

# SONOMA COUNTY INTERGROUP FELLOWSHIP NEWS

JUNE 2019

GET THE LATEST MEETING LISTINGS, UPCOMING EVENTS AND MORE AT [WWW.SONOMACOUNTYAA.ORG](http://WWW.SONOMACOUNTYAA.ORG)

For a monthly email with a link to the online version of this newsletter, send an email to: [newsletter@sonomacountyaa.org](mailto:newsletter@sonomacountyaa.org) with "Subscribe SCIF" in the subject line.





**NCCAA**  
72<sup>nd</sup> Annual  
Summer Conference

**Northern California  
Council of  
Alcoholics Anonymous**

## Rocklin, CA

Rocklin Event Center 2650 Sunset Blvd- Rocklin, CA 95677

June 7, 8, & 9, 2019

<b>Friday, June 7, 2019</b> 2:00 PM 3:30 PM 5:30PM (AI-Anon) 8:00 PM 	Registration Opens Early Bird Meeting Colleen B. (Auburn)    Eric F. (Foresthill) Open Speaker Meeting <b>James L.</b> <b>Tallahassee, FL</b>
<b>Saturday, June 8, 2019</b> 9:30 AM 11-12:30PM 1:00 PM  3:30 PM  5:30 PM (Spanish) 8:00 PM  10:00 PM	Hospital & Institution Panel Open Group delegates business meeting General Service Delegate's Report <b>Michael K.</b> (CNIA 07 Panel 68 Delegate) Young People's Meeting <b>Tiombe W.</b> <b>Manteca, CA</b> Jose F. (Santa Rosa)    Juan C. (San Francisco) Open Speaker Meeting <b>John S.</b> <b>Santa Clara, CA</b> Dance Following Free Drawing
<b>Sunday, June 9, 2019</b> 9:00 AM 10:30 AM 	All A.A. Services Panel Meeting Open Speaker Meeting <b>Jane L.</b> <b>Tallahassee, FL</b>

### SERVICE OPPORTUNITIES:

- **Bridging the Gap** - By providing a temporary contact, Bridging the Gap helps newcomers make the transition to Alcoholics Anonymous in his or her home community.
- **Teleservice** needs AA members to answer the phone. Calls are forwarded to your own cell phone. Be the first person to help a struggling alcoholic! Call (707) 544-1300 to sign up.
- **H&I** needs speakers to bring the message of hope to the still suffering alcoholic that cannot get out to meetings. See the bottom of Page 4 for more details!
- **PI/CPC** needs speakers to bring the message of hope and general information about AA to the public, such as high schools and DUI classes.

See the contact information on the back page or attend any of these committee business meetings for more information!

### MEETINGS NEEDING SUPPORT:

**SANTA ROSA** - Saturdays 6:30pm "Simply AA"  
1620 Sonoma Ave.

(needs secretary and speakers also)

**PETALUMA** - Friday 10 am Book Study at  
Petaluma Alano Club

**COTATI** - "Friday Night Live" 8pm  
Ladybug Park Clubhouse

To have your meeting listed here, please email  
[newsletter@sonomacountyaa.org](mailto:newsletter@sonomacountyaa.org)

Marathon  
Meetings



**AI-Anon and Spanish Participation & Speakers  
Fellowship – Panels – Speakers – Marathon  
Meetings**

Juntas en  
Español



PRE-REGISTRATION IS NOW CLOSED,  
BUT YOU MAY REGISTER AT THE CONFERENCE!  
For more information, visit [norcalaa.org](http://norcalaa.org)

The SCIF Newsletter is made possible through the contributions of our members. Please read this newsletter and pass it on! This newsletter is also available online at [www.sonomacountyaa.org](http://www.sonomacountyaa.org)

Disclaimer: The Fellowship News is the monthly newsletter of Sonoma County Intergroup Fellowship. Opinions contained herein are strictly those of the authors. The publication of opinions, articles, and announcements does not necessarily represent endorsement, approval, or affiliation by Intergroup. We reserve the right to edit submissions for clarity, language, length and content that may violate A.A. Traditions.

