



sonoma county  
**Intergroup  
Fellowship**

# NEWS

# September 2010

Get the latest meeting listings, upcoming events, and more at [www.sonomacountyaa.org](http://www.sonomacountyaa.org)

### SCIF SEMINAR

**Topic: Why AA is a spiritual program  
and not a religious one.**

**Wednesday, September 29, 2010  
1 hour panel, 1/2 hour discussion**

**6:30 - 8:00 pm**

**Community of Christ Church  
1495 W. Steele Lane, Santa Rosa  
CD recordings available**

Contact Karen M. [seminars@sonomacountyaa.org](mailto:seminars@sonomacountyaa.org)

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[www.aa.org](http://www.aa.org)  
[www.agrapevine.org](http://www.agrapevine.org)  
[www.sonomacountyaa.org](http://www.sonomacountyaa.org)

### MENDOCINO RETREAT TO SERENITY

**Friday, Saturday & Sunday**

**September 10th, 11th and 12th 2010**

**On The Beautiful Mendocino Coast**

***Celebrating our Spiritual Awakening***

**Mendocino Woodlands Campgrounds, Mendocino, California**

Events Include... AA and Alanon Meetings,  
AA Speaker Meetings, Saturday Night AA Birthday  
Countdown at Speaker Meeting, followed by a DANCE

register at [www.mendocinocoastaa.com](http://www.mendocinocoastaa.com)  
or call Dennis (707) 799-8824

### BOOKSTORE

#### SCIF CENTRAL OFFICE

750 Mendocino Ave., Suite 10  
Santa Rosa, CA 95401

Manager: Linda M.  
Phone: (707) 546-2066  
Fax: (707) 566-9677  
[bookstore@sonomacountyaa.org](mailto:bookstore@sonomacountyaa.org)  
Hours: Mon-Fri 10-6  
Sat 11-3

*The bookstore is staffed by volunteers.  
Occasionally it is closed  
for lack of staff.  
Call first!*

**The Bookstore is closed  
on these Holidays**

Memorial Day	May 31
Independence Day	July 4 & 5
Labor Day	September 6
Thanksgiving	November 25
Christmas	December 25th
New Year's Day	Jan. 1st & 2nd

### HOTLINE HELP NEEDED!

You can be of service and answer the 'Hotline' from the convenience of your own phone if you can say 'Hello, this is Alcoholics Anonymous, may I help you?' and if you can give the caller your confidential and undivided attention. For more details call Dave R at 538-5758.

Please call for current open shifts:

## NEW MEETINGS

### **Graton**

#### **Resurrecion (Spanish)**

Thursday (C)(K) 7:00 pm  
2189 Bowen Street

### **Petaluma**

#### **Westside Morning Meeting**

Wednesday (O)(W) 6:30 am  
Church, Stanley & Baker (upstairs)  
Saturday (O)(W) 7:00 am  
Church, Stanley & Baker (upstairs)

