



sonoma county
**Intergroup
Fellowship**

NEWS APRIL
2007

Get the latest meeting listings, upcoming events, and more, at www.sonomacountyaa.org

Cache Creek Rides Again — 20 Years on the River...

If you haven't heard, the Cache Creek trip is actually June 23 & 24. Originally it was in the newsletter as another date. This was my error, not the newsletter. Also the final payment is due June 1, not May 1. This also was my error (or my typing) and I am sorry for whatever confusion that was created.

Now the good news is that there is still time to reserve your spot on the year's rafting trip. We are reserving 150 spots for the recovering alcoholics and their families. Remember the deposit is \$70 due by April 1st. This is because we are required to send the rafting company deposits for every spot we reserved in the months leading up to the trip. That is why we ask that you send in the money as soon as you can. For those of you who are able, if you could send in the full amount it would be helpful.

You are allowed and even encouraged to bring water toys as there are many opportunities to get into battles during the trip down the river. River etiquette dictates

(Continued on page 7)



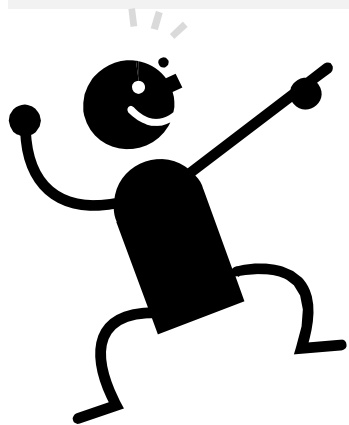
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Past Birthdays

Ed G.	2/20/90	17 yrs
Sorry, Ed. I messed up.		
—Dave H. Newsletter Editor		

Honesty & Integrity (and a Whole Lotta Fun) at the H&I 36th Annual Conference in Petaluma



In cooperation with Al-Anon and Alateen, the Northern California Council of Alcoholics Anonymous Hospitals and Institutions Committee is bringing the 36th annual conference to Petaluma the weekend of April 13, 14, and 15.

The conference will feature meetings, workshops, panel discussions, meeting in Spanish, and a Saturday night dance produced jointly with SOCYPAA, Sonoma County Young People in AA. The conference uses no H&I Pink Can money.

Friday	3:00 PM	Registration Opens		
	4:00 PM	Kick-off Meeting	Michele A.	Santa Rosa, CA
	8:00 PM	Speaker	Ronnie C.	Camas, WA
Saturday	7:30 PM	Speaker	Johnny H.	Long Beach, CA
	10:00 PM	Dance		
Sunday	11:00 AM	Speaker	Rita C.	Camas, WA

All For Only \$10!

Petaluma Veterans Memorial Building
1094 Petaluma Blvd S, Petaluma, CA

For more information, see page 7.

February 2007 Sonoma County Intergroup Fellowship General Meeting

Meeting was opened with The Serenity Prayer

Readings:

- Tradition 2: Judy
- Preamble: Valentin
- Concept 2: Dale

Introduction of New Representatives to Intergroup:

- Sean M., Tea and Recovery
- Steve D., Kenwood
- John B., New Sobriety Group
- Dave O., Oh God Its Monday & Thank God Its Friday
- Todd D., Sunday Nighters
- Connie C., Women's Step Study
- Dale E., Keep it Simple
- Rem R., Lunch Bunch
- Branwyn J., Young and Sober
- Mike A., River Discussion
- Alison P., Growing Pains
- Jessica R., Friday Big Book
- Ray R., Lunch Bunch
- Kendra L., Chopsticks
- Stephanie, We're in the Now
- Christina B., 11th Step
- Joan E., Healdsburg Sunday AM
- Mark P., Just for Today

February Birthdays:

- Jon R. – 3 years
- Jeff – 1 year
- Mark P. – 3 years
- Susy E. – 6 years.

Correction to January Minutes

Birthdays were for January, not December.

Election of Committee Chairs

Teleservice recommended Dave R. for position.