## SCIF CENTRAL OFFICE

750 Mendocino Ave., Suite 10  
Santa Rosa, CA 95401

Manager: Glenn C.  
Asst. Manager: Carolyn A.  
Phone: (707) 546-2066  
Fax: (707) 566-9677  
Email: [bookstore@sonomacountyaa.org](mailto:bookstore@sonomacountyaa.org)

### SPRING & SUMMER HOURS

Mon-Fri: 10am - 6pm  
Saturday: 11am - 3pm  
Sunday: Closed

The Bookstore is Closed  
on these Upcoming Holidays:

Independence Day	July 4
Labor Day	Sept. 2
Thanksgiving	Nov. 24

### AAWS GUIDELINES FOR NEWSLETTERS:

"Newsletters or bulletins published by central offices may include not only office news and events, but similar information about the groups and committees served by these offices (such as meeting times, openings of new groups, or changes of group meeting locations or officers). Frequently, material from A.A. literature is reprinted and discussed, and articles on subjects of interest to A.A.s are also published. Experience indicates that, as in most A.A. service activities, it is prudent to make a committee (rather than one or two individuals) responsible for the format, planning and content of the bulletin."

(From "A.A. Guidelines, Central or Intergroup Offices"  
[http://www.aa.org/en\\_pdfs/mg-02\\_centralorinter.pdf](http://www.aa.org/en_pdfs/mg-02_centralorinter.pdf))

# CACHE CREEK AA GROUP

## June 21-23

Rafting, Meetings, Fellowship, Games, Dance Party,  
Movie under the stars, Volleyball, Horseshoes and more!  
Visit [CACHECREEKGROUP.ORG](http://CACHECREEKGROUP.ORG) to register

35th Annual

## SUNSHINE OF THE SPIRIT HIGH DESERT CONVENTION

(with Al-Anon Participation)

June 7th, 8th & 9th, 2019

Holiday Inn, Victorville, CA

Info @ [www.sunshineofthespirit-highdesertconvention.com](http://www.sunshineofthespirit-highdesertconvention.com)

## THE DELEGATE'S BBQ!

California Northern Coastal Area Delegate

**Teddy B-W**

sharing his NYC Conference experience

Monday, July 1st, 2019

Potluck and BBQ ~ 6:00 pm to 7:30 pm  
Delegate's Report ~ 7:30 pm to 9:15 pm  
(in lieu of the regular General Service business meeting)

Faith Lutheran Church ~ 4930 Newanga Ave., Santa Rosa

Parking is limited; carpooling recommended  
Hot Dogs, Burgers, Veggie Burgers & Drinks provided  
Please bring a side dish, salad or dessert to share. Volunteers Needed!

## SAVE THE DATE FOR UNITY DAY 2019 - COMING ON OCTOBER 19, 2019!

## MEETING CHANGES

### MEETING CHANGES

**SANTA ROSA** - Tuesday 7:00pm

"Timothy Road Experience"

New Name: "Timothy Road Big Book Experience"

New Time: 7:30pm (different locations last Tuesday of the month, call 707-477-3723 for info)

**GUERNEVILLE** - Sat. 8pm "Guerneville Fellowship"

New Time: 6:00pm, New Location: Senior Center, 15010 Armstrong Woods Rd. at Watson

### MEETING CHANGES

**SANTA ROSA** - Monday 7:30pm Serenity Fellowship  
Birthday Meeting. New Time: 5:00pm

**SANTA ROSA** - Thursday 6pm "Women's Big Book"  
New name: "Reading Between the Lines" (Still a women's meeting)

**SANTA ROSA** - Thursday 8pm "Grin and Win"  
change from closed to open meeting

### NEW MEETINGS

**HEALDSBURG**

Friday 7:30pm (o)(w) "A Sober Affair"  
Church - 209 Matheson

This meeting was listed as being on Monday in April Newsletter. Meets on FRIDAY, NOT Monday

### NO LONGER MEETING

**PETALUMA** - Thu. 7pm "Sunlight of the Spirit"

**SANTA ROSA** - Wednesday 1pm "By The Book"

To report meeting changes, please send an email to [meetingchanges@sonomacountyaa.org](mailto:meetingchanges@sonomacountyaa.org)  
or contact the SCIF Office at 707-546-2066

# SOCYPAA

Sonoma County Young People in Alcoholics Anonymous

Elections for SOCYPAA were held and all positions filled!

SOCYPAA Campout will be held June 14-16 at Lake Berryessa's Pleasure Cove Campground. Pre-register at [www.socypaa.org](http://www.socypaa.org).

If you're looking to be of service, come to our business meetings the 1st and 3rd Sunday of the month at 1551 Montgomery Dr, Santa Rosa, Ca 95405 at 7:15pm right after Young and Sober.

## PI/CPC

IS PI/CPC FOR YOU?

If you've ever considered doing service with PI/CPC, this is a great time to check it out. There are a lot of new faces on the committee, and new faces bring fresh ideas and a renewed energy.