### **Rohnert Park**

#### **Kittens on the Steps**

Friday (O)(W) 12 noon  
Ladybug Clubhouse, Liman Way

## MEETING CHANGES

### **Santa Rosa**

#### **First Things First (Women)**

Monday 8:00 pm  
moved to 3333 Chanate Road

## NO LONGER MEETING

### **Santa Rosa**

#### **Oaks Fellowship (Women)**

Monday 6:30 pm

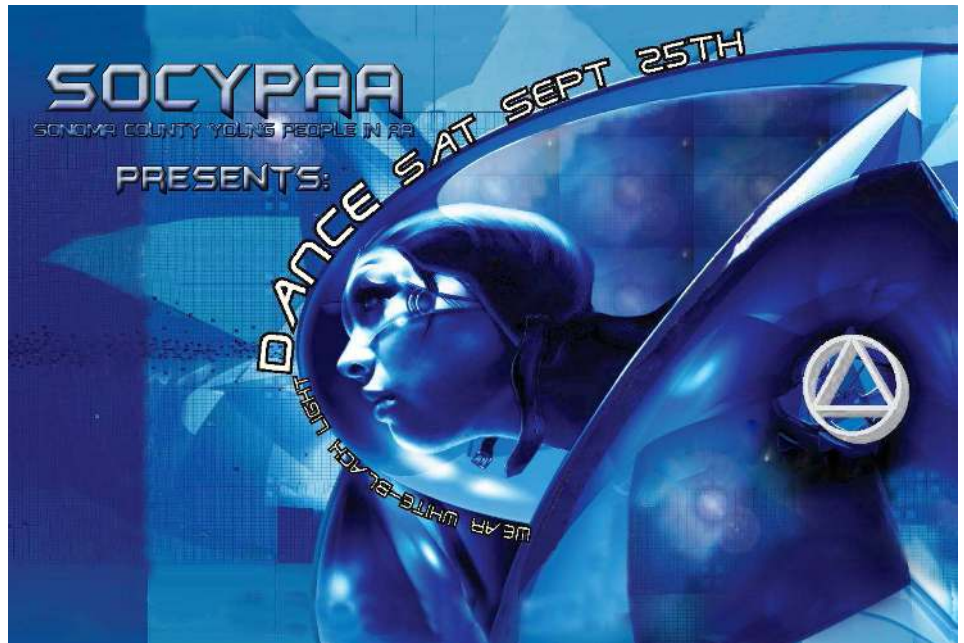
#### **Santa Rosa Fellowship (Tradition)**

Sunday (4th) 2:00 pm

To report meeting changes email  
[meetingchanges@sonomacountyaa.org](mailto:meetingchanges@sonomacountyaa.org)  
or **contact SCIF Office**  
**546-2066**

## CORRECTIONS

If there are corrections to the newsletter,  
please contact the editor, Brian Z. at  
[newsletter@sonomacountyaa.org](mailto:newsletter@sonomacountyaa.org) or the  
bookstore and we will publish them here.



## BLACK LIGHT DANCE

**Saturday, September 25**

**Meeting at 7 pm**

**Dance to follow**

**Sonoma County Alano Club**  
**1050 Petaluma Blvd. North - Petaluma**

**Costume Contest • Body Paint Contest**  
**Blacklight Poster Contest**

**Info: Call Fred (707) 241-5520**

## SPIRITUALITY

The confusion that exists in the minds of the majority of our members and guests is a never ending source of discussion, on the interpretation of spirituality. Sometimes a member will voice his doubts as to the real understanding of the word, practically in the same breath he will relate instances of increased tolerance and happiness with his family. Another will evidence the same doubt as to the spiritual end of the Program and immediately tell of his efforts to aid another unfortunate alcoholic. Again one tells of doubts and immediately tells of increased joys of living and association with other people.

Whether one is struck with the desire to attend church, go forth and shout the Twelve Steps from the housetops or just enjoy a simple and serene everyday life of increased enjoyment and toleration, brother, as far as spirituality is concerned, you've had it, but good.

N.C. - Hollister, California

thanks to the Grapevine archive  
October, 1950

## SONOMA COUNTY INTERGROUP FELLOWSHIP GENERAL MEETING

July 26th 2010

Open mtg at 8pm with Serenity Prayer

Reading of Preamble, Tradition 7, and Concept 7

Intro of New Reps:

John A	Big Book Study	Santa Rosa
Russell A	Harmony Group	Santa Rosa
Keith T	South Park Survivors	Santa Rosa
David H	Grin and Win	Santa Rosa
Mary K	First Things First	Santa Rosa
Julie D	3rd Step Prayer	Santa Rosa

### Officer Reports:

**Chair:** (Sean Mc) During the last few months we have been using up some of our prudent reserve. It normally takes around \$4,000 to pay for group supported expenses which include Teleservice, meeting schedules, and newsletters. In May the group contributions were \$1,397, and in June they were \$1,670 to total \$3,067. This is roughly \$5000 less than is needed to support SCIF. Also group contributions did not meet expenses in January (\$530), February (\$824), March (\$380), or April (\$305), to total \$2,039 during those four months. SCIF's current prudent reserve is set at \$37,226, and it is currently at \$27,493. So is it time to sound the alarms (?), I don't think so, but it is definitely something we should all keep a close eye on. It may be a good time for your group to look at its financials and if you have excess over your prudent reserve now may be a good time to contribute to the different service entities. If group contributions continue to not meet the group supported expenses we will have to cut back on services provided.