Intergroup voted on the following:

- Outreach—Barbara F-R. and Sparky L. were approved to co-chair;
- Activities—Laurie E; Seminars—Donna L.;
- Alcathons—Dale E.; Newsletter—Dave H.

OFFICER REPORTS

Intergroup Chair: Diane W., on her first night as chair, stated she would like to be brief due to the time taken up with elections of committee chairs. Under new business she would be discussing the Bookstore inventories.

Vice Chair: Tim P. stated it was important for new reps to attend the Intergroup orientation at 7:30 before the general fellowship meeting.

Treasurer: Larry O., new treasurer, stated good news that last month group contributions totaled \$X, the Bookstore made \$Y, the Women's Hat and Glove Luncheon made \$H and our prudent reserve is back. The Valentines dance lost \$V. He stated it takes a lot of money to run SCIF. We will have financial summaries quarterly which will include the Bookstore quarterly inventories.

Registrar: Susy E. stated that in January there were 348 meetings per week in Sonoma County and 141 were represented – a 40% representation.

Bookstore: Gloria stated that 4 volunteers are being trained currently. There are openings every other Monday afternoon, every other Thursday afternoon. The book sales for Emotional Sobriety selling for \$12 is doing well. Inventory will be March 31 from 11 to 3 and volunteers will be greatly appreciated.

COMMITTEE REPORTS

Outreach: Victoria H. thanked all for her opportunity to serve.

Activities: No report.

Seminars: Jim B. stated the next seminar would be at the Bookstore on March 17. The subject will be Steps 6 and 7. It was noted that the steering committee voted that the outgoing seminar coordinator would be responsible

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INTERGROUP OFFICERS

CHAIR	Diane W.
VICE-CHAIR	Tim P.
SECRETARY	Nan B.
REGISTRAR	Susy E.
TREASURER	Larry O.

COMMITTEE CHAIRS

SEMINARS	Jim B.
ACTIVITIES	Monika G.
OUTREACH	Victoria H.
COMMUNICATIONS	Dave H.
ALCATHONS	Jeff S.

TELESERVICE Dave R.

AA TELESERVICE

PHONE LINE COORDINATOR	Dave R.
12 STEP COORDINATOR	Rich S.

AA HOTLINES

	SANTA ROSA	707-544-1300
	LONG DISTANCE	800-224-1300
	PETALUMA	707-762-5122
	SONOMA	707-938-2027
	SPANISH	707-829-1272

Wed	8 P.M. – 11 A.M.	Sat	1 PM – 5 PM &
Friday	10 P.M. – 9 A.M.	Alternating	10 P.M. – 8 A.M.

Coming To Believe



As I sit, enjoying yet another AA anniversary, I am still in wonder of the miracle of my sobriety. It seems like it was just days ago, that horror that was my last drunk, still fresh in my mind, even after all these years.

What was the most important thing that happened? Who was the most influential person to help me? Looking back, I think

the most important event was when I came to believe.

I never had a real understanding of God, or that He had any power. So although I knew deep down there must be a God, I lived my life dependant only on me.

I drank for 30 years, with all the associated problems that go with it. When I finally got to AA, it took 6 months of going in out before I asked for some help. I asked a man to sponsor me and he said that he would work with me. After much discussion about God, it was agreed that I needed to find a power.

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SCIF General Meeting *(Continued from page 2)*

for the March seminar each year, even though a new coordinator is elected in February.

Alcathons: Jeff S. thanked all for his opportunity to serve.

Teleservice: Dave R. was recommended by Teleservice to take over position. Teleservice meets every second Monday at the Bookstore at 6 pm. He stated Teleservice needs a lot of help. There are many shifts available. Six months of sobriety and a working knowledge of the steps is all that is required to work in Teleservice.

Newsletter: Dave H. stated the newsletter committee meets the second Wednesday of the month at 6:30 at the Bookstore. The newsletter needs articles with service as a subject.