PI/CPC is a branch of AA General Service. The initials stand for Public Information and Cooperation with the Professional Community. The committee provides informational speakers to outside groups who seek to learn more about AA, including classes of the Sonoma County Drinking Driver Program health and social studies classes at local high schools, and groups in the legal, medical, educational, theological and law enforcement professions. Our responsibilities also include the distribution of AA literature to anyone who requests it.

Speakers undergo a short training session at one of our monthly committee meetings, and then observe a presentation before going on to speak themselves. Most speakers enjoy the experience, and find this branch of AA service to be quite rewarding.

If you are interested in learning more about PI/CPC you are welcome to attend one of our business meetings. Meetings are held at 7:30 PM on the second Wednesday of each month at the Santa Rosa City Hall employees lounge in the underground parking garage.

If you are interested in speaker training, please come at 7:00 PM. We look forward to seeing you.

-Dimitri P.

# ACCESS SONOMA COUNTY

## Mental Health in Sobriety 2019

Saturday July 20 1:00pm – 5:00pm

Community of Christ Church

1495 W Steele Ln, Santa Rosa, Ca 95403

### Speaker Panels, Speaker Discussion, Q & A

Come join us for an afternoon of sharing Experience, Strength and Hope on thriving with mental health issues in sobriety.

Please join us, our sponsors, our fellows, and health professionals to share information, increase awareness, and support one another.

Bring FM Radio for Assisted Listening and Spanish Translation  
ASL Interpretation provided if requested before June 20.

## WANT TO VOLUNTEER?

### MENTAL HEALTH IN SOBRIETY WORKSHOP SERVICE OPPORTUNITIES:

Here are the teams, each one will need a captain and several members:

- Water Sales - Keep the alcoholics hydrated!
- Parking - Ensure there are plenty of handicapped spots available; direct overflow parking, etc.
- Greeters & Ushers - Greet members as they arrive, and help them find their way once they get inside.
- Reception/Registration - Get 'em registered and accounted for by running the registration table.
- Literature - Gather literature (pamphlets, grapevine, etc) & oversee the literature table.
- Clean Up - Clean up after the event.

#### Sobriety Requirements:

- Team Captains - 1 year
- Team members - None

Attendance at the planning meetings is not a requirement for participation, but we are always happy to have you.

To get involved, please email or call Barrie: [rainpiper15@gmail.com](mailto:rainpiper15@gmail.com) subject: MHIS Planning 415-504-0375

# SONOMA COUNTY INTERGROUP FELLOWSHIP BOOKSTORE

We still have lots of jewelry to give to someone special for their anniversary, birthday and just to say you love them! Come in to see the wide selection of AA themed jewelry we have!



Sale Book for June:  
**Happy, Joyous and Free:**  
regular price \$13.49, sale price \$10.80 plus tax



750 Mendocino Avenue, Suite 10, Santa Rosa  
707-546-2066; Monday - Friday 10AM - 6PM, Saturday 11AM-3PM

# SPIRITUAL EXPERIENCES

By Bill W.

(Excerpt from the A.A. Grapevine - July 1962)

It is the intention of the Grapevine to carry occasional accounts of spiritual experiences. To this interesting project I would like to say a few introductory words. There is a very natural tendency to set apart those experiences or awakenings which happen to be sudden, spectacular or vision-producing. Therefore any recital of such cases always produces mixed reactions. Some will say, "I wish I could have an experience like that!" Others, feeling that this whole business is too far out on the mystic limb for them, or maybe hallucinatory after all, will say, "I just can't buy this business. I can't understand what these people are talking about."

As most AAs have heard, I was the recipient in 1934 of a tremendous mystic experience or "illumination." It was accompanied by a sense of intense white light, by a sudden gift of faith in the goodness of God, and by a profound conviction of His presence. At first it was very natural for me to feel that this experience staked me out for somebody very special.

But as I now look back upon this tremendous event, I can only feel very specially grateful. It now seems clear that the only special feature of my experience was its electric suddenness and the overwhelming and immediate conviction that it carried to me.

In all other respects, however, I am sure that my own experience was not in the least different than that received by every AA member who has strenuously practiced our recovery program.

How often do we sit in AA meetings and hear the speaker declare, "But I haven't yet got the spiritual angle." Prior to this statement, he had described a miracle of transformation which had occurred in him—not only his release from alcohol, but a complete change in his whole

attitude toward life and the living of it. It is apparent to nearly everyone else present that he has received a great gift; and that this gift was all out of proportion to anything that might be expected from simple AA activity, such as the admission of alcoholism and the practice of Step Twelve. So we in the audience smile and say to ourselves, "Well, that guy is just reeking with the spiritual angle—except that he doesn't seem to know it yet!" We well know that this questioning individual will tell us six months or a year hence that he has found faith in God.