**Vice Chair:** (Doug S) we want to encourage Group Rep sharing at the end of the meeting in order to exchange information. I would like everyone to be mindful of the time.

Recording Secretary: (Siobhan S) June minutes were accepted as printed

**Treasurer:** (Shirley J) Group contributions of \$1,670 were VERY disappointing in June, more than \$2,150 less than June 2009. Group supported expenses exceeded contributions by \$2,322, bookstore income exceeded expenses by \$61, and Activities expenses exceeded income by \$200, Seminar expenses (at this point) is \$20, resulting in a \$2481 net loss overall.

Note: July contributions are encouraging!

**Registrar:** (Rich S) In June we had 356mtgs/week, 178 reps, for 48% group representation

**Bookstore Report:** (Linda M) I am sad to report that the Bookstore was broken into last weekend. The only blessing in this is that the thieves did not do any damage to our inventory and they were only able to take the small amount of cash that we keep on hand to operate the volunteer sales desk and the bookstore donations that we use to pay for the annual volunteer holiday party. So with this and Bob's passing I can't say that I have enjoyed the last few days.

All of us at the bookstore will miss Bob not only because he is a past Chair of Intergroup and was a Bookstore volunteer for the first two years that e worked as manager, but also because he used to drop by

with donuts and chat with us about one morning a week. Bob was a good guy and was pretty funny sometimes too, so I am going to miss him.

### Committee Reports:

**ICSC:** (Steve B) The bookstore did alright (+\$61.). The ICSC committee mainly keeps an eye on the business side of the bookstore.

**Activities:** (Kathy M) Next event: Hot August Nights, Saturday, August 28th, 4-9pm. Bring your hot cars and bikes, or just come! Looking at locations for Halloween Dance, probably Sebastopol.

**Alkathons:** (Patty G) The Alkathons will be at the Community Church of Christ, W. Steele and Range.

Communications/Newsletter: (Brian Z) let your groups know what's in the newsletter. Events, plug your group, letters to the editor, tell a story, and draw a cartoon, all submissions welcome.

Outreach: (DeeDee S) NP/NR

Seminars: (Karen M) This Wednesday at the 6:30. Anonymity on the Internet. Now at the Comm. Church and paying rent, so we will be passing the basket. I have CDs of the last Seminar, suggested donation of \$2.

Teleservice: (Rob S) Sun 1-5 open shift. Teleservice is on the front of the newsletter. We are down to four members on our committee, looking for people to help. We are having a Seminar on Teleservice Sept. 29th, at the bookstore, 6:30pm.

### Liaison Reports:

**Liaison to Unity Day:** (Alex C) Unity Day will be Oct. 9th, at the Sebastopol Vets Bldg. All positions except the coffee chair are filled. We are looking for volunteers. Sending a clipboard around. Next Unity Day Committee mtg Tuesday August 10th, 7pm at the bookstore.

**SOCYPAA:** (John N) Next event will be Pleasure Cove Campout Sept 10-12, hosted by SOCYPAA and NAPYPAA at Pleasure Cove Marina in Napa. Cost is \$20.

Blacklight Dance at the Petaluma Alano Club Sept 25th, 7pm meeting and dance till midnight for \$10.

**Spanish Central Office:** (Shaline E) NP/NR H&I: (Will Schoolcraft) H&I is looking for support in the form of warm bodies. Please inform your groups.

