



sonoma county Intergroup Fellowship

NEWS

November 2008

Get the latest meeting listings, upcoming events, and more, at www.sonomacountyaa.org

Bookstore

SCIF CENTRAL OFFICE

750 Mendocino Ave., Suite 10
Santa Rosa, CA 95401

Manager: Linda M.
Phone: (707) 546-2066
Fax: (707) 566-9677
E-mail: aa@ap.net
Hours Mon-Fri 10-6
Sat 11-3

*The bookstore is staffed by volunteers
and is sometimes closed
for lack of manpower.*

Call first!

The Bookstore is closed on these Holidays

Memorial Day	May 29th
Independence Day	July 4th
Labor Day	September 4th
Thanksgiving	November 27th
Christmas	December 25th
New Year's Day	January 1st



Thanksgiving Alkathon

**November 26 & 27, 2008
CARPENTER'S UNION HALL
1706 Corby Ave
Santa Rosa CA**

**Meetings, fellowship, food
and fun to be shared by all.
Bring along a holiday treat
if you are able.**

The Alkathon Needs Volunteers and Support!

- 1. Volunteers to help serve food**
- 2. Volunteers for setup**
- 3. Volunteers for cleanup**

Please make a commitment to bring food—Turkey, Ham, Stuffing, Potatoes, Vegetables, Salad, Dessert

Come to the steering committee meeting for this year's Thanksgiving Alkathon on **Monday, November 3rd** at the Starbucks on Farmers Lane at 8:00PM. Bring your ideas and creative energy to help plan this year's Alkathon and make this an event that everyone will enjoy.

For more information call Barbara at 318-5376 or Graham at 499-1406

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Notes from the Bookstore

My trip to the AAWS Seminar in Edmonton AB, CN was interesting and informative. The theme for this year's seminar was "Communication and Participation, The Key to Unity and Self Support" which reflected the 2008 General Service Conference theme. I was able to attend 5 workshops offered over the course of the seminar and had the opportunity to listen to other managers and Intergroup Officers talk about how they work to make sure that vital services are available to AA members while adhering to our 12 Traditions. The titles of these workshops may have seemed dry, "Office Procedures" for example, however my experience has been that whenever we get together and share about any topic that touches on our Traditions it is never dry and always spiritual in nature.

Back to the present:

A volunteer service opportunity will be available for the following day:
Alternating Thursday afternoons from 2:00PM to 6:00PM beginning October 30th.

Please call Linda at the bookstore for more information: 707-546-2066.

In Service, Linda M.

NEW MEETINGS

Santa Rosa

Monday 7:00 pm (O) (W)
Crossroads
Alano Club
465 Kenwood Ct.

Wednesday 7:00 pm (O) (W)
Simply Sober
Alano Club
465 Kenwood Ct

MEETING CHANGES

Healdsburg

Monday 6:00 pm
Mood Swings (women)
moved to 209 Matheson St.

Petaluma

Tuesday 7:00 pm
Not Just Another Newcomer
moved to Community Center, 201 W. Sierra

Rohnert Park

Monday 12 noon
Lunch Bunch
moved to 825 Middlefield Road

Santa Rosa

Thursday 7:30 pm
Primary Purpose Group
moved to Church at 4930 Newanga

Sonoma

Friday 7:00 pm
Birthday Meeting
(was 8:30 pm) moved to 109 Patton

Saturday 10:00 am
FAHA Home Group
moved to Sonoma Valley Hospital
(Schantz Room), 347 Andrieux St.

Windsor

Wednesday 8:00 pm
Windsor Group
moving 11/5 to Church at 5891 Pratt Ave.

Thursday 7:30 pm
Redwood Winners
moving 11/5 to Church at 5891 Pratt Ave.

A NOTE FROM THE CHAIR

Rotation. That's an AA code word for term limits, for ensuring that we don't have an entrenched power structure, for opening up AA leadership positions to keep us vital and democratic. In January, we will be holding elections for our Intergroup officers; in February, we will elect new committee chairs. Because each of us is limited to two one-year terms, some of us must be replaced. A few may be available to "re-up" for their current positions.

Beginning this month in the newsletter, we are publishing expanded descriptions of the positions to help you decide if you will be "available." Please seriously consider not only your own qualifications for these service opportunities, but also who you think might be good candidates. You will decide next year's servants or be one of them.

Start with sobriety: committee chairs need at least two years of sobriety, and officer positions require three or four. Previous experience with working on the committees is a good idea for those positions, but not absolutely necessary. For the officer openings, one or two years of experience at Intergroup meetings is helpful; but commitment and love of AA may be just as important.

How do you decide if you are "available?" Do you have the time? Can you make the time? The time requirement for some of the jobs is small and flexible. Do you have the skills? False modesty and fear should be discarded. Few of us felt we had the skills when we took our first positions. Be assured that help and support is available, and remember the Promises: "That feeling of uselessness and self-pity will disappear." Is that your modesty or your fear? "We will intuitively know how to handle situations which used to baffle us." Many of us found that in serving AA, we were amazed at what we could do. If you look at a position, and think, "I couldn't do that," but your friends and colleagues think you can – listen to them. Ask yourself, "If not me, then who?"