ICSC: Frances B stated our insurance covers nine activities per year and we did eleven, there will be no chip sale this July and inventory of the Bookstore will be held quarterly, next time being March 31 from 11 to 3. We really need volunteers for this. Discussion about insurance was tabled for next month due to shortage of time, but there was a lot of concern about this.

LIAISON REPORTS

Hospitals and Institutions: Mark V. stated they meet the first Wednesday at the Senior Center, 5:30 is the meeting for new reps, 6:00 is the business meeting. Spring Conference is in Foster City March 16, 17, 18 and the Annual Conference is in Petaluma April 13, 14 and 15.

General Service: Padee reported saying General Service meets the first Monday of every month at Faith Lutheran Church 7:30 pm. Dale E. is the new newsletter correspondent and Alan H. is the BTG chair. They ask that when your GSR asks for a sharing session on the AA Fellowship's topics, please show your support. There are two conferences coming up, PRAASA in Portland March 3rd weekend and NCCAA Spring Conference in Foster City March 13 – 15. Feb 17th there was an Agenda Topics Workshop Day with over 75 in attendance. Next "Lick and Stick" CNCA comments party is March 8 at Faith Lutheran Church.

PI/CPC: Nick R., new liaison, states this committee meets the second Wednesday at 7:30 at S.R. City Hall.

They need committee people familiar with TV and radio to get announcements out. PI is having a meeting with Sonoma County judges, PO s and DA s and have received a request to place more AA literature in all the libraries of the county.

Bridging the Gap: John reported this committee meets the third Tuesday of the month at 7 pm at the Bookstore. They need a lot of help to try to get their feet back on the ground. Silvana B. is their phone coordinator.

SOCYPAA: Sean M. states they will be hosting the dance at the H&I Conference in April in Petaluma. Admission is free if you attend the conference. Jody B. is the new co chair. There is a game night coming up in Sebastopol March 31 8 pm to 2 am. See newsletter for more information.

Access Sonoma County: Jamie T. states they meet the second Thursday at 6:30 at the Bookstore. ACS makes wheelchair access information available. They continue to receive and distribute survey pamphlets – have had a good response. They work to increase the effectiveness of Home Group as a way to provide maximum assistance to members in need, i.e. confined to home, transportation to meetings, etc.

OLD BUSINESS

The motion to put the Al-Anon Hotline number on the front of our Meeting Schedule was carried 41 votes yes, 10 votes no and 12 votes abstaining.

NEW BUSINESS

The Bookstore is in extreme need of volunteers to assist with the quarterly inventories. Intergroup voted last October - 19 to 1 to do inventories quarterly. No volunteers showed up for the end of December inventory. Therefore, it was asked of the reps to go back to their groups and ask for names and phone numbers of AA s that would be willing to commit to help with inventory Saturday, March 31 from 11 to 3.

Mark: Cache Creek meeting on the river is scheduled for June 23 and 24, not 24 and 25 as appears in the March newsletter.

Group Concerns/ Sharing: Time did not permit.

Closed with the Responsibility Statement.

Gratefully in Service,
Nan B.

Notes from the Chair

Myth, memory, and facts..... “We’ve always done it that way.” “We had a vote and decided to.....” “We are limited to nine events a year.”

Such statements sometimes prove to be mistaken, or *almost* right, or wishful thinking. In the few weeks I have served as Intergroup Chair, I have heard a number of these helpful comments and wanted to find sources to check them out. The archive of newsletters housed at the Bookstore has helped in putting together a document, “Sonoma County Intergroup Fellowship Motions and Highlights,” that is now available. Each Steering Committee member has been given the complete document, and a one-page excerpt of highlights is now handed to new Intergroup Representatives at the monthly orientation. The excerpt includes notes about when SCIF was incorporated, when the Bookstore moved to its present site, when we established Newsletter and Activities guidelines, when we last raised the prudent reserve, etc.

However, the story is not complete. Our newsletter archive starts in December 1989. Many newsletters are missing. Some don’t contain minutes reflecting the group conscience of the Fellowship. What were the decisions we made during these gaps in our documented history?

