiritual intoxication and emotional sobriety, seminar will be held on Sept. 21 @ 4pm @ Sebastopol Christian Church 7433 Bodega Avenue. If you have enthusiasm on this topic and would like to be a panelist, contact Stacy at seminars@sonomacountyaa.org

**TELESERVICE: (Anne G)** Teleservice shift that is open: Tuesday 10pm to Wednesday 8am. This is an overnight shift. (This shift has been open since the beginning of August. Right now the calls are being forwarded to a voicemail extension which is being monitored by the Teleservice chair.) Requirement: 1 year of sobriety and working knowledge of the steps and traditions. This is a weekly year-long commitment.

**ICSC NOMINATING COMMITTEE: (Clark)** Next election will be October to start in November. We are beginning outreach this month and will publish the requirements of the commitment in next month's (September) newsletter. Anyone with questions or with a name to nominate please contact me, Tina T or Kevin H.

**UNITY DAY (Maria):** Held at 1000 Gravenstein Highway in Sebastopol at the Community Christ Church. Date is October 19th. Theme is "Fall into Service" Next

Meeting is Wednesday, July 24th 6:30pm first meeting at bookstore. All chair positions are filled. There is a long list of volunteers but we could still use more!

## LIAISON REPORTS:

**SWACYPAA: (Alex)** Summa Bingo 8pm Wednesday July 24th at Sonoma county Alano Club in Petaluma! Hosting a 7 state conference August 8-11th in San Rafael at Embassy Suites. Register for \$25 and you can also sponsor a newcomer. Please attend business meetings that will be held every Sunday until the end of the month. Please attend to get in service to Swacypaa.

**SPANISH Central Office: (Alma)** No report

**H&I: (Brad)** Tim filling in. Appreciation picnic Saturday July 27th starts at noon at Ladybug park. Speaker Rita - Bring your own chair. Please come to the HI business meeting. First Wednesday of the month at Center for Spiritual living 7pm. we need need speakers to share at hospitals, treatment centers, etc.

**GENERAL SERVICE: (Denise G.)** General Service is the link between our fellowships and A.A. as a whole. We take the voice of our groups, and their group conscience, back to our delegate and the General Service Conference. We also keep our groups informed on what is happening within Alcoholics Anonymous. Several members of District 12 attended the Pacific Regional Forum in Las Vegas earlier this month. We were able to meet several service workers from GSO- both those in service to A.A. and paid employees. We also heard from our Class A Trustees, past Trustees, Past Delegates, and our Trustee-at-Large, who is available on an international level. It was an exciting and informative weekend! I am happy to announce that we should also be holding a Writing Workshop for Grapevine Articles on October 5, 2024. Once the details have been approved we will have a flyer available so all can start planning on attending. Our next event will be the Summer Assembly in Campbell, CA., on August 10th, 2024. This assembly is also known as the "Fun Assembly"; as we do business in the morning then hold workshops in the afternoon for our GSR's to attend. I will have a report for you at your August meeting. General Service meets the 1<sup>st</sup> Monday of each month at 7:30pm at Faith Lutheran Church on Newanga Ave. The meeting is also hybrid. Please see our website at sonomacountyaa.org for more details. Our new GSR Orientation begins at 6:45PM.

**BRIDGING THE GAP: (Nicole)** Business Meeting 3- Tuesday of each month at the bookstore at 6:30pm coordinates with individuals in treatment and takes them to their first meeting. We need more people to give presentations and be of service. We are also looking for volunteers to meet newcomers at their first meeting. If you are interested, come to the bookstore meeting. They did not meet on July 16th due to scheduling issues. Flyers will be updated with new and accurate information.

**PICPC: (Brett)** PI/CPC is public information and cooperation with the professional community. PI/CPC's purpose is to educate the public about AA and our fellowship. We need a SWACYPAA liaison to share information between SWACYPAA and PI/CPC. Liaisons go to one SWACYPAA meeting a month and to the PI/CPC business meeting each month. Sobriety requirement 1 year which can be waived. We also need speakers who want to share at DUI classes and for presentations at schools and to professionals. Sobriety requirement for speakers is 2 years. Our business meeting is 7:30pm on the second Wednesday of every month at the bookstore with speaker training at 7:00pm.

**ACCESS SONOMA COUNTY: (Sam)** Ben covering. Makes AA accessible for all. Looking for committee members meets second Thursday of every month at 7:15pm on zoom. We recently worked with a visually impaired person getting them an accessible version of the meeting schedule. We talked to New York about getting meeting schedules in different formats. Looking into accessibility on website as well.