Remember that November is Gratitude Month. What better way to show your gratitude than to be available to serve Sonoma County AA?

Diane W.



To report meeting changes
contact Russell
570-9268

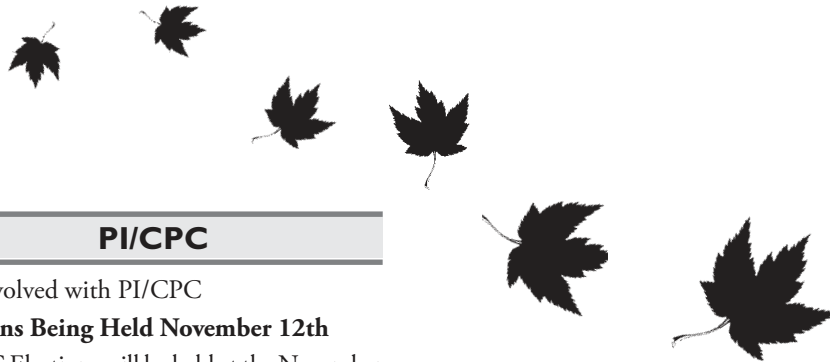
BRIDGING THE GAP

Wow, October is a busy month as far as sobriety events go. My name is Allen H. and I am an alcoholic and serving district 12 as your bridging the gap chair. I feel like I am so busy I don't know if I ate breakfast this morning. It's all good though. It's good to be alive, it's good to be sober and it's good to be of service.

This month bridging the gap put on 4 presentations in 4 different Sonoma County treatment facilities. We had 36 requests to have a btg volunteer take a new comer to a meeting. Out of the 36 requests, 12 were handled here in Sonoma County by our volunteers. What a great and vital service this is. If you would like to know more about how you can get involved with bridging the gap, just fill out a volunteer form that can usually be found at any meeting, or at the bookstore, or by calling the number on the newsletter or by attending a new volunteer orientation on the 3rd Tuesday every month at the bookstore at 6:30pm.

Life is too short to just sit and think about what you should be doing. Do It!! Get involved with service and you'll get more involved with life.

Thanks, Alan H.



PI/CPC

Get Involved with PI/CPC

Elections Being Held November 12th

PI/CPC Elections will be held at the November meeting and we find ourselves in need of a Chairperson. If anyone is interested please contact Dave R at 538-5758 or jdr1949@sbcglobal.net. The Public Information/Cooperation with the Professional Community distributes AA literature and meeting schedules to many places around the county, including libraries, hospitals, police stations and numerous healthcare facilities and social service organizations. We also participate at health fairs and make presentations to professional organizations if requested. We make frequent presentations about AA to High Schools and on a regular basis to County DUI classes. We recently did the information packets for the Clergy and the Healthcare Professional. The committee is currently looking for ways to reach out to seniors, and connecting with the media to air our PSAs.

Our committee could always use some help. Our business meeting is the 2nd Wednesday of the month at City Hall underground, 1st Street and Santa Rosa Ave. 7 PM Speaker training and 7:30 Business Meeting. As we typically speak to non-AA groups, 2 years sobriety and training (orientation) required to speak, minimal sobriety to join the committee.

Dave R.

HAPPY TRAILS

Hello Everyone!

Yes, it's that time again...Sadly, the year has come to an end for our hiking group!

Our final hike will be held on Sunday, October 26 2008. We will be meeting at the Starbucks in Rohnert Park for carpooling at 9:30. Please have a lunch or a snack and a beverage to bring with you, and we will go to OLOMPALI state park, just south of Petaluma off 101. We should be there appx 10:15.

There is only one parking lot there, and the trail is clearly marked. For more info on the park, you can visit the website at www.castateparks.gov

I hope to see you there!

Any questions, call me @ 494.0323

Happy Trails!

Linda

PS We will be electing a new secretary for this meeting on that date. Please come if you are interested in having a 10-month once-a-month commitment. Six months sobriety requirement.

ACTIVITIES COMMITTEE

Greetings Fellowship!

Happy Thanksgiving to you and your families (better known as Gratitude Month), I have just returned from another wonderful trip to Mendocino to the annual "Retreat to Serenity," the theme this year was "Celebrating Our Spiritual Awakening." Once again the Mendocino Fellowship welcomed us and Sonoma County was well represented. I was asked to share at the Women's meeting at the last moment and what an honor that was for me. The fall on the coast is truly breathtaking and gratitude for all that sobriety now means is overwhelming.

Hopefully, you at this reading will have had a great Fright Night at the Night of the Sober Dancing Drunks. I know the band Lucky Earl put on quite a show and that the costumes as always will have been creative. Thank you to all for their service. Once again the activities committee came through.

