



sonoma county Intergroup Fellowship

NEWS

August 2009

Get the latest meeting listings, upcoming events, and more at www.sonomacountyaa.org

VOLUNTEERS NEEDED

We are already planning for Unity Day, the Alkathons, and more activities. All of these committees need help — lend a hand if you can.

- Activities** Wynny B. 206-9030
activities@sonomacountyaa.org
- Alkathons** Siobhan S. 477-2784
alkathons@sonomacountyaa.org
- Unity Day** David O. 228-9365
unityday@sonomacountyaa.org

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www.aa.org
www.aagrapevine.org
www.sonomacountyaa.org

Talent Show September 11

Santa Rosa Vets Memorial
1351 Maple Ave. - 5 pm

Soft Drinks and Snacks will be sold, donations taken at the door

We need volunteers to help!

If you missed the auditions call Wynny B. 206-9030

A Workshop on the 9th Step

*Made direct amends to such people wherever possible,
except when to do so would injure them or others.*

Wednesday, July 29, 2009
6:30pm to 8pm

Santa Rosa Alano Club
465 Kenwood Court, Santa Rosa
Questions? call Doug S. at 477-6231

BOOKSTORE

SCIF CENTRAL OFFICE

750 Mendocino Ave., Suite 10
Santa Rosa, CA 95401

Manager: Linda M.
Phone: (707) 546-2066
Fax: (707) 566-9677
bookstore@sonomacountyaa.org
Hours: Mon-Fri 10-6
Sat 11-3

*The bookstore is staffed by volunteers.
Occasionally it is closed
for lack of staff.
Call first!*

**The Bookstore is closed
on these Holidays**

Memorial Day	May 25th
Independence Day	July 4th
Labor Day	September 7th
Thanksgiving	November 26th
Christmas	December 25th
New Year's Day	January 1st

NEW MEETINGS

Healdsburg

Step Sisters

Monday 6:30 pm (C) (W)
Church - 1402 University

Jenner

Jenner Step Study

Sunday 6:00 pm (O) (W)
Hwy 1, Comm. Center behind gas station
June thru October

MEETING CHANGES

Petaluma

Alano Club

All meetings moving to new location at
1050 Petaluma Blvd. No. (Next to Lucky)

NO LONGER MEETING

Cloverdale

11th Step

Sunday 5:00 pm

We-all

*Through all the years
and the myriad fears
that mark the grinding
change of gears of times passing ...
family goes on!*

*In spite of reasonable reasons
for ignoring kith and kin
due to the climactic nature
of relationships seasons ...
family goes on!*

*For all those justifiable
annoyances that color red
the family tree ... or valid, seem to
rip it from its roots ...
family goes on!*

*Ant though we all
from time to time have
willing deemed
ourselves uniquely unable
to carry the tune ...*

*it is the basis and the reason
for humanity's tart song,
that ever sings "life goes on"
only as long as ...
family goes on!*

-via jeremy, Sonoma Co AA member

THE PRICELESS SPONSOR

We should have a "Sponsor Hall of Fame", don't you think? I've been luckier than most but if you're currently sponsorless, I have a system. It was approved by my boss: H.P. I'll try to share my experience, strength, and hope on this sometimes daunting topic.

First of all, the kind women who took me under their wing seemed to have endless patience. They'd kind of have to ... I can be a handful. I've learned that you cannot work this program alone. It is a WE program while still being an inside job. The twelve steps cannot perform their maximum magic without a trusted sponsor.

When I initially came to meetings in 1981, I was horrified at having to spend so much time with another sick person. AND I was also far too busy. (I'll bet a lot of us were at first.) I was just interested in getting on the AA Diet where you learn not to drink by attending those evening "classes" that only cost a dollar a class.

But I was lucky. When I finally hit bottom, I burst into tears at a very large "AA class", and I begged the stranger next to me to-help-me—She did. - She gave me her sponsee of three years, threw us out on her porch with a big book and said, "Now work the steps!" I got to keep that sponsor for my first twelve years, until she married and moved away.

For a while after she left, I felt as if I'd been cast upon a stormy sea, alone and with only half a life vest. I learned the hard way that it's nearly impossible to stay afloat alone. So here's where I developed my plan to find a compatible trusted sponsor:

I go to tons of meetings and get phone numbers of women I know I can trust. I narrow it down to three or four and call them every day for 30-90 days. I see how we fit.