**General Service:** (Annie T) Sonoma County General Service holds a monthly business meeting on the first Monday at 7:30 PM. We meet at the Faith Lutheran Church, and both a new GSR Orientation and a Concept Study start at 6:45 PM.

Because of the generous contribution from Intergroup earlier this year, our District Officers have recently presented a couple of new motions. In May, we introduced a motion to purchase a laptop, for use by our District Officers, primarily our District Registrar. GSRs began reporting back on the laptop motion at our July 12th meeting, where we also presented a second motion. Hopefully, you have already heard about both motions from your GSRs. They will

*continued on page 4*

## MEETING NOTES,

*continued from page 3*

be sharing information with our groups, and getting your feedback, a group conscience, that they will report back to our District, and then eventually will participate in a vote on behalf of our groups.

The newest motion reads: That District 12 purchase a Portable Sound System, 2 FM Transmitters and a Wireless Microphone System, not to exceed \$1600, and form an Interpretation and Translation Standing Committee.

If this motion passes, District 12 would no longer need to borrow Intergroup's PA system for our Agenda Topics Workshop, or any other event. We have also had an ongoing concern regarding the space where our monthly District business meeting is held (the Faith Lutheran Church on Newanga). Often, the room is full, and if we ever need to move to a larger venue, we already anticipate we will need to be prepared with a sound system.

We would also be able to provide Spanish translation, and would no longer depend on borrowing the Area's equipment – California Northern Coastal Area. We are acutely aware that the Area translation equipment that is available for loan to all the 22 Districts within the Area, is old and breaking down, and will soon no longer be available to any of us.

Our Access Sonoma County Sub-Committee has identified a need for assisted listening in Sonoma County, and with this proposed equipment, all that would be needed to hear proceedings clearly would be an FM radio.

We also hope to form an Interpretation & Translation standing committee to store, operate and maintain the equipment, and to facilitate these services District wide. I want to emphasize, because of the Intergroup contribution earlier this year to Sonoma County General Service, we have been carefully assessing the local General Service needs along with our commitment to sending on any excess funds to our Area. We have set aside the Intergroup contribution separately from our usual budget, until we are sure we have addressed all and any needs. Because of our groups, we have still been able to fund our normal District activities and costs, maintain our Prudent Reserve, and still send 2,000 to the Area after the 1st Qtr of this year.

Sonoma County has a long history of being very generous with our Area, both through our groups directly, and from our Sonoma County General Service, when excess funds are available. And earlier this year, we know our Intergroup also sent our Area a large contribution, at the same time one was sent to our District, and to GSO. However, this economy is affecting all of us, and it is clearly being demonstrated in the decrease of group contributions to all layers of our service structure. Intergroup has reported contributions are down; we certainly beginning to feel it in Sonoma County General Service, and there is recent concern for our Area.

We have a spiritual tradition and principle of not accumulating A.A. funds for unspecified purposes beyond a prudent reserve. If your group is able to, or continue with, supporting all these service entities that make 12th Step work possible, I encourage all of us to

continue to support our 7th Tradition baskets. Have those important conversations with our group treasurers. Be aware of where our contributions are coming from, and where they go. It benefits us all to be accountable to our Fellowship.

**BTG:** (Felecia S) BTG is a great way to get into service, even if you don't have a lot of sobriety time. We always need help.

The committee meets on the third Thursday of each month at the bookstore.

**PI/CPC:** (Nick R) Article in the newsletter. We try to explain to people what AA is and isn't. We take mtgs schedules, Big Books and speakers anywhere we are invited. Must have 2yrs to speak for PI/CPC.

**Access Sonoma County:** (Damiana R) Still getting feedback from the workshop. The biggest concern was the lack of time devoted to solutions, some discussion of this raised the possibility of a "part 2". Last month the comm. talked about creating a local pamphlet, Dual Dx & AA in So. Co. Since the packets handed out at the workshop were such a hit, we voted to stick with that format.