**OLD BUSINESS:** None

**NEW BUSINESS:** None

**Group Sharing:** Joshua Sunday night Madness at Spring Hills Church in Fulton. Sunday night madness social having an ice cream social Sunday, July 28th. Social starts at 6 meeting at 7pm. bring a topping.

**Group Representative:** Summation provided by Bruce.

Meeting adjourned with the Responsibility Statement at 8:17pm

-In Service, Megan M.

## **Registrar's Report for July 2024:**

As of July 22, 2024, there were a total of 239 groups in Sonoma County with a total of 423 meetings each week: 120 meetings were held on Zoom, 278 were in-person, and 25 were hybrid.

There were 71 representatives in attendance at the July 22<sup>nd</sup> Intergroup General Meeting: 48 in-person, and 18 were on Zoom. There were 5 new representatives at the meeting: 3 attended in-person, and 2 attended on Zoom.

**71 reps ÷ 239 groups = 29.7% groups were represented.**

— in service, Ellen W.



THE HEART OF AA

# UNITY DAY

## FALL INTO SERVICE

**Save the Date**

When: Saturday October 19th 2024  
 Where: Community Church of Sebastopol  
 1000 Gravenstein Hwy N, Sebastopol CA 95472

**Step 9: Made direct amends to such people, except when to do so would injure them or others.**

**Tradition 9: A.A., as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.**

### Unity Bay 2024 Fall Into Service

We're looking for donations and baskets for a drawing during Unity Day 2024!

**Where:** Unity Day is October 19, 2024 at the Community Church in Sebastopol, 1000 Gravenstein Hwy N, Sebastopol

**Who:** Groups or individuals can donate

**What:** Connect it with AA / recovery / working a program / service / unity / newcomers / old timers / LGBTQ / etc...

- o Books or recovery materials from outside sources
- o AA Literature and pamphlets
- o Donated items/services from the community
- o Include a list of the basket's contents. Baskets will be wrapped by the committee.

**When:** Due at the Bookstore by 10/11/24.

**Questions?** - contact Maria Silveira at [conniesilveira1@gmail.com](mailto:conniesilveira1@gmail.com) or 707 694-7708

## September 2024 — Service Meetings & Events

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>1<sup>st</sup> Sunday</b> <b>1</b> <b>SWACYPAA</b> Business Mtg. 7:30 pm 1551 Montgomery Dr, Santa Rosa <i>Hybrid</i> — Zoom ID: 8391309 8280 no password...	<b>1<sup>st</sup> Monday</b> <b>2</b> <b>General Service</b> Business Mtg. 7:30 pm New Rep Orient, 6:30 pm 4930 Newanga Ave, SR For Zoom ID: Email chairperson.	<b>3</b>	<b>1<sup>st</sup> Wednesday</b> <b>4</b> <b>H&amp;I</b> 5:45 New Rep Orient. 6:15 pm Business Mtg Center for Spiritual Living 2075 Occidental Road Santa Rosa	<b>5</b>	<b>6</b>	<b>7</b>
<b>8</b>	<b>2<sup>nd</sup> Monday</b> <b>9</b> <b>SCIF Steering Committee</b> 7:00 pm AA Bookstore 750 Mendocino Ave. <i>Hybrid:</i> Go to <a href="http://sonomountyaa.org">sonomountyaa.org</a> for ID and password	<b>2<sup>nd</sup> Tuesday</b> <b>10</b> <b>Teleservice</b> 6:00 pm on Zoom ID: 860 4370 3384 PW: 62	<b>2<sup>nd</sup> Wednesday</b> <b>11</b> <b>PI/CPC</b> Business Mtg. 7:30 pm at the AA Bookstore <i>Hybrid</i> — Zoom ID: 961 8127 1048 PW: Dist12GS 7:00 New Rep Orient	<b>2<sup>nd</sup> Thursday</b> <b>12</b> <b>Access Sonoma County</b> Business Meeting 7:15pm on Zoom ID: 934 2984 1277 PW: 804715	<b>Newsletter Submission Deadline 5:00 .</b> <a href="mailto:newsletter@sonomountyaa.org">newsletter@sonomountyaa.org</a>	<b>14</b>
<b>3<sup>rd</sup> Sunday</b> <b>15</b> <b>SWACYPAA</b> Business Mtg. 7:30 pm 1551 Montgomery Dr. Santa Rosa <i>Hybrid</i> — Zoom ID: 839 1309 8280 no password...	<b>16</b>	<b>3<sup>rd</sup> Tuesday</b> <b>17</b> <b>Bridging the Gap</b> Business Mtg. 6:30 pm at the Bookstore. 6:00 pm New Rep. Orientation.	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>
<b>22</b>	<b>4<sup>th</sup> Monday</b> <b>23</b> <b>SCIF Intergroup</b> Business Mtg., 7:30 pm St. Luke Church 905 Mendocino Ave, S.R. <i>Hybrid</i> — Zoom ID: 860 4370 3384 PW: 62 7:00 pm New Rep Orient.	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>
<b>29</b>	<b>30</b>					