How does she handle crisis?

How does she work with newcomers?

How compatible are our daily schedules? Does she work while I sleep? Does she travel a lot?

Does she work the steps with her own sponsor?

Simultaneous to calling my two or three candidates, I add a special "Sponsor Request Prayer" to my daily morning prayer/meditation with my HP. You'll make a prayer of your own. Mine sounds like this:

"Please God, send me to the right person to be my sponsor. Let us enter into a mutually beneficial loving relationship. I trust you. It is in your hands. I let go."

This has worked for me 100% of the time. My current sponsor and I have laughed and cried and spoiled her dogs. She's where this article came from. SHE is the priceless sponsor.

Cynthia D.

Alkathon Alert!!

**Carpenters Hall has declined our request for their hall.
Do you or your group know of an appropriate location?**

**Contact Siobhan 477-2784
alkathons@sonomacountyaa.org**

NOTES FROM THE BOOKSTORE

Notes from the Bookstore:

New prices for AAWS publications will be in effect at the Bookstore on Monday August 3rd. The new Bookstore price list is now available so be sure that your group has one.

I would like to thank all of the people who volunteered their time to help with the 2nd quarter Bookstore inventory on June 30th. I would also like to send special thanks to Diane W. for helping to organize the inventory count sheets and for helping to input the information to the POS system on inventory day.

There are no volunteer shifts available at the Bookstore at this time.

In Service,
Linda M.

Sonoma County Intergroup Fellowship General Meeting

GENERAL MEETING – June 22, 2009

The meeting was opened with the Serenity Prayer

PREAMBLE: Mike D. TRADITION 6: Bob K. CONCEPT VI: Debbie B.

INTRODUCTION OF NEW REPRESENTATIVES:

Tony P.	TGIF	Petaluma
Jason W.	Chopsticks	Santa Rosa
Debbie B.	Women's Perspectives	Santa Rosa
Todd C.	Stick Around Group	Santa Rosa
Jim B.	H.O.W. it Works	Santa Rosa

OFFICER REPORTS:

CHAIR: Bob P. – Intergroup has lots of great volunteers. Special thanks to Steve B. for all the service work he has done.

VICE CHAIR: Sean M. – Welcome new reps. Call Sean if you have questions.

TREASURER: Pat H. – May group contributions were low, at \$2468, although somewhat typical for May based on the last three years. Bookstore sales were weighted towards basic books – lower margin items. These two factors led to \$205 loss for bookstore and \$1310 loss for group-supported services. The bookstore price increases will be effective Aug 3rd. Price list flyers are available.

SECRETARY: Connie C. (Donna L filled in) - The May SCIF General Meeting minutes published in the July newsletter were approved without changes.

REGISTRAR: Donna L. – In May, there were 373 AA meetings / week in Sonoma County. Of those, 125 (33%) were represented at the May SCIF General Meeting.

BOOKSTORE: Linda M. – New bookstore prices will only affect the AA World Services items, not Grapevine books. The Big Book will be \$9 + tax. The quarterly bookstore inventory will be held at 6:30 pm on Tuesday, June 30. There are currently no volunteer shifts open. The new Grapevine publication, “Voices of Long Term Sobriety” is now available. There are also new recovery greeting cards and bookmarks.

COMMITTEE REPORTS:

ICSC: Gene H. – The bookstore is running well. There were modifications made to the bathroom to make it more accessible.

ACTIVITIES: Wynny B. – The picnic is coming up July 12. The Talent Show is September 11. Auditions for the talent show are July 25.

ALKATHONS: Siobhan S. – (Holly filled in) Carpenters' Union Hall turned us down for alcathons this year due to their lack of staff. We need another venue! Please announce at meetings. Call Siobhan (contact info on page 2 of newsletter) with leads.

COMMUNICATIONS/NEWSLETTER: Brian Z. – Contact Brian if you see any changes that need to be made to newsletter or website.

OUTREACH: Mike C. (Eric filled in) Mike needs assistance reaching out to unrepresented meetings. His contact info is on the back of the newsletter.

SEMINARS: Doug S. – The 9th Step Seminar will be held on July 29 at the Alano Club.

TELESERVICE: Berrine D. – (Rich filled in) There is one shift open: Monday overnight (10p – 8am). They also need new contacts so they can update their 12th step list.