In September we will be doing a group inventory.

Elections of ICSC Nominating Comm.:

Karen M and Doug S available. Unopposed.

Old Business- None

New Business- none

Group Sharing: -Steve, Lots of info on finances in the newsletter, who's donating. Kathy, omission on the event flyer, event is \$10. Ben, New am mtgs in Guerneville need your support.

Correction to the New Meetings in the newsletter- Should read "Kittens on the Porch"

Summation: (Doug S) Doug reviewed info to take back to groups

Closed with Lord's Prayer at 9:03

## SOCYPAA

We have recently started a new tradition in SOCYPAA of having a different person write to the newsletter each month. Hopefully this will allow us to feel more connected to our larger AA community and give people a chance to get to know us better as well. Sonoma County Young People in AA is currently composed of about twenty five people from the ages of 18 to 35, in other words it isn't just a bunch of kids! One of our goals is to increase participation from people who might see SOCYPAA as being synonymous with their past. We have great events like our upcoming dance that will be fun for everyone. It's a black-light-wear-white dance that we started putting on last year. The atmosphere is just killer. It will be at the Petaluma Alano Club on Sept. 25th. The meeting is at 7 pm with the dance to follow. We'd love to see you there!

I'd like to take this opportunity to quickly point out SOCYPAA is a service entity which is completely separate from all regular AA meetings, even those the schedule has listed as young peoples' meetings. It's an important distinction that is often overlooked.

Yours in service, Brian K.

## GENERAL SERVICE

California Northern Coastal Area, of General Service, has just held the third of its four yearly Assemblies. The "Summer Assembly" is Area 06's Workshop Assembly.

The morning session offered:

1. Vulnerable members in A.A
2. How do we share the role of GSO with the group's?
3. Is A.A. growing?

The afternoon session offered:

1. The Concepts: Tools for the GSR / Tools for Life.
2. Anonymity in the Digital Age.
3. Relevance of the GV / LV

Each session had a presenter who gave a 10-15 minute presentation. The floor was then opened up for discussion. A volunteer was requested for each session to compile notes to then share in front of the whole Assembly, at the end of the day. If you have more interest in what was discussed, see your group's GSR. The monthly Area Newsletter which is sent to all GSR's will have highlights. Their job is to share the information with their group.

On a final note, the economy, money, cutting back, in all levels of A.A., has been seen, felt and voiced lately. Without pointing fingers or directing, we need to be talking and sharing fellowship wide with ideas.

In Service, Steve de J.

**There is a timeline of AA History on line at  
<http://www.aa.org/aatimeline/>**

## GRAPEVINE UPDATE

Heard it on the Grapevine!

The Grapevine Board is actively pursuing new directions for our magazine so that it can continue to be up to date and reflect the current times. To help accomplish this goal, the Grapevine Board is asking our Fellowship to participate in a survey regarding the use and value of the Grapevine.

Your GSR will be bringing information about this survey to your meetings. Please take the time to fill out the form or take the survey on line. The survey deadline is Oct. 29, 2010. The voice of the AA Fellowship is very important to the continued success of the Grapevine. Please be part of the "Solution" for the continued success of the Grapevine which is widely known as our "Meeting in Print".

All Grapevine Reps are invited to the Grapevine/LaVina Sharing Session on the 4th Saturday of each month from 1000 to 1100 at the Petaluma Community Center, 320 N. McDowell Blvd., Petaluma

Any questions contact Gail M., District 12 Grapevine Chair at [grapevine@sonomacountyaa.org](mailto:grapevine@sonomacountyaa.org)

## HOSPITAL AND INSTITUTION COMMITTEE

"When I got sober in '03 I really didn't know much about AA. I just knew if I went to a meeting there would be a liquor store on the way home. So I needed to get away. I admitted myself to Acton rehab and became one of those fogged faces living in the cabins. As I talked to my fellows, looking for my solution, I heard stories of this being their second or third time around. How they tried this hospital or that rehab. And a lot of them seemed to have a working knowledge of this AA thing. "Oh my gawd," I told myself, "this stuff doesn't work either...aaahhhh!"