Moreover he may by then be displaying "spiritual qualities" and a performance that I myself have never been able to duplicate—my sudden spiritual experience notwithstanding.

So nowadays when AAs come to me, hoping to find out how one comes by those sudden experiences, I simply tell them in all probability that they have had one just as good—and that theirs is identical excepting it has been strung out over a longer period of time.

Then I go on to say that if their transformation in AA extending over six months had been condensed into six minutes—well, they then might have seen the stars too!

In consequence of these observations I fail to see any great difference between the sudden experiences and the more gradual ones—they are certainly all of the same piece. And there is one sure test of them all: "By their fruits, ye shall know them."

This is why I think we should question no one's transformation—whether it be sudden or gradual. Nor should we demand anyone's special type for ourselves, because our own experience suggests that we are apt to receive whatever may be the most useful for our needs.

## GREETINGS FROM GENERAL SERVICE!

On April 13<sup>th</sup> and 14<sup>th</sup> over 500 members of Alcoholics Anonymous gathered at the Santa Rosa Veteran's Hall for the General Service Pre-Conference Assembly. Members came from Monterey to the Oregon border to give their group consciences to our delegate, Teddy B.

Many of the members were General Service Representatives who shared their group conscience on various agenda topics. It was a time to participate, a time to listen, and for many a time to grow spiritually.

This month our delegate Teddy B. travels to New York to attend the 69th General Service Conference. He will share our fellowship's voice, and decisions and recommendations will be made. He will return to Sonoma County on July 1, 2019, to attend the Delegates BBQ which is hosted by General Service District 12. You are all invited to attend the BBQ and hear his presentation on his experiences at the Conference. You will hear the outcome of the decisions and recommendations made for the Agenda Topics as well as participate in a question and answer period, and have your chance to visit with Teddy B.!

There is always activity in General Service! I attended my first Assembly back in the Fall of 2012 and have been active in General Service ever since. The opportunities to serve are boundless, and the personal growth that I have received from participation has enriched my recovery. The many friendships that I have made spread across the country. And the only requirements asked of me were the time to do the commitment and the willingness to learn!

In love and service,  
Denise G.  
District 12 Treasurer

## TELESERVICE SATISFIES!

The "A.A. Hotline" furnishes a vital service for Alcoholics Anonymous and is staffed by volunteers serving on the Sonoma County Intergroup Fellowship Teleservice Committee. These trusted servants provide a personal point of contact, around the clock, seven days a week, and are often the caller's first connection with Alcoholics Anonymous. We provide information to callers about meeting schedules and changes, answer questions about A.A. We also provide contact information for detox and residential facilities, alcoholism services in other areas, and information to family members and friends of alcoholics, including contact information for Alanon and Alateen.

What's it like to cover a four or five-hour shift? Let me give you my personal experience. Very often, I get no calls at all. Frequently, I get 2 or 3 callers seeking simple information such as meeting times and locations. Less often, I get a caller in need of hand-holding and counseling about alcoholism, and it gives a real feeling of satisfaction to be able to take ten minutes to talk and really help out. The other day I got a call from a woman whose husband went to work that day and had asked her to find out how one joins A.A. and if there was any help in Spanish. I was able to give her times and locations of Spanish speaking meetings in her neighborhood. I was also able to tell her about a program available to help her called Alanon, which she had never heard of. I really got the feeling that she would go to Alanon even if her husband didn't make it to A.A.

Perhaps most importantly, we refer callers in need of help to 12th-Step Volunteers ("12th-Steppers") to follow up with personal assistance. Hotline volunteers answering the phones take the caller's contact information and forward it to a 12th-Stepper for follow up. We refer men to men and women to women.

Right now, Teleservice is recruiting 12th-Steppers who will be willing to accept referrals for personal 12th-Step work with suffering alcoholics. Volunteers must have one year of continuous sobriety, familiarity with the Steps and Traditions, and have desire to help other alcoholics one-on-one.

Teleservice is also recruiting volunteers to cover shifts on the 24-hour AA hotline. The hotline answering service forwards calls to the volunteers personal landline or mobile phone line. Shifts are 4 or 5 hours long or overnight. We especially need folks who could cover daytime shifts during the week, e.g. Wednesday or Thursday. Volunteers must have one year of continuous sobriety, working knowledge of the Steps and Traditions, and have completed an orientation/training session.