Discussions about what we can and can’t do, what we have and haven’t decided, and why, lead to needless controversy. We can always reverse an earlier decision, but it’s useful to know when and why (or if) we made the decision.

YOU CAN HELP. If you have old newsletters stored away, please help us out and bring them to the Bookstore or to the Business meeting. If you don’t want to give them up, let us copy them. Here is a list of the missing copies:

- 2005: October, December
- 2003: February, March, June, November (The 2003 and 2005 newsletters are available online at our website – without the financial reports – but are missing from our archive, and the October 2005 online copy is incomplete)
- 2001: January, October
- January 1993 through October 1994 – all missing!
- 1992: January, February, March, July, September
December
- 1991: February through June, September, November &
December
- 1990: June, September through December

DON’T THROW ME AWAY – I BELONG TO AA!



In gratitude,
Diane

Home Meetings

Imagine that you are in physical therapy after a hip replacement. You’re home from the hospital, and you’re well enough to be up and dressed, but too sore and too tired to attend your usual meetings. After a few weeks, you start to feel lonely and disconnected from the fellowship you’ve come to count on in Alcoholics Anonymous. Is there a solution?



Absolutely! The first place to turn is to your home group. That’s where you’ll find other sober members of AA who have the willingness to come to your home and bring a meeting. This really works; I’ve seen it over and over again in the past few years. I’ve been on the team that visits most of the time, but I got pneumonia last winter and was stuck home for twelve days without a meeting. The women from my home group brought me a meeting, and it made a real difference.

There’s no brochure about home groups, just some paragraphs in “The AA Group” pamphlet. We’re encouraged to establish ties to a particular group where we feel comfortable, accept commitments, and become known to our fellows. It seems to me that’s just the beginning; my home group is the one that’s known me for years, through good times, bad times, wobbly times, and spiritual growth. That’s where I can ask for the help I need and feel confident of the answer.

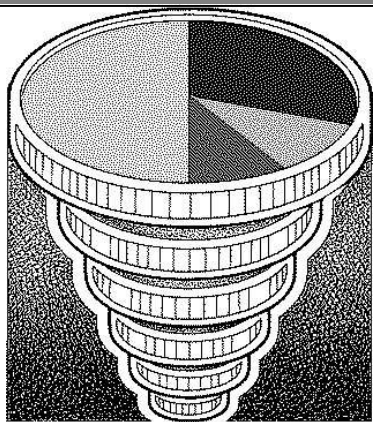
Taking meetings to people at home is a great way to be of service. I encourage you to talk to your steering committee about setting up a “squad”—compiling a list of people in the group who are interested and available should the need arise. It’s generally best to have a sobriety requirement since you may be going into the homes of vulnerable people.

If you have questions about “mobile meetings,” or if you know someone who needs a mobile meeting and doesn’t have a home group, Access Sonoma County (ASC) may be able to help. (We are not providing such meetings at this time, but are a clearinghouse for information.) If your group already has this program in place or decides to establish it, please let ASC know. Call Susan at 575-5374.

Access Sonoma County meets monthly on the second Thursday at 6:30 pm, at the SCIF Bookstore, 750 Mendocino Avenue, and all are welcome to attend.

Pat N.

GROUP CONTRIBUTIONS



Example of Suggested Group Contributions to AA Service Entities

- 50-70% to Intergroup
- 10-30% to Local General Service
- 10-20% to CNCA
- 10-20% to GSO New York