"But every night these other folks, these visitors, would come in and talk to us. They told me that it did work and that I didn't have to come back here. They had stories that made me say "that's like me." They were members of H&I that came there on their own time for no other reason but to tell me there is hope. They made me feel like I could do it." [Jonathan G, Santa Clarita, Part 1 of 2]

The August meeting of the Hospitals & Institutions Committee was pleased to welcome new meeting reps Jasmine, representing the Women's Lunch Bunch (Petaluma); Chris B., Young & Young at Heart (Rohnert Park); Roger, Discussion Meeting (Rohnert Park); Lucien, Afternoon Delight (Cotati); Jeff, Chopsticks; Mark, Young & Sober; Nicole M., Tonight Group (Occidental); Rick M., Saturday Night Living Right (Sebastopol); Celia, Mood Swings (Healdsburg); Richard H., Simply AA; and Kathy, the Higher Power group.

Our visitors, Joe, Angelo, Megan, Kari, Jon and Eli were greeted just as warmly. We hope you find something here that keeps you coming back.

There were over 110 years of sobriety being celebrated for the month of August!

Don't Forget! Saturday, October 9, 2010, is Unity Day. More details in this very newsletter...

Want to share some of your own hope with another alcoholic? Why not check out H&I service? The next meeting is Wednesday, September 1, at 6:15 pm. Everyone is welcome to attend the orientation that begins at 5:45. The location is the Community of Christ Church, 1495 W. Steele Lane, on the corner at Range Avenue (parking is off of Range, behind the church, with additional parking at the ice arena). We'll save you a seat!

In service,  
Mardi

***Women's Day of Unity***  
**Century Assembly Church**

**Saturday, Sept. 11**  
**7:30 - 5:30**

550 West Century Blvd.  
Lodi, CA 95240

## Upcoming Events

### SOCYPAA

**Saturday Sept. 25th**  
**BLACK LIGHT DANCE**  
*Wear what GLOWS and SHOWS*  
 Sonoma County Alano Club  
 1050 Petaluma Blvd. North, Petaluma



### PETALUMA UNITY DAY

**Penngrove Park**  
**Sunday, August 29**  
**11 am - 4pm**  
 11800 Main St., Penngrove  
*Food • Fun & Games*  
**Speaker Meetings • Fellowship**

### SO CO ALANO CLUB

1050 Petaluma Blvd. North, Petaluma  
**September 11th**  
**Saturday Nite Open Jam Session!**  
 Meeting 7 to 8  
 Take your turn at the MIKE!  
 8:30 on.....  
 Show up...Guitar/Drums/Bass/Vocals  
 Cruise on by Saturday Sept. 18th for the  
**Car Show and Dance**  
 Meeting 7p.m.  
 "Old School" Rock n Roll Dance 8:30  
 Poodle Skirts, Cuffed Jeans, White T's and  
 Saddle Shoes optional

**Sober Riders**  
**AA on Horseback!**  
**Sundays, 10 am**  
**Call Judy R. for Location**  
**829-7263**

### TAKE A HIKE!

Happy Trails is a once a month outdoor meeting held in the beauty and splendor of nature. On Sunday, July 25th, Sixteen of our AA fellows, four children and a visitor traveled to Armstrong Woods for a hike to the redwood shrouded theater in the park. We lunched and chatted together before our meeting while enjoying the enchanting ambiance of the grove. There was talk of overnight camping at or near future hike trails, for those who may be inclined. We celebrated a 1 year birthday for Ryan and 3 years for Ann. After the meeting, most of us split into small groups to further explore the grove. What a wonderous area we live in! We hope you will join us this month on Sunday the 26th. We will venture out to Tomales Point to view the ocean and see the elk herd that inhabits the area. Yes, an elk herd! Tell your friends, bring a lunch and prepare for nice cool ocean breezes.