There is a brief break in activities due to Thanksgiving and Christmas Alcahons. Please remember that Barbara can always use the help and her phone number is in this newsletter. The 2009 Leagues Under the Enchanted Sea will be our final bash of the year and will ring in New Years 2009 at the Santa Rosa Veterans Building Main Auditorium (across from the Fairgrounds). This Jan. 2nd is my 19th Sobriety Birthday and I owe much of that to service, a loving Higher Power, a great Sponsor, the 12 steps and you the fellowship. I am encouraging you to start thinking about doing service as our next Activities Chairperson (the ideal would be two people). If you would like to discuss the job with me or volunteer to help on the New Years Dance, please call me at (707) 287-2481.

In Loving Service,

Laurie E.

Sonoma County Intergroup Fellowship General Meeting

GENERAL MEETING – September 22, 2008

The meeting was opened with the Serenity Prayer

PREAMBLE: Claude G.

TRADITION 9: Connie C.

CONCEPT IX: Tim M.

Introduction of New Representatives:

Angela H.	12 x 12+ Study Group	Santa Rosa
Daniel S.	Young People's Tea & Recovery	Sebastopol
Eric H.	Fresh Air	Santa Rosa
Janette A.	Brodz Night Out	Santa Rosa
Jeff W.	Alcoholics Only Step Study	Santa Rosa
Joshua P.	No Frills	Santa Rosa
Lynette M.	Sun. Night Closed Discussion	Rohnert Park
Mandra D.	Out of the Ashes	Petaluma
Regina H.	Tea & Recovery	Sebastopol
Sean K.	Santa Rosa Fellowship	Santa Rosa
Tammy Z.	Third Step	Santa Rosa

September Sobriety Birthdays:

Allen M.	9/11	3 years
Gary M.	9/16	3 years
Jim S.	9/6	3 years
John B.	9/20	3 years
Mark S.	9/10	24 years
Mark V.	9/1	7 years
Mary Louise I.	9/4	2 years
Tashia F.	9/10	2 years

OFFICER REPORTS:

CHAIR: Diane W. – Diane had no report.

VICE CHAIR: Bob P. – There were 10 new Intergroup Reps at tonight's orientation. Bob will report on his job duties as Vice Chair next month.

TREASURER: Pat H. – Group contributions in August were only \$2,073 and group-supported expenses exceeded contributions by \$1,239. Bookstore income exceeded expenses by \$426. There was a net loss for the month of \$813. September group contributions to date have exceeded contributions for the entire month of August.

SECRETARY: Donna L. – The August SCIF General Meeting minutes published in the October newsletter were approved without changes.

REGISTRAR: Nan B. – In August, there were 358 meetings/week in Sonoma County. Of those, 156 (43%) were represented at the August SCIF General Meeting.

BOOKSTORE: Linda M. – The bookstore is fully staffed with volunteers. The 3rd quarter bookstore inventory will take place on 9/30 at 6pm, and volunteers are needed. Linda will attend the AA World Service Central Office Intergroup seminar in Alberta, Canada and will report next month on the workshops she attended.

COMMITTEE REPORTS:

ICSC: Gene H. – Bookstore operations are going very smoothly. Linda and the volunteers are doing a great job. There will be \$700 worth of electrical work done at the Central Office. The new Point of Sale (POS) system is scheduled to be running in October. ICSC has been working to refine literature costs.

ACTIVITIES: Laurie E. – The Halloween dance will be 10/25 at the Sebastopol Community Center, and will feature live band "Lucky Earl". The New Year's Eve dance will be held at the Santa Rosa Veterans Hall and will have the theme "2009 Leagues Under the Enchanted Sea". Laurie gave a detailed description of the job duties of Activities Committee Chair.

ALKATHONS: Barbara F. – There are three meeting slots still open for Thanksgiving alcahthon: 2am, 4am and 4pm. Lots of volunteers are needed.

NEWSLETTER: Brian Z. – Brian presented the October newsletter and encouraged Reps to tell their groups to read it, as it's full of good information.

OUTREACH: Sean M. – Outreach is going well. Sean has had a very helpful crew of volunteers who are doing a great job of reaching out to the fellowship.

SEMINARS: Doug S. – The next seminar will be a Secretary's workshop, and will be held on two dates: 10/22 from 6-8:30pm & 10/25 from 9-10:30am at the bookstore. There are flyers to hand out to groups, and info. is in the newsletter.

TELESERVICE: Dave R. – Teleservice receives over 800 calls each month. There is an open overnight shift on Sunday nights from 10pm to 8am. Volunteers can answer the hotline at home as long as they can give the caller their undivided and confidential attention. This shift usually only gets 1-2 calls.

LIAISON REPORTS:

BRIDGING THE GAP: John B. – BTG's purpose is to "bridge the gap" between AA meetings in prisons, hospitals and treatment facilities and the first meetings inmates and patients go to upon release into their home communities. CNCA is hosting 3rd Annual Bridging the Gap Forum on 10/26/08 at Cotati Veterans Hall 9am-4pm. There will be dinner at the United Church of Christ in Petaluma the night before at 6:30pm for BTG and Contact volunteers.