Meetings	Feb	YTD	Meetings	Feb	YTD
12 X 12 @ 12 Group		140.00	Quitting Time Group	140.00	300.00
AA of Sonoma, Tuesday Big Book Group	18.63	18.63	Round Barn Big Book Study		178.00
Alive & Well In Fulton		114.00	Saturday Morning Beginners		120.00
Any Lengths Group		250.00	Saturday Night Living Right	69.00	69.00
Attitude Adjustment Group		350.00	Saturday Serenity		133.00
B.Y.O.B.B.		113.50	Serenity Fellowship Hall	90.78	142.53
Book & Discussion, Sonoma		133.91	Signs of Sobriety		25.00
Breakfast Club		133.35	Single Purpose Group		150.00
Defects & Shortcomings	69.55	69.55	Sonoma Valley Fellowship		291.70
Early Bird Fellowship of Petaluma	165.75	165.75	South Park Survivors	61.59	61.59
Faha Home Group		50.00	Spirit of Akron	28.00	28.00
Fourth Monday	92.34	172.34	Stick Around, Santa Rosa	25.00	25.00
Fresh Air Group		207.14	Sunday Morning Smiles Group	74.00	74.00
Gay Newcomers Group	80.10	80.10	Sunday Sanity	250.00	250.00
Graton Fellowship	85.00	457.57	T.G.I.F. Nooners		38.02
Gravenstien Gay Group		25.02	The Cross Roads Group	100.00	100.00
Highlander Group	100.00	350.00	The Sunday Night Group		129.70
Just For Today	174.35	174.35	Think About It Group		422.92
Keep It Simple	280.00	280.00	Third Step Group		186.36
Lunch Bunch Group	100.00	100.00	Thurs. Big Book Step Study		75.00
Mature & Sober Group		181.00	Thurs. Night 12 X 12 Discussion Group		286.77
Monte Rio Book Study		75.00	Tuesday Nite Beginners AA		59.67
New Hope Book Study Group	60.00	60.00	Up The Steps		103.38
O God It's Monday	75.00	75.00	Wednesday Night Men's Stag		246.00
Oaks Fellowship	57.40	181.90	Women's Book Group	68.00	68.00
Occidental Tonight Group	100.00	100.00	Women's Perspective AA Group		219.27
Out of the Ashes Group	17.87	17.87	Young & Young At Heart		180.00
Petaluma Thursday Night Real Life		355.50			
Promises Group		142.92			
			Total	2,382.36	8,537.31

April Birthdays

Frank S.	4/19/89	Sonoma	18
Jhn S.	4/6/90	Petaluma	17
Jbe M.	4/4/91	Santa Rosa	16
Robin M.	4/1/92	Santa Rosa	15
Mary T.	4/13/92	Santa Rosa	15
Roger A.	4/16/97	Cloverdale	10
Jimmy B.	4/11/99	Petaluma	8
Sue L.	4/18/99	Petaluma	8
Tom R.	4/21/99	Santa Rosa	8
Jhn C.	4/1/01	Santa Rosa	6
Susan S.	4/2/01	Rohnert Park	6
Tom C.	4/1/03	Santa Rosa	4
Rachel L.	4/4/03	Santa Rosa	4
Marlene P.	4/27/03	Cotati	4
Jhn N.	4/28/03	Santa Rosa	4

So what happened to the March birthdays? Didn't get any.

If you want your birthday published in the newsletter, call Beth A., e-mail her at PMOMZZ@aol.com, or e-mail the newsletter

Better yet, become an official Birthday Records Officer (BRO). Does your home group celebrate AA birthdays? Talk to Beth to find out how you can become a BRO.

Greetings from the Activities Chair

First, I want to say a big "thank you" to Monika G., our outgoing activities chairperson, and to all those who helped her last year. As I sit in front of my window, typing out my thoughts for Activities this year, I am so grateful and excited. I know activities in 2007 are going to be a lot of fun and work! What I am always amazed about in AA is the way people are willing to step up and help. I put out the call for volunteers, and you—the fellowship—are responding. This commitment is definitely a "we" service, and it is YOUR participation that makes it great.

We have the go ahead from the Intergroup steering committee for our first dance following the H&I/ conference hosted by SOCPAA.

The "Service Rocks!" dance will take the place of our usual "Spring Fling." The Lake Pillsbury campout is in May, and I am in the middle of a move to West County, so June 1st is the day. Mark your calendars!

We want this dance to be a huge success and participation is the key. Toward that end, I have championed the cause to lower the admission to the dance to \$7. What this means to YOU, the fellowship, is that if we cannot support these functions we ALL lose.