UNITY DAY: David O. – He is forming sub-committees for Unity Day. He needs volunteers. He will be meeting with the Chairs from other service entities. Unity Day will be held October 18 at the Sebastopol Veterans Hall.

LIAISON REPORTS:

BRIDGING THE GAP: John B. – (Joseph filled in) In May there were 15 local contacts, 9 out of county, 11 out of District and 8 out of Area. BTG needs volunteers, especially those that can serve the West County area.

HOSPITAL AND INSTITUTION COMMITTEE: Will S. – (Patrick filled in) H&I brings literature and meetings to folks in facilities that can't get out. Monthly meeting on calendar in newsletter. You don't have to be a rep to get involved.

PI/CPC: Nick R. – (Bob K.) They distribute AA literature to libraries, hospitals, police stations, health care centers, etc. They also provide speakers for high schools and DUI classes.

SOCYPAA: Matt C. – (Jared filled in) They just finished elections. They will have a campout at Bull Frog Pond on August 7-9. There will be a Wear White - Black Light dance on July 17 at the Alano Club.

ACCESS SONOMA COUNTY: Margie A. – ASC addresses impediments to accessing AA meetings in Sonoma County. They are looking into getting an assisted listening device for members with hearing impairments. They will be discussing what they can do to educate the fellowship on making alcoholics with mental health issues feel welcome in AA. A member has interviewed a number of people with mental health issues. They are considering a tri-fold brochure for the fellowship and also doing a workshop on co-occurring issues. Their next meeting is the second Thursday of July at 6:30pm at the bookstore.

GENERAL SERVICE: Annie T. – June BBQ was a really fun, and attended by approximately 160 folks. Our Delegate David N. gave an excellent report. Next CNCA assembly will be in Fortuna on August 8th. A GSO managerial decision was made to save the Fellowship about \$35,000 by not printing the three 2009 Regional A.A. Directories (Canadian, Western U.S. and Eastern U.S.). A staff position is open at the General Service Office, and many Trustee service jobs are becoming available. 2010 International Convention will be July 1-4, 2010 in San Antonio, Texas. The monthly business meeting is on the first Monday at 7:30 PM at the Faith Lutheran Church. Both a new GSR Orientation and a Concept Study start at 6:45 PM.

SPANISH INTERGROUP: Shaline E. – (absent)

NEW BUSINESS

ICSC NOMINEES: Maureen of the ICSC nominating committee introduced two candidates for the ICSC: John F. and Laurie E. They each took a few minutes to speak about their background and qualifications. The vote will take place at July SCIF business meeting

GROUP REPRESENTATIVES' SHARING:

Attitude Adjustment is no longer signing court papers.

SUMMATION: Sean reviewed items to bring back to groups for discussion.

The meeting was closed with the Lord's Prayer.

Gratefully in Service, Donna L.

“Lead me not into temptation; I can find it myself.” A.A. joke

TELESERVICE

707-544-1300

For over a year this number jumped out at me whenever I was perusing the classifieds for yet another job. Once I made “the call” and followed the suggestions made by the woman on the other end of the line, my life began to change and continues to do so.

Now, after many 24-hours, I am one of the alcoholics on the “other end of the line” when someone calls for help. The person may be looking for a meeting; asking for directions to a meeting; needing to talk to another alcoholic; or be a first time caller desperate for help to stop drinking.

It is a privilege to give back what was so freely given to me. -Ira A.

BRAND NEW WEBSITE



The Communications Committee is happy to announce that our website has been completely redesigned and updated. If you have not yet had a chance to check it out, please do so, at www.sonomacountyaa.org. This is a great place to check in for information about AA in Sonoma County, and also has many links to other AA resources. We think the new look is fantastic – take a look and let Sam K., the webmaster, know what you think.

PI/CPC

Much has been written about alcohol abuse among young people, but less attention has been paid to the growing problem of alcohol abuse among seniors.

Loss of loved ones and loneliness often result in seniors turning to alcohol for comfort and companionship. The natural slowing of the body's ability to process alcohol as people age, coupled with the interaction of alcohol and various medications a senior may be taking, often result in alcohol becoming a problem in a relatively short period of time. Also, many seniors still have a great deal of shame surrounding alcoholism.

Your PI/CPC Committee is gathering information and exploring ideas on how best to reach out to the still-suffering alcoholic senior. Suggestions include distributing literature to Senior Centers and senior living communities, making speakers available, creating and educating professionals who deal primarily with seniors.