HOSPITALS AND INSTITUTIONS: Mark V. – Come to H&I business meeting to get involved in bringing AA meetings and literature to people who can't get out to meetings.

PI/CPC: Dave R. (Nick R. absent) – PI/CPC needs volunteers. See article on page 3 of the October SCIF newsletter.

SOCYPAA: Jamie Y. – The campout was a success with 50 people attending. Trip to Discovery Kingdom 9/27. ACYPAA Summit Oct 11-12 at Carpenter's Union Hall, with panels, meeting, dancing and games. Petaluma Corn Maze on Oct 24 after Tea & Recovery meeting in Sebastopol at 6:30pm. SOCYPAA will be serving breakfast at Unity Day. Two business meetings each month (see service calendar) with positions available.

ACCESS SONOMA COUNTY: Jamie T. – The list of meetings with child policies is available at the bookstore.

GENERAL SERVICE: Lauralyn C. – See article on page 5 of Oct. newsletter. Nov. 8 is fall election at Calistoga Fairgrounds
Info at www.CNCA06.org

SPANISH INTERGROUP: Shaline E. – There are wallet-size schedules of Spanish language meetings available at the bookstore. Grupo Nueve Camino will hold their 23rd anniversary celebration at the Villa Chanticleer on Oct 19.

UNITY DAY: Shirley J. – Unity Day is October 18 at Sebastopol Veterans Hall. SCIF will handle beverages, registration and decorations.

OLD BUSINESS: Motion Passed: That the SCIF By-laws be revised to amend the process of electing Intergroup Central Service Committee members, to specify voting privileges at the General Meeting, and to add the Central Office/Bookstore Manager to the Steering Committee.
Vote: 46 Yes, 1 No, 12 Abstain

NEW BUSINESS: Motion: That SCIF proceed with a renovation project to enlarge the bookstore area to make more efficient use of space, at a cost not to exceed \$5,400.

- Discussion included bookstore security, bathroom access and shelf locations.

- Reps are requested to take back to groups for vote.

SUMMATION: Bob reviewed items to bring back to groups for discussion.

The meeting was closed with the Lord's Prayer.

Gratefully in Service, Donna L.

Step Right Up - SCIF Officer Job Descriptions

JOB DESCRIPTION: SCIF CHAIR

As Intergroup Chairperson, my most visible responsibilities are to conduct the monthly Intergroup General Meeting and the Steering Committee Meeting, preparing agendas for those meetings and researching background information for issues that may arise at those meetings. Experience conducting business meetings according to Robert's Rules of Order, SCIF business procedures, and AA Traditions is important.

During the month, I maintain contact with officers and committee chairs about any ongoing projects or issues that are before us. As a member of the ICSC, I am in regular contact with our Central Office/Bookstore Manager. I usually make time to visit the office on the Saturday that the Treasurer and Bookkeeper meet to close the financial books. At this meeting, as well as at the Steering Committee and General meetings, I am available to sign checks for the Treasurer.

The Intergroup Chair represents Intergroup to our other Sonoma County service committees, and I maintain contact with General Service and the H&I Chair on issues that affect us all. I have been blessed this year with willing and competent liaisons to those committees, so it is not required that I attend their meetings. I have chosen to participate in the monthly Communications Committee meeting to review newsletter content and to discuss website issues with our webmaster.

The Chairperson is the "buck stops here" position – if there are problems with any function of Intergroup – its committees, its officers, or its public face – the Chair is expected to respond. Willingness to delegate, courage to lead, and a sense of humor are helpful assets for anyone considering this position. The sobriety requirement is four years.

The time commitment is about 5 or 6 hours of meetings and another 4 to 8 hours of preparation, coordination, and communication.

Serving Sonoma County groups as SCIF Chair is a wonderful opportunity to fully appreciate the strength, diversity, and commitment of the our AA community. I highly recommend it!

-- Diane W.

JOB DESCRIPTION: SCIF VICE-CHAIR

This past year, 2008, has been a very exciting time for Sonoma County Intergroup. I am privileged and humbled to have been the Vice-Chair of Intergroup. My responsibilities as Vice-Chair allow me to discuss issues brought before the steering committee of Sonoma County AA. The dedication of the all the members of Intergroup continues to amaze me. One of my responsibilities is to welcome new representatives to Intergroup. Each month I meet new people who love AA and want to be of service to Alcoholics Anonymous. Intergroup exists for the purpose of spreading the program of Alcoholics Anonymous to the "Alcoholic who still suffers". We all have opinions on how to achieve that goal.

As members of Intergroup we make decisions on how best to spend limited resources to achieve that goal. As an officer of Intergroup I believe one of my responsibilities is to inform members of all sides of an issue. This stance can sometimes cause discomfort among members of Intergroup but I don't believe because an issue is popular that it should just pass without thorough examination. We need to question each issue that comes before Intergroup and give an informed vote, yes or no.