The reason I took this commitment is twofold: I remember what it was like to be a newcomer and think that I would never know joy or fun again! Well, follow me! If you have never danced sober you are in for a treat (hee hee). Secondly, my program had gotten a little stale so I needed to walk my talk, stop complaining, and take action.

The "Summer Kickoff Bash" will be held June 1st at the Sebastopol Community Center. DJ Rosie, I am thrilled to say, will return after a long absence from our dances, and will spin tunes from 8:30 – 11:30. We will throw you a party, and what alcoholic doesn't like to party? The theme will require you to wear your summer beach attire and cheap sunglasses.

I know there is a scheduling conflict with the first beach meeting, but there is a \$200 difference between renting the hall on a Friday and renting the hall on a Saturday night. If you want, go to the beach, and on the way home, come dance! I we support *this* dance, maybe we can go back to Saturday night dances.

Our speaker meeting will start at 7:00 P.M., followed by a sobriety countdown. The speaker will be our own fun-loving Chris S. Chris has many

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HOSPITALS AND INSTITUTIONS

“One exercise that I practice is to try for a full inventory of my blessings and then for a right acceptance of the many gifts that are mine—both temporal and spiritual. Here I try to achieve a state of joyful gratitude. When such a brand of gratitude is repeatedly affirmed and pondered, it can finally displace the natural tendency to congratulate myself on whatever progress I may have been enabled to make in some areas of living.

“I try hard to hold fast to the truth that a full and thankful heart cannot entertain great conceits. When brimming with gratitude, one's heartbeat must surely result in out going love, the finest emotion that we can ever know.” [Bill W., *Grapevine*, March 1962]

At the March H&I Committee Meeting, these new reps introduced themselves: Roger, representing the Quitting Time group; Cam, Women's Lunch Brunch; John, Discussion Meeting; Richard, New Hope Book Study; Megan, Women's Perspectives; Lem, Keep It Simple Group; Kathy, There Is A Solution; Jude, Any Lengths Group; Gretchen, Windsor Group; Mary, Think About It; and Mike, Steps In Windsor. A warm spring welcome as well to our visitors Walter, Charlie, Steven, Herman, Charlene, Tim, Jeanne, Ken, Larry and Dale.

Celebrating March sobriety birthdays were Theo, with 24 years; Paddy, 24; Kevin, 1; Kathy, 1; Walter, 1; Kathleen, with 8 months; Steven, 8; Kate, 9;

(Continued on page 7)

HAPPY TRAILS



This month, Happy Trails is taking you to Sugarloaf, or the Foothills in Windsor, or Crane Creek in Rohnert Park.

Wherever you wind up, you start at the parking lot of the SCIF Bookstore, 750 Mendocino Ave. in Santa Rosa at 10:00 A.M., Sunday, April 29th.

Bring water and a lunch.

Hope to see you all there!

SUNDAY		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
1 SOCYPAA 1551 Montgomery 7:15 Business Mtg.		2 General Service Faith Lutheran Church 6:45 Service Manual Study 6:45 New Rep Orientation 7:30 Business Meeting		3		4 Hospitals & Institutions S.R. Senior Center 5:30 New Rep Orientation 6:00 Business Meeting		5		6		7	
8		9 SCIF Bookstore 6:00 Teleservice Meeting 7:00 ICSC Meeting 8:00 Intergroup Steering Committee Meeting		10		11 PI/CPC S.R. City Hall 7:00 Speaker Training 7:30 Business Meeting Newsletter 6:30 SCIF Bookstore		12 Access Sonoma County SCIF Bookstore 6:30 Meeting		13		14	
15 SOCYPAA 1551 Montgomery 7:15 Business Mtg.		16		17 Bridging The Gap SCIF Bookstore 6:30 New Rep Orientation 7:00 Business Meeting		18		19		20		21	
22		23 Intergroup St. Luke Lutheran Church 7:30 Newsletter Collating 7:30 New Rep Orientation 8:00 Business Meeting		24 General Service District 12 Officers Meeting 6:15 SCIF Bookstore		25		26		27		28 General Service CNCA Area 06 Area Committee Mtg 321 N. McDowell Blvd 12:30 PM – 3:30 PM	
29 Happy Trails 10:00 SCIF Bookstore		30		31								SCIF Bookstore750 Mendocino Ave. Suite 10 Faith Lutheran Church.....4970 Newanga Ave. St. Luke Lutheran Church.....905 Mendocino Ave. S.R. Senior Center704 Bennett Valley Rd. S.R. City Hall Employee Lounge...First St. and Santa Rosa Ave.	