Call Ryan for details at 707-478-2170.  
 Happy Trails!



# SEPTEMBER • 2010



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1st United Methodist Church Faith Lutheran Church St. Luke Lutheran Church Community of Christ Church S.R. City Hall Employee Lounge SCIF Bookstore	1551 Montgomery, Santa Rosa 4930 Newanga Ave., Santa Rosa 905 Mendocino Ave., Santa Rosa 1495 W. Steele Lane, Santa Rosa First St. & Santa Rosa Ave., Santa Rosa 750 Mendocino Ave, Suite 10, Santa Rosa		<b>1</b> Hospital & Institution Community of Christ Church 5:45 New Rep Orientation 6:15 Business Meeting	<b>2</b>	<b>3</b>	<b>4</b>
<b>5</b> SOCYPAA 1st United Methodist 7:15 Business Mtg	<b>6</b> General Service Faith Lutheran Church 6:45 Service Manual Study 6:45 New Rep Orientation 7:30 Business Meeting	<b>7</b>	<b>8</b> PI/CPC S. R. City Hall 7:00 Training, 7:30 Business	<b>9</b> Access Sonoma County SCIF Bookstore 6:15 Orientation 6:30 Meeting	<b>10</b>	<b>11</b>
<b>12</b>	<b>13</b> SCIF Bookstore 6:00 Teleservice Meeting 7:00 ICSC Meeting 8:00 Intergroup Steering Committee Meeting	<b>14</b> Bridging The Gap SCIF Bookstore 6:00 New Rep Orientation 6:30 Business Meeting	<b>15</b>	<b>16</b>	<b>17</b> October Newsletter Deadline	<b>18</b>
<b>19</b> SOCYPAA 1st United Methodist 7:15 Business Mtg	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b> Communications SCIF Bookstore 6:30 Meeting	<b>24</b>	<b>25</b> General Service Area 06 Committee 320 N. McDowell Blvd Petaluma
<b>26</b> Happy Trails 1st & B parking 10 am	<b>27</b> Intergroup St. Luke Lutheran Church 7:30 New Rep Orientation 8:00 Business Meeting	<b>28</b>	<b>29</b> SCIF SEMINAR Community of Christ Church 6:30 - 8:00	<b>30</b>		

# SCIF FINANCIAL SUMMARY JULY 2010



## Example of Suggested Group Contributions to AA Service Entities

- 50-70% to Intergroup
- 10-30% to Local General Service
- 10-20% to CNCA
- 10-20% to GSO New York

	July 2010			July 2009	Year to Date		2010	2009
	Income	Expense	Net	Net	Income	Expense	Net	Net
<b>Group Supported:</b>								
Central Office								
Groups								
Individuals								
Teleservice								
Web Site								
Newsletter								
ASL Interpreter								
Interest								
<i>Subtotal</i>								
<b>Self Supported:</b>								
Bookstore								
Activities								
Alkathons								
Seminars								
Unity Day								
<i>Subtotal</i>								
<b>TOTAL</b>								

Assets & Liabilities			
Cash in Bank & Petty Cash		<b>Memo:</b> Cash in Bank & Petty Cash	
Prepaid Expenses		Prudent Reserve	
Liabilities		Liabilities	
Subtotal		ASL Reserve	
Bookstore Invento		Literature Reserve	
<b>Total Assets &amp; Liabilities</b>		Operating Reserve	
		Sonoma County General Service	
		California Northern Costal	
		AA General Service, New York	
		Total Distributions	