Our next orientation/training meeting will be held on Tuesday, June 11, 2019 at the AA Central Office 750 Mendocino Ave., Suite 10, Santa Rosa. All hotline volunteers are encouraged to attend and share their experience, strength and hope with new volunteers.

You can see our open and available shifts at this link: <http://bit.ly/TSOpenShifts>

For further information or to volunteer, contact Mike H. at 415/310-9154 or [Teleservice@sonomacountyaa.org](mailto:Teleservice@sonomacountyaa.org).

## JUNE 2019 SERVICE MEETINGS & EVENTS

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5	6	7	8
<b>SOCYPAA</b> First United Methodist Church 1551 Montgomery Dr., S.R. 7:15pm Business Meeting	<b>GENERAL SERVICE</b> Faith Lutheran Church 4930 Newanga Ave., S.R. 6:45pm Service Manual Study 6:45pm New Rep Orientation 7:30pm Business Meeting		<b>H &amp; I</b> Community of Christ Church 1495 W. Steel Lane, S.R. 5:45pm New Rep Orientation 6:15pm Business Meeting			
9	10	11	12	13	14	15
	<b>SCIF</b> SCIF Bookstore 750 Mendocino Ave. Ste. 10, SR 6:30pm ICSC Meeting 7:30pm Intergroup Steering Committee Meeting	<b>TELESERVICE</b> SCIF Bookstore 750 Mendocino Ave. Ste. 10, SR 6:00pm Orientation/Training	<b>PI/CPC</b> Santa Rosa City Hall Underground 7:00pm Speaker Training 7:30pm Business Meeting		<b>JULY NEWSLETTER DEADLINE - 5pm</b>	<b>POST CONFERENCE ASSEMBLY</b> Ulatis Community Center Vacaville, CA
					<b>SOCYPAA CAMPOUT</b>	
16	17	18	19	20	21	22
<b>SOCYPAA</b> First United Methodist Church 1551 Montgomery Dr., S.R. 7:15pm Business Meeting			<b>BRIDGING THE GAP</b> SCIF Bookstore 750 Mendocino Ave. Ste. 10, SR 6:00pm New Rep Orientation 6:30pm Business Meeting	<b>UNITY DAY PLANNING COMMITTEE</b> SCIF Bookstore 750 Mendocino Ave. Ste. 10, SR 7:00pm		
<b>SOCYPAA CAMPOUT</b>					<b>CACHE CREEK GROUP</b>	
23	24	25	26	27	28	29
	<b>INTERGROUP</b> St. Luke Lutheran Church 905 Mendocino Ave., S.R. 7:00pm New Rep Orientation 7:30pm Business Meeting					
	<b>CACHE CREEK</b>					
30						
<b>HAPPY TRAILS HIKE</b> Meet at Coddington Post Office to carpool 10:00 am	<b>JULY 1st DELEGATE'S BBQ</b> 6pm - Faith Lutheran Church 4930 Newanga Ave., Santa Rosa					

# SONOMA COUNTY INTERGROUP FELLOWSHIP MEETING MINUTES

April 22, 2019

The meeting opened at 7:30pm with the Serenity Prayer and Preamble. Tradition 4: Johnny Concept 4: Sal

**INTRODUCTION OF NEW REPRESENTATIVES:** Pat N – Simply AA, Johnny B – Southpark Survivors, Brian M – Young and Young at Heart, Desiree P – Primary Purpose, Randall L – SR, Jenny C – Not Another Newcomer Mtg, Peter R – Friday Nooners, Mary B – Serenity, Regina – Saturday Morning, Margi – Serenity Grp, Julianna – Thursday 12 x 12, Stephanie – Meditation, John – Tuesday 12:15

**BIRTHDAYS:** Jenny (6 yrs.), Jim B (21 yrs.), Anna (8 yrs.), Eric (30 yrs.)

## **ELECTION OF ICSC MEMBER:**

Alex made himself available and was elected.

## **OFFICER REPORTS:**

**Chair:** (Justin C.) Thanked everyone who stepped up to serve on the committee. All positions are now filled.

**Vice Chair:** (Amber H.) There were 8 new reps at orientation. Encouraged all new reps to come to the orientation next month. Thank you to our setup folks asked for volunteers for next month.