H&I + SOCYPAA = SERVICE ROCKS



H&I and SOCYPAA present the Service Rocks! Dance, Saturday, April 14th, as part of the 36th annual H&I conference at the Petaluma Veterans Memorial Building, 1094 Petaluma Blvd S, in Petaluma.

The dance is from 10:00 PM to 12:30 AM. It's \$10 at the door, or you can register for the whole conference for \$10.

For more info, call Jessica.

Seminar in May

♥ SAVE THE DATE! ♥

Saturday, May 19 3-5pm

SCIF Seminar on "Relationships in Recovery"
to be held at the SCIF bookstore

Cache Creek (Continued from page 1)

that we don't engage in these battles with unarmed rafters, so if you are not into water guns don't be concerned.

There is much comedy on the river. Tradition six that talks about "AA ought never be organized..." is in no danger of being violated on this trip. When we first start on the river, I enjoy hanging back to watch people run into each other with their rafts. If you haven't been on the trip, don't worry it is not dangerous to collide with another boat. It is actually fun to do. These rafts are rubber not metal or fiberglass like a kayak or canoe. When there are collisions the rafts just bounce off of each other.

The fliers with the applications are yellow this year. Look for these at your favorite meeting or at the bookstore. They contain all the pertinent information such as, directions to get to the rafting area, what to bring or not to bring, and your reservation form that you mail in with your deposit or full payment.

Welcome back to the veterans and welcome to the new rafters we will have this year.
Paul

H&I Report (Continued from page 6)

Mike, 9; Herman, 18; and Lem, 10. Keep trudging the Road to Happy Destiny!

Want to see how your experience can benefit others—those who are confined and can't get to meetings? Then come and join us on Wednesday, April 4, at 6:00 p.m. It's located at the Santa Rosa Senior Center at the corner of Bennett Valley Road and Rutledge Dr. (1 block east of Santa Rosa Ave.) All are welcome at the orientation which begins at 5:30. Come see sobriety in action!

In service,
Mardi

"The statistics on sanity are that one out of every four Americans are suffering from some form of mental illness. Think of your three best friends. If they're okay, then it's you."

- Rita Mae Brown

Activities Chair (Continued from page 5)
years of fun-filled sobriety to share with us. We are fellow rafters and I can guarantee you an exciting talk.

The following is what is being kicked around for the 2007-2008 activities year: July will be our annual picnic, August a beach or river day (kite flying and sandcastle building on the beach, or decorate anything that floats on the river). September—back by popular demand—is the Pirate Dance. October, the Halloween Dance. November has Unity Day and Thanksgiving Alkathon. December, the Christmas Alkathon, the New Years Alkathon, and the New Years Eve Dance. February is the Valentine's Dance. All brought to you by your Sonoma County Intergroup! It will be a full year with SCIF and SOCYPAA activities. Let's support both!

If you would like to participate in your recovery we need your help. Newcomers, this is a great way to become "a part of." Sponsors, this is a great way to do service with your sponsee and show them that you're not a bore (hee hee). Call me at 707-287-2481. We will put you to work.

We need set-up, clean-up, coffee-makers, food service, decorations, etc. It's fun and it will help keep you in the middle!

In Loving Service,
Laurie E.

