



presents
a Workshop on

Aging in Sobriety

Workshop includes medical professionals speaking on aspects of aging, a panel of members sharing their experiences navigating life on life's terms, and time for sharing ideas on what groups can do.



Saturday, March 10, 2017 1 - 4 pm

**Bethlehem Lutheran Church
1300 St Francis Rd, Santa Rosa**

Bring your FM radio for simultaneous Spanish interpretation and assisted listening. ASL interpretation will be provided if requested by February 16th.

More information or volunteer: Patty G. 707-280-2143