**Secretary:** (Serena B.) Minutes were passed.

**Treasurer:** (Suzanne L.) Group contributions for March were \$1,500 we received \$12 from bank interest and \$100 in group insurance fees for a total of \$1,612. Total expenses for March were \$3,900. Bookstore income was \$8,628 and \$100 from Group Insurance Collections. The Bookstore expenses were \$7,773. Overall, we had a net loss of \$1,333. Year-to-date, our income is \$42,834. Our expense is \$33,871, leaving a new gain of \$8,962.

**Registrar:** (Max B.) As of March 25, 2019, there were 237 groups in Sonoma County offering 346 meetings each week. There are 171 meeting representatives on record, for 72% participation. There were 53 representatives attending the March 2019 General Meeting, for 31% participation.

There were 4 new reps attending the February 2019 new rep orientation. There were 6 reps overall.

The sign-in sheets have not yet been updated

## **COMMITTEES:**

**ICSC:** (Barry D.) Thank you Alex for making yourself available. The ICSC is currently looking at the CPA's contract.

**BOOKSTORE:** (Glenn C.) May sale book: A Rabbit Walks Into A Bar, regular price \$13.49; sale price \$10.80. The Bookstore has jewelry available for Mother's Day.

**Activities:** (David O.) Founders Day picnic in June.

**Alkathons:** (Kevin) Holiday alkathon locations are locked in at Range & Steele. Looking for co-chairs to assist.

**Newsletter:** (Ryan L.) New design. Service opportunities and meetings needing support are located on the front page. Open to suggestions regarding format and content. Deadline for next newsletter is May 17, 2019.

**Outreach:** (Julian S.) Is going to other meetings and suggesting that they be represented at Intergroup. Asks that we suggest Intergroup representation at any meetings we attend that do not have a representative.

**Seminars:** (Jeff R.) Next seminar will be May 29th at the bookstore from 6:30pm-8pm. Topic is "Anonymity"

**Teleservice:** (Mike H.) Shifts are currently open for Wed and Thurs during the day 9-1 am shift & 1-5 pm shift. We also have overnight shift availability. The training manual is being finalized. Mike is announcing the need for volunteers at meetings he attends and asks that we assist by announcing the volunteer needs and contact info at meetings we attend. There will be a teleservice training on May 14, 6pm at the bookstore. If you are interested in signing up for 12-step calls, use the sign-up sheet or contact Mike.

**ICSC NOMINATING COMMITTEE:** (Monica. B) We are looking for candidates for our next election in October. If you know of someone interested, please have them contact the nominating committee – you do not need to be a member of Intergroup.

## **LIAISONS:**

**SOCYPAA:** (Tatianna.) Elections for SOCYPAA were held and all positions filled. Next elections will be for the liaison positions on May 5th. There are no events scheduled for May. We're planning a campout for June date to be announced.

**Spanish Central Office:** (Chris) Meeting time changed to third Wednesday of the month, 7-9pm.

**H&I:** (Lee. J) The 46th Annual Conference will be May 3rd - 5th at the Solano County Fairgrounds. They are looking for speakers, including younger speakers. Also looking for volunteers to assist with the conference.

**GENERAL SERVICE:** (Claudia) The Pre-Conference Assembly was attended by 500 people, very successful. Lots of discussion regarding a 5th edition Big Book. The delegates BBQ is scheduled for July 1.

**Bridging the Gap:** (Mary Ellen) We need to fill liaison positions. Available to help newcomers get set up in a home group. They have a very large network that assists wherever the need is for the newcomer. Meetings are held the 3rd Wednesday of the month, 6:30pm at the bookstore.

**PI/CPC:** No Report.

**Access Sonoma County:** (Allen) Our next workshop will be July 20 1-5pm on Mental Health in Sobriety. Sign up for rides or meetings on wheels. We are looking for volunteers as greeters, setup, teardown etc. contact Kelli if you are interested.

**OLD BUSINESS:** None  
**NEW BUSINESS:** None

## **Group Representative Sharing:**

Meeting adjourned at 8:18pm with the Responsibility Statement

-In Service  
Serena B.