The committee continues to provide speakers when asked, distribute literature throughout the county, and is in the process of distributing meeting schedules to hotels.

If you are interested in any of these activities, the speaker training sessions are on the 2nd Wednesday of the month at 7:00 pm with the business meeting following at 7:30 pm. Both are in the Employees' Lounge under Santa Rosa City Hall.

Margie A.

ACCESS SONOMA COUNTY

Wanted: Experience, Strength, and Hope

Hey, Sonoma County! Access Sonoma County wants you to come to our monthly meeting at least once this summer, and tell us what it's like for you. We invite you to join us at the bookstore on the second Thursday of the month at 6:30 pm, for an hour devoted to making the Responsibility Statement a reality in our fellowship.

Some of the hot topics on our agenda this summer include the following:

- Assistive listening devices, which would enable hard-of-hearing alcoholics to hear and comprehend speakers at meetings, service gatherings, and SCIF events. Where are they? How much do they cost? Would anyone want to use one if we bought it?

- We are hearing from more alcoholics who contend with mental and emotional disorders as well as alcoholism. We are interested in addressing some misinformation which seems to exist in AA about the treatment of these co-occurring disorders. Got a story, an opinion, a suggestion?

- We're looking into ways to code the meeting schedule so that information about children at meetings is available there, not on a separate list. How could we do that without making the print on the schedule any smaller than it already is? If your brain loves challenges like this, we need to hear from you.

Can't come to a meeting? You can call Jamie T. at 545-2878, or you can email Pat N. at patriciabreathe@gmail.com. We truly need your help, and we'd love to listen. Thank you all for caring.

Pat N.

SOCYPAA CAMPOUT

Oh, man, Summer is almost over ... have you gotten all your fun in yet? SOCYPAA, or SONoma County Young People in AA is hosting our 6th annual campout. This year it is going to be on Friday, August 7th-Sunday, August 9th, 2009 at the Bullfrog Pond Campground in Austin Creek Recreational Area (next door to Armstrong Woods) located at 17000 Armstrong Woods Road, Guerneville, CA, 95446-9587 (Austin Creek State Recreation Area is adjacent to Armstrong Redwoods State Natural Reserve and is accessed through the same entrance.) The phone number is (707) 869-2015, and the cost is \$20 per person for Friday & Sat. night camping and the Sat. night spaghetti feed. (8 people per site, 2 cars per site, \$7 each additional vehicle). What to expect: Campfire Meeting Fri & Sat nights @ 8 pm, Spaghetti feed Sat. night @ 6pm, swimming in nearby Russian River and on-site Austin Creek. Camping amongst rolling hills, oak capped knolls, and of course the majestic redwoods right next door and overhead. For more info contact Sarah N. (707) 548-2775.

If you are interested in getting involved with SOCYPAA, come to our business meeting every first and third Sunday of the month at 1551 Montgomery Drive, in Santa Rosa at 7:15 pm, right after the Young and Sober meeting.

We always need people, and you can be involved even if you don't have a position, thanks to some nifty by-laws changes.

Take care,

Craig G. (Batman) SOCYPAA's Graphics Chair

HOSPITAL AND INSTITUTION COMMITTEE

“In 1972, there were over 300 AA members serving in the work of this committee and more were needed. Over 70 institutions were being served daily or weekly and the workers traveled over 3000 miles each week carrying the message. By 1996, H&I serviced 620 meetings covered by some 2500 AA members and still more were needed. The Northern California Council Hospital and Institution Committee is rated as outstanding in the nation, an example of work that should be done. If this were our only activity, we could still be proud of the functions of this Council. In the early days, groups from different cities took the responsibility to cover the meetings in the first two prisons, Folsom and San Quentin. But, as is natural, egos got in the way and, come meeting night, several groups of people from different fellowships would sometimes show up. Since we were all anxious to carry the message, arguments and even fistfights were the order of the night. For this reason, Hospitals and Institutions was organized.” [From A Brief History of the Northern California Hospital and Institution Committee]

On July 1, 2009, the Hospital and Institution Committee welcomed new meeting reps Richard, representing the Discussion Meeting; Hank, Monday Madness; Linda, Sober Sunday; Mike, There is a Solution; Peggy, Women’s Perspectives; David, Yulupa Lodge Group; Kristen, Women’s Tues @ Noon; Ed, Sonoma Friday Night; Carlos, Paso a Paso; David (DJ), Kenwood Group; Bruce, New Hope Book Study; and Emily, Mood Swings (Healdsburg). Greetings also to our visitors Felicia and Greta—we hope you find something you like.