Thank you for letting me be of service.

-- Bob Pine

SECRETARY: JOB DESCRIPTION

Getting More Than You Give

In the 4+ years I've been sober and active in Sonoma County AA, I've held a few different service positions. Sometimes I was "railroaded". Sometimes the Group really needed someone. Other times I wasn't sure why I made myself available, it just seemed like a good idea. Such is the case with being the SCIF Recording Secretary this year. It really did end up being a very good idea...for me.

The position isn't glamorous or difficult. It requires showing up at two meetings each month – the SCIF General and Steering Committee meetings. The secretary listens carefully, takes notes, and then types them up for distribution to SCIF Officers and Committee Chairs, and a copy of the General meeting minutes without last names goes into the newsletter each month. No big deal, really. Yet it has proved to be a big deal for my sobriety.

In the course of doing this service, I've met with, debated with, laughed with, and really gotten to know some wonderful people who make service to Intergroup an important part of their recovery. I've learned about keeping order in meetings, treating people with fairness and tact, letting go of my opinion for the good of the group, and the value, to myself and others, of showing up and doing service on a consistent basis. My life has become full with opportunities to be a part of AA outside meetings. Whenever possible, I take advantage of these opportunities. What I've found is that I've gained far more than I've given. I've gained self-esteem, respect, friends, new skills, a broader and deeper understanding and appreciation of local AA, and more of a sense of belonging. That's quite a benefit from a little note-taking and emailing. Try it, you'll see!

-- Donna L.

TREASURER: JOB DESCRIPTION

Serving as SCIF Treasurer this year has been an honor and a pleasure. I always thought that serving in this position would be very time consuming. I was surprised to discover it is not. With the support of our terrific Bookstore Manager and monthly Bookkeeper and a well organized Activities Committee, my time this year has averaged only 22 hours a month.

The job consists of depositing group contributions, paying bills, overseeing the bookkeeping and financial reporting and serving as a member of the ICSC.

The treasurer attends the 4th Monday SCIF General Meeting and the 2nd Monday SCIF Steering Committee Meeting. The 2nd Monday meeting is preceded at 6:30 PM by the monthly ICSC Meeting which the treasurer also attends. Included in my 22 hours monthly average, we have held several additional ICSC meetings this year to deal with extraordinary matters such as hiring a new Bookstore Manager and developing plans to remodel the bookstore.

This is the ideal service commitment for someone with a minimum of four years sobriety, an accounting background and a desire to use their talents to benefit their sobriety and the local fellowship as a whole. For me it has also been a growth opportunity. I have learned a lot about, and have come to cherish, the AA way of doing things.

Pat H.

REGISTRAR, JOB DESCRIPTION

Maintains a list of groups and meetings available within the County. Keeps track on a monthly basis of which groups have representatives and how often reps attend meetings. Works with Outreach Committee to contact groups that are not active in S.C.I.F. meetings.

Length of sobriety = 3 years.

Average monthly commitment: 4-6 hours.

Look for comments from Nan B. next month about this service commitment.

I am responsible. When anyone, anywhere, reaches out for help,
I want the hand of AA always to be there. And for that: I am responsible.

GROUP CONTRIBUTIONS FOR SIGN LANGUAGE INTERPRETERS

Following is our 3rd quarter accounting for money contributed to the Green Can to pay for ASL interpreters at the Signs of Sobriety meeting. Thanks to everyone! Janet

"Concerning any given service, we therefore pose but one question: Is this service really needed? If it is, then maintain it we must, or fail in our mission to those who need and seek A.A." Bill W., AA's Legacy of Service.

Together we can! Thank you for your support!

ASL INTERPRETERS - QUARTERLY REPORT			Signs of Sobriety
Meeting	3rd Qtr '08	YTD	Simply AA Group
New Year's Alcahthon			Sunday Niters
Bring Your Own Big Book			TBDME
Cazadero Group			Think About It
Harmony Group			Third Step Group
Hessel Big Book Study			Thursday Night Big Book Study
Individual contribution			Tuesday Night Beginners Group
Keep It Simple			Up The Steps
Mature & Sober			Wed Night Women's Step Study
Moment of Silence			Women's Perspective AA Group
Monday Night Harmony Group			Young & Young At Heart
Saturday Afternoon Winners			
Saturday Night Living Right			Total
Sebastopol Single Purpose Group			Paid to interpreters:
Serenity Fellowship			Prudent Reserve:

HOSPITALS & INSTITUTION

"We treasure our 'serenity prayer' because it brings new light to us that can dissipate our old-time and nearly fatal habit of fooling ourselves.