Coming To Believe (Cont. from page 3)

I couldn't pray with any belief, but I did it anyway. Some time went by. My sponsor had an AA job for me. One day, he asked me how much time I had. I told him I had 60 days, and of course launched into a "look how great I am" bit.

He stopped me and said, "you said that you drank every day for 30 years, and were unable to stop for even one day." I nodded. He said, "what makes you think you're doing it now." It was a huge question I didn't have an answer for.

It was then that I came to believe. My eyes were finally open. I could see that God was doing for me what I couldn't do for myself.

It has been 18 years since my last drink. A miracle!

Stan D.

AA is the only place where you can walk into a room full of strangers and reminisce. —Submitted by Diane W.

NEW MEETINGS

Cloverdale

Thu 12 Noon (O)(W) Grapevine Discussion + Review
208 N. Commercial St.

Santa Rosa

M-F 6:00 AM (O)(W) First Things First
M-F 5:30 PM (O)(W) Speak Easy Discussion
Thu 7:00 PM (C)(W) BrodzNite Out (women)
at the new Alano Club, 465 Kenwood Ct.
Sat 5:30 AM (O)(W) Upon Awakening
3632 Airway Dr.
Sat 7:00 PM (O)(W) Saturday Night Shindig
465 Kenwood Ct.
Sat Midnight (O)(W) Chopsticks
W. 6th and Adams
Sun 5:30 AM (O)(W) Upon Awakening
3632 Airway Dr.

MEETING CHANGES

Santa Rosa

Sun 7:30 PM (C)(W) Big Book Review
Moved to 3333 Chanate Rd.

NO LONGER MEETING

Forestville

Fri 7:00 PM West County Gay Men's Stag

Rohnert Park

Fri 7:00 PM Sisters of Surrender

Santa Rosa

Mon 7:00 PM Grupo Avance

MEETING CODES

- (C) Closed meeting, alcoholics only.
- (O) Open meeting, anyone can attend.
- (W) Wheel chair access to meeting area.

*To report meeting changes:
Contact Russell @ 570-9268*

Gloria's Corner

We now have the Big Book on 16 CD's at a reduced price. It's now \$80. We also have the 12 X 12 on CD. And one Big Book in Braille for \$9. Big savings now. We have lots of new CD's hot off the press.

Openings: None!

I have more than enough volunteers for inventory in March, but I will need some the end of June.



Gloria

P.S. We need volunteers for the monthly inventory, Oct 31st

ADDRESSES

Sonoma County Intergroup Fellowship

750 Mendocino Ave. #10
Santa Rosa, CA 95402

Sonoma County General Service

PO Box 536
Santa Rosa, CA 95402

Area 22 H & I Treasurer

PO Box 192490
San Francisco, CA 94119-2490

General Service Office

PO Box 459, Grand Central Station
New York, NY 10163

CA Northern Coastal Area Treasury

PO Box 884222
San Francisco, CA 94188

Sonoma County PI/CPC*

PO Box 11350
Santa Rosa, CA 95406

SOCYPAA

P.O. Box 5784
Santa Rosa, CA 95402

*Funded solely through Sonoma County General Service

BOOKSTORE

SCIF CENTRAL OFFICE

750 Mendocino Ave., Suite 10
Santa Rosa, CA 95401

Manager: Gloria P.

Phone: (707) 546-2066

Fax: (707) 566-9677

E-mail: aa@ap.net

Hours: Mon-Fri 10-6

Sat 11-3

The bookstore is staffed by volunteers and is sometimes closed for lack of manpower.

Call first!

The Bookstore is closed on these Holidays:

Memorial Day May 29th

Independence Day July 4th

Labor Day September 4th

Thanksgiving November 23rd

Christmas December 25th

New Year's Day January 1st

CONTACT INFORMATION

Newsletter/Web: Dave H. aa.news@dslextreme.com

Meeting Changes: Russell

Sonoma County General Service

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Hospitals and Institutions

Chair: Don S. don450sl@yahoo.com

Sonoma County Young People In Alcoholics Anonymous

Liaison to SCIF Jolie B. jolie94@hotmail.com

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