Still wondering if service helps keep you sober? Well, there were over 110 years of sobriety being celebrated by H&I members for the month of July. Hmmmm...

And if you’re wondering if H&I service is for you, why not come on down to the next meeting of the Committee on Wednesday, August 5, and see for yourself? The regular meeting starts at 6:00 pm., with the orientation (to which all are welcome) beginning at 5:30 pm at **THE NEW LOCATION: Community of Christ Church, 1495 W. Steele Lane, at the corner at Range Avenue (parking is off of Range, behind the church).**

In service,
Mardi

GREEN CAN ACCOUNTING

QUARTERLY REPORT

“Concerning any given service, we therefore pose but one question: Is this service really needed? If it is, then maintain it we must, or fail in our mission to those who need and seek A.A.”

Bill W., “AA’s Legacy of Service.”

GROUP CONTRIBUTIONS FOR SIGN LANGUAGE INTERPRETERS

Meeting	2nd Qtr '09	YTD
Bring Your Own Big Book		\$
Cazadero Group	\$	\$
Harmony Group	\$	\$
Hessel Big Book Group	\$	\$
Individual contribution		\$
Keep It Simple Stupid (KISS)	\$	\$
Mature & Sober	\$	\$
Moment of Silence	\$	\$
Saturday Night Living Right	\$	\$
Sebastopol Single Purpose Group	\$	\$
Signs of Sobriety	\$	\$
Simply AA	\$	\$
Sunday Niters		\$
Think About It	\$	\$
Third Step Group	\$	\$
Thursday Night Big Book Study	\$	\$
Up The Steps	\$	\$
Women’s Perspective AA Group	\$	\$
Women’s Step Study & Discussion	\$	\$
Young & Young At Heart		\$
Total		
Paid to interpreters:		
Prudent Reserve:		,
Together we can! Thank you for your support!		
Janet DP		

*A “shortcoming” is like a flat tire.
A “character defect” is like driving on it.
– heard around AA*

GENERAL SERVICE – “IN SERVICE”

When first in A.A., I had all kinds of fear. Now I am admitting my weakness. My inability to control my drinking. Then came the feeling of, what do I do next? How can my life go forward? What’s in store for me? I now understand the “this will pass” phrase. But those early-on fears were huge. Then a sponsor came along. This person guided me to opening new doors. Fears! Wow, here we go again. I’m slowly getting the picture. New ventures, fears, learning something new, becoming comfortable. The feeling of accomplishment (growth). Now you see how I am being guided and the feelings of self-esteem that follows. I’ve gotten involved with a “Service Sponsor”. I was told to make myself available for a position in General Service. There it goes again, fear. Can I do the position? Do I have what it takes? Do I have the time? OK, you reading this can again see the pattern. Where I have come from and where I am now is beyond my understanding. All I know is I came into this fellowship to stop drinking. The wonderful life that is happening for me is the result of trying life in a different way than I had been. The “In Service” part of my recovery has been magical. My results are my proof. Give it a try, but watch out, you’ll feel better for it.

Thank you all!

In service, Steve D.

Upcoming Events

RECOVERY SEMINAR

The Ninth Step

Wednesday, July 29, 2009

6:30pm to 8pm

Doug S. at (707) 477-6231

Santa Rosa Alano Club

465 Kenwood Court, Santa Rosa

CNCA SUMMER ASSEMBLY

Saturday, August 8, 2009

Riverwalk Lodge, Fortuna, CA

Meetings and workshops all day

More information at:

www.cnca06.org

Serving 23 Intergroup/Central Offices

Our link to General Service

California Northern Coastal Area

P.O. Box 884222

San Francisco, CA 94188-4222

SOCYPAA Annual Camping Trip

August 7 - 9

**Bullfrog Pond Campground
at Austin Creek
State Recreation Area**

**\$20 for the whole weekend
and that includes the
spaghetti dinner on Sat night.**

**There will be campfire
meetings each evening.**

**Events Chair, Sarah N
707-548-2775**

Service Workshop Sonoma County Alano Club,

Saturday, August 29, 2009

10:00-11:30 a.m.