"In the radiance of this prayer we see that defeat, rightly accepted, need be no disaster. We now know that we do not have to run away, nor ought we try to overcome adversity by still another bulldozing power drive that can only push up obstacles before us faster than they can be taken down." [Bill W., Grapevine, March 1962]

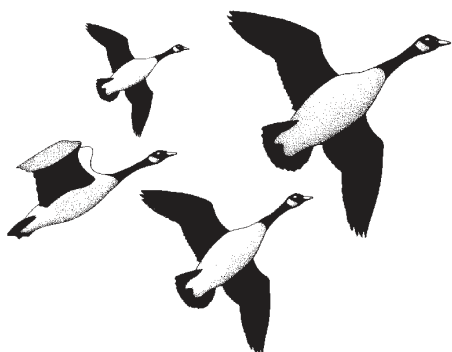
The October meeting of the Hospitals and Institutions Committee gave a spirited welcome to new meeting reps Rosie, on behalf of the New Women in AA group; Angela, New Vistas Group; Dee, Sober Sisters; Roy, Just for Today; Paul, 12x12 Plus; Tammy, Windsor Group; Donna, Oaks Fellowship; and Patty, Grin & Win. Greetings also to our visitors Mike, Shanella, and Cy. We're glad you're all here—keep coming back!

October sobriety birthdays were being celebrated by Patty, with 10yrs; Ken, 4; Duncan, 6; and Mike, 11. Other honorees included Carrie, with 18 months; Dee, 22; Nichols, 9; and Kathleen, 9. Many happy returns to you all!

Have a little serenity, courage and wisdom to share with an alcoholic who is confined? Then maybe H&I service is for you. Come check it out at the next meeting of the H&I Committee on Wednesday, November 5, at 6:00 p.m. at the Santa Rosa Senior Center, which is located at the corner of Bennett Valley Road and Rutledge Avenue (one block east of Santa Rosa Avenue). As always, everyone is welcome to attend the orientation that begins at 5:30. Bring a friend—the more, the merrier!

In service,

Mardi



GENERAL SERVICE

Hello fellowship. It's the time of year when many of our AA members rotate commitments to their service groups. Our District General Service elections start November 3rd. I want to share with you what this incredible group of members accomplished these last 2 years. Over 140 GSR's and Committee members attended the Districts' monthly meeting, 8 Assemblies, 2 PRAASA's and 1 Forum. They hosted 1 Area Assembly, 2 BBQ's, 1 Area Bridging The Gap (BTG) Forum and 2 Agenda Topic Workshops. They also assisted with 2 Unity days, and District 18's Area assembly. Their participation at all Assemblies, and Area events was outstanding.

Our District sub committees were energetic. Access Sonoma Co. helped members and groups gather information for Accessibilities and child friendly meetings, and they encouraged ASL at local events. Their experiences helped the General Service Office with many projects for special needs members throughout AA. Bridging the Gap supported an average of 20 member contacts a month and they hosted the Area BTG Dinner and Forum. PICPC created the Sponsor your Doctor and Clergy pamphlet packets, and met for the first time with court judges. They gave presentations and outreach to schools, DUI classes and the senior community. These committees did outstanding service work

Thirty years ago your District General Service Committee formed and was integral to the foundation for future AA in Sonoma Co. There is ample proof they did a great job. All of our service groups in So. Co. has a solid foundation and they eagerly await your participation in AA Service and Unity.

Gratefully serving,

Padec

SOCYPAA

Happy Turkey Day Sonoma County!

Yes, the day where we all sit around the table overstuffing ourselves with turkey, mashed potatoes, and pumpkin pie with our family that pretty much filled most of the pages of our 4th steps. Meanwhile, hoping that we can make it through the holiday without getting more resentments to carry us over to Christmas.

No seriously, I hope you all have a nice Thanksgiving, whether it's with your family, or your AA family at an Alcolthon. The last few years, I've been doing both. I feel blessed to have two families, one that I was born with, and one that just gets who I am.

Anyway, we made it through October and boy what an eventful month that was. SOCYPAA, (SONOMA County Young People in AA) had the Discovery Kingdom (Marine World) trip, the ACYPAA summit which went incredibly well, and the 3rd Annual Children of The Corn Maze event.

So, what is going on for November in SOCYPAA beside our normal business meeting, which meets the first and third Sunday of the month at 1551 Montgomery Drive, in Santa Rosa???? Well, we are co-hosting a Broom Ball event on Saturday, November 22nd, with SACYPAA, that stands for (Sacramento, Young People, bla, bla, bla....you should be getting what the whole YPAA thing stands for now) If you want to know more info about that event, call Khelon at 707-703-0374.

But we are also getting ready for our own event coming up next month. This will be our 4th one that we've held..... GAME NIGHT 4!!! It will be at the Santa Rosa Alano Club on December 13th! Woo Hoo this will be INCREDIBLE!! Music, games, fun, food, and rides on magical Unicorns, and Dinosaurs. Ok, I made up the part about the rides, but it will be fun! Look for flyers and listen for announcements soon.

So, try not to add any amends to your 9th or 10th steps during the holiday, and I'll see you next month.

Remember, sobriety is fun!! Otherwise you are missing something.