### **Example of Suggested Group Contributions to A.A. Service Entities:**

- 50-70% to Intergroup;
  - 10-30% to Local General Service;
  - 10-20% to CNCA;
  - 10-20% to GSO New York;
- (To be determined by each group)



## SCIF FINANCIAL SUMMARY - APRIL 2019

Revised	Apr-19		Apr-18		Year to Date		2019	2018	difference
	Income	Expense	Net	Net	Income	Expense	Net	Net	
<b>Group Supported:</b>				<b>Comparison</b>				<b>Comparison</b>	
Central Office		(2,513)	(2,513)	(2,509)		(9,623)	(9,623)	(9,317)	(306)
Groups	5,818		5,818	6,063	25,001		25,001	17,737	7,263
Individuals	0		0	0	0		0	0	0
Group Ins Collection	750		750	0	1,075		1,075	0	1,075
Directories		(207)	(207)	(196)		(807)	(807)	(743)	(64)
Pamphlets & Cards		(206)	(206)	(47)		(926)	(926)	(710)	(216)
Newsletter		(452)	(452)	(435)		(1,946)	(1,946)	(1,911)	(36)
Teleservice		(473)	(473)	(352)		(2,061)	(2,061)	(1,367)	(695)
Interest/Bank Charges	14		14	3	45		45	12	33
<i>Subtotal</i>	<b>6,582</b>	<b>(3,851)</b>	<b>2,731</b>	<b>2,527</b>	<b>26,121</b>	<b>(15,363)</b>	<b>10,758</b>	<b>3,703</b>	<b>7,055</b>
<b>Self Supported:</b>									0
Bookstore	7,501	(7,451)	50	(266)	30,471	(29,810)	661	(126)	787
Group Ins Collection	750		750	0	1,075		1,075	0	1,075
Alkathons			0	0			0	0	0
Activities			0	0			0	0	0
Seminars			0	0			0	0	0
Unity Day			0	0	0		0	0	0
<i>Subtotal</i>	<b>8,251</b>	<b>(7,451)</b>	<b>800</b>	<b>(266)</b>	<b>31,546</b>	<b>(29,810)</b>	<b>1,736</b>	<b>(126)</b>	<b>1,862</b>
<b>TOTAL</b>	<b>14,833</b>	<b>(11,302)</b>	<b>3,532</b>	<b>2,261</b>	<b>57,667</b>	<b>(45,173)</b>	<b>12,494</b>	<b>3,577</b>	<b>8,917</b>
<b>Assets &amp; Liabilities</b>									
Cash in Bank & Petty Cash		55,941			<b>Memo:</b> Cash in Bank & Petty Cash			55,941	
Prepaid Expenses		6,053			Prudent Reserve			(39,113)	
Bookstore Inventory		20,169			Liabilities			(3,602)	
Property		2,100							
Subtotal		84,262			Operating Reserve			13,226	13,226
		(3,602)							
Total Assets & Liabilities		80,660							

## INTERGROUP TREASURER'S REPORT - APRIL 2019

The Central Office income for April 2019 includes \$5,818 from Group Contributions, \$750 from Group Insurance Collections, and \$14 from Bank Interest for a total of \$6,582. Total expenses for April were \$3,851.

The Bookstore income for April 2019 includes \$7,501 in sales and \$750 from Group Insurance Collections for a total of \$8,251. The Bookstore expenses were \$7,451.

We had a net gain of \$3,532 in April 2019.

Year-to-date, our income is \$57,667. Our expenses are \$45,173, leaving a net gain of \$12,494.

There was an error in the March 2019 report. Bookstore expenses were overstated \$3,899. The actual Bookstore expenses were \$7,773, not \$11,672 as erroneously reported.

In service,  
Susanne Lake  
Treasurer

## HOSPITALS & INSTITUTIONS REPORT

“I can see why you are disturbed to hear some A.A. speakers say, “A.A. is a selfish program.” The word “selfish” ordinarily implies that one is acquisitive, demanding, and thoughtless of the welfare of others. Of course, the A.A. way of life does not at all imply such undesirable traits.

“If we cannot or will not achieve sobriety, then we become truly lost, right in the here and now. We are of no value to anyone, including ourselves, until we find salvation from alcohol. Therefore, our own recovery and spiritual growth have to come first—a right and necessary kind of self-concern.” [Bill W. Letter, 1966]

On May 1, 2019, the Hospitals & Institutions Committee welcomed new meeting reps Kelly B., representing Newcomers & Old Timers; Laura R., Sober Sisters (Sebastopol); Mary J., Women's Meeting (Petaluma); Judy M., Just For Today, 11 am, Rohnert Park; Susan M., River Grace (Guerneville); Kimberly B., Tuesday Night (Petaluma); Connie P., Drop The Rock (Cotati); David A., Think About It (Sebastopol); Amber H., Any Lengths Group (Forestville); and Dwight S., The Young & Sober Group. Thank you all for being of service!

Welcome also to our visitors, Cathryn and Greg—keep coming back!

Over 130 years of sobriety were being celebrated by members of H&I for May!