1050 Petaluma Blvd No., Petaluma

TOPICS - 10:00-11:00 am

The Secret to an Improved Recovery

Service to the Group

Growth in Service-and Spirituality

Service to AA as a Whole

Q & A - 11:00-11:30 am

Linda G. 707-795-5195

Laura E. 707-763-6385

HAPPY TRAILS

Happy Trails will meet on August 30th and go hiking across the Golden Gate Bridge.

We meet at 10 AM in the Santa Rosa Mall parking lot across the street from the old Traverso Market

Hope to see you there, Lloyd 707-585-3938



AUGUST • 2009



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1st United Methodist Church Faith Lutheran Church St. Luke Lutheran Church Community of Christ Church S.R. City Hall Employee Lounge SCIF Bookstore	1551 Montgomery, Santa Rosa 4930 Newanga Ave., Santa Rosa 905 Mendocino Ave., Santa Rosa 1495 W. Steele Lane, Santa Rosa First St. & Santa Rosa Ave., Santa Rosa 750 Mendocino Ave, Suite 10, Santa Rosa					1
2 SOCYPAA 1st United Methodist 7:15 Business Mtg	3 General Service Faith Lutheran Church 6:45 Service Manual Study 6:45 New Rep Orientation 7:30 Business Meeting	4	5 Hospital & Institution Community of Christ Church 5:30 New Rep Orientation 6:00 Business Meeting	6	7	8
9	10 SCIF Bookstore 6:00 Teleservice Meeting 7:00 ICSC Meeting 8:00 Intergroup Steering Committee Meeting	11	12 PI/CPC- S.R. City Hall 7:00 Training 7:30 Business Unity Day Planning 7:00 Committee Meeting SCIF Bookstore	13 Access Sonoma County SCIF Bookstore 6:30 Meeting	14 September Newsletter Deadline	15
16 SOCYPAA 1st United Methodist 7:15 Business Mtg	17	18 Bridging The Gap SCIF Bookstore 6:00 New Rep Orientation 6:30 Business Meeting	19	20 Communications (Newsletter) SCIF Bookstore 6:30	21	22 General Service Area 06 Committee 320 N. McDowell Blvd Petaluma
23	24 Intergroup St. Luke Lutheran Church 7:30 New Rep Orientation 8:00 Business Meeting	25	26 Unity Day Planning 7:00 Committee Meeting SCIF Bookstore	27	28	29
30 HAPPY TRAILS Santa Rosa Mall 10 am	31					



Example of Suggested Group Contributions to AA Service Entities

- 50-70% to Intergroup
- 10-30% to Local General Service
 - 10-20% to CNCA
 - 10-20% to GSO New York

Let's not louse this thing up, let's keep it simple". -Dr. Bob

GROUP CONTRIBUTIONS

Meetings	June	2009 YTD
11th Step Meeting		
12 X 12 @ 12 Group		
12 X 12 Plus Step		
A Vision For You		
AA of Sonoma, Thursday 11th Step Group		
AA of Sonoma, Tuesday Big Book Group		
Access Sonoma County	5.00	
Acres Fellowship Group		
Alive & Well In Fulton		
Any Lengths Group		
Attitude Adjustment Group		
B.Y.O.B.B.		
Be What You Want To See		
Big Book Review		
Book & Discussion, Sonoma		
Breakfast Club		
Brodz Nite Out		
By The Book Group		
Came to Believe Group		
Defects & Shortcomings		
Drop The Rock		
Early Bird Fellowship of Petaluma		
Expect A Miracle		
FAHA Home Group		
Friday Lets Discuss It Group		
Gay Newcomers Group		
Good Neighbors, Geyserville		
Graton Fellowship		
Gravenstein Gay Group		
Happy Hour Group		
Healdsburg Women's Mood Swings		
Hessel Big Book Study Group		
Higher Power Group		
How It Works Group		
Just For Today		
Keep It Simple		
Kenwood Group		
Lunch Bunch Group		

Mature & Sober Group
Mid-Day at Mid-Week
Moment of Silence
Monday Madness
Monday Night Alcoholics Only Step Study
New Sobriety Group
O God It's Monday
Open Door
Out of the Ashes Group
Petaluma Valley Group
Promises Group
Quitting Time Group
Redwood Winners
River Discussion Grace
River Grace
River Women's Meeting
Rule 62 River Readers
Santa Rosa Saturday Night Group
Saturday Morning Beginners
Saturday Nite Living Right
Saturday Serenity
S. C. G. M. A. A.
Sebastopol AA Noon Movement
Sebastopol Men's Stag
Sebastopol Sunday Niters
Serenity Fellowship Hall
Sharing & Caring
Sober Sunday Group
Sonoma Valley Fellowship
South Park Survivors
Spirit of Akron
Sunday PM Closed Discussion Group
Sunday Sanity
There Is A Solution, Santa Rosa
Think About It Group
Third Step Group
Thurs. Big Book Step Study
Thurs. Men's Stag AA Group
Thurs. Night 12 X 12 Discussion Group