Take care, Craig G. (Batman) SOCYPAA's Co-Bid Package Chair

Upcoming Events

SOCYPAA Stuff

Broom Ball Event

Saturday, November 22nd, with SA-CYPAA, that stands for (Sacramento, Young People, bla, bla, bla....
If you want to know more info about that event, call Khelon at 707-703-0374.

We are also getting ready for our own event coming up next month.

GAME NIGHT 4!!!

It will be at the Santa Rosa Alano Club on December 13th! Woo Hoo this will be **INCREDIBLE!!**
Music, games, fun, food, etc.

Watch For It!

Alkathon

CARPENTER'S UNION HALL
1706 Corby Ave
Santa Rosa CA

First mtg - November 26th 6:00PM
thru
Last mtg - November 27th 10:00 PM

Meetings, fellowship, food and fun to be shared by all. Bring along a holiday treat if you are able.

For more information or to volunteer call Barbara at 318-5376 or Graham at 499-1406.

Sober Riders

AA on Horseback!
Sundays, 10 AM
Call Judy R. for Location
829-7263

Happy Trails

Fourth Sunday
Take a Hike!
Call Linda L. for information
494-0323
mimpim65@yahoo.com



NOVEMBER • 2008



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1st United Methodist Church.....1551 Montgomery Faith Lutheran Church.....4930 Newanga Ave. St. Luke Lutheran Church.....905 Mendocino Ave . S.R Senior Center704 Bennett Valley Rd. S.R. City Hall Employee Lounge....First St. & Santa Rosa Ave. SCIF Bookstore.....750 Mendocino Ave, Suite 10 (All meeting locations are in Santa Rosa)						1
2 SOCYPAA 1st United Methodist 7:15 Business Mtg	3 General Service Faith Lutheran Church 6:45 Service Manual Study 6:45 New Rep Orientation 7:30 Business Meeting	4	5 Hospitals & Institutions S.R. Senior Center 5:30 New Rep Orientation 6:00 Business Meeting	6	7	8
9	10 SCIF Bookstore 6:00 Teleservice Meeting 7:00 ICSC Meeting 8:00 Intergroup Steering Committee Meeting	11	12 PI/CPC S.R. City Hall 7:00 Speaker Training 7:30 Business Meeting	13 Access Sonoma County SCIF Bookstore 6:30 Meeting	14 November Newsletter Deadline	15
16 SOCYPAA 1st United Methodist 7:15 Business Mtg	17	18 Bridging The Gap SCIF Bookstore 6:30 New Rep Orientation 7:00 Business Meeting	19	20 Communications (Newsletter) SCIF Bookstore 6:30	21	22 General Service Area 06 Committee 320 N. McDowell Blvd Petaluma
23	24 Intergroup St. Luke Lutheran Church 7:30 New Rep Orientation 8:00 Business Meeting	25 General Service District 12 Officers Meeting 6:15 SCIF Bookstore	26	27 Thanksgiving Alkathon	28	29 <div style="border: 1px solid black; height: 15px; width: 100%;"></div> 30

SCIF FINANCIAL SUMMARY SEPTEMBER 2008



**Example of Suggested
Group Contributions to
AA Service Entities**

- 50-70% to Intergroup
- 10-30% to Local General Service
- 10-20% to CNCA
- 10-20% to GSO New York

	Income	Sept. 2008 Expense	Net	Sept. 2007 Net	Income	Year to Date Expense	2008 Net	2007 Net
Group Supported:								
Central Office								
Groups								
Individuals								
Teleservice								
Web Site								
Newsletter								
ASL Interpreter								
Interest								
<i>Subtotal</i>								
Self Supported:								
Bookstore								
Activities								
Alkathons								
Seminars								
<i>Subtotal</i>								
TOTAL								

Assets & Liabilities	
Cash in Bank & Petty Cash	
Prepaid Expenses	
Liabilities	
Subtotal	
Literature Inventories	
Property	
Total Assets & Liabilities	

Memo:	
Cash in Bank & Petty Cash	
Prudent Reserve	
Liabilities	
ASL Reserve	
POS Reserve	
Operating Reserve	

GROUP CONTRIBUTIONS

11th Step Meeting
 12 X 12 @ 12 Group
 12 X 12 Plus Step
 A Vision For You
 AA Harmony Group
 AA Health Professionals
 AA of Sonoma, Friday Night Fellowship
 AA of Sonoma, Thursday 11th Step Group
 AA of Sonoma, Tuesday Big Book Group
 Access Sonoma County
 Acres Fellowship Group
 Alive & Well In Fulton
 Any Lengths Group
 As Bill See's It
 Attitude Adjustment Group
 Be What You Want To See
 Big Book Review
 Bodega Bay Fellowship
 Book & Discussion, Sonoma
 Breakfast Club
 Brodz Nite Out
 Came to Believe Group
 Cloverdale Fellowship Hall
 Defects & Shortcomings
 Early Bird Fellowship of Petaluma
 Expect A Miracle
 FAHA Home Group
 Fourth Monday
 Friday Nooners of AA
 Gay Newcomers Group
 Good Neighbors, Geyserville
 Graton Fellowship
 Gravenstein Gay Group
 G.R.B.B.S.
 Gualala Group
 Geyserville Men's Big Book Study
 Healdsburg Anonymity
 Healdsburg Women's Book Study
 Hessel Big Book Study Group
 Higher Power Group