Are you willing to share your gift of sobriety with an alcoholic who is confined? For suggestions on how to do just that, please come to the next meeting of the H&I Committee, Wednesday, June 5, 2016, at 6:15 pm. As always, everyone is welcome to attend the orientation that begins at 5:45. The location is the Community of Christ Church, 1495 W. Steele Lane, on the corner at Range Avenue (parking is on Range, behind the church, with additional parking at the ice arena).

In service, Mardi

## A.A. HOTLINES

Santa Rosa 707-544-1300  
 Sonoma 707-938-8508  
 Spanish Speaking 707-623-6702



## BRIDGING THE GAP

One of the most slippery places on the journey to sobriety is between the door of the treatment facility and the nearest A.A. group or meeting. Many of us can tell you that, even though we had heard of AA, we were too anxious or afraid to walk through the meeting room doors by ourselves. Bridging the Gap is a General Service committee that provides AA members an opportunity to be of service by introducing alcoholics to AA meetings in their town. By providing a temporary contact, you can help a Newcomer find a home in a local meeting.

In addition to volunteers connecting alcoholics to their first meeting, Bridging the Gap is looking for people to tell those in treatment centers about AA and invite them to take advantage of the Bridging the Gap program. This has given me the chance to carry the message to folks in the Orenda Center, where I detoxed (twice). To learn more about these and other opportunities to be of service all are welcome to attend the monthly Bridging The Gap meeting on the 3rd Wednesday each month, 6:30pm at the Bookstore.

Yours in Service, Woody W.

## INTERNET LINKS

Alcoholics Anonymous:  
[www.aa.org](http://www.aa.org)

Sonoma County Intergroup  
 Fellowship:  
[www.sonomacountyaa.org](http://www.sonomacountyaa.org)

SOCYPAA (Sonoma County Young  
 People in Alcoholics Anonymous):  
[www.socypaa.org](http://www.socypaa.org)

Northern California Coastal Area 06:  
[www.cnca06.org](http://www.cnca06.org)

AA Grapevine:  
[www.aagrapevine.org](http://www.aagrapevine.org)

## MAILING ADDRESSES

**Sonoma County Intergroup Fellowship**  
 750 Mendocino Avenue, Suite 10  
 Santa Rosa, CA 95401-4846

**Sonoma County General Service**  
 P.O. Box 536  
 Santa Rosa, CA 95402

**H & I Area 22 - Treasurer**  
 P.O. Box 192490  
 San Francisco, CA 94119-2490

**General Service Office**  
 P.O. Box 459, Grand Central Station  
 New York, NY 10163

**California Northern Coastal Area - Treasurer**  
 P.O. Box 884222  
 San Francisco, CA 94188

**Sonoma County PI/CPC\***  
 P.O. Box 11305  
 Santa Rosa, CA 95406

**SOCYPAA**  
 1275 4th St., #221  
 Santa Rosa, CA 95404

\*funded solely through Sonoma County General Service

## CONTACT INFORMATION

(All emails @sonomacountyaa.org)

### SONOMA COUNTY INTERGROUP FELLOWSHIP OFFICERS

Chair	Justin C.	intergroup@
Vice Chair	Amber H.	vice-chair@
Secretary	Serena B.	secretary@
Treasurer	Susanne L.	treasurer@
Registrar	Max B.	registrar@

### COMMITTEE CHAIRS

Activities	David	activities@
Alkathons	Kevin H.	alkathons@
ICSC	Barry D.	icsc@
Seminars	Jeff R.	seminars@
Outreach	Julian S.	outreach@
Teleservice	Mike H.	teleservice@
ICSC Nominations	Monica B.	icscnic@

### COMMUNICATIONS

Newsletter	Ryan L.	newsletter@
Website	Kelly E.	webmaster@
Meeting Changes	Russell	meetingchanges@

### SONOMA COUNTY GENERAL SERVICE

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Grapevine	**VACANT**	grapevine@
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Bridging the Gap Chair	Jay B.	btg@
PI/CPC	Nick R.	picpc@
Interpret/Translation	Brian W.	it@

### HOSPITALS AND INSTITUTIONS COMMITTEE

Chair	Steven H.	handi@
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### SONOMA COUNTY YOUNG PEOPLE IN A.A. (SOCYPAA)

Intergroup Liason	Tatiana	socypaa@
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Suggestions for SCIF Newsletter Welcome!

Please send any corrections, suggestions, submissions or comments about the Sonoma County Intergroup Fellowship newsletter to: [newsletter@sonomacountyaa.org](mailto:newsletter@sonomacountyaa.org)