## GROUP CONTRIBUTIONS

Meetings July

11th Step Meeting  
 12 X 12 @ 12 Group  
 12 X 12 Plus Step  
 A Vision For You  
 AA of Sonoma, Friday Night Fellowship  
 AA of Sonoma, Tuesday Big Book Group  
 Access Sonoma County  
 Be What You Want To See  
 Big Book Review  
 Book & Discussion, Sonoma  
 Breakfast Club  
 Brodz Nite Out  
 Chair It or Air It, Petaluma  
 Cloverdale Fellowship Hall  
 Defects & Shortcomings  
 Drop The Rock Group  
 Early Bird Fellowship of Petaluma  
 Expect A Miracle  
 FAHA Home Group  
 Gay Newcomers Group  
 Good Neighbors, Geyserville  
 Graton Fellowship  
 Healdsburg Group  
 Healdsburg Women's Book Study  
 Hessel Big Book Study Group  
 Kenwood Group  
 Kenwood Step Study  
 Lost & Found Group  
 Lunch Bunch Group  
 Mature & Sober Group  
 Men's Smokeless, Windsor  
 Moment of Silence  
 Monday Mood Swings  
 Monday Night Alcoholics Only Step Study  
 Northern Calif. Al Anon Conf./AA meetings  
 O God It's Monday  
 Open Door  
 Outsiders Group  
 Petaluma AA Hotline  
 Petaluma Valley Group

Prayer & Meditation Group, Sebastopol  
 Promises Group  
 Quitting Time Group  
 River Discussion  
 River Grace  
 River Women's Meeting  
 Rule 62 River Readers  
 S. C. G. M. A. A.  
 Saints and Sinners  
 Saturday Serenity  
 Sebastopol AA Noon Movement aka The Rooms  
 300.00  
 Sebastopol Men's Stag  
 Sharing & Caring  
 Signs of Sobriety  
 Simply AA  
 SOCYPA  
 Sober Sisters  
 Sober Sunday  
 Sonoma County General Service  
 Sonoma Valley Fellowship  
 South Park Survivors  
 Stein Group  
 Stick Around

Sunday PM Closed Discussion Group  
 Sunset AlcNara Club  
 The Sunday Night Group  
 There Is A Solution, Healdsburg  
 There Is A Solution, Santa Rosa  
 Think About It Group  
 Thurs. Night 12 X 12 Discussion Group  
 Thursday Night Real Life Meetings of AA  
 Thurs. Night Women's AA  
 Tuesday Afternoon Delight  
 Tuesday Noon, Alano Club  
 Up The Steps  
 Wednesday Night Men's Stag  
 We're In The Now  
 Windsor Group  
 Women In The Solution  
 Women's Book Group  
 Women's Perspective AA Group  
 Women's Step Study & Discussion Group  
 Women's Tuesday At Noon  
 Working Winners  
 Young & Young At Heart

Total

Tolerance expresses itself in a variety of ways: in kindness and consideration toward the man or woman who is just beginning the march along the spiritual path and in sympathy toward those whose religious ideas may seem to be at great variance with our own.

Without some tolerance we might tend to become a bit smug or superior. No one of us wishes to do anything which might act as a deterrent to the advancement of another--and a patronizing attitude can readily slow up this process.

Tolerance often promotes an open-mindedness which is a prerequisite to the successful termination of any line of search, whether it be scientific or spiritual.

Dr. Bob

## ADDRESSES

### Sonoma County Intergroup Fellowship

750 Mendocino Ave. #10  
Santa Rosa, CA 95401-4846

### Sonoma County General Service

PO Box 536  
Santa Rosa, CA 95402

### Area 22 H & I Treasurer

PO Box 192490  
San Francisco, CA 94119-2490

### General Service Office

PO Box 459, Grand Central Station  
New York, NY 10163  
CA Northern Coastal Area Treasury  
PO Box 884222  
San Francisco, CA 94188

### Sonoma County PI/CPC\*

PO Box 11305  
Santa Rosa, CA 95406

### SOCYPAA

P.O. Box 5784  
Santa Rosa, CA 95402

*\*Funded solely through Sonoma County General Service*

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**Toll Free (800) 224-1300**

**Sonoma (707) 938-8508**

**Spanish Speaking (707) 623-6702**

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#### Sonoma County Young People In Alcoholics Anonymous

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