# Receive the Newsletter in Your Inbox!

Sign up at the bottom of our home page:

<https://sonomacountyaa.org>



## A.A. Hotlines:

English: 707 544-1300

Español: 707 623-6702

## Common Acronyms:

SCIF = Sonoma County Intergroup Fellowship

ICSC = Intergroup Central Service Committee

PI/PCP = Public Information/Cooperation with the Professional Community

## Meiling Addresses & Internet Links

### Alcoholics Anonymous

[www.aa.org](http://www.aa.org)

### Sonoma County Intergroup Fellowship

750 Mendocino Ave, Suite 10

Santa Rosa, CA 95401-4846

[sonomacountyaa2024@gmail.com](mailto:sonomacountyaa2024@gmail.com)

[sonomacountyaa.org](http://sonomacountyaa.org)

### Sonoma County General Service

P.O. Box 536 Santa Rosa, CA 95402

[sonomacountyaa2024@gmail.com](mailto:sonomacountyaa2024@gmail.com)

### NORCAL H&I

Hospitals and Institutions Committee, Area 22

P.O. Box 192490, San Francisco, CA 94119-2490

### NY General Service Office

P.O. Box 2407 James A. Farley Station

New York, NY 10116-2407

### California Northern Coastal Area 06

1390 N. McDowell Blvd., Suite G

Petaluma, CA 94954 [www.cnca06.org](http://www.cnca06.org)

### Access Sonoma County

750 Mendocino Ave, Suite 10

Santa Rosa, CA 95401-4846

[sonomacountyaa2024@gmail.com](mailto:sonomacountyaa2024@gmail.com)

### Bridging the Gap

750 Mendocino Ave, Suite 10

Santa Rosa, CA 95401-4846

[sonomacountyaa2024@gmail.com](mailto:sonomacountyaa2024@gmail.com)

### Sonoma County PI/CPC \*

PICPC c/o General Service

P.O. Box 11305, Santa Rosa, CA 95406

[sonomacountyaa2024@gmail.com](mailto:sonomacountyaa2024@gmail.com)

### SWACYPAA

South Western Area Conference

of Young People in AA

P.O. Box 7232, Petaluma CA 95954

[sonomacountyaa2024@gmail.com](mailto:sonomacountyaa2024@gmail.com)

[www.socypaa.org](http://www.socypaa.org)

### Teleservice

750 Mendocino Ave, Suite 10

Santa Rosa, CA 95401-4846

[sonomacountyaa2024@gmail.com](mailto:sonomacountyaa2024@gmail.com)

### AA Grapevine/La Vina

475 Riverside Dr. 11<sup>th</sup> Floor

New York, NY 10115

[www.aagrapevine.org](http://www.aagrapevine.org)

\*funded solely through Sonoma County General Service

## Contact Information

Please send all emails to:

[sonomacountyaa2024@gmail.com](mailto:sonomacountyaa2024@gmail.com)

Indicate who the recipient is in the subject line

### SCIF OFFICERS

Chair	Amber C.
Vice Chair	Bruce
Secretary	Megan M
Treasurer	Holly H,
Registrar	Ellen W.

### COMMITTEE CHAIRS

Activities	Erica C.
Alkathons	Shauna C.
ICSC	Greg A.
Seminars	Stacy T.
Outreach	Peter R.
Teleservice	Anne G.
ICSC Nominations	Clark W.
Unity Day Chair	Maria

### COMMUNICATIONS

Newsletter	Arjuna
Website	Dave N.
Meeting Changes	Dave N.

### GENERAL SERVICE

DCMC	Denise G.
Treasurer	Shelly J.
Registrar	Meg S.
Archivist	Athena C-M.
Grapevine	Blake B.
Access Sonoma County	Sam T.
Bridging the Gap	Nicole F.
PI/CPC	Eileen L.
Interpret/Translation	Larry V.

### HOSPITALS & INSTITUTIONS

Liaison	Brad M.
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### SPANISH CENTRAL OFFICE

Intergroup Liaison	Alma T.
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