Highlander Group
 How It Works Group
 Just For Today
 Keep It Simple
 Kenwood Group
 Kenwood Step Study
 Lost & Found Group
 Lunch Bunch Group
 Mature & Sober Group
 Moment of Silence
 Monday Madness
 Monday Mood Swings
 Monday Night Alcoholics Only Step Study
 Monte Rio Book Study
 Monte Rio Fellowship
 New Sobriety Group
 Not Just Another Newcomer's Mtg
 O God It's Monday
 Open Door
 Out of the Ashes Group
 Outsiders
 Petaluma Valley Group
 Prayer & Meditation, Sebastopol
 Promises Group
 Quitting Time Group
 River Grace
 Rule 62 River Readers
 Santa Rosa Fellowship
 Santa Rosa Saturday Night Group
 Saturday Morning Beginners
 Saturday Nite Living Right
 Saturday Night Young People's
 Saturday Serenity
 S. C. G. M. A. A.
 Sebastopol AA Noon Movement
 Sebastopol Men's Stag
 Sebastopol Step Study Group
 Serenity Fellowship Hall
 Sharing & Caring
 Signs of Sobriety

Small women's literature group
 Sober Sisters
 Sober Sunday Group
 Sonoma County Men's Stag
 Sonoma Valley Fellowship
 South Park Survivors
 Spirit of Akron
 Steps In Windsor
 Sunday AM Support
 Sunday PM Closed Discussion Group
 Sunday Sanity
 T.G.I.F. Nooners
 The Saints and Sinners Group
 The Sunday Night Group
 There Is A Solution, Santa Rosa
 There Is A Solution, Healdsburg
 Think About It Group
 Third Step Group
 Thurs. Big Book Step Study
 Thurs. Night 12 X 12 Discussion Group
 Thurs. Night Women's AA
 Tuesday Afternoon Delight
 Tuesday Noon, Alano Club
 Up Group
 Up The Steps
 Warm Springs Fellowship
 Wednesday Wonders
 We're In The Now
 Women's Book Group
 Women's Lunch Bunch
 Women's Perspective AA Group
 Women's Step Study & Discussion Group
 Women's Tuesday At Noon
 Working Winners
 Young People's Tea & Recovery
 Young & Young At Heart
 (group name not on check)
 (group name not on check)

Total

ADDRESSES

Sonoma County Intergroup Fellowship

750 Mendocino Ave. #10
Santa Rosa, CA 95401-4846

Sonoma County General Service

PO Box 536
Santa Rosa, CA 95402

Area 22 H & I Treasurer

PO Box 192490
San Francisco, CA 94119-2490

General Service Office

PO Box 459, Grand Central Station
New York, NY 10163

CA Northern Coastal Area Treasury

PO Box 884222
San Francisco, CA 94188

Sonoma County PI/CPC*

PO Box 11350
Santa Rosa, CA 95406

SOCYPAA

P.O. Box 5784
Santa Rosa, CA 95402

**Funded solely through Sonoma County General Service*



TELESERVICE

Phone Line Coordinator

Dave R.

12 Step Coordinator

Rich S.

AA HOTLINES

Santa Rosa (707) 544-1300

Toll Free (800) 224-1300

Petaluma (707) 762-5122

Sonoma (707) 938-2027

Spanish (707) 829-1272

CONTACT INFORMATION

Sonoma County Intergroup Fellowship

SCIF OFFICERS

Chair	Diane W.
Vice Chair	Bob P.
Secretary	Donna L.
Treasurer	Pat H.
Registrar	Nan B.

SCIF COMMITTEE CHAIRS

Activities	Laurie E.
Alkathons	Barbara F.
Outreach	Sean M.
ICSC	Gene H.
Seminars	Doug S.
Teleservice	Dave R.
Communications/ Newsletter	Brian Z.
Website	Sam K.
Meeting Changes:	Russell

Sonoma County General Service

DCMC	Padee M.
Treasurer	Annie T.
Registrar	D.J. S.
Archives	Larry F.
Grapevine Rep	Doug F.
Access Sonoma County	Susan C.
Bridging the Gap	Allen H.
PI/CPC	Dave R.

Hospitals and Institutions

Chair Don S.

Sonoma County Young People In Alcoholics Anonymous

Chair Rob S.

For a one year subscription send in either
\$8 per year for regular mail or \$4 for emailed PDF (circle choice) to:

Fellowship News Subscription

750 Mendocino Ave. Ste. 10, Santa Rosa, CA 95401-4846

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Phone _____

Email _____

Old Information _____

New Correction Renew Email Cancel