Thurs. Night Women's AA
Tuesday Night, Petaluma
Tuesday Nite Beginners AA
Tuesday Noon, Alano Club
Warm Springs Fellowship
Wednesday Night Men's Stag
Wednesday Wonders
Women In The Solution
Women's Book Group
Women's Lunch Bunch
Women's Perspective AA Group
Women's Step Study & Discussion Group
Women's Tuesday At Noon
Young & Sober
Young & Young At Heart
Total

7,

"When you think you are overdue for a miracle in your life, just remember: you are right in the middle of one."

ADDRESSES

Sonoma County Intergroup Fellowship

750 Mendocino Ave. #10
Santa Rosa, CA 95401-4846

Sonoma County General Service

PO Box 536
Santa Rosa, CA 95402

Area 22 H & I Treasurer

PO Box 192490
San Francisco, CA 94119-2490

General Service Office

PO Box 459, Grand Central Station
New York, NY 10163
CA Northern Coastal Area Treasury
PO Box 884222
San Francisco, CA 94188

Sonoma County PI/CPC*

PO Box 11305
Santa Rosa, CA 95406

SOCYPAA

P.O. Box 5784
Santa Rosa, CA 95402

**Funded solely through Sonoma County General Service*

www.sonomacountyaa.org



TELESERVICE

Phone Line Coordinator

Dave R. (707) 538-5758

12 Step Coordinator

Rich S. (707) 548-0962

AA HOTLINES

Santa Rosa (707) 544-1300

Toll Free (800) 224-1300

Petaluma (707) 781-9244

Sonoma (707) 938-2027

Spanish (707) 829-1272

CONTACT INFORMATION

Sonoma County Intergroup Fellowship

SCIF OFFICERS

Chair	Bob P.	481-4095	intergroup@sonomacountyaa.org
Vice Chair	Sean Mc.	542-2581	vice-chair@sonomacountyaa.org
Secretary	Connie C.	322-8206	secretary@sonomacountyaa.org
Treasurer	Pat H.	577-7892	treasurer@sonomacountyaa.org
Registrar	Donna L.	568-5330	registrar@sonomacountyaa.org

SCIF COMMITTEE CHAIRS

Activities	Wynny B.	206-9030	activities@sonomacountyaa.org
Alkathons	Siobhan S.	477-2784	alkathons@sonomacountyaa.org
Outreach	Mike C.	696-1840	outreach@sonomacountyaa.org
ICSC	Gene H.	481-4824	icsc@sonomacountyaa.org
Seminars	Doug S.	477-6231	seminars@sonomacountyaa.org
Teleservice	Berrine D	588-9088	teleservice@sonomacountyaa.org
Communications/ Newsletter	Brian Z.	575-7208	newsletter@sonomacountyaa.org
Website	Sam K.	523-2466	webmaster@sonomacountyaa.org
Meeting Changes	Russell	570-9268	
Unity Day Chair	David O.	228-9365	unityday@sonomacountyaa.org

Sonoma County General Service

DCMC	Annie T.	538-9005	generalservice@sonomacountyaa.org
Treasurer	Joann L.	778-0989	joannlowrie@yahoo.com
Registrar	Claudia N.	477-4704	jerseygirl1189@yahoo.com
Archivist	Jacob L.	849-0856	jlangendorf@gmail.com
Grapevine	Dale E.	483-5576	soberservent@gmail.com
Access Sonoma County	Jamie T.	545-2878	asc@sonomacountyaa.org
Bridging the Gap	Pete J.	894-8494	btgchairdist12@sbcglobal.net
PI/CPC	Dagmar M.	583-2310	picpc@sonomacountyaa.org

Hospital and Institution Committee

Chair	Don S.	696-0254	handi@sonomacountyaa.org
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Sonoma County Young People In Alcoholics Anonymous

Chair	Rob S.	235-5369	socypaa@sonomacountyaa.org
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