

The Seventh Step Prayer

from page 76 of the Big Book of Alcoholics Anonymous

My Creator,
I am now willing that you should have all of me,
good and bad.

I pray that you now remove from me
every single defect of character which stands in
the way
of my usefulness to you and my fellows.
Grant me strength, as I go out from here,
to do your bidding.

Amen

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